



**SPORTS, PAGE 6**  
Men's hockey team seeks back-to-back WIAC championships.

**NEWS, PAGE 3**  
Active Minds starts 'PostSecretU', an opportunity for students to anonymously confess secrets and ease stress.

**ETCETERA, PAGE 8**  
'Birdman' stands out with all-star cast, dark humor, and a battle of ego.



# STUDENT VOICE

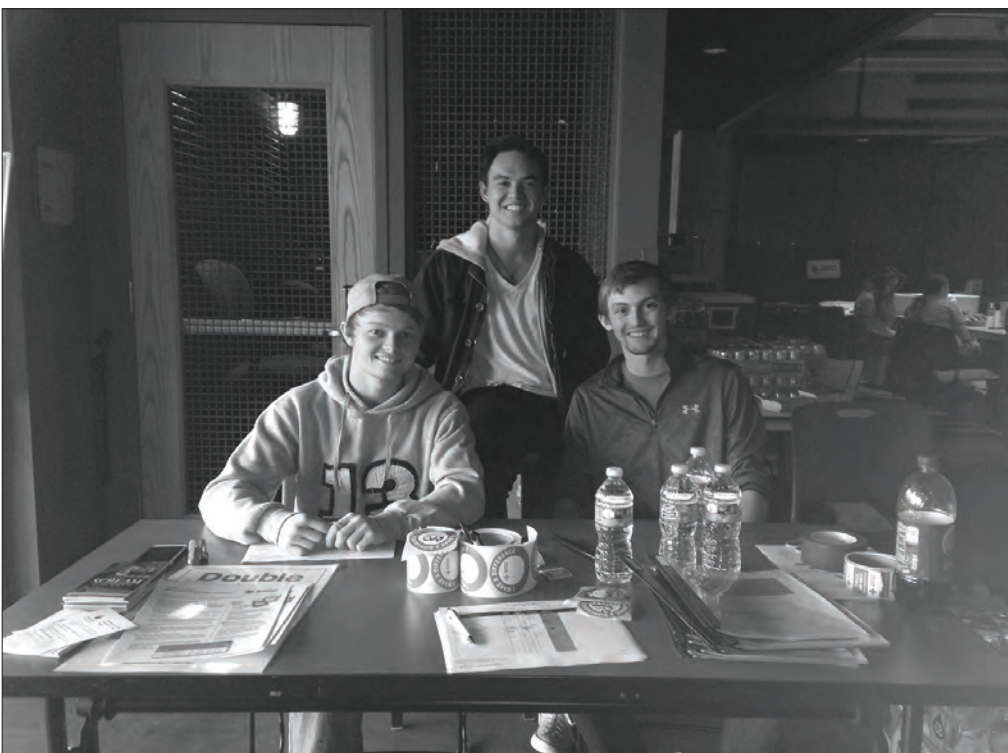
University of Wisconsin River Falls

October 31, 2014

www.uwrvoice.com

Volume 101, Issue 7

## UWRF breaks campus blood donor record



Carmella Everhart/Student Voice

**UW-River Falls students Tyler Wolfe, Christian Rhinevault and Ty Pratumwon sit at the Blood Drive information desk. The UWRF Blood Drive took place in the University Center Falcon's Nest between Oct. 21-23.**

Carmella Everhart  
carmella.everhart@my.uwr.edu

The UW-River Falls Blood Drive had the highest number of donations ever seen at UWRF between Oct. 21-23, according to Blood Drive coordinator Taylor Wittmus.

Every fall and spring semester, UWRF Interfraternity and Panhellenic Councils partner with the American Red Cross to host the Blood

Drive. This fall, volunteers collected 370 units of blood from 370 donors and helped 1,110 patients, according to donor recruitment representative Denise Emstad.

This Blood Drive had 44 more donors than in October of 2013, which could be because it was held in the University Center Falcon's Nest for the first time this year.

In the past the Blood Drive was held upstairs in the Uni-

versity Center Ballroom. In an email interview, Wittmus said the location was changed this year because of the safety concerns of donors going up and down the stairs after donating, and also because the Falcon's Nest is a more centralized location and is a higher-traffic area, making it more visible.

The hope was that the new location would increase the number of donors, which it

certainly did.

Despite the smaller location, the event ran smoothly. Volunteers from Theta Chi and Phi Mu helped get students checked in and ready to donate. Other volunteers helped run the canteen where students could get food and drinks after donating to keep them healthy.

Aimee Knutson, a member of Phi Mu, volunteered her time by working a table at the entrance of the blood drive with other Phi Mu members. They welcomed people to the event and pointed them in the right direction to get started.

"We're just here to help facilitate people in the initiation of the process," Knutson said.

To ensure the safety of blood donation for both donors and recipients, all volunteer blood donors are evaluated to determine their eligibility to give blood. The final determination is made on the day of the donation at the blood drive.

If someone is deferred from donating blood in the past for any reason, it is still possible to donate blood in the future, according to the American Red Cross website.

Just about anyone can donate blood as long as they are

feeling well on the day they donate and pass the medical history check that everyone goes through before donating, according to Emstad.

The donors all seemed to understand that there is a real

**"It's a pretty quick and painless way to save a life," said UWRF student Sara Joslin.**

need for blood donations and they were there to do their part and save a life.

"Each and every day, patients throughout the River Falls area and throughout the country rely on volunteer blood donors when receiving healthcare. Cancer patients, accident victims, people undergoing surgery and people with some chronic illness may all need blood," Emstad said in an email interview.

Ann Lawton, an associate lecturer at UWRF, said she thinks there is a huge need for people to donate blood and everyone should do it if they are able to.

"I feel like it's almost like voting; if you're able to it's your one citizen duty to donate blood if possible," Lawton said.

Sara Joslin, a student at UWRF, said it doesn't take long to get through the process of donating blood, as it only takes 30-60 minutes, according to the UWRF website.

"It's a pretty quick and painless way to save a life," Joslin said.

Emstad expressed her gratitude for all the donors this year and in past years.

"Those who donated blood at the recent Campus blood drives have made a significant impact on the lives of patients, and for that, the American Red Cross thanks you profoundly," Emstad said.

Wittmus said he hopes to have even more donations in the future and that there is always a need for people to donate.

Look for the next UWRF Blood Drive this spring semester between Feb. 24-26, 2015, from 12-6 p.m. in the Falcon's Nest. Anyone can register online by going to [www.redcrossblood.org](http://www.redcrossblood.org) and finding the UWRF Blood Drive by entering in the River Falls zip code (54022).

Walk-ins are also welcome on the days of the event. Call the American Red Cross at 1-800-733-2767 for more information.

## Construction mystery solved, it's a chilled water line

Rena Cranston  
renae.cranston@my.uwr.edu

It started as what looked like a small sidewalk modification, now there are giant digging machines pulling up the ground, so why in the world are they digging in the middle of campus?

Many students frequently cross campus to get to classes or go to the University Center and maybe your routine path has been disrupted by the construction instructing students to "go around." There must be gold in the ground, right?

UW-River Falls student Annie Wildenauer sat down in front of the site to do some homework outside. She said she was just about to take a Snapchat photo to show people her "beautiful view."

Wildenauer was talking about the fencing, dirt and construction machines that clutter the campus lawn between the Kleinpell Fine Arts building, University Center and Davee Library.

"I have absolutely no idea. I thought at first that they were doing some kind of side-walk work, but I don't think that is what it is," said Wildenauer, when asked for her speculation on what it was all for.

Student Andrew Hirschui has his own opinion on what the construction team is doing there: "It looked before like they were fixing some pipes underground, other than that it looks like they're just tearing up the campus and creating piles of dirt. We'll see, hopefully it's something awesome."

Well actually no, they're not digging for gold or just creating piles of dirt on campus. A chilled water line extension for North Hall is being completed. Not as glamorous as digging for gold, but it will allow for cooling in the North Hall and more specifically the North Hall auditorium, which is currently being renovated.

The Kleinpell Fine Arts building and Davee Library are already connected in this cooling line; this final 200-foot stretch was something that Facilities and Planning Director Mike

Stifter knew was a necessary project to complete as construction on the auditorium itself is taking place.

Next spring, Stifter says they will be able to activate the line, and that it will primarily be for summer cooling in the North Hall auditorium. This will be the first time in 100 years that North Hall will be cool during the warmer months.

The project should wrap up in the next few weeks, according to Stifter.

"Concrete is difficult to get a hold of right now. The two largest suppliers in the world, or at least in the nation, have combined and so it affects the overall supply of cement mix," Stifter said.

That has caused a little bit of a setback as far as completing the project. Projects like this can, in some cases, effect tuition cost.

"No tuition dollars and really no campus dollars go into the funding of this," Stifter said.

Projects like this can in a roundabout way effect student fees because it is funded with state tax dollars. Stifter said that they had looked into extending the piping into the University Center to add chilled water in addition to the chiller that is



Jack Haren/Student Voice

**Construction continues on a chilled water line that will bring cool water to the North Hall auditorium, which is currently under renovation.**

already on the roof just for redundancy purposes. That portion may have been funded with student fee dollars but they decided against that for now due to the tight timeline for project completion.

The university is hoping to wrap-up the project in the next couple weeks, according to Stifter. It will hopefully be all back together by mid-November.

## Dairy club's haunted pavilion has successful evening of scares

Maggie Sanders  
margaret.sanders@my.uwr.edu

This year's haunted pavilion put on by the Dairy Club had a bigger audience and more donations compared to last year.

The haunted pavilion was a success last Friday, Oct. 24, with over 70 people being scared by the members of the club. Dairy Club President Eric Zwiefelhofer says that this year there was a positive and hardworking team that worked well together that brought more people this year. Compared to last year's haunted pavilion, where only 30 people showed up to be scared.

The haunted pavilion was free to all students and community members, but the Dairy Club accepted money donations and canned goods. All donations were given to the food shelf in River Falls.

The haunted pavilion was designed and put together at the Campus Farm located on Wasson Lane in River Falls. The farm is walking distance east towards Moody's from the UW-River Falls campus.

The Dairy Club has been assembling the haunted pavilion for about 10 years. Each year the second vice president is responsible for deciding how to design the pavilion.

This year's designer was Paige Roberts, the Dairy Club's second vice president. The haunted pavilion is a couple of rooms that are decorated, and the members dress up and scare the people as they go through the rooms.

The construction and decoration of the rooms took three days with four-hour shifts each day. The hardest part of the construction was making sure that the walls made out of black plastic bags were hung correctly with ropes attached to pipes in the ceiling so they wouldn't fall down, according to Roberts.

The pavilion is a building with

open space, and the construction was simply putting up walls to create rooms.

According to Zwiefelhofer, the decoration was simply getting props, such as a bed and a priest outfit for the exorcism room. This year's haunted rooms were a clown room, a haunted corn maze, an exorcism, an electric chair and a car crash.

Roberts said her influences and ideas came from Trail of Terror and Scream Town. Some of the other members in Dairy Club worked in haunted houses as well and were able to help.

The Trail of Terror in Shakopee, Minnesota, has a variety of attractions including a haunted trail in the woods, and "Hotel 666," a heated, indoor attraction spanning nearly a mile. Scream Town in Chaska, Minnesota, "Minnesota's #1 Halloween Attraction," is the best value in the state with numerous attractions.

With this year's success at the haunted pavilion, the Dairy Club was able to entertain the River Falls Community and UWRF students with scares in their haunted pavilion. Compared to last year, more people showed up and donated more to the food shelf.



# News briefs:

## Xiaoyuan Liu to speak at Peterson Lecture

Xiaoyuan Liu, David Dean Professor of East Asian Studies and Professor of History at the University of Virginia, will speak at UW-River Falls on Tuesday, Nov. 4, as part of the annual Edward N. Peterson Lecture Series.

The lecture will begin at 4:30 p.m. in the Kinnickinnic Theater in the University Center and will be preceded by a reception at 4 p.m. The event is free and open to the public.

In his lecture, Liu will argue that since the early 18th century, when Tibet became a “frontier dependency” of the Qing Empire, the Tibetan frontier of China has assumed an important position in both China’s foreign and domestic affairs. From the recent past to our own time the so-called Tibetan question is never ending but its connotation has changed several times in temporal and spatial senses. In addition, Liu will highlight a number of historical junctures of the 20th century when the Chinese, Tibetan, and other interested parties—including the U.S. and India—took different political stances on the Tibetan question and defined the question in dissimilar time frames and geographic areas.

Liu’s lecture is one of the many events featured in UWRF’s Year of China program, a program that is part of the global initiative of the university’s strategic plan and an effort to apply a multidisciplinary approach to better understand and appreciate the cultures of different nations in the world, such as Germany, China, Mexico and Brazil.

Additional information about the Edward N. Peterson Lecture Series and this year’s event is available at <http://bit.ly/1q3pW8N>. For more information call 715-425-3164.

## UWRF named a top-10 physics university

The American Physical Society (APS) recently identified UW-River Falls as one of the top 10 producers of undergraduate degrees in physics among bachelor’s degree institutions.

According to the APS, UWRF granted an average of 19 undergraduate degrees in physics per year between 2010-2012, tying UWRF for seventh with American University and Bethel University.

“I think students continue to choose the physics program at UW-River Falls because of its reputation for exceptional teaching, advising and undergraduate research,” said Sarah Egerstrom, director of Admissions and New Student Programs at UWRF. “We have expert faculty who are eager to engage our students in meaningful learning opportunities. With that said, our graduates are well-prepared for pursuing graduate school or employment upon graduation.”

Earlier this year, the UWRF physics depart-

ment received two grants from the National Science Foundation (NSF) linked to the Ice-Cube telescope, a particle detector at the South Pole that records the interactions of a nearly massless subatomic particle called the neutrino.

One of the grants will provide 18, 10-week research experiences for undergraduates. Students will participate in a one-week science and software “boot camp” prior to participating in an internship at leading institutions in particle astrophysics in Belgium, Germany, or Sweden.

The full APS degree rankings are available at <http://bit.ly/1wgnMsk>.

## ‘Bowls for Hope’ raises funds for non profits

Early each year UW-River Falls works with the community to raise funds through the “Bowls for Hope” event in which proceeds raised help a worthy organization make a difference in the St. Croix Valley.

Applications are now open for the 2015 recipient of this charity event. The 2015 Bowls for Hope event will be held from 5-7 p.m. Tuesday, March 10, at UWRF.

To be considered for the 2015 Bowls for Hope proceeds to benefit your St. Croix Valley nonprofit organization, complete the Request for Funds form found at <http://bit.ly/1FZ49sS>. Interested charitable organizations should submit their requests online by Friday, Dec. 5.

For an entrance fee of \$25 for adults and five dollars for children ages 12 and under, participants at the event may select and keep a bowl created in ceramic/pottery classes at UWRF, River Falls High School, Meyer Middle School, the Renaissance Academy or by area artists. Attendees may also sample, at no extra charge, soups donated and served by area restaurants. Guests have the opportunity to vote for their favorite soup.

The 2014 Bowls for Hope event raised \$6,600 for Grow to Share, Inc. Since 2010, Bowls for Hope has raised more than \$28,000 for St. Croix Valley charitable organizations. For more information, visit <http://www.uwrf.edu/BowlsForHope/> or email [mary.vangalen@uwrf.edu](mailto:mary.vangalen@uwrf.edu).

## ‘Danbana Dash’ funds suicide prevention

Organizers of the “Danbana Dash,” Paul Gerbec and Kelly Brenna, presented a check to the board members of St. Croix Valley Restorative Justice Program (SCVRJP)

On behalf of Gerbec, a committee of friends and family organized the second Danabana Dash that was held in September.

SCVRJP provides services to support survivors and prevent suicide. The funds generated from the event were provided by the

donations of local businesses and generous individuals.

Family and friends participated in the Danbana Dash 5k, family fun events and bean bag tournament. The day included raffle drawings and door prizes. Survivors also had the opportunity to post photos of loved ones and pick up information related to local suicide support and prevention efforts.

The donation by the Danbana Dash will provide support and services for area survivors. SCVRJP is hosting a training a circle at 6 p.m. Nov. 12 at the Hudson Police Department. The evening’s topic will be reducing stigma of suicide. If you need additional information, please contact Kris Miner at 715-425-1100 or [scvrjp@gmail.com](mailto:scvrjp@gmail.com).

## Wisconsin continues to prepare for Ebola

The Wisconsin Department of Health Services (DHS) announced that it is collaborating with three Wisconsin health systems to care for patients with a confirmed diagnosis of Ebola.

Even though Ebola has not been diagnosed in Wisconsin and the risk of contracting it remains very low, if a case of Ebola is confirmed, DHS will work with the medical team caring for the patient to transfer them to one of the following designated hospitals:

- UW Health – University of Wisconsin Hospital, Madison, and the American Family Children’s Hospital, Madison (for pediatric patients only).
- Froedtert & the Medical College of Wisconsin – Froedtert Hospital, Milwaukee.
- Children’s Hospital of Wisconsin, Milwaukee (for pediatric patients only).

“This is an important piece of the state’s overall coordinated strategy of Ebola preparedness. All health systems are continuing to prepare to identify, isolate, and provide initial care for any patients with Ebola. Because of the specialized care available at the designated hospitals, and because of their demonstrated preparedness, these designated health systems have agreed to be centers of excellence and will safely provide treatment for confirmed cases,” said Karen McKeown, State Health Officer. “We asked these organizations to volunteer because we feel they have plans in place that will increase the odds of recovery for patients diagnosed with the disease. These systems are prepared to safely treat these patients and prevent the spread of Ebola. We expect that additional systems may join this group.”

Ebola has not been diagnosed in Wisconsin, and the risk of Ebola remains very low. People can only get Ebola by direct contact with the body fluids of someone who has the disease and is showing symptoms of being ill. In the event that Ebola is diagnosed in Wisconsin, DHS will work with the Centers for Disease Control and Prevention (CDC) to notify the public. The health systems that have volunteered to care for confirmed Ebola patients are able to safely do so without interrupting their normal patient care activities.

Individuals who are concerned about their own health risk should call their usual

health care provider or call 1-844-684-1064, 24 hours a day, seven days a week. There is also information posted on the DHS website at [www.dhs.wisconsin.gov](http://www.dhs.wisconsin.gov). Patients will be transferred to designated hospitals only after approval from DHS. For more information about Ebola and Wisconsin’s preparedness efforts, visit: <http://www.dhs.wisconsin.gov/communicable/diseasepages/ebola.htm>.

## Wisconsin launches Ebola information line

The Wisconsin Department of Health Services (DHS) announced that in addition to the information available on the DHS website ([www.dhs.wisconsin.gov](http://www.dhs.wisconsin.gov)), a toll free line is now available for state residents with questions about the Ebola virus. Residents can dial 1-844-684-1064, 24 hours a day, seven days a week. The calls are free, confidential and multi-lingual.

“Though Ebola has not been diagnosed in Wisconsin, and the chances of getting it remain extremely low, we understand that people are concerned and have questions about the disease,” said Karen McKeown, State Health Officer. “Our website and this new toll free line are helpful resources that provide Wisconsin residents with information about Ebola, and Wisconsin’s preparedness and prevention efforts.”

DHS has partnered with 2-1-1 Wisconsin to establish the information line. For more information about Ebola and Wisconsin’s preparedness efforts, visit: <http://www.dhs.wisconsin.gov/communicable/diseasepages/ebola.htm>.

## Online speed-reading is offered to students

Program Director Paul Nowak of Iris Reading, the largest provider of speed-reading training, will be teaching a speed-reading workshop for UW-River Falls students at 4 p.m. Wednesday, Nov. 5.

“Speed-reading 101” allows students to more quickly read and understand their textbooks. By learning this skill, students can manage to read more text in a shorter time and still understand the content and retain the information from the text. This skill is valuable to anyone, especially students who feel overwhelmed with their reading load.

This online class accepts a limited number of students, so individuals who would like to participate in this workshop are asked to RSVP through <http://www.irisreading.com/school/UWRF>.

**STUDENT HOUSING**  
10 min. walk to campus  
**SPACIOUS 2BR APTS.**  
Quality appliances  
Common laundry  
Off street parking  
Air conditioning  
Clean, Affordable, Well maintained  
All Utilities Included:  
heat, electric, AC, water, garbage  
Call Today!  
**715-425-8105**  
[www.rivercityapartment.com](http://www.rivercityapartment.com)

## Editor’s note: clarification

In the Oct. 10 issue of the Student Voice a sophomore agriculture student, Clemen De Olivera, was quoted in the “Student Voices” section on page five.

He was asked: “What are your thoughts on the recent ‘implied threat’ on campus?”

He said: “It made me feel afraid. I saw in the news there is a lot of killing in the U.S., unlike in my country of Brazil.”

Olivera is a Brazilian exchange student who is still perfecting his English. He was called a liar online and would like to clarify his statement.

What Olivera meant to say was that he was afraid because he had heard about school shootings in the U.S. on the news and according to Olivera, school shootings are more rare in Brazil.

## River Falls Police/UWRF Police Department

### Oct. 23

- A bike was reported stolen outside Johnson Hall.
- A smoke detector was stolen in Hathorn Hall, reported at 7:30 p.m.

### Oct. 24

- Another bike was reported stolen, this time near May Hall. This report was closed as of Oct. 25.

### Oct. 26

- A controlled substance offense was filed concerning the possession of THC, THC paraphernalia and alcohol at Johnson Hall.
- Another controlled substance report was filed. This instance included the possession of marijuana and marijuana paraphernalia in Hathorn Hall.

### Oct. 27

- Money was reported to have been stolen from a dorm room in Johnson Hall at some point throughout the day.
- A bicycle was reported stolen during daylight hours near the University Center bike racks.
- A report including a depressed female was reported in the Davee Library in the late hours of the night.

### Oct. 28

- A bicycle was recovered on East Wild Rose Avenue.
- Around 1:30 p.m. a medical transport incident occurred at Lab Farm 1.

Editor’s note: Information for this section is taken from River Falls Police and River Falls Police Department incident reports.

Hi, I’m Shadoe, the voice of the 25-and-under crowd

Follow along at [YoungFreeRoyal.com](http://YoungFreeRoyal.com) for:

- Tips on managing money
- Gift card giveaways
- Daily blogs & weekly videos
- Fun events & activities

Follow me at:



“I recommend SMART START CHECKING. Ask me why!”

Shadoe Settle  
Young & Free Royal Spokester

Visit [YoungFreeRoyal.com](http://YoungFreeRoyal.com) or any RCU office to get started

**YOUNG & FREE® ROYAL**  
Powered by Royal Credit Union

[YoungFreeRoyal.com](http://YoungFreeRoyal.com)  
Federally insured by NCUA





# Planetarium presents universe in new light

Brooke Brokaw  
brooke.brokaw@my.uwrf.edu

“First Mondays Under the Dome” give students and community members the opportunity to view the solar system in a whole new way.

Physics Professor Eileen Korenic will be leading the monthly presentations.

“Professor Korenic is so passionate about teaching people new things. I’m sure these presentations will continue to be an extension of that passion,” said UWRF marketing and communications student Rachel Klamm.

Nov. 3 will be the next planetarium presentation on the topic of planets. The presentation will be held at 7 p.m. in 201 Ag Science.

“We will view the planets just above their surface,” Korenic said. “We will also fly around the solar system and the milky way along with the edge of the universe digitally.”

Korenic has been leading presentations for the last 15 years. Presentations started with observatory viewings using the telescope. After attendees would be disappointed though due to a cloudy sky, the presentations were expanded to public astronomy talks. That way according to Korenic, people would still be able to enjoy something.

For the first time ever, presentations using the new projector will now be open to the entire River Falls community. In the past, presentations were only open to community groups.

“I love bringing science to the public,” Korenic said. “People don’t want to have to pay to go to a lecture so we think of this as a service that the university provides to the community.”

With a new projector, attendees will be given a better sense of the night sky. They will be able to see the actual colors and



Jack Haren/Student Voice  
**Physics Professor Eileen Korenic shows Saturn in the UW-River Falls planetarium. The planetarium can now project planets and entire galaxies with its new lens. The next viewing is of the planets at 7 p.m. Nov. 3, in 201 Ag Science.**

brightness of stars along with the effect that city lights have on the sky.

“We are no longer limited to the a view of the star field in

the night sky but can fly out and visit planets, or even take our own footage with a fish eye lens and show it,” said Physics Professor James Madsen.

With the old projector viewers could only see constellations on the dome ceiling.

“It was a Spitz planetarium projector that had a high intensity light source and a globe that had the star field machined into to it,” Madsen said. “It was very intricate machinery, and needed regular maintenance. It produced a beautiful representation of the night sky but was not as robust or versatile as the digital projector.”

The funding for the new projector came from the IceCube project office at UW-Madison as part of Madsen’s efforts as the associate director of IceCube. According to Madsen, he worked to receive funding for the past five years.

Korenic also plans to incorporate “Year of China” themes into one of her presentations. The presentation, called “Jade Sky, Astronomy in China,” will show how ancient Chinese viewed what we consider to be fairly common constellations and what they actually saw then they connected star dots in the sky.

For those who think their experience will be like star labs in grade school, think again.

“This is so much more high tech,” Korenic said. “In the star labs, you would sit in this hot plastic that was not very comfortable that only used the light from the room. Star lab was a great introduction, but this is so much more of the night sky.”

The presentation will also remind attendees that they are part of a bigger universe.

“I think studying astronomy is something that just makes you feel part like a bigger reality,” Korenic said. “We get tangled up in our own little knot holes of our life, but there is nothing to take the place of the awe of the universe.”

# Active Minds starts ‘PostSecretU’ for student health

Christine Marriott  
christine.marriott@my.uwrf.edu

Active Minds is host to an annual project called “PostSecretU,” an anonymous way to get things off your chest or out of your head.

UW-River Falls Active Minds is the local chapter of a national student organization devoted to bringing mental health issues into mainstream conversation and removing the stigma associated with mental health.

PostSecretU is not affiliated with Frank Warren’s “PostSecret” but uses the name with his permission. Both encourage individuals to anonymously write secrets on a postcard. The postcards from PostSecretU are then physically posted together and displayed in the University Center

for a week.

In the original PostSecret, postcards were posted on the internet starting in January 2004, after Warren had a dream according to the PostSecret site. The idea was to start conversations, give voice to unsaid thoughts or facts, find comfort in being like others, and finally to direct others to helpful resources for mental health issues. Secrets can get bottled up and create emotional pressure.

“Pressure can come out in unexpected ways that are not always mentally healthy,” said Active Minds President Brianna Pezon.

Pezon went on to point out UWRF Student Counseling Services is a partner in this event and neither this event nor Active Minds is a substi-

tute for professional counseling.

“We hope when you put that letter in our box, that weight gets lifted off your shoulders and hopefully it will help you move on or help you just to know there are people who care and want to listen,” Pezon said.

Mark Huttmier is a counselor with Student Counseling Services and the advisor for Active Minds on campus.

“PostSecretU is kind of a stigma intervention,” Huttmier said.

He also urged anyone who shared a secret and as a result wanted help, to please contact Student Counseling Services for confidential and free help.

“It’s taking something you don’t think about and bringing it to the surface, it allows you to see you are

actually one of us,” Huttmier said. “It may not feel worthy of being shared but once shared it sure feels good to know you are not alone.”

“In writing your secret you are not just getting something off your conscious, just out there and off your shoulders, you are also letting other people know they are not alone,” said sophomore UWRF student Jessica Knapp, a member of Active Minds and a participant in PostSecretU.

PostSecret’s site online has information concerning the project and how to participate.

There are now six books Warren has compiled of secrets. If interested in how PostSecret works Warren gave a TED Talk in 2012 using PostSecret as a topic.

Student Counseling Services can be reached at 715-425-3884 and are located at 211 Hagestad Hall.

Full counseling services are provided free and private for all students.

Active Minds welcomes students to meetings held in the Willow River Room of the University Center every other week from 4:30-5:30 p.m.

Contact Pezon at brianna.pezon@my.uwrf.edu or Active Minds on OrgSync to learn more.

“I think Post Secret does a good job of kind of saying if you need help with this, this is not intended to be the help but to kind of promote the fact you may want to seek help,” Huttmier said.

# St. Croix Valley Symphony Orchestra to host concert at UW-River Falls

Britany Bonney  
britany.bonney@my.uwrf.edu

The St. Croix Valley Symphony Orchestra (SCVSO) has two concerts coming up.

One concert will be at 3 p.m. Sunday, Nov. 2, at Trinity Lutheran Church in Stillwater, Minnesota. The second concert will be at 7:30 p.m. Monday, Nov. 3, in the William Abbott Concert Hall at UW-River Falls.

American Portraits is theme and the musical selection will feature pieces by American composers such as Aaron Copland, John Philip Sousa, Leroy Anderson and many more.

Kris Tjornehoj is the director of the SCVSO and she said she starts planning out concerts a year or two in advance. One of her responsibilities is to select the music for the concerts. Tjornehoj said the center piece, or the most challenging piece for this concert, is Buckaroo Holiday from “Rodeo” by Copland.

Along with choosing the music, Tjornehoj said she sets the concert dates, prepares the music and leads the orchestra. Tjornehoj said

she is responsible for every aspect of the performance, including the lights and even the cleanup.

“It’s an awful lot of responsibility,” Tjornehoj said. “You hope that everybody has a team spirit because you cannot possibly do it by yourself.”

SCVSO is non-profit organization that is made up of students at UWRF and community members in the St. Croix Valley area. According to the SCVSO brochure, the SCVSO started in 1960 and has had only four directors since.

Tjornehoj said there are 57 people in the orchestra. She said there about 15 UWRF students in the orchestra and the rest of the members are people from the St. Croix Valley community.

Tjornehoj said the SCVSO counts as a class and students can get a credit for it. Tjornehoj said there is a wide array of people in the orchestra.

“I’ve got everything from lawyers to eye surgeons to family practice physicians to

computer technology people, authors, and even some staff members at River Falls,” Tjornehoj said.

Some of the instruments that can be heard in a symphony orchestra include violins, violas, cello, bass, flutes, clarinets, bassoons, trumpets, trombones, tuba, horns and percussion.

Hannah Scheele is music major at UWRF and plays the harp with the symphony orchestra. Scheele got involved with the SCVSO in 2012 when she transferred to UWRF. She has been playing the harp for 13 years and she said Tjornehoj convinced her to join the symphony orchestra.

Scheele said one of the highlights she had with the orchestra so far was during the Anthony Kearns concert that happened last November. Scheele said Kearns is a member of the “Irish Tenors” and he performed with the SCVSO last fall.

“He was amazing, I hope he comes and plays with us again,” Scheele said.

Tjornehoj said there are about 10

concerts each year. She said every concert has a different theme.

Tickets for the concert at Trinity Lutheran Church in Stillwater are \$10 and can be purchased at the door. Tickets for the concert at the William Abbott Concert Hall at UWRF are \$5 for adults, \$3 for seniors and \$2 for students. For more information contact Tjornehoj at 715-410-7416 or kristin.tjornehoj@uwrf.edu.

COME PLAY!

BINGO!

River Falls American Legion

November 7th & 21st • 7 pm

ESTIMATED JACKPOT \$2,400

WIN SOME MONEY & HAVE SOME FUN

701 N. Main St. doors open at 5 pm River Falls, WI

# Destination Program offers help for social issues

Sadie Horton  
sadie.horton@my.uwrf.edu

The Destination Program is meant to get students at UW-River Falls involved in service projects and help out others who need it.

The program was started in 2006 and is entering its eighth year here at UWRF.

It started after Hurricane Katrina hit the Gulf Coast. Students saw the damage that it caused and they wanted to do something to help the people who were affected it in some way.

That caused the Destination Program to be created by UWRF Student Life. The program gives students a special chance to help people and communities through service, education and reflection.

“The Destination Program is our marquee service program for students on campus,” said Director of Student Life Paul Shepherd. “It provides students an opportunity to do service on kinda three different levels.”

Destination has regional, domestic and international trips that students can apply for. Each program varies on the length of the trip.

“All of the trips are connected with a particular non-profit that’s doing work in those communities and so, during all of these experiences stu-

dents go and work with that organization over the time period that we’re there,” Shepherd said.

“Destination Regional” is a weekend program. This trip keeps you within the Minnesota and Wisconsin area. The trip this year ran from Oct. 24-26.

The two locations this year where Arcola Mills and Community Homestead. Arcola Mills is in Minnesota, about 6 miles north of Stillwater. The students were working with the Arcola Mills Historic Foundation. Community Homestead is in Wisconsin just outside of Osceola.

“Destination International” is a week-long trip. It happens every year during J-term and this year they are going Jan. 3-10. The destination for the service trip is the Dominican Republic. While the students are there they will be teaming up with “Outreach360.” Students will be able to teach English to kids in the classroom. They will also get to interact with the community and kids while they are there.

“Destination Domestic” is another week-long trip. This one happens over spring break every year and this year they are heading to four different locations. They are going to Hope Community Center, Alternatives for Girls, Plateau Restoration, Inc, and World Hunger Relief, Inc.

Hope Community Center is in Apopko, Flori-

da. It works to help central Florida’s immigrant and working poor communities. It does it through education, advocacy and personal growth.

The Alternatives for Girls is in Detroit, Michigan. It’s meant to help girls and young women living in the Detroit area avoid exploitation, violence, teen pregnancy, and homelessness. It works to give them the support, resources, and opportunities that the girls need.

The Plateau Restoration, Inc is in Moab, Utah. The program is mostly field based and consists of projects that help restore of wildlife habits.

The World Hunger Relief, Inc is in Waco, Texas. It works to teach participants about sustainable farming techniques in an attempt to cut back on world hunger.

This year both the regional and international trips are full but applications for the domestic trip are due on Friday, Oct. 31 at 4:30 p.m.

“Our hope is that students gain an awareness of a social issue that kind of occurs within these communities,” Shepherd said.

It is a chance to see the world from a different perspective and see the work being done.

To get more information, visit the Destination website at uwrf.edu/StudentLife/ServicePrograms/Destination/.

# NOW HIRING

RETAIL CUSTOMER SERVICE

CURD BAGGERS FULL-TIME

MANUFACTURING

PART-TIME PACKAGING

WE’RE HIRING FRIENDLY AND ENTHUSIASTIC INDIVIDUALS FOR LONG-TERM AND SEASONAL POSITIONS. FULL TIME, PART TIME, DAY, AFTERNOON AND WEEKEND HOURS AVAILABLE. WE CAN WORK AROUND YOUR CLASS SCHEDULE!

APPLY IN PERSON TODAY!

232 N. WALLACE ST., ELLSWORTH

715-273-4311 EXT. 208

ellsworthcheesecurd.com



EDITORIAL

# Take advantage of your voting right on Election Day

Tuesday, Nov. 4 is nearly here and if you didn't know, the fourth of November is Election Day.

In the past, voters have been asked to "Rock the Vote" or demanded to "Vote or Die!" Most of you likely know the drill, but for some this may be the first chance to exercise your right as an American citizen and vote.

There is no presidential election this year, which, according to the Buckinghams, is kind of a drag, but some important local and state races appear to be deadlocks heading into Tuesday. Sometimes one vote may not seem to make a difference at the national level, but local and state elections often go down to the last ballot, literally.

For example, the Wisconsin governor's race is shaping up to be a real doozy as incumbent Republican Governor Scott Walker holds a two-point lead over Democrat Mark Burke, according to RealClearPolitics.com.

Despite sub-50 percent approval ratings, a narrow recall vote victory in 2012 and an investigation into alleged illegal campaign coordination, Walker sits atop the polls with his head held high. Burke, meanwhile, has not been involved in any scandals to date, and yet she trails in the polls. Clearly Walker is doing something people find trustworthy.

Meanwhile across the St. Croix, incumbent Democrat Al Franken continues his dominance in the Minnesota Senate race against Republican Mike McFadden. Franken, who played Stuart Smalley on "Saturday Night Live" (that's right Al, we didn't forget), holds a 10.5-point lead over McFadden, whose campaign ads run nearly every 10 minutes on basic cable. Also, expect Minnesota Governor Mark Dayton to be re-elected as there is no Jesse Ventura on the ballot to dethrone him.

There is also a referendum to be voted upon for residents of Pierce County. The creation of a transportation fund is to be voted on. Basically, the revenue generated by the use of state transportation will be put into a fund and then put towards transportation projects in the future. Pretty basic stuff, at least on the surface.

Remember, the U.S. Supreme Court has blocked the Wisconsin photo ID law, so nothing is stopping students from voting in 2014. The photo ID law is an interesting subject, and it is the opinion of the Student Voice that the law would only prevent hundreds of thousands of people from voting.

As a reminder, students who reside on the east side of campus (Hathorn and over) can vote in the University Center, while students who reside on the west side of campus can vote at the River Falls High School on Cemetery Road.

College students have, over time, shown the ability to make a mammoth difference in the field of politics. It's our time to shine once again. Be a true American and vote.

Editorials represent the opinion of the Student Voice Editorial Board and are prepared by the editorial staff.

## STUDENT VOICE

Editor	Jack Tuthill
Assistant Editor	Hayden Bosch
Front Page Editor	Tasha Stalker
News Editor	Emily Johnson
Viewpoints Editor	Jack Haren
Sports Editor	Kris Bradley
Etcetera Editor	Natalie Howell
Chief Photographer	Maggie Sanders
Staff Photographers	Carmella Everhart
	Jack Haren
General Manager	Patrick Dow
Faculty Advisor	Andris Straumanis

Read the *Student Voice* online at [www.uwrfvoice.com](http://www.uwrfvoice.com)

The *Student Voice* is a student-written and managed newspaper for UW-River Falls, and is published Fridays during the regular school year. All editorial content in the *Student Voice* is determined by the newspaper's Editorial Board. The opinions expressed in editorials and columns do not represent those of the newspaper's advisor, student population, administration, faculty or staff. Letters to the editor must be 300 words or less, and include a first and last name and phone number. They can be submitted at 304 North Hall, River Falls, WI 54022 or to [editor@uwrfvoice.com](mailto:editor@uwrfvoice.com). The *Student Voice* reserves the right to edit any material for content, libel or space. It also reserves the right to withhold letters. All letters, news releases, briefs, display ads and classified ads must also be submitted no later than Wednesday at noon. Because of high production costs, UW-River Falls community members are permitted to collect one copy of the *Student Voice* per issue. A single copy of the *Student Voice* is valued at \$1, and additional copies may be requested from the WISCONSIN editorial staff by e-mail through [editor@uwrfvoice.com](mailto:editor@uwrfvoice.com). NEWS PAPER Newspaper theft is a crime. Those who violate the single copy ASSOCIATION rule may be subject to civil and criminal prosecution.

# Gonzo journalist lends literary influence to aspiring columnist

Jack Haren

Columnist

*"It is always bad business to try to explain yourself on paper—at least not all at once—but when you work as a journalist and sign your name in black ink on white paper above everything you write, that is the business you're in, good or bad. Buy the ticket, take the ride."*

*-Hunter S. Thompson, Generation of Swine*

The Student Voice issues about a dozen editions each semester. I've only written two pieces and I've had a couple midterms already. This makes me either a failing weekly newspaper columnist or a slightly slow magazine writer.

The Voice has been a weekly for a long, long time, and I flog myself more than the public ever will for not keeping up with it.

When I finally got my hands on the last copy from the main rack at Chalmers Davee, I observed the cover for only a few seconds before flipping to the Viewpoints to see if my second column ended up getting published.

It did. And I saw the printed column about New York City that didn't tell the whole story. My latest draft of it was about 1,500 words of mush that I eventually edited down to an incoherent bunch of around half that. There was a few lines of treasure in the heap of rubbish, but it easily could have been whittled back down to zero like I had done several times.

By the time these thoughts flossed through my mind, I had torn my column in half a couple times, crumpled it into a ball, put it back on the rack, and thought about taking the entire stack to the recycle bin. But then I thought about the other contributors and all of their hard work.

I figured that destroying my personal copy—valued at one dollar and now worthless—was good enough.

I was thinking that the nine-year-old with a microphone that I saw on "Democracy Now" probably covered the Global Climate March more thoroughly than I did. And I also thought of H.P. Lovecraft, the master horror writer that burned hundreds of his short story

manuscripts to get lost forever because of his perfectionism. However, a more accurate description might be insanity.

As I walked away from the newsstand, I gained fuel from my dissatisfaction and wanted to crack open a fresh barrel of ink. I realized the mistakes were more valuable publicly than privately.

Snippet by snippet, at the very least I have noticed that more notes are being taken, the camera is strapped to the shoulder more often, and more thoughts are spent thinking about what stuff to write.

Our minds never turn off. During the day, our brains filter unfathomable amounts of information. The complexity awareness is the key to carving the words into my blank column space that I see every single week. I simply need to filter it further down to a few hundred of them.

Language is fun in every respect, but when you set yourself to such a high standard, it ceases. I need to remember all my quotes, inspirations, and guidelines to live by that I have brought up in previous columns to keep the pen ball rolling.

My long gap in between publishing certainly isn't due to lack of things to write about.

Before the semester even started I had a list that I wanted to throw my brain weight into: coffee, chocolate, hemp, cannabis, alcohol, psilocybin, ayahuasca, religion, anarchy, and others.

There is a semester's worth of topics right there already, but then the possibilities expanded when school got back in session, and then exploded again when the work at the Voice started.

My current courses in journalism, politics, and history have provided an enormous springboard for local campus issues outside just the campus. There is also opinionating to keep up with on my sort of self-adopted beat of campus sustainability. Every single one of these topics could be a column. It can get trenced deep as the Marianas real, real quick and can be attacked from all angles

**My long gap in between publishing certainly isn't due to lack of things to write about.**

Latisha Townsend

Columnist

On October 21 a few of our UW-River Falls students were fortunate enough to travel to the Twin Cities for an event called the "Grassroots Rally."

Within the first hour there were 750 people lined up down the block outside of Patrick Henry High School in Minneapolis, Minnesota.

Most them were there anticipating the arrival of the first lady of the United States, Michelle Obama. Other guest speakers in attendance were Minnesota Governor Mark Dayton and Senator Al Franken.

I was also in attendance, and fortunately I got a ticket in the front row. I

took notes during the whole event and describe the experience as being surreal. Seeing Obama was like seeing a movie star.

Her arrival was very low-key, but the secret servicemen were still extremely

**Some of the Secret Service men arrived in U-Haul vans and there were also cops doing laps with their dogs sniffing the whole building out.**

serious and alert while on the job. Some of the Secret Service men arrived in U-Haul vans and there were also cops doing laps with their dogs sniffing the whole building out.

When entering the building, observers were made to go through airport like security clearance.

with the infinite portal of the Internet for information.

750 words should be easy, especially with half it potentially being filled with newsy facts of who, what, when, where, and why. What I get caught up with in each column is the idea that it is a 750-piece puzzle, and each of these pieces is a word that can be strung into a sentence, and then organized as a whole. There are thousands of options, and there sometimes seems to be no end.

This column was originally going to be my thoughts the recent art gallery but it turned into this rambling of an amateur journalist's struggle instead.

However, I will mention my favorite piece out of the entire gallery, from Jimmy Smead's stone skateboard collection: The "Gonz" board had a Ralph Stead-

man inspired graphic of Hunter S. Thompson painted on it. It is the perfect gateway to next week's column about my Halloween experience of dressing up as Thompson.

Halloween is a time to be something you are not.

It is my chance to test out his individualist crazy addictive personality by some method acting. I definitely have his elaborate and mandatory breakfast spread on lock, but later on in the day my low tolerance might slow, but I will try with a pack of cigarettes puffed from a holder, neat whiskey straight from the bottle, and an additional six pack of beer.

Of course, I will have the pen, pad, and cam to record the story I get myself into.

As of this printing, I will have started my transformation with a shave of the head and beard.

"Buy the ticket, take the ride," Thompson said. Indeed: Happy Halloween. Stay spooky.

*Jack Haren is a junior journalism student with a political science minor. His free time is spent snowboarding, skateboarding, reading, writing, designing, listening, experimenting and living minimally. In the future he wishes to freelance and travel the world.*

# Michelle Obama visits the Twin Cities for Grassroots Rally, student observes

Latisha Townsend

Columnist

On October 21 a few of our UW-River Falls students were fortunate enough to travel to the Twin Cities for an event called the "Grassroots Rally."

Within the first hour there were 750 people lined up down the block outside of Patrick Henry High School in Minneapolis, Minnesota.

Most them were there anticipating the arrival of the first lady of the United States, Michelle Obama. Other guest speakers in attendance were Minnesota Governor Mark Dayton and Senator Al Franken.

I was also in attendance, and fortunately I got a ticket in the front row. I

took notes during the whole event and describe the experience as being surreal. Seeing Obama was like seeing a movie star.

Her arrival was very low-key, but the secret servicemen were still extremely

**Some of the Secret Service men arrived in U-Haul vans and there were also cops doing laps with their dogs sniffing the whole building out.**

serious and alert while on the job. Some of the Secret Service men arrived in U-Haul vans and there were also cops doing laps with their dogs sniffing the whole building out.

When entering the building, observers were made to go through airport like security clearance.

During Obama's speech, she made a couple of jokes about her husband, President Barack Obama, and then touched on the importance of voting participation by young people. She felt that the biggest problem isn't that young people don't care, but that a lot of time people are busy and don't have the time.

She is currently working on finding alternative ways to get students to vote. It was a great event to experience and I liked representing the Falcons.

*Latisha Townsend is a freshman journalism student from Brooklyn Park, Minnesota. In her free time she loves to blog, read, and do arts and crafts. She also boxes while back home. After college, Latisha plans to become a newspaper journalist or a news anchor in the Twin Cities. Later on in her career, she dreams of becoming a press secretary for the White House.*

Do you have something to say?

Write a letter to the editor.

Email your thoughts to [editor@uwrfvoice.com](mailto:editor@uwrfvoice.com)



LETTERS TO THE EDITOR

River Falls resident surveys political party power and public opinion, supports Mary Burke for new governor

Over the past four years Wisconsin has earned the dubious distinction of being one of the most politically polarized states in the nation.

Our state has always been a study of contrasts, capable of producing pairs of both Joe McCarthy and "Fighting Bob" LaFollette, and Paul Ryan and Russ Feingold.

I remember a time in the recent past when Wisconsinites seemed capable of remaining relaxed, easy-going, and tolerant of differences. That mood of acceptance is gone. Now there is a casualty of careless wielding

of power by the ruling party.

When one party holds all the power, it needs to use that power in a wise and cautious way in order to keep the respect and loyalty of all citizens.

In Wisconsin, the ruling party has taken the opposite path. It misses no opportunity to uncompromisingly dominate the minority party.

Consequently, about half the citizens of Wisconsin feel disenfranchised, shut out of the decision-making, and unrepresented by the current administration. Understandably, this leads to bitter division, reflected by the

relentless polarization in public opinion polls.

Domineering single-party control of political power has led to widespread bad blood among friends, neighbors, relatives, and coworkers. This harms us as individuals, families, and communities. It also harms us as a state in a country facing so many urgent challenges that demand we work together for the common good.

Mary Burke is the gubernatorial candidate with the best chance of reconciling Wisconsin's differences and cooling down our

current atmosphere of overheated partisanship. She has expressed an intention to work across the aisles to govern cooperatively. Her economic savvy and concern for all of Wisconsin's varied constituencies can help heal the divisions that threaten our state's future.

She can make us feel good about Wisconsin again, and she deserves our vote as governor.

Thomas R. Smith  
River Falls, Wisconsin

Student Support Service thanked for making unexpected college career easier by providing extensive guidance

Thank you Student Support Service (SSS)! I want to recognize all the SSS coaches; Rose, Zio, Linda and Chuayi are the best college coaches anyone could ask for.

The SSS coaches are all about encouraging students academically, personally, emotionally and sometimes financially.

First of all, I want to thank Rose for always being there for me and continuously working with me throughout my four years

at UW-River Falls. I also want to thank the rest of the SSS staff for constantly giving me positive support towards my academics.

The SSS program has helped me in so many ways in college, especially being a first generation college student and not knowing what to expect or how to deal with any of it.

SSS has made the process easier by knowing that someone was going to walk along my side through college. I had many fears

coming to college, especially because it was never in my family's plans. But I chose a different path and it was one of the best decisions I ever made.

The SSS program has been very generous in helping many students be part of the UWRf community. I am thankful for all the great events that SSS has helped me be part of like cultural events, community services, mini study sessions, retreats, study skills workshops and much more.

Because of the SSS program, I am truly blessed to say that I have met wonderful people who have made a significant change in my life.

The friends I have met through the program continue to be my friends to this day. Thanks again Rose, Zio, Linda and Chuayi!

Patricia Alvarado  
River Falls, Wisconsin

Check out the Student Voice on Twitter @uwrvoice

Tune into WRFW 88.7 to: Hear your friends on the radio Listen to local news updates Jam to your favortie music

Be the first person to find Freddy's lost feather in this issue of the Student Voice and win two free movie passes to the Falls Theatre!

The first person to report the find to editor@uwrvoice.com

AFTER 10 a.m. Friday wins!

The winner will be announced on the Voice's Twitter account: @uwrvoice.

STUDENT voices

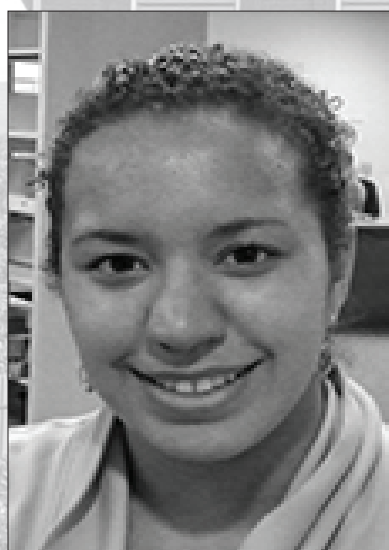
How will you be celebrating Halloween?

Compiled by Maggie Sanders



Dre Senior Business Administration Marketing

"I'll be celebrating at Junior's sixth annual Fire and Ice Halloween Party. I will try to win a free trip to Vegas. I'm going to be dressed up as a smurf or the hulk."



Jasmine Cox Junior History

"I'll be hanging out with a friend and watching Disney movies like 'Hocus Pocus' and 'Halloweentown.' We will also decorate cupcakes with spiders made out of black Twizzlers."



Zack Nihart Senior Business Administration Marketing

"I am going to St. Cloud [Minnesota] for a house party and some bar-hopping. I'm going to dress up as The Riddler."



Sera Koroglu Sophomore Psychology

"I am going to a house party with some of my friends. I am going to be dressed as a cat."



Zee Xiong Senior Business Administration Management

"I will be working. I'll also paint my face to look like a cat. Then, I am taking my neices out to trick and treat."

Check out the Student Voice online at uwrvoice.com.



# Soccer team clinches playoff birth with two wins

Collin Kottke  
collin.kottke@my.uwrf.edu

The soccer season is coming to a close and the WIAC's middle of the pack is coming to the finish line kicking and screaming.

UW-River Falls currently sits in third place at the moment, and have clinched a playoff spot with a 4-0 win over UW-Superior late Wednesday night. The Falcons could still finish as low as fourth. Head Coach Sean McKuras is aware of how unstable the conference standings are this time of the year.

"The middle is really tight. It's going to be way up in the air," McKuras said. "The middle is an absolute mess. The top six teams make it to the playoffs and it could fall in any direction."

McKuras' crew was on point on Saturday afternoon in its efforts to climb the WIAC standings.

The Falcons went to UW-Stevens Point for a conference match up on Saturday afternoon. Making shots count was the name of the game as the Falcons and Pointers combined for a total of 11 shots on goal for the game. The Falcons were the team that made its shots count, however.

The two schools played to a scoreless tie at the intermission, but it didn't take long for that to change. Just five minutes into the second half, freshman midfielder Carrie Anderson put in a goal to give the Falcons a 1-0 lead. The goal was Anderson's fifth of the season.

The Falcons did not get many shots off during the match. They only managed four shots total, three of which were on goal. Anderson accounted for three of the shots with freshman forward Kayla Windingsstad accounting for the other shot.

Falcons sophomore goalkeeper

Erica Cimochowski was kept busy, though. Cimochowski recorded eight saves on the game with the Pointers shooting 16 times in all.

Saturday wasn't the only tight game that the Falcons played in the last week. On Wednesday, Oct. 22,

the Falcons hosted St. Olaf College from Northfield, Minnesota.

The game was as tight as they come, as the Falcons and the Oles played to a 1-1 tie. Both goals in the game were scored in the first half of the game. The Oles kicked off the

scoring right before the 32 minute mark when Emily Helle kicked in the only goal for the Oles.

The Falcons kicked in its goal just over two minutes before the intermission. Freshman midfielder Abby Solderholm put in her sev-

enth goal of the year just before the 43 minute mark to tie the game up at one.

The Falcons got its shots off, but only the one could find the twine as UWRF outshot the Oles 17-12. Seven of those shots belonged to senior striker Alex Swatloski who currently has the second most goals (10) in the WIAC this season and the most game-winning goals in the conference with four.

Swatloski is feeling good about her team as it heads into the final game of the regular season and a potential third place finish.

"I feel really confident in what we are going to do," Swatloski said. "I don't think there is a team in the conference that could beat us right now."

The next team that gets to challenge Swatloski's statement is UW-Eau Claire on Saturday, Nov. 1, at 7 p.m. at Ramer Field.

McKuras has a game plan for his team.

"Things I'd hope for are consistency and quick starts," McKuras said. "I think we are so capable of getting out and putting teams under pressure early. You just see the differences in the games when we make the most of those opportunities."

Those opportunities are coming to fruition more than they have in recent past.

"This is the most talented team I've played on in the last four years, by far," Swatloski said.

The regular season might be closing but Swatloski said the team is still improving.

"I think we can only go up," Swatloski said. "We've had our struggles, but we are a fantastic team."



Kathy M. Helgeson/UWRF Communications

Senior Alex Swatloski controls the ball during the Falcon home opener against St. Catherine; the Falcons won 4-0. The next game will be played at 7 p.m. Saturday, Nov. 1, at home against Eau Claire.

## Falcon Cup Challenge continues to bring UWRF athletes together

Ryan Tibbitts  
ryan.tibbitts@my.uwrf.edu

UW-River Falls athletics could not function without all of the teams uniting together to support each other, whether that be volunteering time to work at a home sporting event or simply cheering each other on.

UWRF home events would not be possible without the track and field teams running the concession stand, men's basketball running parking at football while women's basketball runs security, four different athletes volunteering to be ball retrievers at soccer games, men's hockey doing grounds work at softball and many other things that go unnoticed at any given event.

The "Falcon Cup Challenge" is another aspect that has helped to bond all of the UWRF athletes together into the "Falcon family," that is often talked.

The challenge is relatively new to UWRF athletes. The Falcon Cup Challenge is a friendly competition among UWRF athletic teams to recognize the academic, athletic and social success of Falcon student-athletes, according to uwrfsports.com.

"The reaction starting off last year was very positive," said Assistant Athletic Director Crystal Lanning. "During the J-term break it kind of died off so that is one thing we are working on for this year."

Going into the second year, Lanning said it did not start off with the initial response it did last year since it was something new but that everyone is still engaged with it.

"After last year we are ready for another successful year with it," Lanning said.

A season ago the women's basketball team won the inaugural Falcon Cup Challenge and is off to a hot start again this year as it currently leads again.

"We used it as an opportunity to go and win something," said captain guard Richell Mehus. "We did a lot of community events, went to support other teams and did everything as

a team."

Mehus added that she thinks there is still a lot of excitement this year for the Falcon Cup Challenge as the women's basketball team is still trying to win it and that men's basketball, who finished last a year ago, are trying harder this year currently sitting in third place.

There are six different areas where teams can earn points for the Falcon Cup Challenge. Falcon pride is the category where teams earn points by attending another sporting event.

"When athletes are competing I think they appreciate seeing their peers," Lanning said. "It has been neat to see people say I have never been to a tennis match or I have never been to a hockey game before this and I think they really enjoy the new experience."

Mehus echoed those thoughts.

"It was a good opportunity to get to know the other teams and be able to support them," she said.

Another area to earn points is by attending the "Falcon Success Series." The Falcon Success Series is a comprehensive series of programming offered throughout the Falcon student-athletes collegiate career to promote academic, athletic and social success, according to uwrfsports.com.

Teams also earn points by doing community service projects.

"Almost every one of our teams does some type of community service," Lanning said.

Campus involvement is an area where athletes can earn points by being involved in an organization outside of their sport or attending a school play or music concert.

"One of the things about Div. III is it really tries to get athletes into and involved with the campus," Lanning said.

Two areas where the athletes can earn the most points are in academic achievement and athletic excellence. 50 points is the highest amount that can be given in the Falcon Cup Challenge. If a player earns All-American honors in athletic excellence or like in wom-



Courtesy of UW-River Falls women's basketball

The 2013-2014 women's basketball team gathered at a team-bonding event. The women's basketball team looks to maintain its lead in the Falcon Cup Challenge.

en's golfer Gillian McDonald's case if they win a prestigious award. McDonald was the first person to earn a team 50 points this year when she was named the WIAC golf Scholar-Athlete.


Mehus said the Falcon Cup Challenge has helped provide unity not only for all the athletic teams but for the women's basketball team as a whole.

"It encourages some people if they do not feel connected with the team to get involved with everyone," Mehus said. "We all travel to events together and just like to have fun

with it."

Falcon Cup Challenge standings can be found by going to uwrfsports.com and searching for Falcon Cup Challenge underneath the Falcon athletes tab.

"I like to reward the students for what they are doing outside of athletics," Lanning said. "I hope the campus as a whole can see that our athletes are really involved with other things on campus and in the community outside of just their sport."



# LIVE

## FALCON BROADCASTS

UWRF FOOTBALL  
SATURDAY, NOV. 1  
HOME VS. LACROSSE  
PREGAME- 12:35 P.M.  
KICKOFF- 1:00 P.M.

FOLLOW US ON TWITTER!  
@WRFWSPTS  
WE LIVE TWEET ALL BROADCASTS

www.pureradio887.com



# Men's hockey aims to win back-to-back WIAC titles

Bryan Tester  
bryan.test@my.uwrf.edu

The UW-River Falls men's hockey team finished better than anticipated last season by capturing the 2013-2014 WIAC championship.

This season, the team looks to have repeat success with a mix between new and old players. The team will be led by Head Coach Steve Freeman, who has been with the team since 1996 and has been the longest tenured coach in UWRF men's hockey history. Since his first year as head coach, Freeman has led the team to 10 WIAC championships and has been named Coach of the Year eight times.

Prior to the arrival of Freeman, the men's hockey team had been to the NCAA tournament on five separate occasions, finishing third, second and winning the title two times in 1988 and 1994.

Last season, the team had 28 players and after only losing 10 in the off-season, the team will look similar this year. The team will start the season without last season's leading goal scorer Willie Hess and four-year starting goaltender Scott Lewan. Senior forward Tom DeBace is excited to get this season underway with the new players on the team.

"We've got a lot of skill on this team, and a lot of new freshmen on this team that are really skilled," DeBace said.

The Falcons look to be in good shape to start off the season

with three of the top four point leaders returning, and a goaltender who played well last season.

Junior Tanner Milliron will look to compete for the open spot at goaltender this season. Milliron played in some big games for the Falcons last season, which included a win against NCAA runner-up, WIAC rival UW-Stevens Point. Milliron finished the 2013-14 season with a 4-2-3 overall record which included the teams only shut-out.

Also competing for the open position this season will be David Heflin, a sophomore from Illinois. In the season prior to arriving at UWRF, Heflin posted a 21-5 record in the regular season. In the North American Tier III Hockey League (NA3HL) Heflin was ranked fourth in wins and posted a 92.0 save-percentage which ranked him sixth.

Returning at forward is All-WIAC senior captain Blake Huppert who led UWRF with 21 points last season. Three key sophomores also return in Ryan Doner, Christian George, and All-WIAC Honorable Mention Mitch Kontny. Doner, George and Kontny combined for 55 points as freshmen. Junior Zach Schrottenboer looks to improve upon his 15 point, five goal season.

The Falcons will look to improve on the offensive side of the puck after finishing third in the WIAC in goals scored with 77. Freeman wants his group of guys to be a fast team and keep the speed of the game up through three periods.

"It seemed like last year we might start out well. We'd get a

lead going into the third period and we'd sit in that lead a little bit instead of playing the same way we did in the beginning of the game," Freeman said.

Special teams were another issue for the Falcons as the team ranked last in the WIAC in power play goals with 18. On defense, the team loses a pair of seniors in Jon Schreiner and Jeff Burke who played an aggressive style of hockey.

This season, the Falcons' schedule will start off the month of November taking on non-conference opponents. Although these games may not seem important, the team will need every win that they can get.

Last season, the WIAC had new rules put into place where no team receives an automatic entry into the NCAA tournament. Instead, teams in the WIAC can earn an at-large bid into the tournament which is based on overall record and strength of schedule, as well as WIAC tournament results.

During the season, the Falcons will play each of the four other teams in the WIAC three total times. The first two conference series' will be a true test for the Falcons this season as it takes on Stevens Point followed by a series against I-94 rival UW-Eau Claire, who won the national championship back in 2013.

The Falcons will start the 2014 campaign on Thursday, Nov. 6, in Moorhead, Minnesota, against the Concordia-Moorhead Cobbers. The puck drops at 7 p.m.



Kathy M. Helgeson/UWRF Communications

Senior forward captain Blake Huppert fighting off a UW-Superior Yellowjacket defender just above the goalie's crease in game two of the 2013-2014 WIAC semi-finals on Saturday, March 1, Hunt Arena. The Falcons lost the game 4-0, and the series 2-0, ending UWRF's season.

## Women's tennis places sixth in the WIAC

Cooper Nelson  
cooper.nelson@my.uwrf.edu

The UW-River Falls women's tennis season is over after its sixth-place finish in the WIAC conference tournament.

The tournament took place Saturday, Oct. 25 and Sunday, Oct. 26 in Madison, Wisconsin. The winner of the conference is determined by a combination of in-season conference matches and the end of the year tournament.

UWRF went 1-5 during the tournament with its lone victory over UW-Stout. The team finished the season with a 4-7 overall record, which is a major improvement from last season where the team was only able to muster a single victory, finishing 1-9.

Senior Hannah Klimek was named to the WIAC All-Sportsmanship team. The All-Sportsmanship team was chosen for individuals who display great sportsmanship throughout the season.

"She [Klimek] kind of exemplifies what being a good sport and good teammate is all about," said Head Coach Michele Bailey. "We will miss her a lot next season."

Klimek is one of only two seniors whom will not be back for next season so the team will be facing bigger expectations next season, with having most of its returning players.

"I think the ante will be upped a little bit [next season] for everybody, including myself," Bailey said.

Bailey finished her second season as head coach and she thinks that the experience she and the rest of the team has gained this season will pay big dividends next year.

The season is over, but Bailey says that the team still has work to do. Dur-

ing the offseason the team will continue to do strength training two times a week. Then after winter break they will start strength training three times a week.

Some players like to take it easy during the offseason, but Bailey believes that the players will work hard.

"Most of the team is motivated to stay active on their own," Bailey said.

After the offseason the team will be able to show off their new skills before summer vacation. The Falcons are currently scheduled to play five matches in the spring. The matches take place April 18-20. They are against Hamline University, College of St. Scholastica, UW-Eau Claire, MSU-Moorhead and the University of Northwestern-St. Paul.

Bailey is particularly excited for the spring season because she can see all of the improvements that the players made

during the offseason.

"It is nice to see where our team stands after a half a year off, and also see what we need to work on going forward next year," Bailey said.

Returning for next year will be sophomore Kayla Rosenow who led the Falcons with four singles victories. Also returning is freshman Molly Deering, sophomore Anna Ebensperger, junior Kelsey Hochberger, freshman Kelsy Johnson and sophomore Lea Zuern.

Hochberger will be the only senior on next season's squad so she will be looked to provide the team with leadership that they are losing this year.

With all of the experience that is returning for next season it would not be surprising to see the Falcons improve on its 4-7 record from this season.



Kathy M. Helgeson/UWRF Communications  
Kelsey Hochberger and Hannah Klimek celebrating a win vs. St. Norbert College. The Falcons finished the season on Oct. 26 with a 4-7 record.



**Afton Alps Ski Area is Now Hiring!!**

**Get a free Vail Resorts Employee Season Pass while also earning money!!**

**Please apply at [jobs.vailresorts.com](http://jobs.vailresorts.com)**

**Key Word Search: Afton Alps**

**Applications being accepted for all positions:**

- Food & Beverage
- Lift Operations
- Retail/Rental
- Guest Services
- Ticket Scanners
- Terrain Park
- Snowmakers
- Ski & Snowboard Instructors
- Vehicle Maintenance Mechanics
- Lift Maintenance Mechanics

**Job Fair: Thursday Nov. 6<sup>th</sup>: 5pm-8pm**

**Tuesday Nov. 11<sup>th</sup>: 5pm-8pm**

**Alps Chalet – 2<sup>nd</sup> Floor**

**Must reach minimum employment requirements to earn pass.**



# 'Birdman' mesmerizes audience with all-star cast

Jack Tuthill

Reviewer

Michael Keaton, who most remember playing the title character "Batman" 25 years ago in Tim Burton's classic 1989 superhero film, is finally back in a lead role and has never been better than he is in "Birdman or (The Unexpected Virtue of Ignorance)."

"Birdman" was written and directed by Mexican film auteur Alejandro Gonzalez Inarritu, who is one-of-a-kind, just like his films. Inarritu's films are dark, tragic and realistic, and are best known for being non-linear.

The very best examples of his work are "21 Grams" and "Babel," the latter earning him 2007 Oscar nominations for Best Picture and Best Director.

The plot is somewhat complicated, yet simple in the fact that the entire film takes place in or around a theater in Times Square, New York City. "Birdman" is a film about a Broadway play formulated by a washed-up actor. Throughout the film the cast and crew go through whirlwind of emotions with the climax focusing on the play's "opening night."

Riggan (Keaton) is a former film star who three times played a superhero called "Birdman." The trilogy, similar to today's "Iron Man" franchise, made Riggan a short-lived

star in 80s and 90s, but his film career has slowly dissolved into nothing. Riggan is long forgotten by the American viewing public.

So, Riggan decides to write, direct and act in an adaptation of novelist Raymond Carver's collection of short stories "What We Talk About When We Talk About Love." Riggan tells all his colleagues that a conversation he shared with Carver many years ago inspired him to become an actor.

Riggan has hired Lesley (Naomi Watts), Laura (Andrea Riseborough) and Mike (Edward Norton) to star opposite of him in the Broadway play. Mike is cocky and honest, and considered one of the best play actors in the business. But Mike is also stark mad.

For instance, Mike goes ape when Riggan doesn't supply real alcohol in a scene of heavy drinking; Mike attempts to have actual



sex with Lesley in a scene where they share a bed together as lovers; Mike constantly tries to bed Riggan's daughter Sam (Emma Stone); and Mike thinks he is God's gift to the planet.

Meanwhile, Riggan is battling his own personal demons. There is a lot of pressure on him as he is putting all his life savings into the production. His marriage with his wife (Amy Ryan) has crumbled. His relationship with his daughter is toxic.

Oh and Riggan also talks to a voice in his head. The voice, which perplexingly allows him to fly in the air and move things with his mind, is the Birdman inside. The audience is led to believe Riggan has superpowers for quite some time.

In the end, the film is about family. Riggan has wasted his life away making B-movies and drinking alcohol, squandering family

time with his wife and daughter. But the film is also about mental health. Is Riggan insane or can he actually move things with mind and fly like a bird? Also, will the play be a success or is it destined to miserably fail?

"Birdman" could be categorized as a superhero film because Riggan has superhuman attributes at certain points in the film, but more importantly, the film should be classified as a psychological drama. Some have called the film a "black comedy," but the drama outweighs the small amount of humor sprinkled throughout the plot.

The performances also outweigh the film itself. Keaton, Norton ("Fight Club"), Stone ("Easy A") and Watts ("The Ring") are magnificent. Heck, even Zach Galifianakis, who plays Riggan's best friend Jake, is quite good dramatically. 2014 has not been a great year for films, but "Birdman" does feature the best acting performances of the year thus far.

Elsewhere, the cinematography by the Oscar-winning Emmanuel Lubezki ("Gravity") is equal parts surreal and naturalistic. Extreme close-ups emphasize facial expressions, and long, extended takes showcase the beauty of the stage and city.

"Birdman," at the moment, can only be viewed at Lagoon Cinema in Minneapolis, Minnesota, but it is well worth the trip to one of the best neighborhoods in the Twin Cities.

*Jack Tuthill is a senior journalism student minoring in professional writing. Jack enjoys film, music, sports, reading, writing, travel and hiking. Jack aspires to be a sports reporter for a print publication upon graduation.*

# Seasonal Halloween traditions contain unknown symbolism

Cristin Dempsey

Columnist

We are already entering the final week of October, which means students around campus are finalizing their Halloween plans.

Many students go to parties, out on the town with their friends, or they find their inner child and go trick-or-treating. Whatever peoples' plans are, there are always fun things to do on this spooky holiday.

What are well-known Halloween traditions, where did they come from, and what do they mean?

Plans and interests may change from year-to-year, but they all revolve around the standard traditions and customs that brought Halloween to life.

As most of us know, the colors associated with Halloween are orange and black. While it may make sense that these colors were chosen due to their ominous quality, there are actually other reasons why they were chosen as well. They mostly represent the time of year. Orange is one of many colors

of fall, meant to symbolize the changing colors of the leaves. It also represents the hue of most pumpkins, another symbol of the popular holiday. Black was not mainly chosen for its spooky or ominous qualities. Rather, it symbolizes the end of Daylight Savings Time and the longer nights ahead in the coming winter. This year, turning back the clocks happens just two short days after Halloween.

Spiders, a common fear among many individuals, do in fact symbolize the spooky side of Halloween. Many party hosts will hang up fake spider webs as a decoration in order to make the feeling of Halloween more authentic. Time, progress and fate, or the circle of life, is represented in a spider web. Our lives all progress over time, taking shape and changing as needed. Ultimately, we do all suffer the same fate: death. Even if we are not the bug that twists itself into the spider's web, that web reminds us that we do not live forever. And that is enough to be spooky and ominous for many people.

Similarly, ghosts also focus on death and passing into the after-life. The end of harvest for the season reminds some of what happens next, what happens when we pass over into another realm different from Earth. Ghosts are the main reason why some refer to Hal-

loween as the "Festival of the Dead," since long-gone ancestors are said to be able to roam freely in the world, among the living.

The real question is, should we believe in ghosts and their so-called ability to haunt? Or is it just a scare tactic used to make the holiday (and other days, for that matter) interesting?

**There are a lot of different symbols that make Halloween what it is and why we always come back for more.**

Certain animals are also related to Halloween, their dark appearance suggesting the spirit of the holiday. While black cats in reality are gentle, kind cats, Halloween suggests otherwise. Some ancient religions believed that black cats were cats reincarnated from humans and could see into the future. They relate to witches, as it was also believed that witches could turn into cats (which totally explains the cat turned professor in Harry Potter), so most black cats seen around the holiday were witches.

Bats are also symbolized on Halloween, but for different reasons. Since they are nocturnal, they were meant to symbolize night

and the end of Daylight Savings Time.

One common tradition during Halloween is to have bonfires, but these bonfires can be interrupted by mosquitoes and other pests. Bats are known to eat these bugs, therefore protecting Halloween celebrations. And while bats cannot communicate with living human beings, they are believed to be able to communicate with the dead, according to ancient religions.

It is also stated that vampires can turn into bats, meaning many bats are actually possibly vampires.

Whatever you choose to do this Halloween, remember the many symbols and traditions and why they exist, even if they are not listed here.

There are a lot of different symbols that make Halloween what it is and why we always come back for more. Even as times change and people celebrate the holiday differently, it is good to remember that it all goes back to the symbolism.

*Cristin Dempsey is a senior from Eagan, Minnesota. She is majoring in English with a professional writing emphasis and minoring in music. In her spare time, Cristin likes to write, play music and work out. After graduation, Cristin would like to pursue a career as an editor.*

# Students exercise body and mind during yoga sessions in the Karges Center



Jack Haren/Student Voice

**Instructor Veronica Woroniecki watches students who are in a position called the "corpse pose." Yoga is offered as a half credit class for students' physical education requirement. Also, "Flow Yoga" in the Falcon's Nest is at 3:30 p.m. on Thursdays.**



Jack Haren/Student Voice

**Instructor Veronica Woroniecki shows students a leg stretch in the dance studio in the Karges Center. "Mixed Level Yoga" is also available for free in the Falcon's Nest from 3:30-4:30 p.m. on Tuesdays.**

**Check out the Student Voice on Twitter @uwrvoice.**

**Tune into WRFW 88.7 to:**

- Hear your friends on the radio**
- Listen to local news updates**
- Jam to your favorite music**