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**Soccer team finishes the fall season strong**



# STUDENT VOICE

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## Conceal and Carry law active Nov. 1

Melinda Mendez  
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Starting Nov. 1, Wisconsin will join 48 other states that have enacted the conceal/carry law. The law that was signed by Governor Scott Walker on July 8, under Act 35, says that it will be legal for licensed individuals to bear a concealed weapon in the state of Wisconsin. Under this new law concealed weapons will be allowed onto the campus grounds on the University, however there are certain provisions in the law for campuses and universities.

UW-River Falls will ban individuals from carrying firearms in campus buildings by placing signs in the front of each building, including residence halls and athletic buildings. The signs will indicate that weapons are not permitted on campus. Signs will also be posted in the University's parking lots.

The campus will also be posting signs prohibiting weapons at any outdoor events with a controlled entrance, including any events at Ramer field.

Under the Wisconsin Administrative Code in UWS 18.10(3), it prohibits a person from carrying, possessing, or using any dangerous weapon on university lands or in university buildings or facilities, unless it is for law enforcement purposes, or the person receives written approval of the chief administrative officer. This code also permits police to confiscate and remove dangerous weapons from students at the University.

"The new law does not have any impact on this policy from a residence hall standpoint," said Kristie Feist, assistant director for residence life. "Anyone entering a residence hall is still not allowed to bring a weapon or any object resembling a weapon into a residence hall." If a student's guest should bring a weapon into the hall, the student will then be held responsible for their guest's actions.

Students and other members of the community that see an individual carrying a concealed weapon are encouraged by the University to remind that person that concealed weapons are not allowed on campus. If the person fails to comply or appears to be threatening, people are encouraged to call the University Police at 715-425-3133.

"It makes me nervous," said Megan Lane, a freshman at UWRF, "I could be in class and somebody could just pull out something, you just don't know."

Caleb Baumgartner, a junior, doesn't think that there should be more people carrying guns. "I don't think that it will make people safer, a lot of people have been killed by their own



Charissa Squire/ Student Voice

**Signs banning the use of guns and weapons inside UWRF buildings are now placed on the doors of the facilities on campus. Signs will also be posted in UWRF parking lots, residence halls and athletic complexes.**

guns," Baumgartner said. Student Senate is also taking action on this issue as well. David Rainville, a physics professor involved with Faculty Senate, and the special assistant to the chancellor, Blake Fry, provided a joint report to the Senate on Wednesday, Oct 5, 2011, focusing on updates regarding UW-System action on the issue.

The conceal and carry law provides opportunities for public universities to place signs on the doors of buildings indicating that concealed weapons are not allowed inside, but it is effective only if every door on a building is "signed" in this manner. "I was just at UW-Green Bay for a work conference, and noticed that they had begun putting signs on the glass windows that are on many of their doors," said Wes Chapin, a political science professor, and head of Faculty Senate at UWRF.

## Study abroad reaches China



Maggie Sololoski/Student Voice  
**UWRF will host a new study abroad program to China. It will be similar to the Wisconsin in Scotland program.**

Andrew Barker  
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The UW – River Falls Study Abroad program will soon be offering new opportunities for students to study in China.

The UWRF Global Connections office hosts many study abroad chances which include semester long programs and short programs such as over Spring Break and over the summer months. Currently, the program sends between 350 and 400 students to study abroad each year.

Wisconsin in Scotland is the most widely known, which allows students to spend a full semester in Dalkeith, Scotland. Next fall however, a similar program will be available at the Zhejiang International Studies University in China.

"We will send over faculty and students to live together in this facility to take UWRF classes," said Megan Learman, an education abroad advisor. "Core classes will be required for students to take to learn how to function in Chinese society." Students will be able to learn about various aspects of Chinese society such as, "Chinese history, Chinese language, Chinese food, Chinese people, and Chinese relationships," said Learman.

UWRF has had a lasting relationship with the Zhejiang University, and Zhejiang has occasionally hosted some the faculty from this University. These faculty members have either just visited or have taken classes to get their Master's degrees.

Students will be given a host student while participating in this program who will help them learn and adapt to the Chinese culture. This will give the students an opportunity to gain a friendship and interact with other students.

Just like the Wisconsin in Scotland program, it is not just narrowed to UWRF students. "Students from different campuses come," said Kelsey McLean, the program coordinator. "It's a neat opportunity for students to not only have an international experience, but they also meet people from throughout the state that come back and form close friendships."

Applications for this program are currently unavailable, but it is slowly being promoted. "We have had about 35 students who have indicated interest," said McLean.

This new opportunity will be available for students during the fall semester of 2012. More information can be obtained by attending the "Leap Into Study" event, which will be held on Feb. 29.

Some of the other semester long opportunities for students include the International Traveling Classroom which tours Europe and gives the students the chance to study in cities such as Paris, London and Berlin. Students can also apply to stay for two semesters on some programs such as Wisconsin in Scotland.

"I was able to go to Ireland last January," said Brittany Pierce, a dairy science senior. "It was really fun to travel around and I was able to get to know the people I traveled with really well."

Opportunities for students to study on different campuses within the United States are also available. Many campuses are available but a few that students have chosen are California State, Tennessee State University and the University of Hawaii, according to the National Student Exchange website.

UWRF also hosts students from other campuses rather than just sending them, and also hosts international students. According to the International Student Services website, "We are proud to currently host 90 international students from 16 different countries."



Charissa Squire/Student Voice

**Starting on Nov. 1, people in Wisconsin will have the right to conceal/carry weapons or firearms. The law will allow licensed individuals to carry guns and/or weapons in Wisconsin. There will, however, be certain provisions in the law for campuses and universities. Illinois is the only state that does not allow conceal/carry.**



Senate Shorts:

There will be UW-System student representative meetings Oct. 21 and 22 in River Falls. They begin at 3 p.m. Friday, Oct. 21 in the St. Croix Room at the University Center and continue from 8 a.m. to 12:00 p.m. on Saturday, Oct. 22.

At 5 p.m. on Nov. 1 the Senate will look over spaces to see how to spend Falcon Promise money.

A motion was introduced to require a higher vote threshold to raise higher education costs for UW-River Falls Students. This will be voted on next week.

The Senate introduced a motion to bring the Student Association into Wisconsin Open Meetings Law Compliance. It will be voted on next week.

Jennifer Harris was appointed as a student member on the Dining Services Advisory Committee.

The next regular meeting of the Student Association Student Senate will occur at 7 p.m. on Tuesday, Oct. 25 in the Willow River Room of the UC.

News Briefs:

The RADD Jazz Series is proud to present the UWRF Jazz Ensemble in concert at 7:30 p.m. on Saturday, Oct. 22 in the Falcon’s Nest at the University Center. The Jazz Ensemble is directed by David Milne, professor of music and chair of the music department. The concert will feature new arrangements and classic jazz compositions, including music performed by Duke Ellington, Count Basie, Cannonball Adderley, Thelonious Monk, John Coltrane, Herbie Hancock, and Radiohead. Admission is free and open to the public. Please note the location of the concert is at the Falcon’s Nest at the UC.

From 1:30 p.m. to 3 p.m. on Sunday, Oct. 23 six area dance instructors will demonstrate their forms at this delightful event. Songs of the Body, a dance sampler, in the Gallery Theatre, lower level of the River Falls Public Library. Mari Kline, UWRF dance instructor, will participate in this event. Included are ballet, ballroom, Bharatanatyam, Middle Eastern, and modern. Contact Jera Terreng, [jerat@riverfallspubliclibrary.org](mailto:jerat@riverfallspubliclibrary.org)

At 3 p.m. on Sunday, Oct. 23, the St. Croix Valley Music Teachers Association will present a Piano Monster Concert in at the William Abbott Concert Hall. Free Admission. Contact Roger McVey, [roger.mcvey@uwrf.edu](mailto:roger.mcvey@uwrf.edu), (715) 425-3183 for more information.

Check out the **Student Voice** website at [uwrfvoice.com](http://uwrfvoice.com)

Senate redistributes allocable funds



Megan Rodriguez/Student Voice  
Vice President Carlan Strand, Shared Governance Director Jayne Dalton, and President Tyler Halverson discuss proposals at a Senate meeting.

Michael Brun  
[michael.brun@my.uwrf.edu](mailto:michael.brun@my.uwrf.edu)

While the Allocable Fee Appropriation Board, or AFAB, prepares to begin hearings on student organization budget requests for next year, Student Senate passed a motion that will give AFAB coffers a yearly boost.

AFAB will begin training student organizations to submit budget requests for the 2012-2013 academic year on Oct. 24 and 26, said AFAB Chair Patrick Okan at the Oct. 18 Senate meeting.

For the first time, dues-charging organizations like fraternities and sororities will be able to apply for a budget.

With the addition of dues-charging organizations to the application process, a greater number of organizations will now be vying for the same pool of funds. But the Senate passed a motion that will increase that pool.

The motion, which was introduced for discussion Oct. 11 by Senators Jason Keck and Jessica Bester, passed without opposition during the Oct. 18 Senate meeting. It changes Senate by-laws to make unused student organization funds transfer at the end of the year back into the pool of money to fund or-

ganizations the following year.

“It makes more money accessible for more organizations,” Keck said.

Under the previous Senate by-laws, unused funds in student organization accounts at the end of the year were transferred to a Shared Governance reserve account controlled by the Senate. The approved motion places those funds back under AFAB control.

The funds for student organizations are provided by the segregated fees charged to students as part of tuition. The organized activities fee is \$17.75 per semester for each student at UW-River Falls, and the sports club fee is \$4.50 per semester for each student, according to the Student Affairs website.

With nearly 7,000 students enrolled at UWRF, the total available funding for student organizations and club sports next year will be more than \$300,000.

The process of applying for student organization funding has several steps. After organizations attend a training session, they will need to submit a budget request form by a deadline in mid-November. Then there will be a process of review by AFAB before the budgets are sent to the Senate sometime

in March for final approval, according to a timeline in last year’s budget request form.

The AFAB policy document used to deny yearly budgets to student organizations that charged membership dues, or restricted membership based on performance standards or class standing. A motion forwarded by Student Association President Tyler Halverson and Senator Jayne Dalton, which was approved Oct. 6 by AFAB, eliminates these restrictions.

“It’s not guaranteed that AFAB will give dues-charging organizations money, but it gives equality of opportunity to apply for it,” said Senator Ben Blanchard, one of the AFAB members who voted to approve the motion. Blanchard is also the president of Theta Chi, a Greek organization at UW-River Falls that may now apply for a yearly budget.

The approved changes to senate by-laws will help reduce the size of the Shared Governance reserve account.

The account currently sits near \$150,000, Student Life Director Paul Shephard said.

“The money given is never all spent, no matter how diligently we give it out,” Okan said. “This will stop a lot of that from building up.”

River Falls  
Police /  
UWRF Police  
Department

Oct. 8

- Kaylie Marie Larson, 19, was cited \$263.50 for underage consumption on Athletic Drive.
- Kaitlin Marie Mason, 19, was cited \$263.50 for underage possession of alcohol on Athletic Drive.
- Emmanuel Ikechukwaka Udeh, 20, was cited \$263.50 for un-

derage consumption at 120 E. Cascade.

Oct. 9

- Cyril Alexander Headline, 23, was cited \$200.50 for an unauthorized Fire on Spruce Street.
- Elizabeth Cathrine Sullican, 19, was cited \$200.50 for an unauthorized fire on Spruce Street.
- Aaron Burr Barnhouse, 19, was cited \$263.50 for underage consumption on Athletic Drive.

Oct. 12

- Derik Thoman Leick, 18, was cited \$716 for possession of Marijuana and possession of drug paraphernalia at Johnson Hall.

Oct. 13

- Derik Thomas Leick, 18, was cited \$558.50 for disorderly conduct and underage consumption at 330 E. Cascade.
- Christian James Abilla, 18, was cited \$558.50 for disorderly conduct and underage consumption on 330 E. Cascade.

- Anthony Michael Morelli, 18, was cited \$263.50 for underage consumption at Johnson Hall.
- Lucas Richard Havlicek, 18, was cited \$263.50 for underage consumption at Johnson Hall.
- Levi William Havlicke, 18, was cited \$263.50 for underage consumption at Johnson Hall.
- Samuel Pung Grafenstein, 18, was cited \$263.50 for underage consumption at Johnson Hall.
- Cody James Berends,

18, was cited \$263.50 for underage consumption at Johnson Hall.

Oct. 15

- Alison Beth Cronick, 19, was cited \$263.50 for underage consumption at 3rd Street.

Editor’s note:  
Information for this section is taken from River Falls Police and UW-River Falls Police Department incident reports.

Listen to  
88.7 FM WRFW  
the only on campus radio station  
produced and directed by  
UWRF students

# 2011 UWRF Career Fair: Where Preparation Meets Opportunity

The Career Fair, provided by UW-River Falls Career Services, was held Wednesday, Oct. 19 in the Riverview Ballroom at the University Center.

Faculty and students of UWRF-sponsored career programs provided information about all of the career planning programs at UWRF and actively answered students' questions about opportunities they were interested in.

Students also had an opportunity to meet directly with professionals from organizations and graduate schools. The fair was an opportunity to learn about their field of interest and begin putting their foot in the door of their future.



Megan Rodriguez/Student Voice  
Students attend the Career Fair on Wednesday, Oct. 19 in the Riverview Ballroom at the UC.



Megan Rodriguez/Student Voice  
Carl Lippert visits the Grow Mark information booth at the Career Fair. Students were able to connect with potential employers and explore internship opportunities. This was the 20th Career Fair at UWRF.



Megan Rodriguez/Student Voice  
Whitney Pessig was this year's Career Fair coordinator. She helped to bring over 80 organizations to the Career Fair. The fair also offered resume help and interview skills to help students prepare.



Megan Rodriguez/Student Voice  
Students meet with a representative from Target Corporation to discuss employment and internship opportunities. Employers represented a wide-range of career paths for the various majors and minors on campus

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EDITORIALS

# Concealed carry soon on campus

Starting Nov. 1, Governor Scott Walker has ratified the concealed carry law in the state of Wisconsin, which allows adults to carry a concealed weapon legally.

Wisconsin is the 49th state to allow people to carry concealed weapons, leaving Illinois to be the only state that bans concealed carry. Those who wish to carry a weapon must undergo training and obtain a permit. Many regard the law as a matter of safety, but others see it as presenting an unnecessary danger.

Minnesota adopted the concealed carry law in May of 2003, under the Minnesota Citizens' Personal Protection Act. The concealed carry law in Minnesota surged a great deal of controversy at the time, but is now regarded as commonplace among Minnesota citizens.

Those in favor of the law argue that criminals will be less likely to attack someone who they believe to be armed, and that the Second Amendment to the Constitution upholds an individual's right to concealed carry. Also, concealed carry may aid in ending public shooting spree, such as those that occurred at Virginia Tech and Columbine.

Those opposed to the law argue that handguns are not an effective form of self-defense, stating that carrying a weapon increases the chances of a confrontation turning lethal. Also, carry a weapon leads to more instances of unintended injury.

Concealed weapons will be allowed onto campus grounds here at UW-River Falls, however not allowed into any of the University buildings.

Perhaps you have noticed the new signs around campus, which serve as a reminder that weapons are not allowed in the University's buildings, including athletic buildings and residence halls.

Students and other community members are urged to remind anyone who they see carrying a concealed weapon that concealed weapons are not allowed. If the person fails to comply or appears to be threatening, the University Police should be contacted at 715-425-3133.

We here at the Student Voice believe that the impact of this new law will be minimal, though it does create a sort of uneasiness. We believe that if a person were intent on committing a crime, chances are they would not make efforts to obtain a permit in the first place.

We are interested to hear your input on the matter. Feel free to send a letter to the editor at [editor@uwrvoice.com](mailto:editor@uwrvoice.com).

Editorials represent the opinion of the Student Voice Editorial Board and are prepared by the editorial staff.

## STUDENT VOICE

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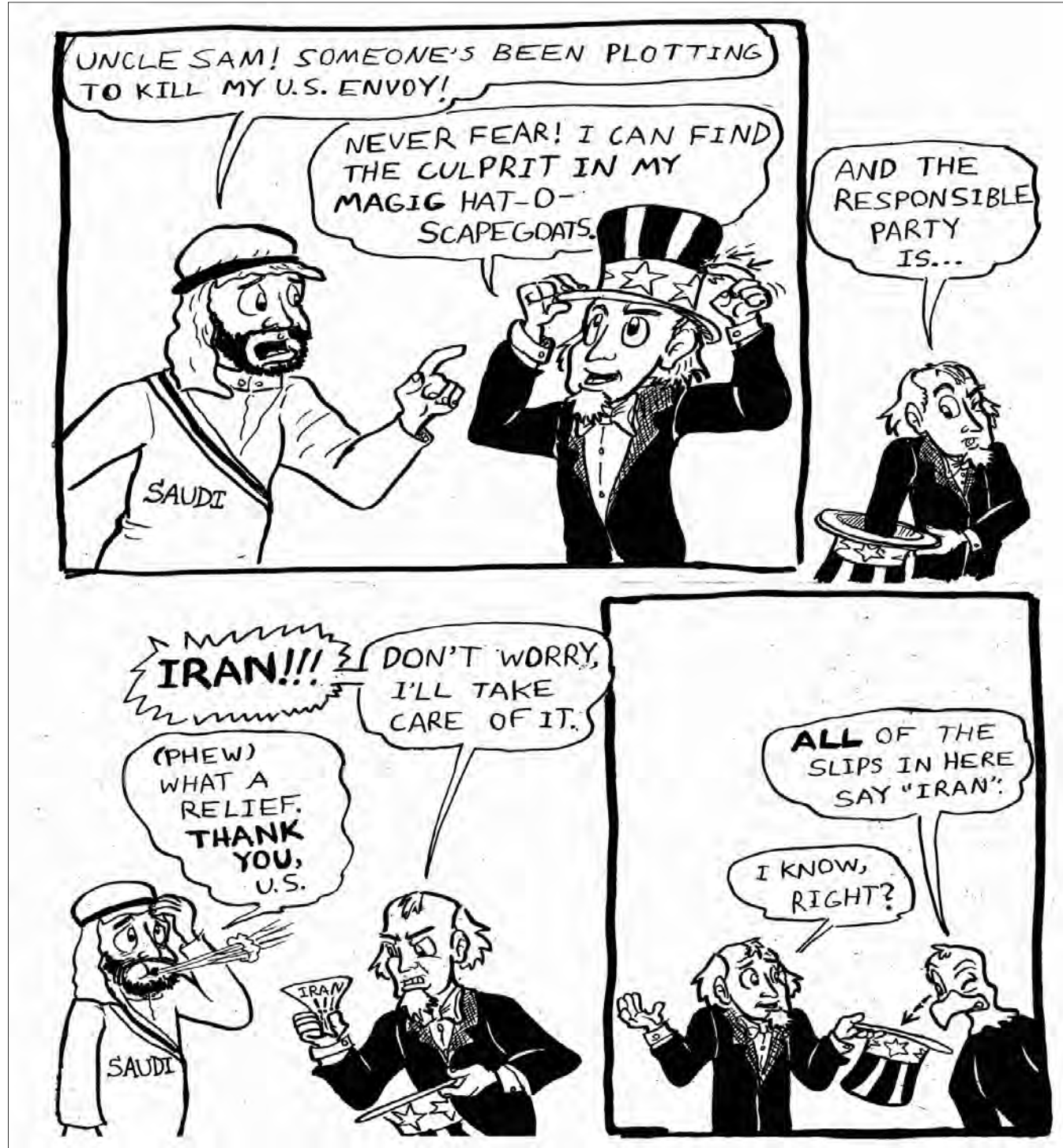
The *Student Voice* is a student-written and managed newspaper for UW-River Falls, and is published Fridays during the regular school year.

All editorial content in the *Student Voice* is determined by the newspaper's Editorial Board. The opinions expressed in editorials and columns do not represent those of the newspaper's advisor, student population, administration, faculty or staff.

Letters to the editor must be 300 words or less, and include a first and last name and phone number. They can be submitted at 304 North Hall, River Falls, WI 54022 or to [editor@uwrvoice.com](mailto:editor@uwrvoice.com).

The *Student Voice* reserves the right to edit any material for content, libel or space. It also reserves the right to withhold letters. All letters, news releases, briefs, display ads and classified ads must also be submitted no later than Wednesday at noon.

Because of high production costs, UW-River Falls community members are permitted to collect one copy of the *Student Voice* per issue. A single copy of the *Student Voice* is valued at \$1, and additional copies may be requested from the editorial staff by e-mail through [editor@uwrvoice.com](mailto:editor@uwrvoice.com). Newspaper theft is a crime. Those who violate the single copy rule may be subject to civil and criminal prosecution.



David Recine/Student Voice

# Cruising the Panama Canal

It's been called the "eighth wonder of the world." It's one of the best innovations built by man in the past century and it's the Panama Canal. This short 51 mile waterway has revolutionized the business world. It's reduced travel time by nearly 8,000 miles and has quickly become one of the most popular travel destinations. While incorporating Spanish and Native American cultures the surrounding area of the Panama Canal will entice you to do some serious exploration!

The French were the first to attempt construction of the Canal in 1880. However, the Canal's progress was impacted by disease, financial and engineering problems. By 1900, the French abandoned the project and left Panama altogether. In 1903, Panama gained independence from Colombia and quickly strengthened relations with the United States. In 1904, the United States purchased the French Canal Company rights and properties for \$40 million. Started by President Teddy Roosevelt, construction took 10 years, finally opening for business on Aug. 15, 1914.

On average, it costs \$35,000 to transit the Canal, but here are two fun facts: the cheapest fare was 36 cents, paid by swimmer Richard Halliburton. On the other extreme, the most expensive fare is held by two sister cruise ships: Coral Princess and Island Princess both at \$245,000. These ships

are specially designed to transit the Canal, leaving a few feet on either side.

The United States maintained control of the Canal until 1999, when it was returned to Panama. Currently, there are two lanes of boat traffic, but construction is underway for a third lane, which would accommodate much larger ships. Construction should finish in time for the Canal's centennial in 2014.

The best part of the Canal is that there are no engines; everything is done manually. There are three sets of Gatun Locks, on the Caribbean side, which elevate you into Gatun Lake. Sailing through the manmade lake will take you to the Pedro Miguel and Miraflores Locks where you descend into the Pacific Ocean. Overall, it takes about eight hours. I recommend a balcony stateroom, so you can get a personal view of the transit without having to fight for rail space on deck.

Upon exiting the Canal on either side, you can disembark the ship and explore Panama. You will be welcomed by the Embera Indians, who will share their traditional music, song and dance. In the Colón market, on the Caribbean side, you have the opportunity to buy some handmade crafts and embroidery. Overall, they are a peaceful people. Be advised that as part of their culture they wear very little clothing. In fact, they do not interact much with the Panamanians; they live by their own laws. On the Pacific side, Panama City is a bustling metropolis, mixing in Caribbean, French and Colonial architecture to create a melting pot of cultures. Consider a cruise that includes a two-day visit to Panama. You can get the best of both worlds on either side of the Canal. The Panama Canal is something everyone should see at least once in their lifetime. Now it's time to pull up anchor and head north of the border!

# Film remakes often disappoint

In recent years, I have noticed that more and more movies are being made again. Why do good movies need to be redone? I am always hesitant to see movies that come out when that same movie was already made 20 plus years ago. The most recent movie that has come out is "Footloose".

"Footloose" was a classic movie back in the 1980s, and even though it may have the same story line, it is a completely different film. Remakes of movies are just never the same.

Since it's almost time for Halloween, let's look at the Halloween movie series. They were classic in the 1970s, but now they are just dark and gory. The original "Halloween" was scary in itself. I couldn't even stand to watch the remake from 2009 because it was too bloody. Other scary movies such as "Psycho," "The House of Wax," and "The Texas Chainsaw Massacre" are all movies that were great just the way they were. Sure, we all go to see them, but they never live up to their predecessor.

"Nightmare on Elm Street" is another movie that was super scary just the way the original was. Yeah, I understand that the definition of a "scary movie" has changed quite a bit since the 1960s and 1970s, but the remakes of scary movies now are just plain bad. There is a list of movies online that should have never been done again, and I agree with every single one of them. "Charlie and the Chocolate Factory" was

a classic that Gene Wilder starred in, and Tim Burton ruined it with Johnny Depp. It was too creepy for my taste.

Okay, enough with the scary, it is time for some normal movies. The website [www.imdb.com](http://www.imdb.com) also has "Freaky Friday," "The Pink Panther," and "The Parent Trap" all listed as movies that should have never been remade. However "The Parent Trap" made in 1998 was actually really cute. Though, this was still when Lindsay Lohan was still adorable. But, there is something so classic about "The Parent Trap" movies made back in the 1960s. Everything was so innocent and pleasant. It will always be one of my favorites. "Freaky Friday" was remade in 2003, with Jamie Lee Curtis and Lindsay Lohan, right before things went downhill for Lohan. It was a pretty good movie, but after seeing the 1976 original, nothing can compare. I think it was just the pure innocence of the times. It will always be a classic.

"Pink Panther" is another movie that was funny and silly in its hay day. It was just too weird with Steve Martin. I just do not understand why these amazing, classic movies need a facelift to fit the present audience. Maybe it has something to do with the need to see movies with actors that everybody has heard of, or maybe, the filmmakers just have to keep up with the times. Either way, if it isn't broken, don't fix it! Like I mentioned in my article about Facebook, why can't things just ever stay the same? Why do things constantly need to be redone or revived? Why do classic movies need to change?

Samantha is a journalism major at UW-River Falls. She loves reading, writing, and watching movies.

Lifestyle Enthusiast on the town:

# Dreary nights spent in Alaskan terminal



Christopher Pagels  
Columnist

I have no photographs of the two nights I slept in Ted Stevens Anchorage International Airport. The chill of the air-conditioning brushed my exposed arms; the average temperature outside had been 55-degrees for the last three weeks. The sun had only shone five times in the three weeks. The connected steel benches were made of black leather with thin eggshell foam padding. Hardly enough room to lay flat on one’s back, much less on your side. My bench was facing perpendicular to the “no-parking” ramp that hustled with people, mover buses, taxis, and Subarus. I fell asleep at 2 a.m. waiting for my checked backpack to come back from Phoenix, maybe Minneapolis; I forget which.

The midnight sun of Alaska awoke me out of a fitful slumber at 4:30 a.m. The U.S. Airways flight from Phoenix (via Minneapolis) should arrive at 11 p.m. that night; from there I would have enough time to catch a ride to Homer to visit my friend Smashley. The contents of my blue and gray hybrid backpack/camelbak held my mattress wallet, book of Icelandic sagas, black Sharpie marker, toothbrush, and a deck of cards. I tried to force myself back to sleep by pushing my head into the corner of the stiff bench, but there was only

sleeplessness. I sat up with alfalfa bed hair and a sagging frown that reached down to the ground. My bench was in front of Delta. The Russians from the night before made a nursery of blankets and a wall of luggage protection as their sleeping fort in the corner.

The Upper One bar next to Jet Blue Airlines was not open, but Hudson News was. I spent 10 minutes looking at a bag of 4 oz. Gardetto’s that was selling for \$7. I finally grabbed it and walked up to the counter. A fast talking American of Indian origin was ringing up sales with finesse. He asked me how it was going, looking intently into my eyes, as if he meant it. “Well,” I said, “flight delayed three times, bags sent to Phoenix, sleeping overnight, and waiting until 11 p.m. to get my courtesy bag.” He held his hand out for me to wait. For the next hour, we talked in between sales about how I could sneak past security to access the greater variety of restaurants and Hudson News shops. Options: use my cancelled ticket and hope they do not ask any questions or buy a ticket and demand a refund after I had gotten my fill. I did neither of these. I would have to survive on Cinnabons all day.

The other day, my friend Michael stayed overnight in the Porto, Portugal Airport. His advice for spending the night, as a single or cheating man, is to do the following: “First thing to do when you walk into an airport is to sit next to the hottest girl you see. Next, break the ice by saying something like, ‘comme ca, got to love those Ryan Air 6:30 in the morning flights.’ If she does not understand English, speak a little French to her to show elegance and class. After this, find out where she is going and when. There is always something to

talk about at an airport, because everyone has a lot to say before they begin or end their journey.”

I did not do that either. Instead, I walked down to the tourist information desk and asked for some spare cardboard. The elderly woman handed me a white box and a pair of scissors. I wrote in big black capital letters with my black Sharpie H-O-M-E-R. Once things went according to plan, I would hitchhike on Highway 1. It makes up half of the highways in Alaska. The rest of the day, I shifted from reading the New Yorker and pretending to sleep on the black benches around the airport. I wanted to give the appearance of moving around.

It was 11 p.m. and many boxes of frozen fish crunched against the generic black bags with rollers on the conveyor belt circling around the luggage elevator. I waited until there were two unclaimed bags that were cycling by themselves until they ultimately shut down the belt. My bag got as far as Minneapolis. I am still in Alaska. I threw my cardboard sign away and texted Smashley. I bought a \$140 ticket down to Homer. The plane held 19 people. The 40 minute flight was enough to edge above the clouds for my first sight of the sun in over a week.

When I landed on the Kenai Peninsula, I called Smashley and began walking down the right side of Main Street to meet her halfway. After 15 minutes, I saw her black hair swaying in the wind on the left side of the road. She waved to me I waved back.

# Wavering anti-depressant medication myths debunked



Jaime Haines  
Columnist

More than 10 percent of Americans take anti-depressants, medication which helps alleviate depression. Unfortunately, most believe myths surrounding their problems and their resulting treatments.

Most anti-depressants alter brain chemistry by increasing the amounts of neurotransmitters such as serotonin, norepinephrine, and/or dopamine available in the brain. Once the availability increases, people typically experience elevated moods. Because of this improvement, people assume that anti-depressants cure some sort of “biochemical imbalance.” However, this belief is completely misled.

There is no possible way to test for a biochemical deficiency. None. No blood test or brain scan can determine whether a person demonstrates a low level of certain neurotransmitters. Therefore, no method exists to conclude that a deficiency of neurotransmitters causes depression.

To better understand this concept, look at it in terms of drinking alcohol. If a man drinks five beers at a bar each

night and notices he feels much happier, one cannot realistically conclude that this man had too low of a blood alcohol level. While the alcohol certainly helped increase his happiness, in no way did it fix a “deficiency.” However, practitioners and the public use a similarly mislead view when they believe anti-depressants offer a cure for this unproven deficiency. As one psychology professor half-joked, “If you didn’t have a biochemical imbalance before you took the medication, you do now.” This statement further illuminates the dangers of adding possibly unnecessary chemicals to one’s body (in case extensive side effects and suicide warnings failed to demonstrate such perils). However, keep in mind that if anti-depressants truly help, one should not discontinue their use merely because they alone do not fix the true cause of depression. However, it never hurts to consider other treatments.

The most common alternative (or supplement) to anti-depressant medication is therapy. However, due partially to stigma, many people avoid this route. Since everyone visits the doctor’s office and receives prescriptions, this action is socially accepted and not questioned. However, not everyone visits a therapist’s office, so others may ignorantly label these people as “crazy;” on the contrary, these people demonstrate the important ability to recognize their problems, own them, and then seek help from a professional.

Because biological views cannot fully explain the causes

of depression, one should reconsider using certain terminology. A famous psychiatrist, Thomas Szasz, explains that if depression were an “illness,” neurologists—doctors of the brain, would treat it. Instead, he more accurately deems depression as a “problem in living.”

In addition, one of UW-River Falls’ psychology professors explains that terminology like “depression” is a label, not an explanation. By this, he means that depression is merely a description of symptoms. Depression does not explain why those symptoms occur, it merely offers a shorthand way of saying that a person demonstrates irregular sleep and eating patterns, feels sad and hopeless, etc. Saying that a person sleeps a lot because she is depressed is equivalent to saying that a person sleeps a lot because she sleeps a lot. To eliminate this problem, one must say that a person exhibits depression, and realize that the cause (whether it is biological, socio-cultural, personal, situational, etc.) is something entirely different from the assigned label of depression.

To truly understand one’s problems and treatments, people must overcome the myths surrounding such topics. The truths are: biochemical imbalances are merely theoretical, therapy should not be stigmatized, and depression is only a label.

*Jaime is an exuberant puppy-lover and “House” addict. She plans to use her psychology degree to encourage activism and well-being through counseling, workshops, speeches, and the written word.*

## STUDENT VOICES

How do you feel about conceal and carry on campus?

Crystal Ganz, Senior



“Uncomfortable. Being outside on campus with people that could be carrying is a little unsettling.”



Andrea Strauch, Senior

“I’m against it. It should be illegal to have guns anywhere.”

Joel Sehloff, Freshman



“I can’t see many college students that would carry.”



Ethan Siem, Freshman

“As long as it doesn’t turn into a problem, I’m fine with it.”

Gregory Neumann, Freshman



“As long as no one shoots people.”

Compiled by Megan Rodriguez

# Origins of teams you cheer for as kids, adults



Benjamin Lamers  
Columnist

What makes some of us cheer for the Minnesota Vikings, some of us cheer for the Green Bay Packers, and some of us cheer for the Chicago Bears? The obvious answer is where we grow up geographically. But is that the only reason? Obviously it isn’t. For example, I grew up just outside of Milwaukee and while being a Brewers fan, which made Sunday tough, I am also a diehard Indianapolis Colts fan, which made Sunday even tougher. A big reason for how we pick which teams to root for is our upbringing. My dad grew up a Colts fan, which slowly trickled down to me as well.

A broader example are the Chicago Cubs fans who overpopulate Wisconsin, especially in the Milwaukee area. However, it makes sense that there are so many Cubs fans. Until 1970, baseball fans in Milwaukee only had the Cubs or the White Sox to cheer for. This again creates the trickle down effect, which explains the amount of Cubs fans in southeastern Wisconsin. The trickle down effect, conversely, is responsible for the hatred of teams as well. The closest example to that is right over in Minnesota, as far as I know, with the departure of the North Stars to Dallas. An even bigger example is the hatred which the people in Baltimore have for the Colts. After the Colts unceremoniously left the city, not a soul in Baltimore remained a Colts fan. To this day, so I’m told, fans in Baltimore who weren’t even alive in 1983 hate the Colts because of the fact that their parents did.

There is one more factor in how we choose our teams as kids, although this one seems to have trouble sticking later in life. As kids we tend to lean towards the teams that we see winning. Let’s face it, as kids we were all bandwagon fans.

When I was a kid just getting interested in sports my favorite teams consisted of the Jacksonville Jaguars, Detroit Red Wings, Charlotte Hornets, and the Arizona Diamondbacks. An odd assortment of teams, I know, yet there is a reason for most of them. The first time I remember watching football was the 1996 NFL playoffs. In these playoffs the fifth seeded Jaguars knocked off both the Buffalo Bills and the top seeded Denver Broncos. As a 5-year-old kid, I thought the Jaguars were unbeatable so they naturally became my favorite team. I actually rooted for them until about eighth grade until I saw the light. I have never watched much hockey, but when I did, as a kid, the Detroit Red Wings won two consecutive titles, which made them my favorite team in a sport I didn’t care about. My rooting interest in the Diamondbacks stems from a simple hatred towards the Yankees. I, like most people, grew up hating the Yankees, which made any team playing them my favorite. After the 2001 World Series the Diamondbacks were far and away my favorite team for dethroning the evil empire. Then there was my rooting interest in the Charlotte Hornets. That is something I simply can’t explain.

It is worth noting that, now that I have matured, I have fallen for all the simple reasons we root for certain teams. My dad is a Colts fan and now I am too. I live in Milwaukee and the Brewers are my team. I don’t care too much about the NBA, but if I had to pick a team it would, unfortunately, be the Milwaukee Bucks. As for hockey, well honestly, no one in eastern Wisconsin cares about hockey. If they do, the Blackhawks are their team. I don’t have a favorite hockey team. I assume most of you cheer for your geographical favorite, but I hope this article inspires you to look back and remember when you were just a little bandwagon hopper too.

*Ben is a sophomore majoring in journalism and minoring in history. He is a huge Colts and Brewers fan.*

## Find Freddy’s Feather!

Be the first person to find the lost Freddy the Falcon Feather in this issue of the Voice and win two free movie passes to the Falls Theater!

The first person to report the find to [editor@uwrvoice.com](mailto:editor@uwrvoice.com) AFTER 10 a.m. Friday wins.



# Women’s soccer team poised for playoffs



*Jessie Behrman/Student Voice*  
**The women’s soccer team prepares for the upcoming game against UW-Whitewater at practice.**



*Jessie Behrman/Student Voice*  
**The match against UW-Whitewater will take place at 2 p.m. Oct. 19. The game being played will raise money for pancreatic cancer.**

Sarah Hellier  
sarah.hellier@my.uwrf.edu

“When grit meets grace, and power embraces passion,” is what senior captain Eryn Lansverk prefers to say to define the success of the Falcon women’s soccer team so far this year.

In the first month of their season, the Falcons played a total of 10 games. Although eight of those games were losses, seven of them were lost by one goal, including an overtime loss to St. Norbert.

“We’ve played one of the toughest schedules in the midwest this season. We’re a good team but we’re not getting the results we need,” said Head Coach Sean McKuras.

Since the Falcon’s last game in September, they have played six games total, winning four of them. Coach McKuras said that this is the most talented group of girls he’s ever had and he can expect them to win every game.

“We started putting the ball in the net and scoring first,” said McKuras.

With the rough start to their season, Lansverk said it has given opportunities to each player. “Facing adversity has provided various teammates opportunities to step up and contrib-

ute as leaders and bring us together as a whole, playing for each other rather than just ourselves,” said Lansverk.

Lansverk has definitely stepped up herself. The senior forward from White Bear Lake, Minn. pumped in three goals in their game against Ripon College and two against UW-Stevens Point. Not counting this current year, Lansverk has racked up a total of 27 goals. This season she has a total of eight goals thus far making her “One of the highest scoring players in UW-River Falls history,” said McKuras. On Oct. 4, Lansverk was also named the WIAC Offensive Soccer Player of the Week.

“As a player, getting daily touches on the ball this summer helped to prepare me for the preseason, as well as working hard everyday at practice, and trying to improve my individual play as well as my teammates,” said Lansverk.

“Eryn is fun to watch and people want to play like her,” said McKuras.

Lansverk agrees that this year’s group of girls is one of the most advanced teams that the Falcon women’s soccer program has ever seen.

“In my fourth and final year playing for UWRF, I would argue that this is one of the most talented and skilled teams to

ever have passed through the Falcon soccer program. Knowing that, I think as a team we can expect and should demand of ourselves to have a strong finish in our regular season games and to be playing in the championship game of the WIAC,” said Lansverk.

The next game is scheduled for Saturday, Oct. 19 facing UW-Whitewater. The game against UW-Whitewater is the Falcons’ last home game as well as, “Playing for a Cure- Pancreatic Cancer.”

“In the preseason a player’s mom was diagnosed with pancreatic cancer, so we’re doing this to show our support” said McKuras. The Falcons will be wearing different colored jerseys to show support for the cause and then they will be auctioned off after the game to raise money.

The Falcons are currently tied with UW-Stevens Point for sixth place in the conference. If the Falcons win on Saturday, UW-Stevens Point won’t make it into the playoffs for the first time ever.

“We’ve been working hard, taking it one game at a time, and tightening up our play as we go. It’s a learning curve and we’re getting better every game,” said Lansverk.

# Student-athletes promote community service

Jessie Behrman  
jessie.behrman@my.uwrf.edu

The Student-Athlete Advisory Committee (SAAC) has its annual Trick-or-Treat for Canned Goods event the week of Oct. 24 through the 30.

SAAC is a student driven committee, said faculty advisor Crystal Lanning. The group’s overall mission is to promote student-athletes as good citizens and role models, Lanning said. The group consists of two representatives from every varsity sport but sometimes involves every student-athlete from every team as well as coaching staff, said SAAC President John Bullis, who plays for men’s hockey.

The Trick-or-Treat for Canned Goods is by far SAAC’s biggest event, said Bullis. The complete Wisconsin Intercollegiate Athletic Conference (WIAC) participates in this event, and UW-River Falls has been in the top WIAC schools for collecting the most. From 3 p.m. to 5 p.m. on Sunday, Oct. 30 SAAC is asking that all varsity athletes participate in going

door-to-door in the community asking for canned goods and non-perishable items.

“Every athletic team participated in this event last year and it keeps getting bigger and better. Last year 248 athletes from many teams helped, my numbers here say we collected 3,148 pounds total,” Bullis said.

Last year UWRF was the top school in the conference for collecting the most canned goods and non-perishable items, said Lanning. SAAC will also be collecting food items throughout the week of Oct. 24 through the 30 at home varsity events.

Janae Baron is a junior representative for soccer in SAAC. She said that each event SAAC puts on impacts the community as well as the members involved. “I feel that once you participate in an event, you will get the urge to want to be more involved in other events. It has been a great door that has opened up new relationships with other teams as well as staff members,” Baron said.

Other events this year include Kids Night Out in December,

where parents can drop off their kids on campus for games, sports and movies with athletes from all different sports while parents can go holiday shopping or run errands. Another winter event is a polar plunge that UWRF is partnered with the Special Olympics for. Lanning said all of Division III athletics are partnered with the Special Olympics.


According to the UWRF Athletic’s website, the group’s purpose is to enhance the image of student-athletes on campus as well as in the community by engaging in service projects and be role models for their peers and younger athletes.

As a whole, SAAC encourages more involvement from the student-athletes in campus and community projects. They encourage academic achievement, health promotion, social responsibility and general awareness, Bullis said.

“I also wanted to highly encourage athletes to attend as many different sporting events as possible and have camaraderie with other teams. In the end, we are on the same team because we are all wearing a Falcon on our jersey and representing Falcon athletic pride,” said Bullis.

Do you have something to say? email the Voice at editor@uwrfvoice.com

Green named WIAC Volleyball Player of the Week



**Falcon Volleyball**  
**Erin Green**  
**Jr., Middle Hitter**

**Green, a middle hitter helped the Falcons to a 4-1 record last week, including a 3-1 WIAC win over UW-Stout. Green, 5-10, finished in double-digits in kills in every match last week for the Falcons. She had a season-high 24 in the team’s 3-2 win over Dubuque. She averaged 4.32 kills per set and had a .349 hitting percentage. Green led the Falcons in kills in every match. She also played solid defense at the net finishing with six solo blocks and 14 block assists.**

*Information taken from the UWRF Athletic’s website*

Calendar of upcoming sporting events				
<b>Fri, Oct. 21, 2011</b> Women’s Volleyball at Elmhurst College 4 p.m.	Women’s Volleyball vs North Central College (at Elmhurst Invitational) 6 p.m.	<b>Sat, Oct. 22, 2011</b> Women’s Volleyball vs Wheaton College (at Elmhurst Invitational) 12 p.m.	Women’s Tennis at WIAC Championships 1 p.m.	<b>Sun, Oct. 23, 2011</b> Women’s Tennis at WIAC Championships 9 a.m.
Women’s Cross Country at Lake Wissota Invitational 4 p.m.		Football vs UW-Platteville 1 p.m.	Women’s Soccer vs UW-Whitewater 2 p.m.	<b>Tue, Oct. 25, 2011</b> Women’s Soccer at College of St. Scholastica 3 p.m.
Men’s Cross Country at Lake Wissota Invitational 5 p.m.			Women’s Volleyball vs Lawrence University (at Elmhurst Invitational) 2 p.m.	

Trick-or-treating almost here

‘50/50’ wows with poignancy

Are you a die-hard trick-or-treater? Do you believe you’re never too old for free candy? Once the stores start putting out the Halloween themed candy you can almost feel the candy weight of a hard night’s work in your hand. You get your crew together and plan out your route, determining when it’s best to go back and switch out costumes for another round; attempting to get more candy than you could possibly eat. That is enough to send you into a sugar coma at the very least.

Or do you revel in seeing the creative, spooky, or just plain adorable costumes and smiles from the trick-or-treaters as you pass out candy? Whatever your haunt; have you ever given thought to the origins behind the trick-or-treating aspect of Halloween? What gave someone the idea to go knock on people’s doors with the almost 100 percent chance of receiving candy? Halloween goes back to the good old Middle Ages, or maybe not so good, and that’s why people needed to go house to house. It started with beggars and was called souling. On Nov. 1, a day they called Hallow-mas, beggars would knock on people’s doors asking for food or money in return for prayers made to the dead the very next day, All Soul’s Day. This custom was seen throughout Europe and we can even find references in Shakespeare’s



Brittney Pfenning-Wendt  
Columnist

“The Two Gentlemen of Verona.” House-goers began wearing costumes and masks as a Celtic tradition, in an attempt to appease the evil spirits by copying them. Some wore blackened or whitened faces to resemble the dead. Another similar practice Halloween has borrowed from is Guising. Of Scottish origin, people would go about with lanterns (similar to our jack-o’-lanterns) that were carved out of turnips and other such vegetables. As their treat, they

Trick-or-treating in the United States didn’t become popular until around the late 1950s.

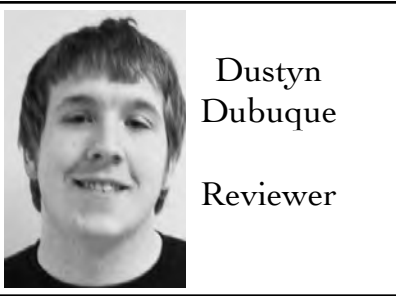
would hope to receive cakes, fruit, or money. The practice of Guising was first seen in North America in Ontario, Canada, later spreading to the United States. Trick-or-treating in the United States didn’t become popular until around the late 1950s. It spread from the west to the east. You may be surprised to find that different customs of celebrating or trick-or-treating can be

found throughout different regions of the U.S. Some states don’t even call it Halloween. Instead some parts of Iowa, Ohio, and Massachusetts refer to it as Beggars’ Night; maintaining a little of its background from Europe, and celebrate on the night before Halloween. In St. Louis, the trick-or-treaters are expected to go through a little more work for their treat, performing a trick. So consider yourself lucky when you show up with a pillowcase and a haphazard costume and get a hand full of candy. It took a little while for trick-or-treating to really become a common practice in the U.S., but once commercialized like many other holidays, Halloween spread like wildfire, resulting in massive amounts of candy, costume, and decoration sales. There are trick-or-treaters in almost all neighborhoods as well as many stores. Two more weekends to go! Pull out those neighborhood maps, search the thrift stores for a clever costume, and start preparing. If you’re planning on passing out candy this year, be sure to read next week’s column to find out the favorite Halloween candies around campus so you’re stocked up with the right stuff.

Brittney Pfenning-Wendt is a freshman majoring in business administration with an option in management and comes from a family of 12 in Shoreview, Minn.

Based on a true story, “50/50” tackles a subject that often comes across heavy, but here, it is handled with care, heart, and laughter. Joseph Gordon-Levitt plays Adam, a man in his mid-20s, aspiring to be a great journalist that learns that he has a severe form of cancer along his spine. Now he must learn how to cope with this disease and how he will handle this tough time. His best friend Kyle, played by Seth Rogen, is with him during this tough time, often there to be the comic relief during Adam’s illness. Adam is just at the beginning of a new relationship with Rachael, played by Bryce Dallas Howard, who must now decide to stay with Adam or to leave him so she will not have to struggle with him. Rachael’s character is really the only uneven part of this film. Everyone else is very down to earth and takes the situation head on while she struggles with it and practically ignores that it is happening. It is not that she is in denial; it is because Rachael is making it about herself and not Adam. Rachael’s character is underdeveloped and just wrong for this film. With that said, Adam’s journey is tough even without Rachael making his life harder. His mother is played by the great Anjelica Huston, who plays the worried mother character so well. Adam does not see his mother for what she really is until he gets farther along in his cancer,

where he realizes she is one of the few people he is close with in life. To help Adam cope with a life that could come to an end at any time, he begins to go to a therapist, played by Anna Kendrick, where he realizes he is only her third patient. Her nervousness, nuances, and mannerisms are great and really help you get a feel for her character. Kendrick steals the screen with her portrayal of this character that slowly seems to fall for Adam because she sees him for what he is, not for the cancer that is slowly killing him. Their connection unravels slowly, at just the right pace where it does not take over the film. “50/50” never strays from telling the story of Adam. Joseph Gordon-Levitt has a break out performance here as he hits every note that is needed from him and does not run this character over the top when it easily could have been. I must admit as the ending began getting closer, I felt myself feeling for all the main four characters. When they all finally meet in the same



Dustyn Dubuque  
Reviewer



frame, you get the raw sense of emotion and love that they have for Adam. It pulls just the right heartstring which helps make “50/50” one of the best movies of 2011.

Dustyn Dubuque is a history major and geography minor that has a love and passion for film. He watches over 100 films each year and loved Academy Awards season.

Have a fighting chance against getting sick this flu season with these tips

It’s that time of year again. Yep, you guessed it, cold season. Take a walk around campus and you will most certainly hear a few coughs, sniffles and sneezes in the general area you are passing. It’s now fall and the temperature is dropping. This means the common cold is now making its way to individuals. Unfortunately, I now have become one of those cold-infested people. Let me tell you, it’s rather distracting when you are trying to sit in class and you go into a coughing fit. Thank goodness for cough drops, water and the



Sam Mayberry  
Columnist

recommended Vitamin C. I am actually a huge fan of hot tea with honey when I have a sore throat or a cough. But whatever method you use to relieve cold symptoms, if it works for you, keep it up. When I have a cold and I am in class I often feel guilty

for coughing or sneezing while I am around other students. Some may find it disgusting; but honestly, people who have been given the common cold can’t help it if they cough or sneeze. In my opinion, as long as they are respectful by covering their mouths and noses to try and prevent their germs from spreading, then I’m not going to make a big deal about it. I’m an avid hand sanitizer user and although that isn’t always a good thing, I find it extremely necessary when I am feeling under the weather

or when I’m around others that are. That may be the “germophobe” in me that insists on being overly cautious; but in my opinion, I’d rather be overly cautious than under. Wash your hands frequently and keep them out of your mouth or other areas in which it’s easy for germs to enter your body. It’s very easy for people to touch a door handle or hand railing and forget to wash their hands before eating or rubbing their eyes. Getting plenty of rest is also important when you want to feel top-notch. Getting poor sleep will just make your immune system weak. Therefore,

you are more susceptible to catching viruses and other illnesses. I try to get around eight hours of sleep a night, but as a college student, that isn’t always easy to do. Sometimes you get caught up studying or hanging out with friends and before you know it, it’s midnight or one in the morning. Be sure to keep yourself hydrated as well. Drink plenty of water, juice or other hydrating beverages, such as Gatorade. It’s recommended by doctors to drink about eight glasses of water a day, which can be hard to remember. However, when you go to the cafeteria to eat, just try to drink other beverage-

es besides pop. Or when you are headed to classes or other events just carry a water bottle with you so that you can refill it when you pass by drinking fountains. Being sick is never fun but; if you take precautions and take care of yourself while you are feeling under the weather, it could make your illness less severe or make it so your cold doesn’t last as long. I hope all the common cold and other illness catchers get well soon.

Sam is a junior and is majoring in journalism. She is from Rochester, Minn. and loves to read, listen to music and take pictures.

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# Ag students benefit from lessons gained at UWRF lab farms



UW-River Falls has two lab farms for agriculture students use for hands-on learning. The Campus Farm is home to acres of crops. Students can also find a heated arena for lectures and plenty of areas for horses. The Mann Valley Farm is made up of 475 acres of land. Students have access to facilities dealing with dairy, beef, swine and sheep. The Mann Valley Farm also has an indoor classroom and a “state-of-the-art” Dairy Learning Center, which contains two more classrooms and dairy-based technology. This allows students to work directly in their field and provides a key learning tool for the roughly 1,300 agriculture students at UWRF.

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