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UNIVERSITY OF WISCONSIN RIVER FALLS STUDENT VOICE

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Volume 94, Issue 17

Physics department gains recognition

Ben Brewster
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Despite not having state-of-the-art facilities, the UW-River Falls physics department stands out from other schools and was recognized when it was named to the *Interactions Magazine* Honor Roll last spring.

Interactions did a study on production of physics majors in universities across the country since 1997.

“[Ten years ago] was kind of a rough time for physics across the U.S.,” physics department chair Earl Blodgett said. “The number of people graduating with physics majors was pretty low, and just like everyone else we were in a bit of a lull.”

The department has made a comeback since then. According to the March/April 2007 issue of *Interactions*, UWRF had a 94 percent increase in physics undergraduate degrees granted in 2003 - 2005 compared to 1997 - 1999.

“We grew really fast [since 1997] faster than most other departments,” Blodgett said. “So we were in the top 10 percent of all of the undergraduate physics programs in the country.”

The department does research in several different areas.

Their main project is called IceCube, which involves researching neutrinos in the South Pole.

A neutrino is a subatomic particle that lacks an electrical charge and can pass through solid matter without colliding with other particles.

IceCube’s Web site states “We are looking for extremely high-energy neutrinos that come from supernova explosions, gamma-ray bursts, black holes and other extra-galactic events.”

Professors Glenn Spiczak, James Madsen and Rellen Hardtke have all spent time in the South Pole working on IceCube.

Besides IceCube, professor Lowell McCann does work with optics and optical trapping, and professor Eileen Korenic works with color science and liquid crystals.

No matter what area of physics students are interested in, there is a good chance UWRF has a major for them.

See **Physics**, page 3

Acoustic guitarists perform at UWRF



Kenny Yoo/*Student Voice*

A fingerstyle guitarist, Michael Young, gave a performance in the Falcon’s Nest of the University Center March 5. Another guitarist, Tim Sparks, gave a performance following Young. Both Young and Sparks play an acoustic style.



Campus strives to achieve sustainability despite challenges

Stephanie Daniels
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The University Center stands in the middle of UW-River Falls as a symbol of the school’s commitment to sustainability. Now a crew of faculty and staff are working to get the rest of campus caught up, sometimes facing challenges along the way.

A workshop was organized by agricultural economics Professor David Trechter as part of the Deliberative

Polling Initiative, a national effort to get students involved in the decision-making process related to a major public policy issue.

UWRF students involved in the program were asked to offer their input on how to reduce campus carbon emissions and energy use.

The six-hour Feb. 23 workshop involved a briefing by a panel of experts and a discussion between student participants about what changes

to make and how to pay for them.

About 300 of the students who responded to the initial project survey said they planned on attending the workshop, but only a few dozen showed up.

“It was frankly a real bitter disappointment to me, the low turnout,” Trechter said.

Honors student Mandy Liesch, a moderator at the event, said she thinks that the fact that the event

began early on Saturday morning may have contributed to the poor turnout.

The problem may also seem too big for the average student to solve in the time they are in school, Liesch said.

“We stay here for four to six years, and then leave, so it is really hard to invest time and effort into something that we may never see,” Liesch said.

Meanwhile, workers at the UWRF central heating plant have been run-

ning test burns of a plant-based alternative to coal. The disks, about the diameter of a cookie and double the height, are made of ground and compacted wood from recycled palettes.

This fuel has the advantage of being basically carbon-neutral and isn’t drastically more expensive than coal, Michael Stifter, head of Facilities Management said.

See **Sustainability**, page 3



Kenny Yoo/*Student Voice*

Richard Trende, Roger Leque and Gregg Heinselman attend a presentation March 2 that gave information regarding a system called City Watch.

UWRF to establish City Watch

Caleb Stevens
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Prompted by the tragedies at Virginia Tech and Northern Illinois UW-River Falls will be implementing an emergency notification system as part of its comprehensive emergency planning.

The system, called City Watch, will allow the University to notify students, faculty and staff of an emergency by sending mass text messages, voice mes-

sages and e-mails. Special Assistant to the Chancellor Blake Fry said the University hopes to have the system running by April at the latest.

Fry presented information about City Watch and projects dealing with emergency planning and prevention at a presentation in the University Center, Tuesday.

“Emergency planning was pretty full steam ahead,” Fry said. “But as far as the emergency mass notification implemen-

tation, Virginia Tech had a big role in that.”

By teaming up with the city of River Falls, Pierce County and Xcel Energy, the cost of City Watch goes from around \$40,000 to approximately \$9,000. UWRF will also have to pay an annual cost of just under \$1,000 for on-demand capabilities.

City Watch combines two systems. As is, the University will be able to send out mass notifications to 250 people at a time. But with on-demand capabilities, UWRF will be able to send up to 20,000 messages an hour.

Immediately after the tragedy at Virginia Tech, UWRF began looking for Emergency Notification Systems. In instances since Virginia Tech when campuses have had City Watch in place, it has worked very well, according to Fry.

At the presentation Fry, River Falls Police Chief Roger Leque and Director of Public Safety Richard Trende also discussed the importance of collaboration and prevention.

“You can’t be exclusive, you have to be inclusive when working on emergencies,” Trende said. “Its all about communication and sharing information.”

The presentation focused on communication, which will be implemented, but also on prevention and taking an all-hazards approach.

See **City Watch**, page 3

Vaccination clinic provides multiple immunizations

Katrina Styx
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UW-River Falls hosted a vaccination clinic Feb. 27 in the University Center for students and staff members looking to defend themselves against disease.

The clinic, which visits the University five times each year, offers immunizations for students either free or at reduced cost, according to Alice Reilly-Myklebust, director of Student Health and Counseling.

Immunizations available include hepatitis A and B, meningococcal meningitis, MMR (measles, mumps and rubella) and tetanus and diphtheria, according to the Student Health Services Web site.

The lower cost of the vaccinations is helpful for those who can’t afford health care at full cost.

“For students who don’t have insurance or whose insurance doesn’t cover immunizations, it’s really nice,” Dianne H-Robinson, the nurse administering the shots, said.

The Feb. 27 clinic was not offering flu shots, but those are available at the November clinics.

The most requested vaccines Feb. 27 were hepatitis A and B, according to Reilly-Myklebust. Students traveling over spring break are more conscious of the possibilities of picking up a disease, she said.

Wisconsin does not have any immunization requirements for college students, though health providers and the University strongly recommend students to get the meningococcal vaccine, especially if they are living in the

See **Clinic**, page 3

VOICE SHORTS

Former history professor dies suddenly

Steve Feinstein, professor emeritus of history, died suddenly Tuesday night. Feinstein was a professor in the history department from 1969 to 1999.

Feinstein died from an aortic aneurism that resulted in a cardiac arrest.

Upon retirement from UWRF, Feinstein worked as the director for the Center for Holocaust and Genocide Studies at the University of Minnesota.

Funeral services will be at 2 p.m. March 7.

Annual Beach Bash held in Karges gym, pool

Prucha Hall will be hosting their 12th annual Beach Bash March 7. The bash starts at 8 p.m. and lasts until midnight.

The event will have free food, music and events throughout the night.

Students who wish to swim can also use the pool in Karges for free.

Two Town Hall Meetings presented Monday

At 11 a.m. and 1 p.m. Monday the Town Hall Meetings will be held in the Theater of the Univeristy Center. The meetings are about an Intigrated Marketing Campaign and each presentation will be about 45 minutes long.

Dan Woychick from Woychick Design will be presenting and audience members are encouraged to ask questions.

For those who have questions, contact Mark Kinders.

Meeting on Jersalem to be held at library

Starting at 7 p.m. Monday at the River Falls Public Library, Steve Derfler will be putting on his presentation Journalism: 3,000 Years of Holiness.

Derfler's presentation traces the nature of the city of Jerusalem and its spiritual importance to people today.

This presentation is part of the Community Classroom series. These events are put on by various UWRF faculty members to help increase understanding and address vital concerns of the contemporary world.

This event is sponsored by Outreach, the College of Arts and Sciences and the River Falls Public Library.

Panel discussion to take place Tuesday

Starting at 4 p.m. Tuesday a panel discussion entitled War and Peace in the Heartland will be presented in the Theater of the University Center.

The event will give attendees a chance to learn about past and present perspectives of military veterans and peace activists involved with the anti-war movement.

A question and answer session will also take place.

Members of the panel include: Frank Kroncke and Don Olson. Kroncke and Olson were Vietnam War peace sc tivists.

The event is free and open to the public.

Daylight savings time to happen this weekend

It's already time for Daylight Savings Time again as everyone around the world will be losing an hour of sleep Saturday night.

To keep up with the right time make sure to change all clocks ahead an hour before going to sleep Saturday night.

Voice Shorts compiled by
Student Voice staff

The *Student Voice* wants
you
to be a member of its staff.

We are still looking to fill
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Tune in to WRFW 88.7 FM

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Monday: "The Week in News," with Phil Bock & Nicole Aune

Tuesday: "Let's Talk," with Rose Rongitsch

Wednesday: "Act on Ag," with Jodi Kauth

Thursday: "Mad Movie Man," with Adam Hakari & Ken Weigend

Friday: "Wisconsin and World Issues," with Ben Plunkett.

Senate Approves Student Fee Increase for HHP, Ramer Field

Jerry Clark
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Student Senate met Tuesday to decide whether to approve student fee increases to fund renovation of both Karges Hall and Ramer Field.

The meeting opened with guest speakers Shannon Zweifel and Connor Graves presenting a strong case for the renovation of Ramer Field. "Ramer Field has not been touched since 1967," said Zwiefel. Included in the presentation was a 2006 quote from WIAC Comissioner Dr. Gary Karner: "Of the eight teams playing football in the WIAC, [UWRF] facilities rank 12th".

Renovations planned include updating the field from grass to artificial turf, replacing the lighting system and renovating the track and updating the stands.

"The beauty of the turf is the [low maintenance costs]," UW-River Falls student Steve Tennies said. "[UWRF] will see a significant decrease [in operating costs]."

"[Currently] only football and track are allowed to use [Ramer Field] due to poor field conditions," Facilities and Fees board chair Krista Hasselquist noted. "The field isn't maintained well enough to allow club sports [to use it]."

Senate president Derek Brandt raised a point of opposition to fee increases.

"I just wanted to point out that [UWRF] has the lowest family income of any four-year institution in the UW System," he said. "[The time spent] now can determine the next 20 years." Student fees associated with the Ramer Field Renovation will increase \$4 per student next year. Approximately 4,000 students on UWRF campus are involved in intramural sports. The motion to approve funding for Ramer Field passed 19-2. Ramer Field is scheduled to be completed around 2012.

"There are a lot of students who think that there are more important things to take care of on this campus, like updating residence halls, classrooms, the parking situation... I think those things should be a priority," Senate Finance Director Jason Meier said.

Sen. Matt Dale expressed his concerns regarding the affordability of UWRF.

"Since the UC was just completed, we should hold off for a few years," he said.

Hasselquist argued in favor of the funding.

"[Karges floor] tile is cracked... the heaters don't work [properly], it's pretty bad. We don't have quality facilities to recruit the quality of athletes

that are in Wisconsin."

Parliamentarian/Ethics chair Nathan McNaughton proposed the idea of having a direct vote (referendum) from UWRF students due to the amount of money that would be eventually spent by the students.

"I don't condone the use of a referendum, we are the legislative body of the students," Brandt said. "Having said that, it is up to [Student Senate] [whether to hold a referendum]."

Vice Chancellor Kristen Hendrickson stressed the importance of time.

"This needs to get wrapped up now," she said. "Students would [only] be funding the recreation portion of [Karges renovations]."

Tennies argued against the referendum, noting that "[UWRF Students] had their chance to come to the meeting tonight and voice their opinion."

After much debate, the Senate decided to look into gathering student opinions during a student survey, which will be taken the week after spring break. The motion to approve funding for the new HHP building passed 16-3-1. The project is scheduled to be completed by 2012.

Funding was also approved to send 40 students to the United Council Building Unity conference, where UWRF students will receive diversity training.

"[These conferences] are incredibly useful and valuable to [UWRF] as a whole," Sen. Tom Friant said.

Other funding was also approved to send three senators to "Legislative Days," where Student Senators will speak with state legislators regarding issues of concern to UWRF students, specifically a motion to speak to the Legislators about WHEG (Wisconsin Higher Education Grants). The Senate also approved fee increases to keep up with inflation.

Motions were passed to ammend the Student Senate constitution and the Senate election rules.

Motions introduced included the approval for Senate election funding, funding for "Take Back the Night" and a motion concerning Sudent Senate compliance with the Wisconsin Open Meeting Law. Information was also distributed concerning the addition of a military leadership minor to available programs at UWRF.

These issues will be voted on during the next Student Senate meeting at 7 p.m., March 11, in the Willow River Room of the UC. UWRF students are encouraged to attend.

Decisions to be made about living on campus

Derrick Knutson
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UW-River falls students have some decision making to do about whether or not they are going to live on campus next fall, and who they plan to room with.

First and second year students attending the University have to live in campus housing, according to the 2008-2009 Residence Life and Dining Services Contract. Returning students are also supposed to sign a housing contract by May 1 if they plan on living in campus housing next year. There are some exceptions to the mandatory housing rule.

"If a student lives within commuting distance, is married, is 21 years of age or is a veteran, they don't have to live on campus," Jason Neuhaus, the west area coordinator for Residential Life said.

A student also does not have to live on campus if they are a single parent, according to the housing contract. Students that have disabilities are evaluated on a case-by-case basis as to whether or not they have to live on campus their first two years at UWRF.

"There is no specific disability that keeps students from living on campus," Mark Johnson, the UWRF disability services coordinator said. "The Americans With Disabilities Act sets the ground rules, so we need to have documented information about the individual's situation to make a decision."

After disability services reviews a first or second year student's request to live off-campus it must then go through the Residence Life office to be approved, according to the housing contract.

Incoming freshmen and transfer students often get assigned roommates. This can lead to conflicts from time to time.

"I was placed with a roommate freshmen year and it was interesting," Brittany Warren, a UWRF senior said. "Being with a roommate after each of us having our own rooms for a number of years was kind of a college culture shock, but we seemed to work it out."

Warren was also placed with a roommate the first semester of her sophomore year, but it was difficult for the two of them to get along.

"The first semester was hell," Warren said. "I think it was mainly due to our different social circles and personal choices."

Warren subsequently moved out at the end of the semester and was placed with another roommate.

"The second semester was great," Warren said. "We got along like two peas in a pod."

Severe roommate conflicts like the one that Warren experienced are not the norm at UWRF.

"We have a very low amount of roommate conflicts here," Neuhaus said. "By asking a few questions students become vested in trying to make relationships work."

If a student is having a problem with his or her roommate there are people that can help to try and solve conflicts that arise.

If roommates are having trouble getting along they can talk to their Resident Assistants (RAs) or Hall Managers, Neuhaus said. If differences cannot be worked out through the mediation of RAs or Hall Managers, then students can put in requests to be moved.

"There's usually a freeze through the first six weeks of the semester, but after that time frame they can ask their RA or Hall Manager if there are any more spaces available in that building or another building," Neuhaus said. "As long as they're making some attempt to deal with the issues, we are usually pretty willing to let them move to a different space if that's what the student wants to do."

Neuhaus stressed that conflict resolution is key to living on campus though.

"If you don't learn to deal with your conflicts, you're just going to get in another roommate situation," Neuhaus said. "Avoidance isn't a good lifelong skill."

RIVER FALLS POLICE/PUBLIC SAFETY

Editor's note: Information for this section is taken from River Falls Police and UW-River Falls Public Safety incident reports.

Feb. 26
Kelli M. Rahlf, 20, was cited \$249 for underage consumption in Johnson Hall.

Feb. 28
Gabrielle M. Okray, 18, was cited \$249 for underage consumption in Grimm Hall.

March 1
--Kyle E. Evans, 18, was cited \$249 for underage consumption in Grimm Hall.

--Curran C. Gillen, 18, was cited \$249 for underage consumption in Grimm Hall.

--Jordan M. Landauer, 19, was cited \$249 for underage consumption in Grimm Hall.

March 2
--Damage was reported to the Prucha Hall Foose Ball table. The damage was estimated at \$600.

Rules, regulations for University's reaccreditation tresure hunt

This treasure hunt is to find five objects that represent the core values of the University. The clues below will lead you to the objects. None of the objects are removable, so to win the contest you must clearly describe the object the clue is referring to. Send your answers to HLC.Contests@uwrf.edu. The first person to guess all 5 answers correctly will receive 4 tickets to a show of their choice at the UWRF Theatre. Everyone who submits a correct answer will have their name entered into a drawing for an iPod Nano at the end of the semester. Winners will be contacted by e-mail.

1. A mark of academic excellence is what students aspire to achieve
It is within who we all are, and we proudly show
This mark of academic excellence for all to see, at the four corners
Welcoming you to our campus and the academic excellence inside.

2. Integrity is marked here daily, ever changing, yet ever the same.
As we've move into the days of gold reaching toward the bottom,
We know that when few are here to see, the circle will begin again
And we move into the days of brown reaching toward the top.

3. Inclusiveness, gemelos make this our hallmark,
We are the University, we are River Falls
Down the strada, along the douro, together, we stand as one
Embracing all povos as part of our közösség

4. Community leadership is cultivated in the work we do, That which we proudly put forth and offer to the world. We go to a place where we may walk among the Cobblestone
Asking our community to take the scoops of our labor.

5. Continuous Improvement in all that we do, all that we say, All that we encompass, all that is in our brightest place. Where art and science merge, E+E+SE=S,
We continuously improve ourselves and all around us.

Physics: Department named to *Interactions Magazine* Honor Roll



Ben Brewster/*StudentVoice*
UWRF students Tyler Tarman and Neil Bland participate in a physics lab taught by Rellen Hardtke March 3.

from page 1

The department offers five different major options to choose from.

“We think that is a big part of why our numbers are good is that we try and provide some choices,” Blodgett said.

Physics Option I is a 50-credit major for students who are going for a Ph.D. in physics or astronomy.

Option II is 36 credits and is for students who are double majoring or have not decided on graduate school yet.

There is also an applied physics major for students interested in working or going to graduate school in engineering, and a secondary education major for students who want to teach high school physics.

The last option is a dual-degree major, in which students take three years at UWRF, and, with a GPA of 3.0 or higher, are accepted to engineering school at UW-Madison or the University of Minnesota. After two years in that program they graduate with two separate degrees, one in physics and one in engineering.

The department has some equipment, but what it lacks is made up for by creativity

“The strength of the physics department was one of the main reasons I chose UWRF.”
Craig Witte,
UWRF junior

and the quality of the faculty.

“We have a good selection of basic equipment you can use for a wide variety of experiments,” Blodgett said. “At a small school like this you want to be as efficient as possible with your use of resources, so if you can buy a piece of equipment that can be used for several purposes, that’s really good.”

There are times, however, that equipment is hardly needed at all.

“I would say Centennial Science Hall is pretty antiquated, but [the faculty] make do with what they have got,” sophomore physics major Trevor Tomesh said. “Dr. Vonk demonstrated a very abstract concept with a couple of balloons and a pop bottle.”

Along with being recognized in the academic world, the department has a good reputation among students as well.

“The strength of the physics department was one of the main reasons I chose UWRF,” junior physics major Craig Witte said. “It is mainly because of the staff and their dedication to the students that the department is so strong.”

Sustainability: Campus commits to reduce energy use

from page 1

The rough texture on the tops and bottoms of the disks, however, makes it difficult to feed them through the system without them grinding back into sawdust. The current system, using gravity to move fuel through, was designed for relatively smooth coal.

Costly equipment updates will likely be necessary if UWRF made a permanent switch to the fuel.

“That would be a dramatic step [toward lower carbon emissions],” Stifter said.

Along with facility updates, we also need to reform our day-to-day way of living if UWRF and River Falls are to achieve sustainability, Kelly Cain, environmental science professor and director of the St. Croix Institute for Sustainable Community Development, said.

A truly sustainable community employs wise use of resources to provide its members with all of life’s basic necessities—food, water, energy, shelter and jobs—without requiring outside resources.

Our way of getting food especially violates the rules of sustainable living, Cain said.

Rather than invest in food production in the area, campus Dining Services and most individuals in the area buy processed food that has been shipped thousands of miles.

“We’ve relied on cheap oil to be able to eat in a way that is not sustainable,” Cain said.

The rising price of oil paired with environmental trends makes sustainable food production a necessity, not a choice, Cain said.

“But then you run into the seasonal limitations,” Cain said.

Months of cold and few hours of sunlight mean the construction of greenhouses would be an important part of any plans to restructure the local food system.

City Watch: Program to be implemented on campus

from page 1

UWRF bases its all-hazards approach on the definition from the Federal Emergency Management Agency.

“An emergency preparedness strategy that would mitigate or prevent one strategy would likely have great commonalities with those strategies that would mitigate another type of emergency,” Fry said during the presentation.

Fry outlined the four stages of emergency planning: mitigation, preparedness, response and recovery. The emergency notification system deals only with response, whereas UWRF and specifically the Behavior Intervention Team have worked more extensively with mitigation and preparedness in an effort to reduce the chance of an avoidable emergency such as a school shooting.

“This team [B.I.T.], created in the fall of 2007, serves to identify, assist and direct those students whose behavior has become a significant concern to others,” Associate Vice Chancellor for Student Affairs Gregg

Heinselman stated to faculty and staff.

“Our Behavior Intervention Team is really proactive and ahead of the curve,” Heinselman said. “I wonder if we were simply not aware of it before, or if it just wasn’t on our radar screen.”

Another B.I.T. member said the number of emergency detentions, “has gone way up,” but she didn’t know whether more existed or if they’re just seeing more cases.

UWRF has been working to take the necessary precautions through mitigation and preparedness and now, with the implementation of City Watch, has also enabled a responsive mass communicative system.

“[The] Emergency Alert System enables us to make live announcements to everyone on campus,” Fry said. “And City Watch is one of those systems where we can send mass numbers of text messages and phone messages to literally tens of thousands of people an hour in the case of an impending pertinent emergency.”

Clinic: Immunizations given protect against disease

from page 1

dorms. The state does, however, require residents in the dorms to report whether they have received the meningococcal vaccine along with the date it was received.

Freshman Courtney Schlosser listened to the advice and got her meningitis vaccine at the clinic, though a semester behind schedule.

“I knew I had to get it, but I didn’t realize how soon I needed to get it,” Schlosser said.

The schedule for campus vaccination clinics is available on the Student Health Services Web site.

Students can also find information there about each vaccine.

Both Reilly-Myklebust and H-Robinson advised students to carry an immunization card with them at all times, in case of an emergency where medical personnel would need to know which vaccines a student has had.



Niki Paton/*Student Voice*
UWRF student, Jeffrey Milliren is given a shot from Alice Reilly-Myklebust Feb. 27 in the UC.

Reilly-Myklebust figured that the majority of students felt pressure from their parents to get the vaccines. Parents are aware that the University offers the clinics, as Student Health Services sends information to incoming students before they arrive on campus.

Freshman Jared Kramer lives in the dorms and got his meningococcal vaccine Feb. 27. H got the shot because he was told he had to.

“If the school doesn’t require it, I wouldn’t do it,” Kramer said.

The next clinic will be April 30.

Vote to pie the *Student Voice* staff online at:
www.uwrfvoice.com



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Attention Writers and Artists!

Prologue, UWRF's literary and art magazine, is looking for your written and visual pieces for its 2008 publication! Take advantage of the opportunity to have your work published and share your visions with the UWRF community!

Submission forms are available outside the English Office, KFA 241A. Guidelines and rules are posted on the forms.

Questions?
Contact: Alli Malkmus at allison.malkmus@uwrf.edu or Brad Brookings at bradley.brookings@uwrf.edu

DEADLINE EXTENDED

Written submissions will be accepted until March 7
Art submissions will be accepted until March 14

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Given the potential financial impact of achieving sustainability, the voices of as many students as possible need to be heard on the issue, Trechter said.

Freshman animal science major Sara Bizzotto said she wouldn’t mind a slight raise in tuition if it would result in a more environmentally friendly campus.

“I’m going to be in lots of debt anyway,” Bizzotto said.

Trechter plans to keep the Deliberative Polling Initiative survey online.

EDITORIAL

Residents should keep dorms clean

It’s a sight that is all too common on the UW-River Falls campus. Whether it’s a pile of vomit on the floor outside your dorm room or garbage lining the hallway of your residence hall, it has to stop.

Vandalism on campus isn’t limited to just things that are outside, but to inside the residence halls and classroom buildings as well.

But the worst is when it happens in the place that you consider your home away from home. You wouldn’t throw a piece of pizza on the floor of your actual home, so why do it here?

There are easy solutions for this problem. The first is the easiest: don’t make a mess. If you’re going to throw up, do it in the bathroom. If you’re going to throw something away, throw it in the garbage. If you’re going to wash your dishes, do it in the sink, not the drinking fountain.

Sure, some of the messes made can be easily cleaned up, but some of them can’t and require repairs or replacemens and that can begin to add up.

Second, if you see someone doing something disruptive or stupid, don’t be afraid to call them out on it. Either try to help the situation yourself by picking up the trash or telling them to do it. Or, if you don’t want to try either of those you can always talk to a Residence Assistant.

It appears that a majority of this type of behavior happens on weekends when students are around the dorms more often and have more time. A possible third solution is to have someone on staff to clean one time over a weekend so filth doesn’t have to sit around for almost three full days before it’s cleaned up.

However, the third option may be the hardest to accomplish due to the financial burden it may present the University, so it would be easiest if students could just make an effort to keep their living environment the best it can be.

The next time you feel obligated to wash your macaroni down the drinking fountain or leave your cans on the hallway floor, don’t. Because it’s not just a place for you to live. It’s a place where 200-300 other students call home as well.

Editorials represent the opinion of the Student Voice Editorial Board and are prepared by the editorial staff.

Have an opinion?

Send a letter to the editor to editor@uwrfvoice.com or drop one off outside 304 North Hall.

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LETTERS TO THE EDITOR

Women go wrong with UGG boots

In last week’s issue of the *Voice*, Megan Leoni voiced her views on men’s facial hair (we assume that her views on women’s facial hair are quite similar). We would like to voice our dissenting opinion on the topic.

While we agree that any facial hair on women is in fact quite hideous, we are in favor of the masculine counterpart.

Traditionally, men’s facial hair has been a bastion of masculinity and wisdom—an overall sign of social dominance. However, instead of debating the finer points of the Fu Manchu and the Petit Goatee, we would like to inject our own critique of gender-specific winter related fashion.

To our eyes, there has never been a more shameless display of public indecency than the recently popular UGG slipper/boot.

Now we can sympathize with the inherent goal of UGG—to create a stylish, comfortable, warm boot, as we can sympathize with Stalin’s goal of industrializing the Soviet Union. Where we disagree is in the methodology and end product.

The first offence by UGG is making a ridiculously ugly boot. UGGs are the Moon Boots of the 21st century. The last person we saw in Moon Boots was Billy Peterson in elementary school.

After the first week of winter, little Billy would fake illness right before recess to avoid a heavy beating for such a fashion faux pas.

The thing that really gets us is the variation of UGGs with a pair of little furry balls hanging from each boot; we like to call them testicle UGGs.

While we understand the psychoanalytical concept of penis envy, we think this boot is just too blatant of a representation.

The one redeeming factor that could save UGGs from our disgust at this point would be if they were absurdly cheap; however, this is not the case. In our observations it seems like quite a few UGG owners must have spent the entirety of their budget on these boots since they are forced to wear what seems to be their fathers’ sweatpants.

For all of those women out there who, against their better judgment, are considering joining the “UGG Revolution,” we have only this solemn advice: don’t!

Torben Larsen
Jordan Hedlund,
students

“Organic” column misses critical facts

In response to the column “Organic food not as strange as it sounds” by Teresa Aviles: I am appalled by the lack of accuracy behind this column.

Organic food prices don’t necessarily reflect the true cost of farming. There are many factors involved in cost and profit.

Today, conventional farmers are implementing and working towards sustainable, best-management practices: those that are safe for the environ-

ment and are economically viable.

Conventional farmers love and respect the land and work hard to preserve the land that they rely on for their livelihood.

Also, there is no nutritional difference between conventionally grown and organically grown food. The USDA does not even make claims that it is safer or more nutritious in any way.

Organic farming frequently uses products from natural sources. “Natural” doesn’t always mean it is safe. With the types of fertilizer restrictions on organic practices there are still plenty of potential dangers found in organic types of manure-based fertilizers. Remember the spinach incident in California last year?

Furthermore, the pesticide content used on a field is as little as possible to get the job done. Any grower is also going to avoid using more than they have to because they care about the environment.

Pesticide regulations restrict the types of products and the time of application to minimize or alleviate possible pesticide residue on crops.

I am a senior horticulture major and have studied the topic quite thoroughly. I hope the next time such a controversial topic is written, your writers do their homework.

Consumers should base their buying habits on scientifically based facts and not on emotional responses alone.

Jessica Pries,
student

Columnist mistakes two farming styles

The column on organic food was profoundly misleading. Organic farmers are allowed to use man-made pesticides and are very deadly if ingested by humans. The use of manure in vegetable produce is dangerous, as it contains E. coli and other bacteria.

The January 2007 issue of Consumer Reports found that organic chicken had 300 percent more salmonella than regular chicken.

The writer also says that conventional farming results in the loss of top soil, vitamins and nutrients. This is the exact opposite of what you think. Organic farmers are not allowed to use as many of the effective herbicides as conventional farmers; thus, they must use more tillage, which causes the loss of topsoil. A conventional farmer may not need any tillage (no-till), but organic producers rely on cultivation as a means of weed control. This uses *more* fuel, resulting in many tons per acre of soil erosion.

Organic foods are also not any more nutritious or better-tasting than conventional food.

Many environmentalists push for organics, all the while using more fuel and producing less food. We would have to plow under thousands of acres of forests and wildlife habitat to produce the same amount of food as we do now if every farm were to become organic.

Kevin Austin,
student

Good news source available on Web

It seems so easy to dwell on unfortunate events.

Surrounded by a media frenzy of violence and depressing news, it’s easy to lose sight of the simple happiness that once came so easily.

While pondering these thoughts, I came across a Web site called good-newsnetwork.org. It is exactly what it claims to be: a source of good news. With merchandise that says “Good Happens,” the organization stays on the lighter side of current events.

The Web site is full of inspirational and feel-good stories like “Teen Athlete Triumphant and Proud of her Amputated Legs” and “Most Romantic Proposal by Man Named Casanova.” Rarely has reading the news been so satisfying, but still there is the feeling that there are so many unhappy events that are going on that are being left out.

The network, founded in 1997 as an

attempt to prove that good news sells, has a mission to provide a “Daily Dose of News to Enthuse.”

The network provides good news from around the globe and proves that good news is not in as short supply as it may seem in most newspapers.

They refer to local TV news as “junk food,” but admit that negative news is important in order to be a well-informed citizen.

In many ways, reading the stories on the “Good News Network” may seem like an escape from the harshness of the real world, yet they are just as real as the depressing stories on the front page of *The New York Times*. As a society we have become so unfamiliar with inspirational, uplifting news that good news seems almost unreal.

The stories taken out of context on goodnewsnetwork.org seem too good to be true. With these stories, it’s easy to feel content. “Good



Natalie Conrad

News Network” promotes well-being in a way that no other news source has. Who knew that reading the news could be as fulfilling as watching a feel-good movie?

If someone used “Good News Network” as their only source of news, they would be ridiculously happy all the time.

But to be a well-informed citizen you need to be aware of the not-so-pleasant news as well.

The “Good News” provides a nice alternative when the mainstream news becomes unbearable, but taken in large doses alone can lead to simple-mindedness.

So, if you’ve had a long day and can’t possibly take any more bad news, then check out goodnewsnetwork.org. But remember, no matter how fulfilling the stories may be, there will always be equally unfulfilling stories as well.

Natalie is a freshman journalism major with a sophomore standing. She enjoys running, reading, lacrosse, intramurals, and writing. She also DJs for WRFW on Tuesdays from 6-8 p.m.

Expectations may ruin the outcome of events

Do you remember the process you went through to attend college? I'm not talking about filling out applications and going on college visits; I'm talking about mental thought process.

Did you always know you were going to go to college? Did the thought of college shine upon you one day during high school biology class? Do you remember how it came to be that you had a desire to continue your education? Or was it just expected?

And when you arrived at college, what was it like? How is this different from what you thought it would be?

Expectations. Everyone has them for some reason or another, but not everyone can say where they came from.

When I was little (about three) I really wanted a horse. Every day I pictured what the first moment with my new horse would be like. He would be tall and beautiful and have a cool name, like Mr. Mystique.

I would get him on my twelfth birthday, assuming I had enough money (there was no way my horse-loathing father would buy me a pony). So I saved up my dish washing and cow milking earnings and dreamed of the day I would pick up Mr. Mystique.

But at 12-and-a-half I somehow landed with a crazy, stubborn mare named Stormy, with disproportionately large ears and a really ugly whinny.

Was I let down? Maybe a little, but dear lord, I finally had my horse after nine years of nonstop dreaming. But those were little kid dreams: I want balloons at my birthday party dreams.

Growing up, there were bigger things to think about: prom (whether you wanted to go or not), your future boyfriend, college life, spring break, internships, graduating, your first job, getting engaged, getting married, being married, your second job and the list goes on.

How was prom? Was it what you expected? How was your first semester at school? Was it all you thought it would be?

It probably wasn't, in at least one way or another. But how did you arrive with those expectations in the first place?

Somehow a person is convinced that an event will turn out a certain way, whether it's parents that implant an idea into you, older siblings or friends, or what you see on television shows and movies.

Last summer, one of my friends tied the knot. When she got engaged, she was naturally happy, but slightly disappointed. He didn't get her the ring she wanted. He didn't get down on one knee (he asked her in his truck) and the sun had already set.

And although she was crazy-in-love happy ... she was kind of disappointed. She felt like those expectations kind of kicked her in the face.

Months that led up to the wedding were not prime time, either. And although her wedding was fun, she thought it could have been better. For her, fulfilling her dream of becoming a veterinary technician suddenly isn't fun anymore. I won't get into her marriage, because while everyone will be telling her "it'll get better," I'm just praying that she'll stop thinking so much.

She's somehow built up these expectations of how life will be and is consistently getting let down. She's not one of those selfish girls; she's simply the product of her own expectations.

What makes a person drop all the expectations and just go with it?

Does he or she just keep getting let down by his or her hopes enough to stop thinking about the future all together?

We've all heard "just do your best" from parents, professors and whoever else. But they leave off the end of the phrase. It should be

"just do your best for today."

Maybe you have a headache and you don't think you can finish everything today. Do what you can, and don't worry about it.

We're not going to have amazing days all the time. It's simply not realistic. If you're someone who gives it your all in every life detail, you probably have a lot of anxiety. How fun is worrying all the time?

If you do your best today, there's nothing else you can do. After you've lived for a while (maybe now's a good time, maybe it'll be in five years), you'll realize that the intangible things in life are what matter most—not what your next car will be like or how the next party will go or how much fun that class will be.

Expectations begin to create the world around us. Do you want this world to be like those reality television shows or, ugh, soap operas? Do you honestly think it'll happen?

Or is that just what you'll be expecting?

Abby is a marketing communications major. She prefers to keep all of her options open, free from any possible disappointments via expectations.



Abby Maliszewski

Economy hinders basic living

The economy is stupid. And I'm going to bitch about it until someone fixes it—someone who understands its crappy nature better than I.

I mean, nothing is like it used to be. I'm getting this feeling more and more every time I bring my empty wallet to Econofoods to buy more crap for my stomach. Prices are going up—Chewy Chips Ahoy cookies, which used to be cookie-sized and tasty, now resemble over-floury biscuits the size of dinner mints. And they still sell for \$3.49! I hope those jackasses at Nabisco are proud of their mad marketing skillz.

And regular old potato chips—that is, cheap potatoes sliced and salted—are also priced at \$3.49. I think this price increase is outrageous, especially compared to the non-existent increases in most of our wages.

And think about the poor people—how are they supposed to feed themselves if even salty snacks are pushing the \$4 mark?

Don't even try eating healthy in 2008—not with organic food prices at the level they are. Customers are getting screwed left and right, paying several dollars more for a product that should be priced with the mainstream in mind.

Other stuff sucks now too. I bought generic-brand toilet paper, on sale, for almost \$7. I'm wiping my ass with this? I might as well just drag my cheeks across the carpet. That might not thrill the roomies, though. Gas is going to hit \$4,000 a barrel this week, proba-



Joe Hager

bly. Stupid oil. At least I don't have a car. This is the best time not to own one. The glorious American hey-day of walking (and carpenter-assing) has arrived, people.

They also managed to screw up candy—the simplest, cheapest product to manufacture for our country's little ones, and it all sucks now. Some punk-ass 12-year-old just sold me some Sweet Tart brand sour rope things at the movie theater here in town. And he sold it to me

with the undeniable guarantee of a 12-year-old: "Yeah, these are good." Well I tried 'em and I'm telling you, I don't think so, little man. First of all, these "delicious sour ropes" look like Slim Jim beef sticks dipped in liquid vinyl. These disgusting little edible Naugahyde fingers are also injected with pasty blue foam that looks like fluoride treatment gelatin. On top of that, the very middle of these sticks is a solid core of Nerds

candy. I mean, that all sounds really tasty and everything, maybe I just wasn't in the mood for fluoride-treatment sticks. Long story short, the texture of this candy was horrifying-on the scale of candies.

So you economics and business students. Get on your horses, start studying, and save my future wallet! We need you to Band-Aid our economy enough so I don't have to complain about \$4 potato chips ever again.

Joe is a marketing communications major with a creative writing minor. This is his second semester writing for the Student Voice. He is interested in movies, religion, politics, culture and people.

Obama's hopes appear intangible

What is the deal with Barack Obama? He is politically inexperienced, has plans that can potentially devastate the U.S. economy and he is getting votes by the millions.

How can a candidate preaching mainly change sweep across America like a California forest fire?

America's youth are turning out by the millions to cast their ballot for the young, charismatic Illinois Senator. Is Obama a U.S. Presidential candidate or a rock star? It's even hard for me to tell.

Personally, I believe in the ideological aspects of many of Obama's plans. I agree that the war in Iraq was a mistake; I believe that healthcare should be considered more of a right than a privilege; I believe that civil rights, poverty and education are all issues that need to be addressed.

This is the idealist inside of me believing this. The realist in me is in utter disbelief. Many of the issues that are affecting the nation now are not going to be solved by a quick fix.

The economy cannot be jump-started by a tax cut that will benefit 95 percent of Americans; a withdrawal of American forces in Iraq will not solve security issues in the Middle East.

Universal healthcare is a dream of mine but it's not very realistic, at

least not at this time.

I believe in 90 percent of what Obama says in his campaign. On face value, I think most Americans would agree with what Obama has laid out as his goals for a new America. It just isn't feasible to pull all of that off. His plans that require too much money from our weak economy.

There is something less tangible that Obama has been advocating:

change. Regardless of the outcome of the Democratic primary or the November Presidential election, change will occur. Things will be different.

What Obama advocates is hope, and Americans are buying it by the gallon. At his rallies across the country people are moved to tears over his message of hope and change.

As a political science major I've studied historical political campaigns, and I've never seen a campaign run so successfully with such an intangible message.

Obama shows an interesting trend in American politics. Caring less for the meat of the campaign platform and more for the image of the candidate, Americans are buying into the person more than the issues.

I myself have bought into the Obama campaign. However, I fear many people haven't done their homework, myself included. A vote for a candidate should be about the candidate's policy, not the image he or she represents.

Voting is a tricky situation to be in. While I agree with Obama on an idealistic level, the world in reality is a much different place. What can I do when my candidate of choice

does not appeal to my realist side?

Realistically, no candidate will have a perfect solution to the problems that are affecting all of us.

The ballots have already been cast for Minnesota and

Wisconsin primaries, but it's not too late to become informed.

Support someone who you agree with and feel comfortable voting for; don't buy into all the hype over someone.

Remember, it's the issues that matter, not the image. While I will still continue to support Obama, I will do so as the realist side of my brain kicks itself.

Joe is a fifth year senior from Appleton, Wis. He is a political science and international studies major. Joe will be graduating this coming May. He has been involved in several activities on campus, including last year's Student Senate President.



Joe Eggers

STUDENT voices

“What is your opinion on legalizing marijuana?”



John Strharsky, senior

“Legalize and tax it.”



Kelsey Schonning, junior

“Because it's a gateway drug, legalizing marijuana would bite us in the butt. If we allow that, where do we draw the line?”



Taylor Houska, freshman

“I support it for medical use.”



Jenny Wendl, freshman

“Marijuana for medical use has some promise, but legalizing it in general—no dice.”

Student Voices compiled by Ben Brewster.

Marijuana, hemp have useful qualities

Marijuana is bad because it is illegal. Marijuana is illegal because it is bad.

A question that often crosses my mind and most likely the minds of over 80 million other Americans, is why is marijuana illegal?

First of all, I am not here to say that marijuana should be legalized, even though once upon a time hemp was a legal form of tender in the United States. It's not like the U.S. government still retains outdated laws.

In 1937, the federal government declared the illegalization of marijuana possession, distribution, cultivation and purchasing.

A popular reason this occurred is because of racism. With a growing dislike for illegal immigrants in the 30s, the U.S. government put a ban on the product our neighbors south of the border.

Of course, only one year before the law was enforced, the propaganda film “Reefer Madness” was created to frighten American youth and their attentive parents about the dangers of the “drug.”

Viewing this film today, the information presented is obviously exaggerated and is quite comical due to the naivety.

In 1988, Judge Francis Young, an administrative law judge for the Drug

Enforcement Association, recommended that marijuana should be classified as a schedule II substance on account of its potential medical ailment.

Currently, only eight states in the U.S. (Arkansas, California, Colorado, Hawaii, Maine, Nevada, Oregon and Washington) have effective control of medical marijuana.

Medical marijuana is known for its positive effects for ailments such as cancer, AIDS and glaucoma.

Marijuana increases appetite and relieves nausea, which will allow the patients to regain weight after chemotherapy and help relieve symptoms of AIDS.

Hemp is used for, but not limited to, paper, paints, clothing, plastics, textiles, cosmetics, insulation, animal feed and, of course, food.

medical possibilities of marijuana, hemp is a resilient, long-lasting fiber of the plant that has a higher yield per acre than most common textiles like cotton.

It also requires little pesticide use and contains less than one percent of THC (tetrahydrocannabinol, the active psychoactive ingredient in marijuana).

Hemp is used for, but not limited to, paper, paints, clothing, plastics, textiles, cosmetics, insulation, animal feed and, of course, food.

The hemp seed and its oils have been known to be one of the healthiest natural oils on earth. It is high in protein, omega 3, omega 6 and

many other essential fatty acids. Unlike fish and flax oil supplements, the hemp seed tastes good.

Unfortunately, approximately 98 percent of marijuana eliminated by the DEA is hemp growing wild across the country. It has been an ongoing socio-economic issue for too long. The “War on Drugs” has led to an exceeding amount of non-dangerous and non-violent people in jail.

Basically, marijuana is illegal because of racism, lack of political advocates and a perception of harm and a war.

Nutritious hemp helps relieve bodily dysfunctions and is environmentally beneficial for textiles and personal care products.

Teresa is a journalism major and a geography minor in her senior year. She enjoys kangaroo burgers and creating pretty maps.



Teresa Aviles



Kenny Yoo/Student Voice

Left: UWRF senior Renae Bergh goes for the puck against Gustavus Nov. 10. Bergh was one of the teams top players this season. Right: The UWRF women’s hockey team lines up during the national anthem in a game against Lake Forrest. The women’s team finished second in the O’Brien Cup with an overtime loss against UW-Superior.

Women’s hockey team looks back, forward

Joe Engelhardt
joseph.engelhardt@uwrf.edu

When the UW-River Falls women’s hockey team began their season four months ago, it was hard to imagine that this team would be where they are now. A team that had nine freshman joining a group of mostly seniors had to eliminate their underdog status to become one of the top teams in the Northern Collegiate Hockey Association (NCHA).
“Overall, I was happy with our season, but I didn’t expect to finish third,” Head Coach Joe Cranston said. “We have a very young team with a lot of freshman, and I think we hit a learning curve this year.”
Jamie Briski was one of those incoming freshman and admitted to being nervous at the start of the season.
“It was a little awkward for me coming in,” Briski said. “I didn’t know very many of the girls and it took an adjustment period for us to get to know everyone.”
Senior Kristen Juven noticed that the fresh-

men played key roles on and off the ice for the Falcons this season.
“In games, they weren’t hesitant to try anything and created opportunities for others to score, while off the ice they always had a smile and worked hard,” she said. “They really helped with team cohesion.”
With all the talent that the freshmen brought in, combined with the experience of the seniors, it, the Falcons were propelled to a third-place finish in the NCHA standings. However, that placement left the team unsatisfied.
“Based on the way we played, I was a little disappointed not to finish first or second,” Cranston said.
Offensively, this was the best season for the Falcons, scoring 92 goals on the season, 15 more goals than the year before. 40 percent of those goals were scored in the first period.
“Traditionally, Falcon hockey are third period teams, but we scored a lot in the first period,” Juven said. “Sometimes it was difficult keeping that momentum going for the rest of the game.”
The Falcons had a great season defensively as

well, holding opponents to two or fewer goals in 15 of the 25 games played, leading to a season average of 1.9 goals against.
“One of our goals this year was to hold opponents to under two goals a game, and we accomplished that goal,” Cranston said.
Juven said that the surprising thing about this team is that nothing went wrong. Adjustments had to be made, but that comes with any team.
“Nothing went wrong because of the expectations put on the team,” Coach Cranston said
“Our goal is to work hard; I didn’t have a lot of expectations for the players.”
With the regular season over, the Falcons took that talent to the NCHA tournament Feb. 29-March 2.
“We’re excited for the tournament,” Cranston said. “It’s always fun to have all the teams in one location.”
This was the first year that the tournament had six teams in it. River Falls had to win three games in three days to bring the championship back to UWRF.
In the first round of the tournament, UWRF

faced Finlandia, ranked sixth in the conference.
“Even though we beat Finlandia three times, we’re sure not going to overlook them,” Cranston said. “Our goal is to get a win and stay healthy.”
River Falls got that victory in decisive fashion Feb. 29, as the Falcons beat Finlandia 6-1 to advance to the second round, where they faced off with UW-Stevens Point.
“We’re not going to play the same way we did during the regular season, because we didn’t beat them,” Cranston said.
The Falcons benefited from not playing the same way, edging out Stevens Point 2-1 to advance to the championship game against UW-Superior.
In a thrilling fashion, the championship game was won in overtime by Superior. The Falcons allowed a late third period goal to send the game to overtime, where UW-Superior scored the winning goal 10 minutes in.

Vikings fan impressed by Favre



Chris Schadt

I know what you’re thinking. I’m going to absolutely tear into Brett Favre. I’m going to bring up his 288 career interceptions.
You think I’m going to mention that he popped painkillers like they were M & M’s.
You think that I’m going to mention how Favre was so much of an arrogant jerk that when Packers management imposed a deadline to give them an answer on whether Favre would return a couple years ago, he said, “What are they going to do? Cut me?”
However, I’m not going to do that.
When I heard the news, I started thinking what my football life would have been without Favre. As I was growing up, my mom, my uncle and my grandpa taught me that Brett Favre was the anti-Christ. As a matter of fact, hating him was my first football memory and probably led to my football addiction.
The more success Favre had, the more I wished he’d get run over by a truck. Favre started to ascend to superstardom, and I couldn’t stand it.
My first Viking game was against the Green Bay Packers, as a matter of fact. When Favre was introduced to the crowd, I don’t think I’ve ever booed and screamed obscenities louder than I did at that moment.
Brett Favre was my first memory of fantasy football as well. I never would take Brett Favre on my team because of the fear he would posses my entire team

and drive them straight into the ground. But one December night in 2003, this strategy came back to bite me in the butt.
Ask a majority of Packer fans what their favorite Favre moment is and they’ll probably answer either the Super Bowl that Favre won or the night after Favre’s father passed away from a heart attack.
Favre went off and threw for four touchdowns in the first half and 399 yards overall. It was a teary eyed moment for everyone, except for yours truly. I was in the finals of my fantasy football league and Favre needed to score 27 points to thwart what was my greatest fantasy football season ever. Favre got 31, and I was defeated in stunning fashion. Not only did I still hate him but I lost \$100 in the process.
Honestly, Favre will go down as the greatest quarterback ever. He holds every passing record in the history of the NFL, including interceptions. As much as I dislike Favre, I have to give him credit.
Every Sunday, Favre always got up to play. Even though his leg could actually be falling off, Favre went out there and played.
Favre became the face of the franchise and one of the many faces of football. He became one of Wisconsin’s heroes and one of Minnesota’s most hated athletes.
The truth is this: Brett Favre might be the reason I started liking football in the first place. The hatred that I threw towards him made me a bigger Vikings fan. So, I kind of feel like I owe him for introducing me to one of my beloved sports. I will miss booing and screaming obscenities towards Favre, but time marches on, and I look forward to laughing at Aaron Rodgers when he gets booed off the field next season.

Chris is a 21-year-old junior majoring in journalism. He is the sports director for 88.7 FM WRFW and is the play-by-play voice for the Falcon Football and Hockey teams.

Twins offer a look at spring

Despite the snowy conditions Wednesday morning, I still knew in the back of my mind that spring was not too far away.
As I made my way across campus I just kept thinking to myself “I think I can, I think I can.” I knew that the state of Wisconsin could and would have to endure the weather for a little while longer.
My socks got wet as I trudged through the snow. My fingers felt like they were ready to fall off after being outside for about six minutes and I knew that it was going to get better.
And how do I keep that optimism you ask? Easy.
My mind wondered to a seemingly beautiful place, Fort Myers, Florida. This city in Florida is sunny, warm and full of what I would consider fun.
Fort Myers is a city that I have never been to, but one that the Minnesota Twins travel to every year for their spring training. The idea behind spring training and the fact that the Twins have already played six games made

me realize that even though the weather may suck now, soon I will be able to break out my sunglasses and flip flops.
On Sunday, I watched part of the Minnesota Twins spring training game against the Boston Red Sox and Wednesday I watched the Twins play against the Yankees.
Watching the people enjoy the games in the warm Florida sun with sunglasses, tank tops, and shorts made me very jealous, but it couldn’t overshadow the excitement that comes with the beginning of the baseball season.
It was exciting seeing Joe Mauer, Justin Morneau, Mike Redmond plus a bunch of new Twins take to the field for a new year.
As of Wednesday, the Twins record at spring sits at .500, which isn’t great and isn’t so bad either.
Baseball fans who know much more than me have told me that spring training is not about winning and losing. It’s about getting

back on the field and playing the game. Everyone is always positive leading up to the season whether they are winning or losing and that’s what makes the game so great.
You don’t ever here anyone playing “the blame game” or getting mad at another player. It’s at times like this when you see how much athletes really love the game and are excited to get back into action after about four months off.
While some Twins fans may be skeptical coming into this season due to the loss of players like Johan Santana and Torii Hunter, I’m not. I am ready for the new players we gained to show what they’ve got and I’m ready for our veteran leaders who weren’t the best last year to step up.
Opening day is less than a month away and when it comes the Twins will be ready.
This season could be a great one for the Twins and it all started in Fort Myers while it was still snowing in Wisconsin.

Sarah is a 22-year-old senior majoring in journalism and is super excited to graduate. She is the Editor of the Voice and has been working on the staff for four years.



Sarah Packingham

Don’t forget to change your clocks.
Daylight Savings Time is this weekend.
Remember to set your clocks one hour ahead before you go to bed Saturday night.

SPORTS WRAP

Hasselquist relieves WIAC honor

UW-River Falls senior Krista Hasselquist, a member of the women’s track and field team was recently named the WIAC Indoor Track and Field Judy Kruckman Scholar-Athlete. She was given the award last weekend at the WIAC Championships in Superior. The Scholar-Athlete award is given to “the most outstanding senior from each conference sport during the year who exhibits the greatest combination of performance and achievement in academics.” Hasselquist has been a top notch thrower for the Falcons throughout her entire career. This season she placed second at the championships in the shot put. She also placed fifth in the weight throw. In 2007, she won the shot put in the WIAC Outdoor Championships. Hasselquist has already qualified for the shot put for the NCAA Div. III 2008 Indoor Championships, which will be held March 14-15 at Ohio Northern University.

Bertrand named WIAC pitcher of the week

UWRF senior Ashley Bertrand was named the WIAC Pitcher of the Week for last week, according to league Sports Information Director Matt Stanek. In one game, Bertrand struck out 16 batters and set a UWRF single game record. She struck out the side in three innings and in the other four innings she picked up at least one strikeout. Bertrand’s 16 strikeouts are fourth highest in WIAC history.

Falcons open season with two wins

The Falcon softball team opened its season with two wins on Friday night with a 7-0 win over Northland and a 7-1 win over St. Scholastica at the Rosemount Dome. UWRF scored seven runs on 12 hits and made no errors. The Falcons opened the game with a four-run first inning. They added one run in the second and two more in the sixth. In the first, UWRF scored four runs on four hits and two Northland errors. Amanda Peters was 3-3 with a run scored. Brittany Rathbun was 2-3 with a run scored. Emily Howlett and Mindy Rudiger were both 2-4 with a run scored and a RBI. Keri Feller, who doubled in the first, was 1-4 with a run scored and a RBI. Jessica Lundgren, who was also 1-4, had the other RBI. In the game against St. Scholastica, UWRF scored two runs in the third. Rachel Mathias led off with a single to left and Rudiger reached first on an error. Both runners advanced a base on a passed ball. Cassie Peterson scored Mathias with a sacrifice bunt and Rudiger later scored on another error. After the Saints made it a 2-1 game with a run in the top of the fifth, the Falcons came back with two runs in the bottom of the inning. Mathias led off the inning with a walk and after an out stole second. Peterson walked and Howlett then doubled to left center to score both runners. In the sixth, Rudiger hit a line drive, three-run homer over the left field fence. With one out, Rebecca Troop singled to center and Mathias doubled to left center before Rudiger hit her first homer of the season. She has 16 career homers. The Falcons, now 2-0 overall, will play Concordia-Moorhead at 4 p.m., on Friday at the Augsburg Tournament. On Saturday the Falcons play at Augsburg at noon.

Women take fourth, men eighth at WIAC meet

The Falcon track & field teams competed in the second and final day of the WIAC Meet at UW-Superior on Saturday with the women finishing fourth and the men eighth in the final team standings. Becca Jordahl and Jessica Reed led the women on Saturday with first place finishes. Jordahl won the 3,000-meter run in a school record time of 9:56.46. She broke her own record of 10:10.98, set earlier this year. On Friday she won the 5,000-meter race in 17:12.88. Reed took first in the 55-meter hurdles. She won the race in 8.64. Both Jordahl and Reed earned All-WIAC first team honors for their finishes on Saturday. The men scored 21 points on Saturday. Nick Zeien and Jason Phillippi each picked up fourth place finishes Zeien ran a time of 1:55.99 in the 800 and Phillippi had a time of 4:15.72 in the mile. Mike Woodward took fifth place in the triple jump with a leap of 45-1. Alex Wahlberg also picked up points with a sixth place finish in the heptathlon with 4,236 points. The Falcons will next compete in the UW-Stevens Point last chance meet Saturday.

Sports Wrap courtesy of UW-River Falls Sports Information

Varsity Sports Calendar

Friday, March 7

Softball vs. Concordia-Moorehead, 4 p.m. (at Augsburg tournament)

Saturday, March 8

Track at Stevens Point Last Chance, 10:30 a.m. Softball vs. Augsburg, noon (at Augsburg)

Friday, Saturday, March 14-15

Track & Field at NCAA Div. III Indoor Nationals (at Ada, Ohio), TBD

Sunday, March 16

Softball vs. Montclair State, 1 p.m. Softball vs. Bethany, 3 p.m. (at Rebel Spring Games, Orlando, Fla.)



Ben Brewster/Student Voice

UWRF track head coach and professor Martha Brennan is an inspiration to her track teams and to her students.

Coach looks to inspire athletes

Marta Olson marta.j.olson@uwrf.edu

Martha Brennan is one busy lady. She is a track coach, professor, wife and mother. She is known by her students and team to be dedicated and enthusiastic. “On the track, Martha is a great coach that pushes her athletes to excel. She is also inspiring in different areas other than coaching; as a professor and a mother. I have had her as a professor and have learned a lot taking her courses,” track team member Colleen Kopel said. “Martha is a mother of three girls which is not an easy thing when you are traveling on the road every weekend. Any spare moment she has is spent with her family.” Brennan, head coach of the men’s and women’s track and field, is from the small town of Byron, in Southern Minnesota. Brennan’s mom was a gymnastics coach. From the age of five she was involved with the sport. She really liked to run and jump. While in grade school, she watched her brother compete in athletics. She played on the volleyball team with her twin sister in high school, but since she was above average in track and field, she made that her main sport starting in high school and continuing through college. One of the major reasons Brennan likes track and field so much is because there are so many events. Brennan said knew at a young age that coaching was something that she wanted to pursue. While coaching at the college level, she decided she wanted to continue her own education to become a professor. As a coach, one of her greatest accomplishments was becoming a first national qualifier at Texas A&M. On and off the track she learns something new every day.

“You learn a lot about different personalities and how to deal with personal problems off the track,” Brennan said in a phone interview. “You learn more about the rhythm of the sport and how people respond. Every year there is a new pool of kids—the same plan won’t work for everyone. You need to have patience and have motivation.” One measure of satisfaction is when a coach can make a significant improvement in one of their team members, according to Brennan. “When other people blew off a member of the team, I took and trained with him and realized, yes, I am a good coach and can develop anyone,” Brennan said. “I appreciate the time and effort she puts into the program and I think she has helped out the program immensely,” Leah Korf, a track team member said. “This can be seen through the accomplishments of the athletes in my two years on the team.” “There are always instances when you feel you should have done something different,” said Brennan about her career in coaching. With every sport and career there are ups and downs. “She went through all the same troubles at one point that all track athletes face during their athletic career,” Rebecca Ponick, a track team member said. It was an easy decision for Brennan to come to River Falls. Brennan’s husband Bob grew up in Iowa, so the change meant they could be closer to family. Brennan and her husband wanted to be in the Midwest. Working for a Division III university is low key, meaning it would be easier to balance her life. Brennan has three children, ages nine, six, and three, with another due in May. Once a week her children race around the

track; they like to jump the hurdles and jump in the sand, and Brennan is teaching her nine-year-old how to pole vault. “Her girls are the happiest kids you will see.” Kopel said “They are always smiling and enjoy being with their mother. They are also very active. They all enjoy track and field and love to run around. They want to be like their mom.” Brennan is a role model and inspiration for her students and track teams alike. She has the experience and knowledge that will benefit future track athletes. Her team is inspired by the dedication she demonstrates. She works hard to stay fit by lifting weights and running every day. “I love how Martha is the encyclopedia of track and field, whether it is about learning techniques in events, planning out running workouts or even how to help heal an injury; she knows it all.” Kopel said. “She is a smart woman. Her ability to administrate is excellent,” Torrior Amie, an assistant coach on the women’s track team said. Brennan’s athletes learn from her on a daily basis that in track, patience and hard work are necessities. “Things take time. No one can learn a new event overnight. Each day at practice people improve a little bit at a time,” Ponick said. “Some events take only a week to learn while others may take a whole season.” Brennan received her bachelor’s degree in Mathematics from the University of Louisiana and went on to receive her master’s degree in educational administration at the same institution. She received her Ph.D from Texas A&M in educational administration.

Senior right fielder excited for the season

Alayne Hockman alayne.hockman@uwrf.edu

Amanda Peters is a 22-year-old softball player for the UW-River Falls Falcons. She plays right field, is a backup first baserperson and wears the number 14 jersey. Peters has been playing sports since she was five years old. In high school, she played volleyball, basketball and softball. She was named All-Conference one year for softball and was also a co-captain her senior year. Though she did enjoy playing volleyball and basketball in high school, Peters decided to play only softball in college because of the time restraints and her desire to focus on her demanding academic agenda. Peters was recruited for the Falcons right out of high school. At that time she was playing first base. Though she did play part of the 2005 season, Peters did not letter in softball her freshman year with the Falcons. She had shoulder surgery in mid-April, forcing her to miss out on the last month of the season. Peters played first base for UWRF her freshman and sophomore years. Then her coach, Jody Gabriel, tried her at right field. Peters was even better at playing this

position. “It was a big transition for me,” Peters said. “I like it now, but it took a while for me to get used to.” As a senior on the Falcon softball team, Peters has taken on a definite leadership role on and off the field. When asked how she felt about this, Peters said she “likes to lead and speak her opinion.”

“We need to work hard every day and come to practice with the mindset that nothing’s going to be given to us .” Amanda Peters, senior right fielder

Peters’ leadership role with the team is especially strong with the other outfielders. “They [the outfielders] look to me for leadership,” Peters said. The other seniors on the team participate in important roles as leaders, as well. They bring a lot of experience to the table with a high combined number of years playing the game. The Falcon women’s softball team has had a great start to their 2008 season. They won their first two regular season games against Northland and St.

Scholastica Feb. 29. When asked how the season has been going so far, Peters said, “Amazing. We’re just at a whole new level, and I have high hopes and high expectations for all of us.” Peters attributes the team’s success thus far to their hard work and organization. The team runs together twice a week and lifts weights three times a week. They are also organized so that the freshmen contribute just as much as the starters do. In addition to physical training, the softball team has also been working on mental preparation. The team’s three coaches—Gabriel, Pam Latterell and Amber Dohlman—have been providing them with guidance and with such mental exercises as reflection questions. Though the team has been doing exceptionally well and is expected to continue their successes, Peters explains how they try not to get overconfident. “We need to work hard every day and come to practice with the mindset that nothing’s going to be given to us,” Peters said. “We need to earn everything we get.” The team will play Concordia-Moorhead Friday and Augsburg College Saturday; both match-ups will be held at Augsburg.



Amanda Peters

CBE adviser dedicated to students

Sarah Packingham
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Ellen Schultz, adviser for the College of Business and Economics, is a woman of many interests, including sports, traveling and spending time with her family. Upon entering Schultz's South Hall office, it's hard to ignore the picture slideshow on her computer which showcases photos of some of her favorite memories. There is one photograph of her family taking part in the Wisconsin in Scotland program and another of her son playing in the marching band at UW-Madison. Schultz has been working at UWRF since 1996. Her position started as a part-time job, but has since worked its way into full-time. She came here after her husband Brian was offered a position in the school's business department. However, her husband's connection is not the only one she has with the University. Her son also graduated from here.. "I work with freshman and sophomores and help them understand what's going on and encourage them and explain to them some of the options available to them," Schultz said. Over the years, Schultz has worked with a large number of

students and said she gains great satisfaction seeing students graduate, whether it's with a degree from CBE or some other college on campus. "My goal is to help students positively gain confidence and reach their goals," she said. Another satisfying part of Schultz's job is when students come to tell her that they are doing well or enjoying a class that they were at one time worried about taking. As an adviser, there is one thing that Schultz can't encourage her students enough to participate in. She is an advocate of any sort of study abroad program, whether it's a whole semester or a J-term trip. "Concerns that students have about studying abroad are that they won't have the necessary funding or the time, but once you're in the work force you won't necessarily have the funding either, or the time," Schultz said. Schultz herself has had a number of international experiences, including the Wisconsin in Scotland program in the fall of 1987. Her visit to Scotland was during the second year of the program. Once Schultz retires, which she doesn't hope will be for awhile, she hopes that she and her husband will be able to spend a lot of time traveling. Another hobby of Schultz's



Sally King/Student Voice
Ellen Schultz has participated in Wisconsin in Scotland. She was also awarded the Advising Excellence Award.

includes following Wisconsin sports. She said she enjoys any sports, especially Falcon and Badger sports. And she also loves the Milwaukee Brewers and the Green Bay Packers. The Wisconsin Academic Advising Association awarded Schultz with the Advising Excellence Award last fall.

New campus org spreads diversity

Nicole Aune
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Desi Student Organization (DSO) represents everyone who practices the culture within the Indian subcontinent and the Middle East. The organization is open to all students, regardless of ethnic background. "[The goal of this group] is to spread awareness of diversity," Alifa Momin, DSO secretary, said. DSO's advisor, Linda Alvarez, is looking forward to what DSO will bring to the campus. "I'm really excited about Desi because it's a student-initiated group composed of members, some of whom are East Indian, and some who aren't, who enjoy the culture, enjoy the food, dance, history and contributions of the culture and are very eager to share with the rest of the campus community," Alvarez said. There are approximately 130 student organizations on the UWRF campus, but getting the organization going was not an easy task. "It took a lot of time, [we] had to meet with a lot of people, fill out a lot of forms," Patel said. "It's crazy but fun at the same time." To start DSO, there were several steps that the group members needed to follow. There had to be at least five students interested in starting the group. From there the new members had to fill out the necessary paperwork, develop a group constitution and find a faculty advisor. DSO encourages all students to be a part of the group and

attend group meetings. "We'd like it if there were more people who came [to the meetings] who do not know a lot about it," Bhavita Patel, President of DSO, said. "They could give us some idea of ways we could help educate this campus about our organization and who we are. It would be good if other people came besides us because we already know our own culture." DSO has given presentations at the middle schools and elementary schools in the area, bringing culture and diversity to children. They have used PowerPoint presentations that educate the culture, history and entertainment in the Desi community. During the presentation, the group also dances and offers samples of Desi desserts. DSO's next event on the UW-River Falls campus is Aaja Nachle, which means "Let's Dance." The event is on March 13 from 8 - 11 p.m. in the Falcon's Nest of the University Center, and is free of charge. Everyone is welcome to the "club-like" dance party which will feature Hindi, Punjabi, Urdu, Arabic and English remixes of music. DSO hopes the event will be an opportunity for students, faculty and the community to learn about Desi music and dance. "Club attire preferred—dress to impress," Patel said. She also mentioned that she has made a Facebook group for Aaja Nachle that will give people more information. DSO is also going to be part of the International Bazaar April 10 and Unity in the Community April 23. DSO is already planning events for next year. They hope to make a trip to an Indian / Middle Eastern restaurant, go to an event at the University of Minnesota-Twin Cities campus and will hold fundraising events on the UWRF campus. There are two events DSO may attend at the Twin Cities campus. Diwali, which is in the fall, is an Indian Christmas and New Year celebration. The second, Holi, is in the spring and is an Indian Color Festival. DSO has been forming for four years. Ruzin Mirza, who is taking this semester off of school, got the group started. "Hopefully she'll come back next year and be the president of the organization," Patel said. Patel graduates in May and needs someone to take over her position when she leaves. DSO meets on Tuesdays at 4 p.m. in the Multicultural Room in the Library.

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The Raveonettes’ dark, pop style evident on latest album

The Raveonettes are like a midnight alley in a pale moonlight: it’s frightening, it’s cold and probably dangerous. Yet, there’s a mystery which draws you to explore it again and again.

Of course, nothing less could be expected of them. Their first single a few years back, “That Great Love Sound,” was a slap in the face, combining upbeat 60’s pop with dark lyrics reminiscent of Edgar Allan Poe. Now, on *Lust Lust Lust*, their third album, the duo from Denmark have hardly changed. No complaints here.



Matt Loosbrock

Opening the disc is “Aly, Walk With Me,” a power march of monochrome guitars and heavy snare beats featuring lines like “Aly, step right out of my head and kiss me goodnight / Aly walk with me in my dreams all through the night.” Black never sounded

so sexy. They continue to drive a familiar-yet-not sound, using old pop structures and thrashing them into oblivion. “Dead Sound” is based of a riff similar to a Beach Boys tune, only the guitars are fuzzed out and distant, the vocals are cynical and dry, and it ends with a whirlwind of feedback, like dust moving through a graveyard. It’s mesmerizing.

Needless to say, this isn’t rainy day music. Everything on *Lust Lust Lust* is lonely and obsolete. Front man Sune Rose Wagner delves into the dark parts of our

soul and drags back poetry like “Cause of you / And your charms / Destroyed all my thoughts / Of love in my arms.” Bassist Sharin Foo dives along with him, as she croons on “Black Satin:” “Sweet night she’s on a roll / Covers me with all her black / Satin dress takes me aback / And I drown yeah I drown.” The hopeless tone is stark and

present. The Raves are not there to coddle you.

All the while they play with a gritty pop attitude. The guitars pop, the drum beats are quick and the hooks are addicting. And then there are the harmonies that Wagner and Foo create. When the two sing together, their voices melt, and you forget the tragedies and burns within

their music.

That’s what makes The Raveonettes stand out. They’re attempting to create beauty against a wave of black.

Matt is a senior double majoring in music and creative writing who likes lots of music types, both old and new, especially if it's good.



Submitted Photo
The Danish duo of Sune Rose Wagner and Sharin Foo make up The Raveonettes.

Letterdoku

			D	I		H		
F	B	I	C					
C					A		E	B
	A	G	H			C		E
	I			F			B	
H		E	G		C	D		
	D	H			G	F	I	A
			E	A				
	G	B	I		F		D	


Difficulty: Easy

Rules for Letterdoku: Fill all of the empty squares so that the letters A to I appear once in each row, column and 3 x 3 box.

Solution for Letterdoku appears at www.uwrvoice.com.

Submitted

Predictable Ferrell movie ‘Semi-Pro’ underwhelms reviewers



A.J. Hakari

Counting this critique of the new sports comedy “Semi-Pro,” all of my reviews for the semester thus far have been negative. This can mean one of two things: either I’m an ornery curmudgeon who’s hard to please, or movies these days just plain stink (it could very well be both, as well).

That’s not to say that “Semi-Pro” is a bad movie, but it’s one that easily could’ve been better. Following the same approach as previous Will Ferrell vehicles, one of throwing jokes at the wall and seeing what sticks, “Semi-Pro” finds itself with a floor littered with comedic noodles.

Ferrell stars in this ‘70s-set yukfest as Jackie Moon, the owner, coach and power forward for the Flint Tropics, one of the worst basketball teams in America. The team’s future takes a turn toward the grim with the announcement of a merger between the NBA and the ABA — a merger that will mean the dissolution of the Tropics. Not one to go down without a fight, Jackie convinces the powers-that-be to allow the four best-playing teams in the league to remain at the end of the season. Of course, to be one of the lucky four, this means the Tropics will actually have to start playing *well*. But with the addition

of a burnt-out basketball veteran (Woody Harrelson), this motley crew just might have what it takes to make the cut.

Your enjoyment of “Semi-Pro” will depend a lot on what you thought of Ferrell’s previous outing, “Blades of Glory,” since it’s essentially the same movie, only with a lot more swearing. And just like “Blades of Glory,” the incredibly random sense of humor that’s become Ferrell’s trademark has become almost painfully restricted by the confines of being even partially a sports movie. “Anchorman” and “Talladega Nights” worked because Ferrell and company played up the absurdity of their surroundings. In “Semi-Pro,” all the focus is on Jackie Moon, leaving one kernel of potential humor to play off of a sports-oriented story that’s going through the same motions as those movies that are actually trying to be serious.

There’s even a romantic subplot involving Harrelson’s character and a former flame (Maura Tierney) that

amusingly tries to sabotage.

The pantheon of great sports comedies is filled with such hilarious titles as “Major League” and “Dodgeball.” But while “Semi-Pro” has a lot more laughs than something like “The Comebacks,” don’t expect it to join the upper echelon of its genre anytime soon.

A.J. is a senior journalism student who has been reviewing movies for almost 10 years. He digs horror movies and documentaries the most.

Will Ferrell has gifted audiences with some of the most deeply complex characters in film history—or just the most absurd.

Either way, he has ensnared a nation of followers that flock in droves to see his on-screen shenanigans. There is no reason “Semi-Pro,” Ferrell’s latest sports targeted smoking gun, should be any different. It adopts the same hit-or-miss, go for broke phi-

losophy that has skyrocketed Mr. Ferrell from the stuffy stages of SNL to the cosmos of filmdom.

Trying to recapture the ‘70s funk and comedic soul of “Anchorman,” “Semi-Pro” discos to the same beat in familiar plot platforms. Jackie Moon (Ferrell), owner, coach and player for the Flint Michigan Tropics ABA basketball team, finds his dreams for glory materializing when it is announced that the ABA will merge into the NBA. The catch: only four teams will be absorbed, while the rest will be dissolved.



Ken Weigend

Ferrell fanatics will faithfully pluck out those bits that do work and remember the film for those gut-busting moments, no matter how few or far between they are.

The entire film has the unmistakable aftertaste of a

The entire film has the unmistakable aftertaste of a night spent writing over a bottle of Scotch, punctuated with a whiskey chaser.



Ratings for movies are based on a scale from one to five. A film that scores five stars is worth seeing at least once. A film that scores one star is horribly acted or directed, with no substance.

night spent writing over a bottle of Scotch, punctuated with a whiskey chaser. The lingering sting of alcohol curls around dialogue probably written on a card table in between shots of Captain and Jack.

The movie plays out like the morning after. And while the hazy recollections of the night before don’t appear quite as funny as they used to through the headaches and hang overs, the cast still tries to best each other throughout their drinking game opus.

At least everyone is having a blast goofing off in front of a camera. The acting troupe relinquish their usual title and instead show their true colors: a bunch of friends making a movie for their own enjoyment that they alone find hilarious; Ferrell and company have way more fun filming than most viewers will have watching. The fourth wall is fully embraced as no audience members are invited to the private party on screen.

Ken is a junior journalism major with a film studies minor. He has aspirations to write film reviews as a career. His favorite genres are drama and comedy.



New group combines martial arts, dance

Phillip Bock
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A new group on campus combines Afro-Brazilian martial arts and rhythmic dance moves into an art form called Capoeira.

The Capoeira student group, which was started in September 2007, is founded and taught by sophomore Camri Naseth. She has been practicing the art form for five years and trains with an instructor in Minnesota.

“Camri is very self-motivated,” professor and club advisor Margarita Hendrickson said.

The art form has a rich history that originates from fighting clubs in early Angola, Africa. African slaves were transported from Angola to Brazil, and brought their unique fighting style with them. The slaves needed to conceal the clubs in Brazil, so they incorporated dance moves into the fights in an attempt to hide the martial arts from police,” Naseth said.

“It was a martial art they would mask as a dance,” Hendrickson said. “But today it’s more of an art form.”

The art form is combined with primal rhythmic music that originates from western Africa and Brazil.

There are different kicks and acrobatic moves that are performed in rhythm with the music.

“It’s like break dancing, but fighting,” student Ross Algiers said. “It’s very unique.”

Capoeira provides a work out for the participants. Beginners



Kenny Yoo/Student Voice

UW-River Falls students Francis Bethke and Katie Rogee practice the roda, a form of light, non-contact sparring performed in Capoeira, a new student organization on campus which combines Afro-Brazilian martial arts, rhythmic dance moves and primal music from Africa and Brazil.

will start out learning the basic dance moves and putting them

together with a series of blocks and kicks, Naseth said.

“I enjoy it a lot,” Algiers

said. “It’s hard, but it’s a lot of fun; it’s a good cardio and muscle strength exercise.”

Capoeira has been growing in

popularity, and Hendrickson said she has seen it performed in London, Chicago and the Twin Cities. She said she is excited to see the group here on campus.

“It’s a fun, physical, high disciplined, musical movement,” Hendrickson said.

The group meets Mondays and Wednesdays at 6 p.m. in room 23 of the Karges center.

“Capoeira is for anyone and everyone,” Naseth said. “Any time, at any age, you can start.”



Kenny Yoo/Student Voice

Above: Ross Algiers and Camri Naseth perform the roda while Capoeira member Pam Bolvin watches and claps along to the music.

Below: Naseth kicks while Bethke does a Queda de rins stance on the ground. Naseth has been practicing the art form for five years, and started the Capoeira club last September. The adviser is Spanish professor Margarita Hendrickson. Meetings are 6 p.m. Mondays and Wednesdays in room 23 of the Karges Center.



Sign-Up for 2008-09 FALL HOUSING



PHASE ONE:

April 7 - 8 • After 8:00 a.m.

Current UWRF hall resident may reserve a space in his/her present room online. (Exception: Where rooms are no longer available due to wing/floor use changes).

PHASE TWO:

April 10 - 11 • After 8:00 a.m.

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PHASE THREE:

April 14 - 18 • After 8:00 a.m.

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PHASE FOUR:

April 28 - May 1 • After 8:00 a.m.

(All UWRF students)

A current UWRF student living off-campus who has completed a housing contract and paid the \$125 housing deposit/processing fee at the Residence Life Office may reserve **any available residence hall space** online. (The South Fork Suites information listed under Phase Three applies).

Note: After May 1, 2008, off-campus students applying for University housing will receive assignment consideration in contract/deposit date order with all new and transfer students.

Residence Life will continue to enforce the Two-Year Residency Requirement at UW-River Falls.

Please review the 2008-2009 Housing Contract and Information Booklet at: sa.uwrf.edu/sa/documents/contract.pdf

2008-09 Fall Housing Online Sign-Up Process
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You will need your Falcon Account username (example: W2500000) and password.

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