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STUDENT VOICE

University of Wisconsin River Falls

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Campus assault rattles UWRF

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A female community member was assaulted by a group of five to seven white males at approximately 11:45 p.m., on Saturday, Oct. 12, on Cascade Avenue by the Kleinpell Fine Arts building, according to an email sent to students from Thomas Pedersen, assistant director in the Office of Student Rights and Responsibilities.

The victim was grabbed by two of the men while a third exposed himself to her. The victim was able to escape and flee toward Main Street after kicking at the assailants, according to the email.

If anyone has any information concerning this incident they should contact the River Falls Police Department

(RFPD), as it is running the investigation.

University Police Officer David Kuether said that there are many more instances of sexual assault on campus than are actually reported.

“How frequently that stuff happens in this environment, with this age group who are constantly interacting with each other, it is not an unusual occurrence. Under sexual assaults, there were less than five a year that I came across in the last three or four years,” Kuether said. “But you have to remember that’s what gets reported to us. How often it happens at parties and in the dorms, I don’t know. Much more frequently than we ever know about.”

From 2010 to 2012 there were two reported cases of

forced sexual assault on the UW-River Falls campus and two that were reported off campus, according to Counseling Services offers many different services to help students be prepared if they find themselves in a situation like this.

“We offer a variety of different services from prevention efforts aimed at responsible alcohol use, bystander intervention (learning what to do when you witness someone being harmed), self protection strategies to providing individual, and group counseling and support to those who have been impacted by assault or abuse,” Intake Counselor Jennifer El-

sesser said.

Elsesser added that students can go to the Student Health and Counseling Services page on the UWRF website to see additional services and information.

While knowing what to do in these situations is important, Kuether said that the first and most important thing any student should do is call 911.

“When you call 911 it goes to the Pierce County Sheriff’s Department. When they get the call they radio us, now you turn your phone call into a radio call where everyone hears it. Everyone in law enforcement monitors the radio; in one call from Pierce County they get scores of people that hear that call. You call me and you get one

person on the phone, the city doesn’t hear the problem and the county doesn’t hear the problem,” Kuether said. “We really prefer you call 911.”

Kuether added that calling 911 allows for faster response time as there may be, for example, an officer from RFPD listening to the radio who is closer to the emergency than a University officer, allowing that officer to respond quicker.

Kuether also said that there are many other safety precautions that students can take when walking from place to place on or around campus.

“Protecting yourself is similar for everybody. Using the well lit walking paths, as opposed to no lights,

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Faculty, Student Senate lack cooperation

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The Faculty Senate and Student Senate’s successful working relationship rests within student involvement.

Both committees are expected to work together to empower students to advance in their education.

“Each represents their respective constituency and are tasked with working with administration to make informed decisions regarding campus,” said Student Senate President Sam Tauchen.

Students, faculty and staff work together on committees to make decisions and look at things that affect the campus as a whole, according to the University Committee Academic Policy. They look at issues that do not affect just students or just faculty and staff, but in areas where they are both present.

Both Senates have a common goal.

“Our general goal is a shared role with administration and students in governing students,” said Faculty Senate Secretary John Heppen.

The Faculty Senate’s responsibilities include academic policies, faculty affairs and general welfare of the University. It works closely with UW-River Falls Chancellor Dean Van Galen and on rare occasion, the Student Senate.

The Faculty Senate has formal meetings scheduled every other Wednesday in the

University Center (UC).

“The Student Senate President sometimes shows up,” Heppen said.

Tauchen feels that attending Faculty Senate meetings allows the Student Senate to stay up-to-date with issues facing the campus from a faculty perspective.

“There has been student representation at all the meetings,” he added.

The Student Senate has similar responsibilities to the Faculty Senate, including administrative policies and advocating for problems affecting students. It is able to recommend, examine and promote proposals or changes to major and minor academic programs.

The Student Senate is the voice of UWRF’s student body, but it must go through the Chancellor and Faculty Senate for approval on any implementations requiring action.

The Student Senate also has open meetings. It meets every Tuesday during the academic year in the UC.

“No one from Faculty Senate attends Student Senate meetings,” said Student Senate Advisor Paul Shepherd.

“There is not much of a formalized relationship there.”

The Senates are supposed to work together to empower students to advance in their education, according to the University Committees description found on the UWRF website.

Faculty Senate Chair David Rainville pointed out in a recent interview how several student positions on Faculty Senate committees are left vacant. He acknowledged the lack of communication between the Senates, but insisted the resolution to the issue was for students to attend their meetings.

Tauchen believes there should be more student involvement on all committees, especially the Shared Governance committee.

“We both need to use our respective legislative bodies to gather information from our constituency and use that information to collaborate our efforts,” Tauchen said.

Both constituencies can benefit from collaboration.

“We both can improve communication, and I look forward to developing a greater working relationship with Faculty Senate,” Tauchen said. “The first step of fostering a greater working relationship with students, faculty and staff starts at filling the more than 120 student committee seats that are available.”



Photo by the Student Voice

Student Senate President Sam Tauchen wants the Student and Faculty Senates to work together on issues that matter to both Senates. Student Senate meets every Tuesday at 7 p.m. in the Willow River Room in the University Center while Faculty Senate meets every other Wednesday in the same room and at the same time.

Report: Earnings gap narrows

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Even though the earnings gap is narrowing between college and high school graduates, according to a recent College Board report, college graduates enjoy the benefits of a well-rounded education.

The “2013 Educations Pays: The Benefits of Higher Education for Individuals and Society” report details the value of higher education. One major point the College Board makes is that the earnings gap between bachelor’s degree and high school grad-

uates has narrowed.

In 2008, males ages 25 to 34 with bachelor’s degrees made 74 percent more than male’s who only graduated from high school, compared to the gap in 2011, which was 69 percent. In 2008, women ages 25 to 34 with bachelor’s degrees made 79 percent more than female’s who only graduated from high school, while the gap in 2011 was 70 percent, according to the report.

However, the report mentions that after age 34, people with bachelor’s degrees begin to make significantly

more money. UW-River Falls Director of Admissions Mark Meydam agreed that many college graduates begin to see higher earnings in their 30s, 40s and 50s.

“If you really dig into the data behind the scenes, it’s clear that additional education after high school of any type, it does not have to be a bachelor’s degree, leads to better opportunities,” Meydam said.

Meydam also said that UWRF offers a liberal arts education, not just job

See Gap page 3

UWRF receives USDA grant

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UW-River Falls has recently been accepted to a \$700,000 grant from the United States Department of Agriculture (USDA) that was applied for by two animal science professors in May.

Professors Justin Luther and Amy Radunz headed the application process for the grant and now will work together to head projects involving the grant. Luther is an associate professor of reproductive physiology within the College of Agricultural

Foods and Environmental Sciences (CAFES), while Radunz is an associate professor in animal science.

USDA National Institute of Food and Agriculture has offered this grant for two years, according to Luther. It is offered to non-land-grant institutions such as UWRF. The grant is aimed to implement strategies that will improve reproductive efficiency in the U.S. beef cattle industry. Therefore, the grant will go into effect this January and will be used to help out in many ways at the UWRF Mann Valley Lab Farm. It

will use the beef herd of 60-70 full-grown beef cows that currently are housed there.

“There’s three years of research projects that are going to be involved in the grant,” Luther said. “There is a new course that will be developed for undergraduate students here within the department of animal and food science.”

A component hoped to be used in the grant funding is research. “We will look at strategies to improve the reproduction efficiency in beef cattle. This will help students

See Beef page 3

UW-River Falls’ Gallenberg takes on presidency of NARRU

Dale Gallenberg, Dean of the College of Agriculture, Food and Environmental Sciences at UW-River Falls has taken on the presidency of the Non-land-grant Agricultural and Renewable Resources Universities (NARRU) for 2013-14.

He assumed the role at their annual meeting on Oct. 7-9, at Tarleton State University in Stephenville, Texas. UWRF hosted the annual meeting of NARRU in 2012.

Two previous deans from UWRF have served as presidents with predecessor organizations of NARRU: James Dollahon from 1975-77, and Gary Rohde from 1984-85.

NARRU represents 60 campuses across 13 states with the goal of providing a means for sharing ideas and strategies to solve common problems, explore opportunities to strengthen academic, research and outreach programs, and foster the association, recognition and support by the public member institutions.

NARRU and its predecessor organiza-

tions have been strong advocates for capacity building funding at the national level, analogous to the capacity funding already dedicated to land-grant institutions and the Hispanic-serving institutions. The non-land-grant institutions are playing an increasingly important role in producing graduates for the agricultural industry.

Recent data from the Food, Agriculture and Education Information System (FAEIS), indicate that non-land-grant colleges of agriculture enroll more than 25 percent of the undergraduate students in agriculture, natural resources and related programs across the U.S.

A capacity building grants program for non-land-grants was first authorized in the 2008 Farm Bill. Through the efforts of former Senator Herb Kohl and others, an appropriation of \$4.5 million first appeared in the fiscal year (FY) 2012 United States Department of Agriculture (USDA) budget; funding was

also appropriated in FY 2013. UWRF was the recipient of funds from the FY 2013 grant competition.

The successful proposal to examine the effects of nutrition on beef cattle reproductive performance was submitted by Justin Luther, associate professor of animal science and Amy Radunz, assistant professor of animal science. Authorization and appropriation of this capacity building grant program within USDA remains the top legislative priority for NARRU.

Photo by University Communications
Dean of the College of Agriculture, Food and Environmental Sciences Dale Gallenberg was appointed president of the NARRU for the term 2013-14.



News briefs Information sessions set for prospective full-time and evening MBA students

The College of Business and Economics at UW-River Falls will hold two information sessions for those interested in learning more about earning a master’s degree in business administration through its part-time evening or full-time MBA programs.

The evening MBA information session is at 6 p.m., on Thursday, Oct. 24, and the full-time MBA information session at 6 p.m., on Thursday, Nov. 7. Both sessions will be at the UWRF Hudson Center, 2501 Hanley Road, Suite 200, Hudson. Attendees will have the opportunity to meet with Director of Graduate Studies Leanne Van Allen and with other prospective MBA students.

The evening and full-time MBA programs offer the following distinguishing features to prospective students: curriculum that combines business theory with hands-on application, scheduling that supports each program with flexible options for the evening program and daytime classes for the full-time 18-month program, classes conveniently located at the Hudson Center in the East Metro, and minutes from Woodbury, Stillwater, St. Paul, and Western Wisconsin and a degree that is held to rigorous standards under AACSB International accreditation, which fewer than five percent of the world’s business schools possess.

The evening MBA program is ideal for individuals who desire professional advancement without interrupting their careers, seek to open new doorways to opportunities in an upcoming career change, or recognize the value of an MBA to becoming more effective in their current employment. The support of our distinguished faculty and strong networking ability adds great value for working professionals in the program.

The full-time MBA program, now in its first full year, permits students to earn an MBA in 18 months. This program is particularly suited for recent undergraduate and international students who are looking to enter the workforce with a competitive edge. Recent accounting graduates also benefit from this program as it provides them with the required 150 credits and the opportunity to sit in on the CPA exam.

The 18-month program focuses on mentorship and a small, exceptional group of students. The program culminates with the practicum, a collaboration with businesses in the St. Croix Valley to address real-world business challenges and to identify solutions.

For information and to RSVP, contact Van Allen at 715-425-3335, mbache@uwrf.edu, or visit www.uwrf.edu/MBA.

Falcon Foods offers online ordering for meat, cheese, holiday gift boxes

Falcon Foods is the brand of cheese, ice cream and meat produced by students at UW-River Falls. Just in time for the holiday season, Falcon Foods is offering online ordering for its single cheese blocks, and cheese and meat gift boxes. Customers can choose to ship to an address or pick up at the Falcon Foods store on campus.

Holiday cheese box combinations include pre-selected blocks of cheese, UWRF custom mints, and some include Falcon Foods summer sausage. A customizable holiday box is also available. Flavors range from traditional favorites such as Cheddar and Colby to unique combinations including Holy Cow Hot Jack, Apple Cinnamon Colby and Cocoa-Infused White Cheddar. Boxes are festively decorated for the holidays.

Cheese and ice cream are produced using milk from the University laboratory farm, and summer sausage is produced in the Meat Processing Plant from livestock raised on the university farm and local area farms.

The goal of the UWRF Dairy Processing Plant is to provide students with valuable, hands-on learning experiences that will be directly applicable to their future careers. Since commercial production began in 1984, students have had the opportunity to be involved in all aspects of production, sanitation, and quality control. Students work in the plant under the direction of Michelle Farner, dairy pilot plant manager and licensed cheesemaker.

Falcon Foods was featured on Twin Cities Live at 3 p.m., on Wednesday, Oct. 16, on KSTP Channel 5. Falcon Foods student workers were interviewed and the hosts will taste-test Falcon Foods ice cream and cheese.

Visit www.uwrf.edu/FalconFoods for product and shipping information. For questions, contact Farner at falconfoods@uwrf.edu or 715-425-3702.

Adult Degree Completion reaches enrollment milestones at UW-River Falls

The College of Business and Economics Adult Degree Completion (ADC) program at the UW-River Falls has enabled adult students to reach their goal of earning a Bachelor of Science degree in business administration since 2010. From an initial enrollment of 20 students, ADC has seen consistent growth and has reached a milestone of 100 students enrolled this semester. Seventeen students have already graduated from the program.

The program focuses on providing the tools

necessary to help students start and complete their degree. These services include strategic program advising, prior learning assessment, and flexible class formats on campus, online, and condensed-format course offerings held at the conveniently located UWRF Hudson Center, 2501 Hanley Road, Suite 200, Hudson.

The ADC program is designed for adult students seeking to complete their undergraduate degree. By providing unique services, individualized attention, and academic support, ADC meets the needs of adults in the St. Croix Valley and makes achieving an undergraduate degree in business administration as a non-traditional adult student attainable.

For more information, visit www.NowInHudson.com, or contact Michael Bilden, Adult Degree Completion program director, at michael.bilden@uwrf.edu or 715-425-3335.

Conzen will be UWRF Peterson Lecture Series keynote speaker

Kathleen Neils Conzen, Ph.D., Thomas E. Donnelley Professor Emerita of American History at the University of Chicago, will speak at UW-River Falls on Thursday, Oct. 24, as part of the annual Edward N. Peterson Lecture Series.

The lecture will begin at 4 p.m. in the Kinnickinnic River Theater of the University Center and will be preceded by a reception at 3 p.m. The event is free and open to the public.

Conzen’s lecture, “German Immigrants, Transatlantic Ties and the Perils of American Pluralism, 1840-1940,” will address the German immigrant experience to explore the links between migration processes and community formation; the construction and reconstruction of ethnic identities; the relationship between religious, ethnic, and regional cultures; and the political integration of immigrants into the national community.

The lecture is one of many events at UWRF this year focusing on Germany as part of the global initiative of the University’s strategic plan. The Year of Germany program uses a multidisciplinary approach in order to understand and appreciate other countries and cultures.

Peterson taught history at UWRF from 1954 until his death in 2005. Among the many courses he enjoyed teaching were those focused on the 20th century, especially World War I, World War II and the Cold War. Peterson wrote 10 books on Germany in the 20th century and devoted his scholarly life to issues surrounding war, peace and power.

To honor the memory of Peterson, and to address the vital issues of our time, the History and Philosophy Department established the series to emphasize the issues that were the focus of his academic life: war and peace, abuses and limits of power and the struggle for democracy in the 20th century. The series

is funded by an endowment made possible by the generous donations of students, alumni, faculty and friends, collected over many years.

Additional information on the Edward N. Peterson Lecture Series and this year’s event is available at <http://www.uwrf.edu/HIST/Events/PetersonLectureSeries/Index.cfm>.

For more information, contact betty.a.bergland@uwrf.edu or call 715-425-3164.

University Theatre to present ‘Chicago: The Musical’ this fall

Murder, greed, corruption, violence, exploitation, adultery and treachery all in River Falls? “Chicago: The Musical” is coming to the University Theatre at UW-River Falls beginning on Oct. 24.

Set amidst the razzle-dazzle decadence of the 1920s, “Chicago” is the story of Roxie Hart, a housewife and nightclub dancer who maliciously murders her on-the-side lover after he threatens to walk out on her. Desperate to avoid conviction, she dupes the public, the media, and her rival cellmate, Velma Kelly, by hiring Chicago’s slickest criminal lawyer to transform her odious crime into a barrage of sensational headlines, the likes of which might just as easily be ripped from today’s tabloids.

Directed by UWRF communication and theatre arts Professor James Zimmerman and choreographed by Ad-Hoc Instructor Mari Kline, “Chicago” features a cast of 28 and an onstage orchestra of 14, under the direction of UWRF Professor of Music J. Michael Roy.

The cast of UWRF students, featuring Claudia Vazquez Velez of Hudson (Velma Kelly), Kendra Yarle of Cedar, Minn., (Roxie Hart), and Taylor Evans of Hanover, Minn., (Billy Flynn), have been rehearsing since early September. They have been preparing to enact the story, iconic music, and dance numbers from the show, including the popular “Cell Block Tango” and opening number “All That Jazz.”

With a book by Fred Ebb and Bob Fosse, music by John Kander, and lyrics by Fred Ebb, “Chicago” is the winner of six 1997 Tony Awards, including Best Musical Revival. The Broadway revival holds the records for longest-running musical revival and longest-running American musical in Broadway history. It is also the third longest-running show in Broadway history, having played more than 6,700 performances. The UWRF production will be in town for six nights only.

“Chicago: The Musical” will play in the UWRF Blanche Davis Theatre, in the Kleinpell Fine Arts (KFA) building Oct. 24-26, and Oct. 31-Nov. 2. All performances begin at 7:30 p.m. Admission is \$17 for adults, \$13 for seniors and \$8 for students. Tickets may be purchased or reserved through the University Theatre Box Office in KFA or by phone at 715-425-3114.

River Falls Police/UWRF Police Department

On the evening of Oct. 12, a large underage drinking party in Johnson Hall was brought to the attention of University Police. The party consisted of five students and one non-student visitor, as well as three other students that did not register as intoxicated. Of the nine total individuals involved,

six received citations of \$263.50 for underage consumption: Austin Robert Connors, Tanner M. Broten, Cooper Robert LeBrocq, Andrew Kenneth Moen, Kyle Scott Hunter and Kelsey Loeffler.

Other citations include:

- Sept. 11**
- Sirena Nicole Kisch was fined \$263.50 for underage consumption at Stratton Hall.
- Oct. 6**
- A laptop and Redbox DVD, valued in total at \$1,418, were stolen from a vehicle in W Lot. The items currently remain missing.
- Oct. 12**
- Andrew David Kaminski was fined \$263.50 for underage consumption at 860 E. Cascade Ave.
 - Skylar Adam Meyer was fined \$689 for underage consumption and resisting/obstructing a police officer at Rodli Commons.
- Oct. 13**
- Christian Andres Alvarado was fined \$263.50 for underage consumption at McMillan Hall.

Editor’s note: Information for this section is taken from River Falls Police and River Falls Police Department incident reports.

Check out the
Student Voice
online at
uwrfvoice.com
and on Twitter
[@uwrfvoice](https://twitter.com/uwrfvoice)

Beef: UWRF offers new bovine courses

From page 1

create research internship opportunities, which is a primary objective,” Luther said.

He added that some projects possible to have are working on multiple aspects of the reproduction process, such as efficiency in breeding tactics, calving and genetics.

“It’s going to allow us to provide some really great research opportunities for undergraduate students here,” Radunz said. “We hope that we will help students get more experiences, maybe to those who are interested in going to graduate school, particularly in these areas.”

Luther added that a producer short course and breeding techniques can also be practiced with this grant. “The project will use just under \$100,000 from the grant for ultrasound equipment.”

More than 100 students are in some form involved with the beef project alone. Multiple courses currently use the facilities and the lab farm as a teaching mechanism. Radunz also advises the Beef Management Team at UWRF which works directly with the herd year-round.

“There are a changing number of students involved. We recently added a beef management team that deals with the daily management decisions pertaining to the herd,” Radunz said. “We have about 15 student workers, but we hope to get more student involvement. It is not only what you learn in the classroom, but how you apply it.”

Radunz said that they hope to add at least six full-time summer internship positions to students, starting this summer.

“You can now gain hands on experience with the beef

cow operation. They are not currently the best facilities, but with hands on experience you gain the most. You can learn a lot to help improve calves in the end”, said Samantha Fink, who currently works as the student beef manager for the University lab farm.

“You can learn a lot more with facilities already, but students can learn a lot from getting the experiences with hands on,” Fink said.

The improvements for the facility that are being looked into include that the facility currently has one chute to run beef cattle through, which as Luther said, limits the students and workers to work with just one animal at a time.

“We hope to use additional funds for the new bovine reproductive course. We can gain an outreach with producers in another short course program. This will get students involved and interacting with cattle producers. It builds hands on opportunities and allows students to apply technologies,” Luther said.

Student work opportunities will be created to help with research projects using some of the funds.

With 12 to 18 students in courses better facilities are needed, according to Luther. Students can work on heat synchronization, utilize pregnancy diagnosis with ultrasound and research reproductive diseases within the operation. Their data in research looks to improve calving management to maximize calves born alive and to eventually help wean them from their mothers.

“I aim to apply reproductive management techniques to ultimately improve the productivity and profitability at the lab farm,” Luther said.

Assault: Students can take many safety precautions

From page 1

walking with a friend and calling ahead of time letting your roommate know you’re on your way so if you don’t show up then someone knows where you are and what you’re doing,” Kuether said.

Kuether added that while living in a smaller Midwest city, students and community members may not think that incidents like this will happen to them. He also noted that an incident could happen at any time of day, not just at night.

“You get into your routine. Let’s say you have to get to the radio station at six in the morning. You know what you have to do to go from point A to point B and you just do it. You don’t think about if on

your way you see three guys you’ve never seen before and all of a sudden they’re not moving off the sidewalk and they’re looking to take your backpack,” Kuether said.

“We don’t even think of that stuff. We just think that we’re late and we gotta run. So we just run off and take for granted that we aren’t going to run into problems.”

Being prepared and taking safety precautions can help prevent incidents from happening to both students and community members.

“Some people are prepared for that stuff, but they aren’t the ones who we end up talking to. Usually the people who have given it some thought avoid some of those things,” said Kuether.

UWRF hosts horticulturists



Used with permission from David Zlesak

Students attending the 41st annual Mid-American Collegiate Horticultural Society (MACHS) conference participate in the crop identification competition on the first day of the conference. This was the second time in six years which UWRF hosted the MACHS conference.

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For the second time in six years, the UW-River Falls Department of Plant and Earth Science hosted the 41st annual Mid-American Collegiate Horticultural Society (MACHS) conference.

At MACHS, horticulture clubs and societies meet from the upper Midwest for a professional development opportunity. This year, eight schools attended the conference, including UWRF.

Each year, MACHS has a theme that runs through the entire conference. This year the theme was “The future of horticulture depends on us.” The theme was chosen in part because of the keynote speaker Mike Yanny and also because the various places where the conference visited all discussed how they have been able to change and thrive as the years pass.

“It takes innovative young people, us, to help envision that future and make it happen,” said Associate Professor of Horticulture David Zlesak.

MACHS decides which school will host the conferences two years in advance, which means that in 2011 it was decided that UWRF would host the 2013 conference.

“Depending on how many students there are in a program at a particular time, the resources and envisioning two years out, somebody makes the commitment to host,” Zlesak said.

Next year the University of North Dakota will host the event, and Iowa State University will host in 2015. Some schools do not attend the conference every year, and as a result do not host as often. A few schools, including UWRF, attend the event each year and as a result host more of the conferences than some of the other schools.

“We recognize how valuable it is,” Zlesak said. “It is so important to have our students experience a professional meeting, meet people

from other places and learn about horticulture business and industry somewhere else besides locally here.”

Each school that hosts can organize the tours and speakers based on its regional strengths. UWRF chose Mike Yanny as the one keynote speaker for the event and spent a lot of time during the conference touring various facilities in the area.

“We had people giving us talks and perspectives at their place of business, which is great,” Zlesak said. “Other universities which are more research institutions may have an afternoon where a number of their scientists give a talk on the great research they are doing.”

UWRF took the approach of getting students at the conference out to the facilities. They did this to see how some concepts are put into practice, but also to avoid a day-long classroom-type setting.

Students also do a large part of the planning of what goes into this conference.

“If the students two years ago weren’t excited to host the conference, especially the freshmen and sophomore which would be here two years later, it would be very difficult to commit to hosting it,” Zlesak said. “When the commitment is made two years out to host the conference we select a student chair.”

The student chair for this conference was junior Joel Sehloff. Other students who chair different committees for the conference were also in charge of organizing tours, meals and registration, Zlesak added.

“It’s a great opportunity for them to get experience in pulling together a conference, participating in a professional conference and representing River Falls in the process,” Zlesak said. “A lot of students said this was the best MACHS conference that they’ve been to in a long time. They did a great job.”



Used with permission from David Zlesak

Students and faculty who attended MACHS pose for a group photo. The conference visited several different horticulture facilities in the area. Eight schools from the upper Midwest attended the 2013 conference.

Gap: College education still beneficial for students

From page 1

training for a specific skill set.

“The whole idea of a liberal arts education is to take you to a higher level of thinking, of understanding, of learning,” Meydam said.

AFAB Chair Bobbi O’Brien agreed with Meydam that higher education teaches students much more than what is learned in classes. She noted that the social aspect of college is important to becoming well-rounded citizens.

“You learn a lot about yourself,” O’Brien said. “You

really grow as a person.”

Director of Career Services Melissa Wilson said that students should focus on developing their employability early in their college careers. Different experiences such as internships, part-time jobs, volunteer opportunities and informational interviews are some of the ways students can increase their chances at being hired once they graduate.

“It is students who focus on their career development early and often that are most successful in receiving job offers prior to graduation,” Wilson said.

One term that the Chronicle of Higher Education mentions in its article about the College Board report is “mal-employment,” which means that college graduates are working at jobs that do not require college degrees. According to the article, more than 36 percent of recent college graduates are mal-employed, but the situation is usually temporary.

Kyle Thurmes graduated from UWRF in May and is currently mal-employed at two local restaurants. He hopes to have a job related to his major by the end of December, before he needs to start paying off student loans. He did not expect to be hired

before graduating.

“I knew it was going to take longer than I wanted to,” Thurmes said.

Wilson said that there is an abundance of qualified applicants which increases the competition for jobs after graduation. However, she said that certain factors could push one applicant to front of the competition.

“College graduates who have relevant experiences, have studied abroad and have volunteered may fare better in their job searches,” Wilson said. “They have developed skills and have experiences that employers are looking for,” Wilson said.

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EDITORIAL

Career Fair lacks variety of businesses

The annual UW-River Falls Career Fair took place this past Wednesday, and if you are an agriculture major, going into sales or want to go to graduate school, then it was the perfect place for you.

For the rest of campus, including the College of Arts and Sciences, which is the biggest college on campus, then the event would be a pointless waste of time.

Every year all students are encouraged to attend the Career Fair, and one of the biggest complaints from students continues to be that it seems to be an event centered around agriculture students. Despite the complaints, there has not been anything done to adjust the event.

The Career Fair provides opportunities for students to talk with potential future employers, and teaches them to act and dress professionally. It also provides students with a chance to have their resume’s looked at by potential employers.

Many students have gained internships and jobs from the Career Fair as well, so there is no arguing that it has made a positive impact on campus.

However, with more than 45 majors on campus, it would be nice to see every major have a chance to talk with businesses in its field to form connections and try for interviews.

Otherwise the Career Fair may as well change its name to the agriculture fair.

Agriculture students have so much of an advantage when it comes to the career fair that the Agricultural Business and Marketing Society (ABMS) club has a special event where it meets the night before the Career Fair with some of the businesses which will be at the fair. Giving ABMS an inside advantage.

We are not saying it is a bad thing that agriculture students have so many opportunities from the Career Fair. We would love to see all these businesses keep coming back every year and see students take full advantage of the fair.

What we would like to see is all of these businesses and more. It would benefit the whole campus and students going into the work force if the Career Fair were to cater to more students’ needs.

There was only one business at the fair that was looking for potential counselors or residential supervisors, even though psychology is the second largest major on campus.

English, art, geography, geology, health and human performance, history, journalism, music, political science, sociology, and theatre arts are all examples of majors with either only a few opportunities, or no opportunities at all, to find a job or internship in that field at the fair.

We hope the Career Fair will stay strong with what it is doing right and expand to do more to help more students on campus in the future.

Editorials represent the opinion of the Student Voice Editorial Board and are prepared by the editorial staff.

STUDENT VOICE

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Read the *Student Voice* online at www.uwrfvoice.com

The *Student Voice* is a student-written and managed newspaper for UW-River Falls, and is published Fridays during the regular school year.

All editorial content in the *Student Voice* is determined by the newspaper’s Editorial Board. The opinions expressed in editorials and columns do not represent those of the newspaper’s advisor, student population, administration, faculty or staff.

Letters to the editor must be 300 words or less, and include a first and last name and phone number. They can be submitted at 304 North Hall, River Falls, WI 54022 or to editor@uwrfvoice.com.

The *Student Voice* reserves the right to edit any material for content, libel or space. It also reserves the right to withhold letters. All letters, news releases, briefs, display ads and classified ads must also be submitted no later than Wednesday at noon.

Because of high production costs, UW-River Falls community members are permitted to collect one copy of the *Student Voice* per issue. A single copy of the *Student Voice* is valued at \$1, and additional copies may be requested from the editorial staff by e-mail through editor@uwrfvoice.com.

Newspaper theft is a crime. Those who violate the single copy rule may be subject to civil and criminal prosecution.



Billy Thao/Student Voice

Senate Corner: Senate thanks Homecoming participants

Nicholas Vanden Heuvel	Student Senate would like to thank all of those who participated in homecoming.
Ethics Chair	We would like to thank those who used the thunder sticks to cheer on our team and for those who came to our bonfire for free s’mores. We appreciate the

showing of school pride and hope to make next year even more enjoyable for the students.

Keeping on the note of celebration, we would also like to welcome those who are now our new senators. Through hard work and determination they ran great campaigns and truly deserve the seats that they won. Thank you to: Shelby Hehr, Jennifer Andersen, Joseph Schmidt, Kara Stein and Spencer Bemis.

We would also like to thank our elections commissioner for the work he did on setting up the second set of elections. All of us look forward to working with them in the coming months and getting down to the business that needs to be done in Senate.

On the subject of business, we are in dire need of people to fill different committees at the University. These committees are not burdens, but rather, opportunities to further your career and education.

Currently, we have a committee that can fit any need and almost any sort of major. These committees are an excellent way to boost your resume and academic record.

One of the main issues that we hear students talking is about the time commitment. We have committees that meet from once a semester to once a week.

If you are interested in applying for these positions please contact Shared Governance Director Dominic Riel at dominic.riel@my.uwrf.edu or visit our Orgsync page and apply. We hope to see many new faces on these committees and look forward to working with all of you.

As a closing note Senate would like to welcome you to our meetings at 7 p.m. on Tuesdays in the Willow River Room on the third floor of the University Center. For those of you who are free at this time, it is an excellent way to get involved and to learn what is going on around campus. We hope to see you at our next meeting on Oct. 22.

Do you have something to say?

Write a letter to the editor:

editor@uwrfvoice.com

STUDENT VOICES

What is your favorite class you've ever taken at UWRF?

Campus Sustainability Day highlights student and faculty accomplishments

Molly Breitmün
Columnist

Campus Sustainability Day at UW-River Falls will be on Wednesday, Oct. 23.

One way to observe the day is to honor the work of members of our community that have been conducting scientific research and creating solutions for local sustainability.

Part of the Pathways to Distinction Strategic Plan and initiated by the Sustainability Working Group, the Sustainability Incubator Initiative (SII) projects are funded by the Undergraduate Research, Scholarly and Creative Activity program. The SII aims to support research that takes a holistic approach to sustainability, encourages locally sustainable jobs and economic development, and provides opportunities for creatively sharing the findings with the community.

Jabez Meulemans and Holly Dolliver were awarded funding through SII. Their project, "Implications of land use change on soil organic carbon and sequestration opportunities in Western Wisconsin" provides locally relevant data on a global problem, specific to Pierce County.

There are previous soil science studies that compare soil organic carbon and land use across the country, states and different soil types. Uniquely, this project controlled the soil texture, soil order, and parent material when comparing the effects of land use, decreasing variability while making the data relevant to our local soils.

In their study, agricultural fencerows were treated as undisturbed soil, where it was assumed that continuous vegetation and no tillage was present over the past 60 plus years. The disturbed soil was within 60 meters of the undisturbed soil and comprised of soil in continuous production for grain crops, specifically soy and corn. Fencerows were chosen

because no native, pristine prairies remain local to the soy and cornfields in question.

Data analysis is currently being conducted at the University of Minnesota. Meulemans and Dolliver sent tiny foil-wrapped soil samples complete with catalysts to the lab to be combusted. The resulting vapor will be analyzed for soil organic carbon content. Though they are waiting for the conclusive analysis, the undisturbed soil's more abundant dark black color is significant.

"Anyone off the street could tell by looking at it that there is a drastic difference in depth concerning the organic matter content," Meulemans said.

Although Meulemans' favorite part of the project was the rewarding and hot days spent collecting samples in the field, he is also concerned about the next step.

Meulemans expressed a concern for translating the research into action to make the data impactful to the people of Pierce County.

Pakou Mua and professor Dan Paulus participated in the SII through their "Promotion of Gardening and the Benefits of Local Produce as a Sustainable Practice" research. They worked collaboratively, meeting with leaders in the local food movement to uncover the most successful and appropriate methods to sway the community's habits.

The project's aim is to create an original public awareness campaign to promote self-sufficiency, growing local produce, establishing a local market and increase the demand for local products by swaying people's buying habits.

"This research brought about a better understanding of the context and potential for enhanced local media strategies to promote sustainable practices. I've been grateful to create an educational advertising campaign for the community in regards to sustainable gardening," Mua said.

The third and final project sup-

ported by the 2012-13 SII is a Green IT initiative headed by Benjamin Hosch and Arpan Jani. Hosch has worked to identify best practices related to Green IT, studying available literature as well as other applicable models at universities. The project's aim is to identify and apply sustainable internet technology practices to UWRF, the local community and the local school district.

The St. Croix Institute for Sustainable Community Development (SCISCD) and the Office of Sustainability welcomes you to come and show appreciation for the effort of our community members whom are actively working to build a more sustainable future for UWRF and beyond. SCISCD and the Office of Sustainability are hosting events in the University Center's Kinnickinnic Theater.

From 2 p.m. to 3:30 p.m., the national Campus Sustainability Day keynote broadcast will focus on the theme; "Climate Adaptation: Resilient Campuses & Communities" and will feature contributors from a variety of university campuses. A questions and answers portion will follow.

The 2013-14 Cohort of Faculty Fellows will have posters displaying their Sustainability Across the Curriculum projects in the lobby of the theater. People are encouraged to view the posters at any time, but a break is especially built-in to learn about their work from 3:30 p.m. to 4 p.m.

From 4 p.m. to 5:30 p.m., the panel of students and faculty engaged in the SII will take place.

This will be a great event to learn more about what is already taking place on campus, as well as a springboard for people interested in networking new ideas for sustainable initiatives in our community.

Molly is a non-traditional student majoring in conservation with a minor in GIS. Her interest in campus sustainability was fostered by becoming an undergraduate fellow for the St. Croix Institute for Sustainability Community Development as well as by her peers in the Student Alliance for Local and Sustainable Agriculture.



Sal D'Agostino
Junior
"Zoology"



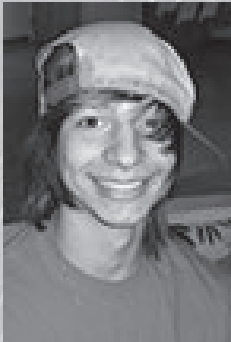
Matthew Ahlfs
Junior
"Sociology of Theory"



Jessica Olmstead
Freshman
"Spanish"



Emily Schwendemann
Senior
"Animal Welfare"



Nathan Walsh
Sophomore
"Japanese"

Find Freddy Falcon's Feather!

Be the first person to find the lost falcon feather in this issue of the Voice and win two free movie passes to the Falls Theater! (105 S. Main St.)

The first person to report the find to editor@uwrvoice.com AFTER 10 a.m. Friday wins! The winner will be announced on the Voice's Twitter account @uwrvoice

The Falls Theatre
screens movies at
7 p.m. & 9 p.m. daily
(Sat. & Sun. 2 p.m.)

Last week's winner:
Jamie Eickmeier



"SHE SNORES MORE THAN I DO, BUT I STILL LOVE MY HUMAN."

— BANDIT
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Ad Council
URTheSpokesperson.com

There is no spokesperson with a catchy phrase to remind the driver to slow down, stop eating, quit messing with the radio or pay attention to the road. **There's Only You. Speak Up.**



Used with permission from Kathy Helgeson
Track and field athlete Anthony Sumnicht cheers on the football team at the Homecoming game with student Matthew Hobbs on Oct. 12.

New Falcon Cup inspires school spirit among athletes

Ben Lamers
benjamin.lamers@my.uwrf.edu

In addition to competing against other schools, UW-River Falls varsity sports teams now compete against each other as well.

The Falcon Cup is a new competition made to inspire school spirit among the sports teams on campus.

“I feel that this will help to unite athletics across campus,” said senior track and field athlete Stephanie Walek.

Assistant Director of Athletic Performance Andrew King came up with the idea for the competition. King said that some parts of the challenge are taken from Hamline University, as well as UW-Whitewater, but that UWRF added some of its own parts as well.

“I work with all athletes on campus as an athletic performance coach, and that’s how I came up with the idea for the Falcon Cup,” King said. “Having all athletes support each other is really the big thing.”

All varsity sports teams on campus participate in the competition. There are six categories where teams can earn points: academic achievement, athletic excellence, campus involvement, community service, Falcon pride and Falcon success series.

Some teams, such as football and track and field, have larger teams than golf and tennis, for example. To counter this, teams get points based on a percentage of athletes from the team that shows up to an event, as opposed to a point for each person.

A large focal point of the Cup has been athlete attendance at sporting events.

“It encourages the athletes to support each other and it brings more of a community sense to athletics,” said senior cross country runner Hillary Geipel.

The track and field team attended a tennis match, which was the first time in years the tennis team had fans come to a match, according to track and field athlete Anthony Sumnicht.

“We had over 100 athletes show up to our women’s volleyball game on Friday (Oct. 4) against UW-Oshkosh. It’s great to see. It’s almost a quarter of our athletes there, including those which would be competing on Saturday morning,” King added.

For some athletes, the Cup means more than just attending another team’s game.

“I think one big thing that has been lacking for a lot of the athletes is the much needed support from other student athletes,” Walek said. “From my perspective, when I see people from another sports team at my track meet watching, it reminds me that I am not just competing for me, but rather to represent the University.”

The Falcon Cup has also helped some student athletes see that their sport is not the only sport worth paying attention to.

“In the past, athletes didn’t really recognize other athletes outside their sports, but we do really have a lot in common. We’re all Div. III student athletes that participate in athletics for the love of the game, whatever that may be, and we are all working to fulfill both our academic and athletic goals,” Geipel said. “The Falcon Cup brings us together.”

“I think it is great for the University to bring all athletes together and encourage everybody to attend sports and do good things in the community,” said sophomore quarterback Ryan Kusilek. “Our teams want to go to all these events to get Falcon Cup points, and we want to be the team that doesn’t just go and sit there, but rather the team that goes and is the loudest and the rowdiest.”

As of Oct. 16, the women’s basketball team has accumulated 112 points, giving them the overall lead. Women’s soccer has 89 points and is in second place.

The final results will be announced at the Falcon Awards at the end of the year. The winning team receives a trophy and bragging rights, according to King.

“We have a lot of pride and we are so thankful for everyone who comes to our games,” said Kusilek.

Men’s basketball returns key player

Brandon Jones
Columnist

UW-River Falls Falcon basketball fans who attend games or tune in on the campus radio station will see and hear a familiar name running up and down the court.

Senior center Ollie White returns to the Falcons this season one year after having his season cut drastically short by a hernia injury.

White was hoping to lead a young Falcon team to the national tournament for the third time in his UWRF career. Instead he watched from the sideline for the majority of the season as a young team struggled through one of the more disappointing seasons in Falcon basketball history.

The team came into the year off of back-to-back national tournament appearances and was hoping to build on this success during White’s senior year and into the future. Obviously that did not work out.

The 2013-2014 UWRF Falcon Men will again be led by Ollie White. How does this turnaround start? When asked this question last week on my radio show with Bryan Tester, White pondered for a moment and said with hard work and some luck.

“You don’t always have Brian Kimble and Shane Manor walking into your team like we had those two years. This year it is about a foundation of guys working together to accomplish one goal,” White said.

White would go on to say that although they have an enormous amount of talent on the roster, it will not all happen just because he is back. Pointing to other players, White said a year of growth for them, plus other players who either played hurt last year or missed games, will add up to a successful season.

I am sure all Falcon basketball fans hope to see White and the Falcons reach their 20 win total, and make another run at a national tournament, but it all relies on one thing White mentioned: luck.

I am sure all Falcon basketball fans hope to see White and the Falcons reach their 20 win total, and make another run at a national tournament, but it all relies on one thing Ollie White mentioned: luck.

UW-Stevens Point Pointers.

For the Falcons to regain some national attention they will have to steal some games from greater opponents and then hope that luck is on their side come selection day.

As for wins and losses, it all begins and ends with the man in the middle, and whether or not he can regain his form of 2011-12, during which he averaged 12 points and 5 rebounds per game. That year, the Falcons had more weapons, and developing some young guards will make life for the Falcon’s and their fans alike, more enjoyable.

Brandon is a senior journalism major minoring in political science. Sports means the world to him. The sound of a ball cracking against a bat, a ref blowing his whistle. It all means the same thing for him, happiness. We all have our thing, his is sports.

Falcon Spotlight: Sheena Martens

Morgan Stippel
morgan.stippel@my.uwrf.edu

Sheena Martens is a senior on the UW-River Falls women’s rugby team. She is from Custer, Wis., and attended high school in Rosholt, Wis. Both towns are just east of Stevens Point, Wis.

Martens picked up the sport during her freshman year when her roommate joined the team.

“She told me about their first practice, and it sounded like an interesting sport. I played, and I was hooked,” Martens said.

The rugby team is part of the Minnesota Rugby Union and plays many different teams from colleges throughout the Midwest. The squad has been extremely successful the past few seasons and is off to a strong start this season with a 4-0 record.

In the past two years, the women’s rugby team has made it to the final four, which is the Minnesota playoff. Martens has high expectations for the team this year.

“We hope to enter the final four seeded No. 1, so hopefully this year will be the highlight of my UWRF rugby career,” Martens said.

Martens is a biology major and has two minors in chemistry and animal science. She is also involved in other activities outside of rugby.

“I am involved in an organization on campus called The Navigators. It is a Christian Ministry. A lot of my passion and energy goes toward that. Anything outdoors is also fun, and I enjoy hanging out with friends,” Martens said.

According to the Minnesota Rugby Union website, the team’s next game will be Saturday Oct. 19 at St. Olaf College.

Recent results, upcoming events for UW-River Falls Falcon athletic teams

Football

The Falcons fell to UW-Platteville 49-7 on Oct. 12. The team will play at home against UW-Oshkosh at 2 p.m., on Saturday Oct. 19.

Volleyball

The Falcons went 2-2 at the UW-Eau Claire tournament on Oct. 11-12. The team will compete in the Loras Tournament on Oct. 18-19.

Women’s Cross Country

The Falcons will compete at the Tori Neubauer Invitational on Oct. 19.

Men’s Cross Country

The Falcons will compete at the Jim Drew Invitational on Oct. 19.

Men’s Rugby

The Falcons defeated Carleton College 61-0 on Oct. 5. The team will face the University of St. Thomas on Oct. 19.

Women’s Tennis

The Falcons defeated UW-Stout 7-2 on Oct. 12. The team faces UW-Whitewater in its next match on Oct. 19.

LIVE

FALCON BROADCASTS

SATURDAY, OCTOBER 19TH

FALCON FOOTBALL

HOME VS UW-OSHKOSH

2 PM KICKOFF

1:35 PREGAME

www.pureradio887.com

Intramurals offer variety of activites, sports

Ben Lamers
benjamin.lamers@my.uwrf.edu

Intramural sports have become a staple in student life at UW-River Falls. “Intramurals are offered year round, from September through late April or early May, and there is a sport for just about everyone,” said Heidi Hilgers, an intramural supervisor. There are four different intramural sports offered in both the fall and spring. Flag football, soccer, women’s broomball and indoor volleyball are offered in the fall. Men’s broomball, softball, ultimate Frisbee and basketball are offered in the spring. Each sport is also divided into sub categories as well. “We offer co-rec leagues, male leagues and female leagues. Also, each sport has a competitive league and a recreational league, so students can play either more seriously or just for fun,” Hilgers said. The sports offered during each semester are also divided up, so they do not happen all at once. In the fall, the soccer and flag football seasons are the first to begin, running from late September until late October. Women’s broomball begins in early October and runs until early November.



Desi Danforth/Student Voice

Volleyball begins at the end of October and runs through the end of November. In addition to the sporting leagues, intramurals also offers one day tournaments through out the year as well. Intramurals works to schedule game times around when students would be most available as well. “We also have tournaments for dodgeball, bean bags, floor hockey, sand volleyball and 3-on-3 basketball,” Hilgers said.

In June, the UWRF intramural program was also named one of the best intramural sports schools in the country, according to bestcolleges.com.

“Games and tournaments are usually scheduled later in the day and sometimes on weekends so students can make it after class.” In June, the UWRF intramural program was also named one of the best intramural sports schools in the country, according to bestcolleges.com. The website said, “Colleges were vetted based on the number of intramural sports on their roster, the comprehensive qualities of team manage-

ment and coaching, as well as surveys sent to current students which assessed how enjoyable intramural sports were to play at each school.” Other schools from Wisconsin joining UWRF on the list were UW-Oshkosh, UW-Whitewater, UW-La Crosse and UW-Stevens Point. Participating in intramurals is also beneficial for students. “Students should participate in intramurals because it’s a great way to meet new people, make new friends and take a break from their stressful schedules. Plus, it’s a fun way to get some exercise,” Hilgers said. There are a little less than 350 students signed up for football and soccer alone in the current fall season. One of those students is Lisa Bowker, who plays for an intramural soccer team in the fall. “I like playing intramurals because it is a lot if fun and you get to meet a lot of awesome people. It’s beneficial to me because it is stress relief from classes and studying, and it’s great to get out and play for a bit,” Bowker said. In addition to getting outside and having fun, the intramural leagues and tournaments offer more incentive than just bragging rights for the winners. “We give out awesome T-shirts to teams who win the championship,” said Hilgers.



Desi Danforth/Student Voice

Top: Landen Laher (right) runs to defend a cross in an intramural soccer game on Wednesday, Oct. 16. Wednesday marked the first day of the playoffs for intramural soccer. The playoffs will end with the championship game on Wednesday, Oct. 23. Left: The quarterback scrambles away from a defender in the men’s recreational flag football league. The playoffs for flag football also began on Oct. 16 and will end on either Oct. 23, or Thursday Oct. 24, depending on the league. All teams will be aiming to win the league championship as well as the championship T-shirt. The women’s broomball season has already begun, and co-rec volleyball will start in a few weeks, giving students more opportunities to compete and have fun in intramural sports.

Falcon Spotlight: Rachel Stahura

Morgan Stippel
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Rachel Stahura is a senior on the UW-River Falls women’s lacrosse team. She is from Stillwater, Minn., and graduated from Stillwater Area High School. Stahura played on the lacrosse team when she was in high school, but she was inspired to take up the sport by watching her family members. “I started playing after my brothers started playing. Watching them play got me interested in the sport,” Stahura said. The lacrosse team plays in a Midwest area league. In addition, every year the team tries to attend a tournament that is far out of state. “Last year we went to Missouri and two years ago we went to North Carolina, so we try to compete a little bit nationally. This year is it undetermined where we are going to do,” Stahura said. The lacrosse team has been quite successful the past few seasons. “My freshman year we went to nationals down in Arizona,” Stahura said. Competing in this major tournament has been the highlight of the senior’s UWRF lacrosse career thus far. As a senior, Stahura fills a key leadership role on the team. This leadership role is the focus of many of her goals. “I want to make sure that the girls who join the team and the girls we already have enjoy the season and want to continue playing lacrosse,” Stahura said. Stahura is an accounting major. Outside of lacrosse, she is involved in is riding and showing horses.

UWRF athletics partner with American Cancer Society to raise money, awareness

UW-River Falls athletic teams are partnering with the American Cancer Society to raise money and awareness for many forms of cancer. The football, soccer and volleyball teams will take on WIAC opponents and cancer with the Coaches vs. Cancer program. “Coaches vs. Cancer is a nationwide collaboration between the American Cancer Society and the National Association of Basketball Coaches that empowers coaches, their teams, and local communities to make a difference in the fight against cancer,” according to the UWRF athletic website. “Falcon Athletics is excited to partner with the American Cancer Society’s Coaches vs. Cancer program,” said UWRF Assistant Athletic Director Crystal Lanning via the athletic website. “This is a cause that most people can connect with, and for many of our coaches and student-athletes, the connection is very personal. During Coaches vs. Cancer week at UWRF, we hope to raise awareness and much needed funding for breast cancer and endometrial cancer research and programming. We encourage all of our fans to support the efforts of our teams by wearing pink or peach to the respective awareness games.” The UWRF athletic website also indicates that since 1993, Coaches vs. Cancer has raised more than \$87 million to help the American Cancer Society. This money allows the American Cancer Society not only to find cures for cancer, but also to assist people in staying well and getting well. The football team plays UW-Oshkosh at 2 p.m., on Saturday Oct. 19. This is the second year that the football team

has participated in this program. The soccer team will raise awareness for endometrial cancer in its game against UW-Stevens Point at 2 p.m., on Oct. 19. This is the third consecutive year that the soccer teams will participate in “Playing For A Cause,” according to the WIAC website. Each of the nine teams was able to select a cause to support and raise awareness for at a home game. The Falcon volleyball team will play its annual Breast Cancer Awareness match against UW-Stout at 7 p.m., on Wednesday Oct. 23. According to the WIAC website, this is the sixth straight season that volleyball teams will participate in promotional events to support Breast Cancer Awareness. In the past five seasons, WIAC volleyball teams have raised \$113,037. To help raise money for this cause, pink T-shirts will be \$10, and a camouflage T-shirt will be sold for \$15. The shirts will be sold on Tuesday, Thursday and Friday in the University Center, at all three athletic events and in the Falcon Athletic Office located in Hagestad Hall. “The American Cancer Society combines an unyielding passion with nearly a century of experience to save lives and end cancer for good. As the nation’s largest non-governmental investor in cancer research, contributing more than \$3.8 billion, we turn what we know about cancer into what we do. As a result, an estimated 13.7 million people in America who have had cancer and countless more who have avoided it will be celebrating birthdays this year,” according to the UWRF athletic website.

See where your UW-River Falls Falcons teams rank in WIAC standings

Football			Volleyball			Women’s Soccer		
School	WIAC	Overall	School	WIAC	Overall	School	WIAC	Overall
UW- Oshkosh	2-0	5-0	UW- Stevens Point	5-1	20-4	UW- Whitewater	5-0	11-0-3
UW- Platteville	2-0	5-0	UW- Eau Claire	4-1	14-3	UW- Oshkosh	5-1	9-5-1
UW- Whitewater	2-0	5-0	UW- Oshkosh	4-2	15-8	UW- Stout	3-2	5-8-1
UW- Stevens Point	2-0	4-1	UW- Whitewater	3-2	20-8	UW- Platteville	2-1-1	7-6-6
UW- Stout	0-2	2-3	UW- La Crosse	3-2	10-10	UW- Stevens Point	2-3	4-8-2
UW- River Falls	0-2	0-5	UW- River Falls	2-3	13-9	UW- River Falls	1-2-1	5-7-1
UW- Eau Claire	0-2	0-5	UW- Stout	1-4	13-12	UW- Eau Claire	1-3-1	4-6-3
UW- La Crosse	0-2	0-5	UW- Platteville	1-4	11-15	UW- La Crosse	1-3-1	3-8-1
			UW- Superior	1-5	17-9	UW- Superior	0-5	3-11-1

Classic horror films offer variety of seasonal thrills

Jack Tuthill

Columnist

Halloween is merely two weeks away and cable television is laden with old horror film reruns. Some students may find the horror genre to be repulsive or frightening, but I find it to be bloody entertaining.

October is clearly not the same without the chills and thrills of a good old-fashioned horror flick.

Many people associate Halloween with the faces depicted in motion pictures. Freddy Krueger, Jason Voorhees, Michael Myers, Leatherface and Pinhead have haunted thousands.

Horror films are a rare breed. They are typically not scary, but rather corny and terribly acted. Yet, every so often, we are blessed with an occasional classic.

If you are like me, the perfect horror film keeps you up at night. Inexplicably, we challenge ourselves to become legitimately frightened when observing a horror film. Why else do we spend two hours in a dark room daring ourselves to keep our eyes on the screen?

The terrible 80s horror reruns sadly will not cease until November arrives. So, in the meantime, try one of my many horrific film suggestions below.

Best zombie film: “28 Days Later” (2002) – While Danny Boyle’s (“127 Hours,” “Slumdog Millionaire”) apocalyptic thriller technically may not be a “zombie” film because the “zombies” are not dead, it is certainly one of my favorite horror films of all-time. “28 Days Later” is pulsating, horrifying and artistic.

Best 50-year-old horror film: “Psycho” (1960) – Alfred Hitchcock’s (“The Birds,” “Vertigo”) iconic horror film is filmmaking at its best. The film is 53-years-old but will always be a scary treat. Norman Bates’ hair-raising character has found a new home on A&E’s “Bates Motel.”

Best slasher film: “Halloween” (1978) – John Carpenter’s (“The Thing,” “The Fog”) imaginative slasher film is easily the best of the franchise. The dull Rob Zombie remakes pale in comparison to the originals. Michael Myers has proven himself the best slasher in cinematic history and the musical score still provides goose bumps.

Most creative horror film: “The Cabin in the Woods” (2012) – This film shocked audiences last spring with its witty humor and unforgettable finish. It utilizes horror clichés to the full

extent. “The Cabin in the Woods” is comical, ingenious, gory fun.

Best Stephen King adaptation: “The Shining” (1980) – Stanley Kubrick’s (“A Clockwork Orange,” “Full Metal Jacket”) masterpiece is securely among the greatest horror films of all-time. Stephen King has written many unnerving novels, but “The Shining” may be his crowning achievement.

Best parasitic extraterrestrial film: “The Thing” (1982) – “The Thing” caused my two grown sisters to cry for over an hour. The creatures that roam the great unknown in this shocking science fiction horror extravaganza are beyond belief.

Best unintentionally amusing horror film: “The Wicker Man” (2006) – Nicolas Cage (“Lord of War,” “Knowing”) occasionally can be a great actor, but he is so incredibly bad in “The Wicker Man” that you may die laughing. What is funnier than a grown man running around in a bear costume punching women in the face? Stick around for the grand finale where Cage can be heard screaming, “Not the bees!”

Scariest trip in outer space: “Alien” (1979) – Ridley Scott’s (“Gladiator,” “Prometheus”) unforgettable science fiction horror film sprung forth one of the best franchise’s in motion picture history. Sigourney Weaver owes her acting career to Scott.

Best horror remake: “The Crazies” (2010) – Most remakes are bad. Thankfully, this film is not. In fact, “The Crazies” is actually quite brilliant. Crazy hick farmers attacking civilians for no reason? I’m in.

Scariest killer animal: “Jaws” (1975) – This classic film kept swimmers out of the water for years. The thought of a cunning, giant, flesh-devouring shark brought people to tears in the mid-seventies. Heck, I don’t blame them. I swam in the Atlantic Ocean one time and could not help but be wary of giant killer sharks.

Scariest camping trip: “The Blair Witch Project” (1999) – “Found footage” films have become an overused horror genre, but in the late-nineties “The Blair Witch Project” was petrifying and believable. The majority of moviegoers, myself included, thought they were watching actual found footage, making this film a startling experience.

Two weeks, 11 films, 20 bags of popcorn, 32 missed calls and 100 screams. Do you have what it takes to attempt my challenge?

Jack Tuthill is from Thief River Falls, Minn. He is a journalism major, with a Professional Writing minor. He is happily engaged to an Emotional and Behavioral Educational Assistant. He loves music, film, books, sports, travel, food and cat Charlie.

‘Octuba Fest’ honors music of guest composer

Cristin Dempsey

Columnist

Last week was an exciting week for the UW-River Falls Music Department, called “Octuba Fest.”

Four performances last week were dedicated to music of the tuba, specifically the music of in-residence composer and tuba player, Gregory Fritze. Audiences experienced everything from solo works, chamber music, concertos and a simply beautiful chorale.

Getting the opportunity to work with guest composers and soloists is an opportunity that musicians will never forget, as it gives them a fresh perspective on the music they are playing. They strive to apply what they learned from the guest soloist or composer to the remainder of their music career.

Fritze is a native of Pennsylvania and received his Bachelor’s Degree in composition from the Boston Conservatory. While there, he studied composition with John Adams and tuba with Chester Roberts. Upon receiving his Bachelor’s Degree, he then moved on to graduate school at Indiana University Pennsylvania (IUP) and received his Master’s Degree in Composition. At IUP, he studied composition with Thomas Beversdorf, John Eaton and Fred Fox all while studying tuba with the great Harvey Phillips. It was at IUP where he met fellow tuba player Gary Bird, a current UWRF music faculty member.

Upon receiving his Master’s Degree, Fritze went on to the Rhode Island Philharmonic Orchestra where he worked his way up to principal tubist. Around the same time, he also started to perform with the Cambridge Symphonic Brass Ensemble and the Colonial Tuba Quartet. He has written numerous compositions for ensembles, including orchestral music, band music, chamber music and solos. SeeSaw Music, Minuteman Music, TUBA Press and Musica Nova have all published his compositions. The UWRF Symphony Band and the UWRF University Band performed four of

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his compositions last Thursday night. In addition to composing, he has also premiered several pieces for tuba, including John Bavicchi’s “Concerto for Tuba and Band” and Ken Pullig’s “Concerto for Tuba and Jazz Ensemble.

Currently, Fritze is a faculty member at Berklee College of Music and has been since 1979. From 1983 to 1998, he also served as conductor of the Berklee Concert Wind Ensemble. In the same year he showed his love for composing by creating the annual Berklee Student Composition Competition. So far, it has created hundreds of new compositions.

In addition to his position at Berklee, he also guest lectures at several colleges and conventions, including Musicfest Canada, American Band Association and High School Jazz Festivals at Berklee.

Fritze has also been awarded with many honors, some including a Fulbright Scholarship to Spain, first place in the International Tuba Euphonium Association (T.U.B.A.) Composition Contest and recipient of a Walt Disney Fellowship.

Last Thursday, Fritze ended his week of recitals and chamber music with a showcase of the UWRF Symphony and University Bands. The Symphony Band played three of his pieces: “Concertino for Tuba and Band”, “Kristinmark Overture” and “An Early Evening Walk”, while University Band played his piece “Kentucky.” “Concertino for Tuba and Band” featured Gary Bird on tuba, a solo that brought the piece to life. Something he did that I have not seen any guest do is sit with both bands to play. He did not conduct or have huge solos; he just sat down and played. It shows what a modest person he is, despite his immense success.

Each week with a guest composer or soloist is an exciting one in the UWRF music department and everyone works together to make the week a success. It is especially exciting to see how passionate these guests are about music and that no matter where they are playing, they are enjoying every minute of it.

Cristin is an English major and music minor from Eagan, Minn. She enjoys writing, playing the flute and swimming. After college, she would like to pursue a career as an editor.

Random acts of kindness spread happiness on UW-River Falls campus

Kate Vruwink

Columnist

Most news is dominated with sad, disturbing and heart-breaking stories.

The bad sometimes appears to dominate the good even though there is good in this world. It is hard to know exactly where to start when making this world a better place, but in reality it can be quite simple. A random act of kindness.

College provides a rare escape from the real world. “It’s hard to describe the college atmosphere. It seems like everyone here is more willing to take the time to say hello or hold a door open for you,” said Alexis Week, a student at UW-River Falls.

Whether or not you agree with that, it is hard to disagree with facts. It has been proven that when someone holds the door open for you there are a rush of endorphins on both sides. This is because the two most natural responses are to smile or communicate with the person who held the door, thus releasing endorphins. The endorphins are the hormones in your body that make you feel good and happy. Thus, by holding a door open for someone, not only are you making them happy, but you can make yourself happy as well.

Another great way to do an act of kindness is to help a person in need. It is now that time of year where in Wisconsin the precipitation gets heavy and not everyone is equipped

to deal with it. Freshman Danie Boehmer shared her story of the time she got caught without an umbrella on the first rainy day on campus.

“I was trying to walk through it as fast as I could, but I still had a long walk to go. A guy came running up and offered to share his umbrella with me until I got out to my car. It was one of the nicest things someone has done for me,” Boehmer said.

By simply taking the time to help a stranger out, the guy made Boehmer’s entire day a lot better. That simple act of kindness led Boehmer to offer her umbrella, which she went and got later, to a friend who was in need of one. It is evident that by taking the time to be kind to others, that act of kindness can spread.

Sometimes the act of kindness does not have to be from a stranger. It can come from someone you recently met. Take Cheyenne Kester, a UWRF student, for instance. When her truck died over the weekend she needed some help getting it ready to go again. With every person that she knew gone for the weekend she was left calling someone she had just met the day before. The group of guys were nice enough to come and jump her truck and make sure she was all set.

“I had just met them, yet they were nice enough to take time out of their day to come and help,” Kester said.

Taking time out of your day, whether it be five seconds or five minutes, to do something kind for someone can be the most rewarding feeling in the world.

That act of kindness lead Kester to want to return the favor. “My friend and I decided them to make them some food as a thank you for the kindness they showed me,” Kester said.

An act of kindness is something that can be very rewarding to not only the person who is on the receiving end, but on the giving end as well.

Another very rewarding way of spreading kindness is volunteering. Brooke Gestson, a freshman at UWRF, found one of the most rewarding experiences she has ever had was making tie blankets for firefighters to give to children whose houses had been involved in house fires. Geston claimed that it was an amazing experience to give back to her community and also hear about the results.

Taking time out of your day, whether it be five seconds or five minutes, to do something kind for someone can be the most rewarding feeling in the world. Take the time to enjoy what others do for you and embrace the unique world of college. Some of the most thoughtful actions can be happening right in front of you and all you need to do is take the time to look for them.

Kate Vruwink is from Wisconsin Rapids, Wis. She loves playing and watching sports and plans on majoring in Journalism with an ultimate goal to work for ESPN some day.

Student reminisces on challenges faced in life, attempts to find bravery

Natalie Howell

Columnist

While driving to my family’s favorite vacation spot this last summer, we passed along a road that should not mean much to anyone; it is just simply a road.

As I looked out of my window from where I sat three years ago on this very same road in this very same car, I suddenly felt the hint of tears in my eyes as the mood of my family quickly shifted from the pure anticipation of a promising vacation to solemn silence.

Our eyes were glued to the side of the road and our minds trapped in a memory. I saw where we were three years ago on the side of that road, an ambulance, my unconscious body and my little sister’s tears. I will never forget my twin brother’s tears when each family member took turns coming in to see me in a random hospital in the middle of nowhere. I had never seen him cry before. After all, he was my big, strong, tough brother. He was my superman. Three years ago

was my first seizure, the moment that completely changed my young life.

It is amazing how one event can impact your life so quickly and lead to new transitions in your life that you never thought you would have to adjust to. As I look back to that day and the frantic weeks that followed, I wonder how I got through it. I wonder how anyone gets through rapid changes that occur in their lives that are probably much worse than the situation I found myself in. I think of my family’s worried looks, the tests and everyone tiptoeing around me.

I doubt that I was brave or that I got through this tough time in my life with grace. I doubt that I grew from the experience or became a better and more thankful person. I like to believe that I rose to the occasion, but the truth is that I was just a scared teenager who turned into an adult still trying to figure things out.

We all go through those bad experiences that make us want to come out the other side as better people. Whether it is something horrible like cancer or a death of a loved one to just having a couple crappy days in a row or dealing with

a bad breakup. We want to be those people who can look back and be happy that these things happened to us because it made us who we are today. We want ourselves to be no longer cynical of the bad things and ever more grateful of the good things, but that does not always happen.

The truth is that we all want to look back and see how we handled situations bravely, but sometimes that is just not the case. Sometimes you do not grow from your experiences and do not become stronger. Sometimes you do not learn that valuable lesson that you are supposed to take away from bad experiences.

Life is not always like an after school special where at the end of the day we can sit down and say what we learned, being once again content with our lives and what exactly happened to have us learn that important lesson. Sometimes you just simply have to get through it and adjust and keep living, because sometimes that is really all you can do, and maybe you will end up finding bravery on the other side after all.

Natalie is a freshman from Rochester, Minn., and is planning on majoring in journalism.