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Athletes complete off-season training.

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Students encouraged to take advantage of study abroad opportunities.

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'Croods' delightfully entertaining



University of Wisconsin **River Falls** STUDENT

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Students to determine new representation

Samantha Mayberry

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The UW-River Falls Student Senate election ballot will have 12 candidates listed along with the presidential and vice presidential candidates hoping to get a spot on Senate for the 2013-14 academic year.

Student Senate Elections Commissioner Hannah Carlson said that it's typical to have this many candidates on the ballot but it's unusual to have the amount of people running for each available position.

"There's at least one person running for everything, so all

Senate primary election results

Sam Tauchen-306 votes **Dominic Riel-156 votes** Riley Haynes-151 votes

Tauchen and Riel will move on to the general election held April 15 and 16. The winner will be the next Student Senate president. Students will receive an email with a link to vote

2013-2014 Student Senate Candidates

CAS Representative

Mohammed Battah

Mariah Cooper

Joseph Norby-White

Matthew Stewart

Amanda Young

Non-Trad Representative

Christopher Post

At-Large

Nicholas Vanden Huevel

of the positions that can be filled will be filled at this point," Carlson said. "What's weird though is that quite a few of them have just one person running for it, and then there's a couple that have five."

With the exception of the write-in portion on the ballot, there are currently five students running for the College of Arts and Sciences (CAS) representative as well as the College of Business and Economics (CBE) representative position.

Each candidate will be listed on the ballot for the at-large senator position as well as any other positions they are running for. This is to give those who do not get voted in for their position of choice to still be a part of Senate.

CBE candidate Stephen Middlemiss was encouraged to run for Senate by friends who thought he would do the job well. His primary concerns are the student fees.

"The budget would be my primary concern. I believe anything else after that would be secondary. I think that students would appreciate reducing their student fees or seeing it be used to its full effects," Middlemiss said.

Another candidate who is running for the At-Large Senator position is Nicholas Vanden Huevel. He decided to run for Senate because he was unhappy with some of the decisions that were being made and thought he could make a difference.

"If you're unsatisfied with how the process is working then run and try to change it," Vanden Huevel said.

CBE Representative

Stephen Middlemiss

Jeremy Schotroff

Christopher Post

Matthew Shutey

Dominic Riel

CEPS Representative

Hannah Klingfus

"My goal is to make sure that the students are well represented and my other one is to make sure that we will not try to raise a whole bunch of fees on [students] and to mainly make sure that [students] are OK."

Both agreed that another goal of theirs is to make sure that the students are aware of what Senate is doing.

"One of the problems that we see, and



Maggie Sanders/Student Voice **Elections Commissioner Hannah Carlson oversees** everything in the election process. She is excited to see such a variety of students on the ballot for the general election.

actually one of the things in the presidential race, is that they talk about how Student Senate is not a very visible organization," Vanden Huevel said.

Carlson said that there are a variety of veteran Senate members and new candidates that are running for Senate. She said it will make for a good Senate by having new opinions and ideas mixed with those who have had experience with Senate already.

"I think it's a good variety of students there are a couple of returners but there are a lot of new faces, new names that are going to be on the ballot this year which I think is great to have a mixture between some of the veterans and then having new, fresh ideas. So, I think that no matter what, we're looking at a good Senate for next year," Carlson said.

The ballot will be sent to students in an email for voting to begin at 8 a.m. on Monday, April 15 and will close at noon on Tuesday, April 16.

Event prepares seniors for graduation

Samantha Harkness

Vice President

Matthew Hobbs

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Countdown to Commencement, an event held for graduating seniors, provided students the opportunity to prepare for graduation day and beyond.

According to Registrar Dan Vande Yacht and Assistant Registrar and Event Coordinator Kelly Browning, this event began two years ago in the fall of 2011 and it occurs every semester.

In the fall, Countdown to Commencement is held in October. The Registrar's Office aims for the end of March or the beginning of April to hold the event for the spring gradu-

Vande Yacht said that the event started running two years ago in order to provide another avenue for communication.

It was also around this time that he said students were able to start applying online for graduation, rather than having to come to the Registrar's Office.

As for planning the event, Browning said that, "it's a collaborative effort." Representatives from the Registrar's Office, Billing/Financial Aid, Career Services, the Alumni Association and the Falcon Shop were all in attendance to help aid students.

Vande Yacht said, "We look at the time of year, the time of day to do it and how well it will work with all of the offices."

Other factors that are looked at when planning the event include the space it will be held in, and the resources that will need to be available for everyone who is representing the offices on campus.

Browning and Vande Yacht said that 222 students checked in to the event itself and some students even brought their parents.

Senior Psychology major Emily Kessler attended the event and said that it was helpful for her in some wavs.

"I was able to get some questions answered about my cap and gown and financial things. I also learned that you can get graduation rings just like class rings in high school."

Both Browning and Vande Yacht also said that they try to make the event as accessible as possible.

Browning said that in terms of making everything convenient, "we try to set up tables in the middle of it." She also added that the event is supposed to be "one stop shopping."

Each representative mentioned above provided specific resources to the students who attended the event.

Student billing was able to offer students information on things like how to get their \$100 rolling deposit back and how to deal with outstanding bills.

Career Services handed out materials on résumés, cover letters and answered questions on how to obtain a job after graduation.

Director of Career Services Melissa Wilson explained to graduates that career services are available free to alumni and that their office is open all summer.

Director of Alumni Relations and Development Dan McGinty was also present at the event to talk to students about how to stay connected to the University after graduation.

He explained how students can become a part of the Alumni Association and also displayed all of the different types of alumni apparel and other items that can be purchased in the Falcon Shop.

Vande Yacht said that the Registrar's Office was at the event as well to answer Degree Requirement ques-

See Commencement page 3

International Bazaar displays diversity



Trevor Semann/Student Voice

From left to right: Esteban Montero, Victor Reis Galindo, Katelyn Halama and Luis Melo sang a Brazilian song as a part of the International Bazaar Talent Show. The International Bazaar is held every year by the International Student Association. The event included food from around the world, cultural demonstrations, activities and entertainment. See page 8 for more photos.

CAFES contributes to food and fiber industry

Ashley Goettl

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Fewer than 2 million Americans are actively farming, compared to over 7 million in the late 1930s, but with 23 million jobs, the food and fiber industry is the largest employer in the U.S., according to the College of Agriculture, Food and Environmental Sciences (CAFES).

UW-River Falls is contributing heavily to that market, according to Joseph Shakal, an agriculture engineering technology professor.

He said the Agricultural Engineering Technology Department cannot supply enough graduates to satisfy the demand for new employ-

"Agriculture, and all of food production, is in the midst of rapid world-wide technological change. New employees are needed for roles that did not even exist 10 or 20 years ago, with the overarching goal of putting more food on the grocery store shelf while consuming less land, water, and nutrients," Shakal said.

UWRF is the only school in the state that offers an agriculture engineering technology program and has one of the largest dairy science programs in the nation, according to the CAFES website. But even as one of the largest programs, the push for graduates with the technical and industry skills is ever-pres-

"We need more students," Shakal said. "Just take a look at the job boards in our department. There's a high demand for our students and many of our spring graduates receive multiple job offers by the end of the semester."

This demand for more agriculture students may come as a surprise to some, as over one in six students (or about 1,300) at UWRF are already in some agriculture related field, according to the UWRF Admissions

office. But it doesn't come as a surprise to Shakal, given that agriculture is

See CAFES page 3

Custodial changes raise sustainability discussions

Jon Lyksett

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Beginning last month, the Custodial Services began replacing old cloth roll towels in restrooms across the UW-River Falls campus.

By the end of March, a total of 68 cloth rolls were replaced with automatic paper towel dispensers in four University buildings.

The old cloth towels were laundered off campus by Ameriprise

Custodial staff complained that the towels were often returned wet and damaged.

"Our real push to get rid of the cloth towels was simply because we were paying for the service and it wasn't good service," said Mike Klapatch, assistant custodial super-

visor. "There were just a lot of sanitation concerns that we had, and the general response from campus is that they haven't liked them."

Klapatch and his colleagues from Custodial Services even went to the UWRF Administration to request funding that last year totaled \$10,000.

The funding request was denied, so the custodial staff chose to implement the automatic paper roll towels, a method the group has tested for over two years in the Wyman Education Building.

Understandably, the new paper towel dispensers have increased paper waste in the buildings which they've been installed.

In some buildings, the custodial staff has had to empty waste bins three times as often as before the towel dispensers were installed.

In addition, each dispenser runs on four D-cell batteries, raising concerns about sustainability.

"It's a complex set of trade-offs," said Director of the Campus Sustainability Working Group Kelly Cain. "The trade-offs come literally in knowing the energy and material end game."

Those trade-offs: price, time, space and waste, were all determining factors in moving to paper dispensers in restrooms.

Now the Sustainability Group has hinted at working with Custodial Services to create a composting program for the added paper waste. Cain suggested that the paper waste be collected by the custodial staff in separate, marked bins in restrooms across campus, reducing the threat

of the custodial staff accidentally getting into other discarded materi-

"First and foremost, our concern is for our custodial staff," Cain said.

Cain said that ideally a composting program could be done on campus or at one of UWRF's two farms. Successful compost programs are already happening at UWRF, like manure composting program at the dairy lab farm.

There is no official plan in place to begin composting the waste pa-

Both the Sustainability Group and Custodial Services have expressed interest in composting, but neither has proposed any concrete plans to the chancellor.

Although a composting plan would work for the waste paper,

other sources of waste, like food waste, would also need to be collected to create a rich compost.

"If the sustainability department somehow generates a composting program, whether it be through the food service or other means, we would look to collect paper towels and contribute to that program," Klapatch said.

For now, Cain said that sustainability will quite literally fall into the hands of students on campus. "It means sometimes when you go to the bathroom, we need to be mindful of how many paper towels we use. We want happy folks on campus in terms of dry hands when they leave the bathroom, but at the same time how do we minimize our resource usage and that seems to be the question at hand here."

Annual show pig auction gives students hands-on experience, helps fund farm

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For almost 50 years the UW-River Falls Mann Valley Farm has played a large role in classroom education by providing students with hands-on agricultural experiences.

There are currently "25 to 30 students hired at the farm," said Farm Director Bill Connolly. "Students are really involved with the farm" and it is his hope that students "go beyond the text book" by taking their hands-on experience combined with their classroom knowledge so that they are graduating a well rounded student.

Katye Williams and Emily Warren are both animal science majors and have taken an opportunity to work hands on at the farm. Williams and Warren have worked hard all year as the student managers to put together this year's eighth annual show pig auction. Working on the farm has given Williams something to build her resume with for after graduation.

"I have that hands-on experience and oversight experience where looking into a job I have those skills already and

April 1

I don't have to try and pick that up right away," Williams

One-hundered and thirtytwo show pigs were auctioned off at the UWRF eighth annual Show Pig Auction on Saturday, March 30. The auction was held at the pavilion on the UWRF Mann Valley Farm.

Williams and Warren have had a very busy school year preparing for the auction. Top quality boars are selected for breeding from Shaffer's Goldrush in Indiana. The show pigs are farrowed in January and February so that they will be at the right age come fair

The show pigs have proven to be successful and top competitors at the fairs over the past eight years. Mike Lewien and his family have attended the auction for the past eight years, and have taken home two award winning show pigs.

"They're high quality," said Lewien, and that's what keeps his family coming back year after year.

Freshman Kaitlin Hanson has been showing pigs since third grade, however 2012 was her last year. She attended the auction with her fam-

River Falls Police/UWRF Police Department

Tyler Ryan Janckila was fined \$263.50 for underage consumption at

ily this year for the first time in hopes her sister will take home an award winning show

To have an award winning show pig it needs to be "a longer hog, have nice ham on it, good loin structure and good legs on it," Lewien said.

Carcass qualities, a good frame and meat quality is what the judges are looking for and UWRF seems to have provided top competitors year after year.

"Turning out award winning show pigs is not just important for business and the pig owners but it provides for good exposure for the farm and UWRF as well," Connolly said.

"The money raised will go back to the farm to help pay for student wages, feed, fuel, A.I. (artificial insemination) costs, etc., to operate the swine enterprise. We will also pay Bob Johnson for his auctioneering services, and one item specifically we will be purchasing is a better portable hog scale," Connolly said.

A total of \$20,100 was raised at the show pig auction

UW-River Falls Theatre presents 'Ancient Wings: A Crane's Story'

The UW-River Falls University Theatre will present the play "Ancient Wings: A Crane's Story" at 7:30 p.m. on April 25-27 and May 2-4, with a 3 p.m. matinee on April 27 in the Blanche Davis Theatre of the Kleinpell Fine Arts building.

The play is an original script conceived by UWRF theatre professor Robin Murray and developed collaboratively with students, citizens and faculty from all over the St. Croix Valley. The story follows the parallel lives of a young girl, her grandmother, and a Sandhill Crane. Puppets of multiple scale and type, along with dancers help tell

Tickets are \$10/adults, \$8/seniors 60+ and \$5/students and children. Tickets can be purchased over the phone at 715-425-3114 or from the University Theatre Box Office in the Kleinpell Fine Arts building from 10 a.m.-3 p.m. Monday-Friday, beginning on April 15, and one hour prior to the performances. The production lasts approximately an hour and a half and is appropriate for

ages five and up.

Several additional events are scheduled in conjunction with the production:

From 12 p.m. to 1:30 p.m. on Friday, April 26, in the Trimbelle River Room, University Center, "Potatoes, Handbags, and Cranes Worldwide," a Brown Bag conversation with Jeb Barzen, director of field biology at the International Crane Foundation. Free and open to the public.

On Friday, April 26, immediately following the 7:30 p.m. performance, "The Intersection of the Performing Arts and Science," a post show discussion with Jeb Barzen, director of field biology at the International Crane Foundation.

On Saturday, April 27, immediately following the 3 p.m. matinee, "Pet a Puppet." Puppeteers will bring out the puppets to see up close.

information, robin.e.murray@uwrf.edu or call the Box Office at 715-425-3114.

Submitted by University Communications



Photo by University Communications

UWRF Professor Robin Murray, center, shows off one of the crane puppets to be used in the upcoming play, "Ancient Wings: A Crane's Story." Community members, students, and staff came together for two work sessions April 6 and 7, to prepare puppets for the play.

Editor's note: Information for this section is taken from River Falls Police and River Falls Police Department incident reports.

News briefs **UWRF Student Health** Services hosts annual

Health Fair

and much more.

the R.A. Karges Center.

The UW-River Falls Student Health Services will host its annual Health Fair from 10 a.m. to 2 p.m. on Wednesday, April 17 in the University Center Ballroom.

The Health Fair is a free interactive event that students, faculty and staff, and community members are invited to attend.

This year's fair has a western theme called "Wanted: A Healthy Lifestyle, Lifetime Re-

ward." The Health Fair will include a variety of demonstrations from local businesses and student organizations including: chair massages, henna tattoos, Mayo Clinic's Migraine Genomic Library Research, Be the Match Donor Registry, hearing screenings, door prizes, yoga demonstration, food, body fat analysis

Poor Benny String to play at barn dance

The old-time string band Poor Benny returns to the River Falls Saturday barn dance series in the gym of the River Falls Academy (the former Meyer Middle School) at 439 West Maple Street in River Falls from 7:00 to 10:00 p.m. on Saturday, April 13.

The group features UW-River Falls English professor David Furniss on guitar, and other players from the Wisconsin-Minnesota border

Poor Benny brings lively musical accompaniment to line and circle dances, reels, waltzes and square dances.

An experienced dance caller will instruct new and more seasoned dancers alike. All ages are welcome, singles, couples and families.

Family dances suitable for children are featured during the first half, with more advanced dances in the second half.

The barn dances are a joint project of River Falls Community Arts Base and River Falls Parks and Recreation. Admission is \$5 for adults and \$2.50 for 12 and under. Inexpensive refreshments are available.

This is the last dance in the 2012-13 season. Watch for a new line-up for 2013-14 in the

Art students present senior exhibition

UW-River Falls seniors Mackenzie Casey, Patrick Hamilton, Courtney Hintermeyer and Colin McGinn will present their Senior Exhibition in Gallery 101 of the Kleinpell Fine Arts building April 16-23.

Casey will present ceramic sculptures, Hamilton will exhibit glass and steel sculptures, McGinn will display felted hats, and Hintermeyer will show lithographs and inta-

Casey, a fine arts and art education major with a Spanish minor, is from River Falls. She is attracted to working with clay because of the physical processes involved in creating large sculptures. Casey works almost exclusively with rabbit forms because of their expressive qualities, primarily their ears.

Hamilton, from Des Moines, Iowa, is a fine arts major in glassblowing and sculpture. He also minors in horticulture and French.

He creates sculptures in glass that are playful representations of the natural world. He uses these familiar forms to address troubling aspects in our modern world.

Hintermeyer, from Plymouth, Minn., is a broad area art major with a minor in psychology. She loves the process and versatility of printmaking, specifically the delicate nature of lithography and the expressive lines of intaglio. Hintermeyer's prints reflect the process of growing up and the lessons that are learned along the way.

McGinn, a broad area art major from Afton, Minn., creates felt hats that are inspired by his love of nature.

He is drawn to felt because of the meditative process, and the durability of the final material. His forms and designs reflect an aesthetic heavily influenced by the wooded environment he grew up in.

A reception will be held from 5-7 p.m. on Friday, April 19, in Gallery 101. The event and exhibit are free and open to the public.

The art may be viewed at regular gallery hours: 9 a.m.-5 p.m. and 7-9 p.m. on Monday-Friday and 2-4 p.m. on Sunday. For more information, contact the UWRF Art Department at 715-425-3266.

UWRF students to perform cabaret songs

Performing two nights only, a talented cast of six performers sing the songs of new, up and coming musical theater composers, the kind of music that is being performed and

work-shopped on the intimate cabaret stages of New York City today.

All the songs revolve thematically around the growing up we do in our 20s and early 30s: attending college, finding love, losing love, moving back home and finding yourself.

Cast includes: Dana Clausen, Danny Vopava, Claudia Vazquez Velez, Kristy Reid, Justin Delong, and Grant Warmus. And pianist: Rachel Lonetti.

Directed by: Dana Clausen

Musical Director: Joy Killough Amel Performances are two nights only at 7:30 p.m. on Thursday, April 11, and Friday, April 12, in the Sanford Syse Theater (Black Box) in the Kleinpell Fine Arts Building, on the UWRF Campus.

Admission is free, but seating is very limited. Contains adult themes and language.

Veterans Services provides students opportunity for free healthcare advising

Join the Veteran Services Office from 11:00 a.m. to 1:00 p.m. on Monday, April 8, 15, 22, and 29, in South Hall for free pizza.

This is being held by the Department of Veteran Affairs (VA) Healthcare Coordinator Brad Foss, he will be here to assist you in obtaining free healthcare through the VA. Also David G. Tesch, a Veteran Assistance program counselor/representative from the Division of Employment and Training, will be here to discuss employment opportunities for Veterans.

AFAB introduces preliminary student org budgets Proposed allocation of \$219,661.22 will be voted on at next Student Senate meeting

The Allocable Fees Appropriation Board (AFAB) introduced the preliminary 2013-2014 student organization budget at the April 9, Student Senate meeting. Now, the Senate will vote and forward the recommendations to the chancellor. Below is the proposed budget for each respective organization. For a line-item list of every organization's budget, visit www.uwrfvoice.com. The Senate meets at 7 p.m. on Tuesday in the Willow River Room of the University Center.

Accounting Society	\$0	Health and Physical Education Club	\$0	Pre-Vet Club	\$1,910
Agricultural Communicators of Tomorrow	\$3,975	Horseman's Association	\$4,930	Prologue	\$2,000
Agricultural Education Society	\$6,200.59	Horticulture Society	\$1,805	Resource Management Club	\$0
Art Society	\$2,041.87	International Student Association	\$4,225	Rock Climbing Club	\$1,950
Asian American Student Association	\$7,225	InterVarsity	\$5,335	Rodeo Club	\$11,250
Association for Computing Machinery	\$2,432	Japanese Film and Animation Club	\$1,055	School Counseling Student Association	\$1,906
Black Student Union	\$5,522	Jiu Jitsu Club	\$3,250	Sigma Psi Tau	\$1,550
Campus Crusades	\$1,780	Journey House	\$1,525	Ski and Snow Boarding Club	\$4,650
CNAfME	\$0	Masquers	\$11,300	Student Alliance for Local	
College Democrats	\$3,550	Math Club	\$0	and Sustainable Agriculture	\$2,847
College Republicans	\$3,400	Men's Lacrosse Club	\$3,637.88	Student Voice	\$19,210.35
Collegiate Farm Bureau	\$4,518	Men's Rugby	\$3,934.51	Students Fighting Trafficking	\$1,505
Commission Composer Project	\$8,595	Muggles United	\$0	Student's Today Leaders Forever	\$4,700
CARE Club	\$0	National Band Association	\$0	Swing Dance Club	\$3,575
Crop and Soil Club	\$0	National Student Speech		UWRF Block and Bridal	\$4,652.30
Dairy Club	\$9,765	Language Hearing Association	\$1,100	UWRF Geology Society	\$0
Dance Team	\$6,878	Navigators	\$2,115	UWRF Men's Volleyball Club	\$4,350
Dance Theater	\$13,238.40	Newman Club	\$815	UWRF Paintball Club	\$1,800
Focus on U	\$1,965	Nordic Ski Club/Team	\$1,425	UWRF Women's Lacrosse Team	\$2,439.83
Friends of Big Brothers, Big Sisters	\$1,415	Poultry Club	\$2,425	UWRF Women's Rugby Team	\$3,430
Global Politics Club	\$2,168	Pre-Health Society	\$0	WRFW-FM	\$6,265
GSA	\$1,630	Pre-Pharmacy Club	\$0	Women's Volleyball	\$4,467.50

CAFES: One in six UWRF students major in agriculture

From page 1

an important part of Wisconsin and Minnesota's economy.

"It is said to be the world's No. 1 industry. When you look at the number of people involved in producing food, there are a lot of big businesses right here, such as Cargill, ADM (Archer Daniels Midland), Nestle and even companies for pet food like Purina that are around this area. We're surrounded by it because we produce so much food in this area," Shakal said.

The wide diversity of fields, from the environmental side to the machinery side, is what Shakal said makes the agriculture engineering technology field attractive to-prospective students.

According to Kristen Hatzinger, an agriculture education major at UWRF, "Many people think that agriculture is just about farming, but there's so much more," Hatzinger said.

"There are skills that will last you a life time, such as dedication, work ethic, and helping to keep the country running. As an ag. ed. major, I can now share my passion with future farmers and help them grow that same passion I have."

Hatzinger recently participated in UWRF's agriculture technology contest that brought in over 1000 high school students from around the Midwest for a series of agriculture related activities. This included a hands-on activity related to milk cooling, working with food and grain crops, a one-hour written exam, and work at the lab farms and Agriculture Science building. Other agriculture related events on campus include the UWRF Collegiate Farm Bureau chapter hosting the first-ever Ag Day on Campus on April 25.

The event is intended to promote Wisconsin agriculture, with events happening all day and non-agricultural students, faculty and community members are invited by the UWRF Farm Bureau Chapter to learn more about agriculture, interact with animals and enjoy food made by farmers, according to the event's press release.

Student organizations in CAFES, along with agricultural businesses, will have educational and interactive booths set up outside the University Center in the middle of campus from 10 a.m. to 3 p.m., and beginning at 6 p.m., and a free pork sandwich meal will be served in the Agriculture Science building. At 7 p.m., keynote speaker Charlie Arnot, CEO of the Center for Food Integrity, will be presenting "Building Trust in Today's Food Sys-

"We are excited to host this first-time event to educate our fellow students, faculty and community members about the impact agriculture has on their daily lives," said Erik Warmka, a UWRF Collegiate Farm Bureau member. "This event allows non-agriculture students and faculty to get a first-hand experience with agriculture by the agriculture students bringing the farm to campus."

So whether a person grew up with farming in their veins, or has never set foot on a farm, the impact of the agriculture industry can be felt throughout the world.



Student Senate ELECTIONS

A link to the polls is sent via e-mail to all currently enrolled UWRF students.

Primary Elections

Opens: Monday, April 8 at 8 AM Closes: Tuesday, April 9 at Noon

General Elections

Opens: Monday, April 15 at 8 AM Closes: Tuesday, April 16 at Noon

Positions on the Ballot:

- 1 President
- 1 Vice President
- 8 At-Large Senators
- 1 Non-Traditional Representative
- 1 CAFES Representative
- 1 CAS Representative
- 1 CBE Representative
- 1 CEPS Representative



Pror more information please email: Student Senate@uwrf.edu

Student Affairs

Commencement: Alumni programs offered after graduation for students

Some of the things he mentioned regarding commencement was that seating for the ceremony was first come, first serve and people do not have to worry about purchasing tickets.

There was also a company at the event called Herff start purchasing their cap and gown and graduation an-

available at the Falcon Shop.

Concerning key information that graduates need to know for life after UWRF, Browning and Vande Yacht agreed that staying connected

is very important. They said to make sure to

get involved in Alumni Association events.

Coincidentally, Browning and Vande Yacht are both Caps and gowns are now former students of the Uni-

Browning concluded that Countdown to Commencement is a good event and it is fun to see students attend the

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Help wanted: The Bungalow Inn is currently taking applications for: B.O.H. Kitchen help ie: Prep & Line cooks. Full and Part time hours, weekends, days and evenings needed, must be flexible & hard worker. Definitely room for advancement so if this sounds like you, please stop in to fill out an application or send resume to: info@bungalowinn.net. NO phone calls please. Bungalow Inn, 1151 Rivercrest Road North, Lakeland MN 55043

See the Voice online at uwrfvoice.com



Student Senate needs to act fiscally responsible

At the last Student Senate meeting an idea was brought up for the Senate to spend \$1,000 for a Senate awards banquet. Fortunately, a senator brought up that this was a ridiculous amount of money to spend for roughly 50 people to have dinner, and to provide awards for themselves. While we hope the Senate will indeed reconsider this, as the one senator suggested, this is just one of the many examples of Senate being fiscally irresponsible with our money.

The Allocable Fees Appropriation Board (AFAB) introduced the preliminary budget for all student organizations. We fully recognize that this is no easy task, as over \$200,000 was allocated after over \$750,000 in requests.

However, we are a little disappointed in how the AFAB chose to allocate that money and thus urge students to voice their concerns before Senate makes its final decision at the April 16 meeting. The Senate meets at 7 p.m. in room 334 of the University Center. Among the disappointments was the funding of condoms that a student organization will pass out to students on campus. What may be striking to some, it is also that our student fees that AFAB allocated would be enough for each student to have 63 condoms. Besides the sure point of passing these out, may we remind you that students are also paying a student health fee that would cover these costs as well.

This greatly troubles us as 12 student organizations were given no funding at all. While there may be valid reasons for these organizations not receiving funding, AFAB Chair Kayla Edstrom said the reason some of these organizations did not receive funding is that there "wasn't enough money to go around." We understand that completely. However, for the last few years there has been a growing pot of leftover student org money that is put into the reserve account. There is over \$100,000 in that account. Since that money came from student org fees, why is that money not going back to the student orgs? We know this is not a long-term solution, but until enrollment is up or the fee is increased, each and every year student orgs will continue to see their budgets being cut.

Therefore, whether it is spending money on an awards banquet, allocating money for condoms, or preventing student organizations from being cut from crucial services, we urge Senate to be more fiscally responsible and ask the students to voice these concerns if they want to see their money spent wisely. Finally, we urge the chancellor to really examine the AFAB budget and see if the money being spent fits UW-River Falls' values and helps the students in every way possible. Please don't pass the budget for the sake of passing the budget.

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Cartoonist General Manager Advertising Manager Faculty Advisor

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The Student Voice is a student-written and managed newspaper for UW-River Falls, and is published Fridays during the regular school year.

All editorial content in the Student Voice is determined by the newspaper's Editorial Board. The opinions expressed in editorials and columns do not represent those of the newspaper's advisor, student population, administra-

Letters to the editor must be 300 words or less, and include a first and last name and phone number. They can be submitted at 304 North Hall, River Falls, WI 54022 or to editor@uwrfvoice.com.

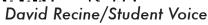
The Student Voice reserves the right to edit any material for content, libel or space. It also reserves the right to withhold letters. All letters, news releases, briefs, display ads and classified ads must also be submitted no later than Wednesday at noon

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Because of high production costs, UW-River Falls commu-

THESE RECENT SHOOTINGS HAVE BEEN THE WORST MASSACRES IN U.S. HISTORY.





Obama's sexist comment sparks student response

Nick Vanden Heuvel

Columnist

If anyone is following current events, our president is getting blasted for calling a woman "pretty."

Yes, I know what you are all thinking: that sexist pig. But to be quite honest, I wasn't entirely sure that I wasn't a sexist pig. I am very happy that the social media defenders of Kamala Harris have brought me to light on the

Ladies, I apologize. I neglected to realize that my comments on how you totally didn't look fat in those jeans or

that you looked cute today were demeaning your stature as a woman. This could be the reason why several of my previous girlfriends broke up with me as my comments telling them they looked really nice today were placing them below me on a social level. So I am sorry, and to my ex-girlfriends, I

apologize for telling you that you looked very nice that day,

even though you looked OK but needed that one boost to get

through the day, for I now realize it destroyed your feminist

To rectify this problem, I have come up with a solution. Since insulting women was considered sexist since, well, the beginning of time, I have decided to stay one step ahead of the curve. I have decided that the only way I can avoid offending you is to simply not acknowledge your presence.

This will be very hard I assure you, but I have a feeling that I can achieve this without becoming a eunuch. If you don't know what that means, please don't Google image search it. Just Wikipedia it. But then I realized that I would then offend men for they would feel that I have not neglected them properly and as equal as you women. So I have decided I'll just offend everyone 100 percent equally.

So from now on when men and women walk up to me, I shall most likely demean them to social class and level under me. Because let's face it, I'm pretty freaking awesome.

Nick Vanden Heuvel is a double major in political science and international studies who does school work by day and fights white collar crime by night.



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USBICEF College Cartoons

Be the first person to find Freddy's lost Falcon Feather in this issue of the Voice and win two free movie passes to the Falls Theatre!

Congratulations to last week's winner, Natalie Woodburn.

> The first person to report the find to editor@uwrfvoice.com AFTER 10 a.m. Friday wins.

Students should pursue opportunity to study abroad

Morgan Stippel

Columnist

It is that time of year again. Students are being exposed to a variety of rhetoric encouraging them to study abroad during the 2013-2014 school year.

As a student, I realize all of the factors and limitations to consider and account for before choosing to study abroad. Before this week, I had assumed that I would not be able to study abroad during my time at UW-River Falls. However, after

decided to participate in the International Traveling Classroom taking place in the spring of 2014.

As many of us already know, attending college is expensive. A majority of the time, we attempt to live as cheaply as humanly possible (even if means eating Ramen and Spaghetti O's

a variety of meetings with my advisor, department chairs, and program supervisors, I finally

every night for dinner). Many students believe that studying abroad will result in more bills that will stretch budgets to their limits.

However, there are a variety of ways for students to alleviate the financial stresses of studying abroad. There are scholarships our University offers to support students who choose

studying abroad. There are scholarships our University offers to support students who choose to go abroad. To be considered for these financial awards, all you need to do is submit your application before the specified deadline. Furthermore, if you visit the financial aid office and tell them you are interested in studying abroad, they will tell you what steps you can take to meet this goal.

Another concern students have about studying abroad is that going abroad will not allow them to make progress toward graduation. This is not always true. I am a junior, and I have all of my general education credits completed. I assumed that because the only classes I had left were for my major or minor, I would not be able to study abroad without adding an extra semester to my college plan. However, after meeting with my advisor, I realized that I would be able to study abroad while still making progress toward graduation.

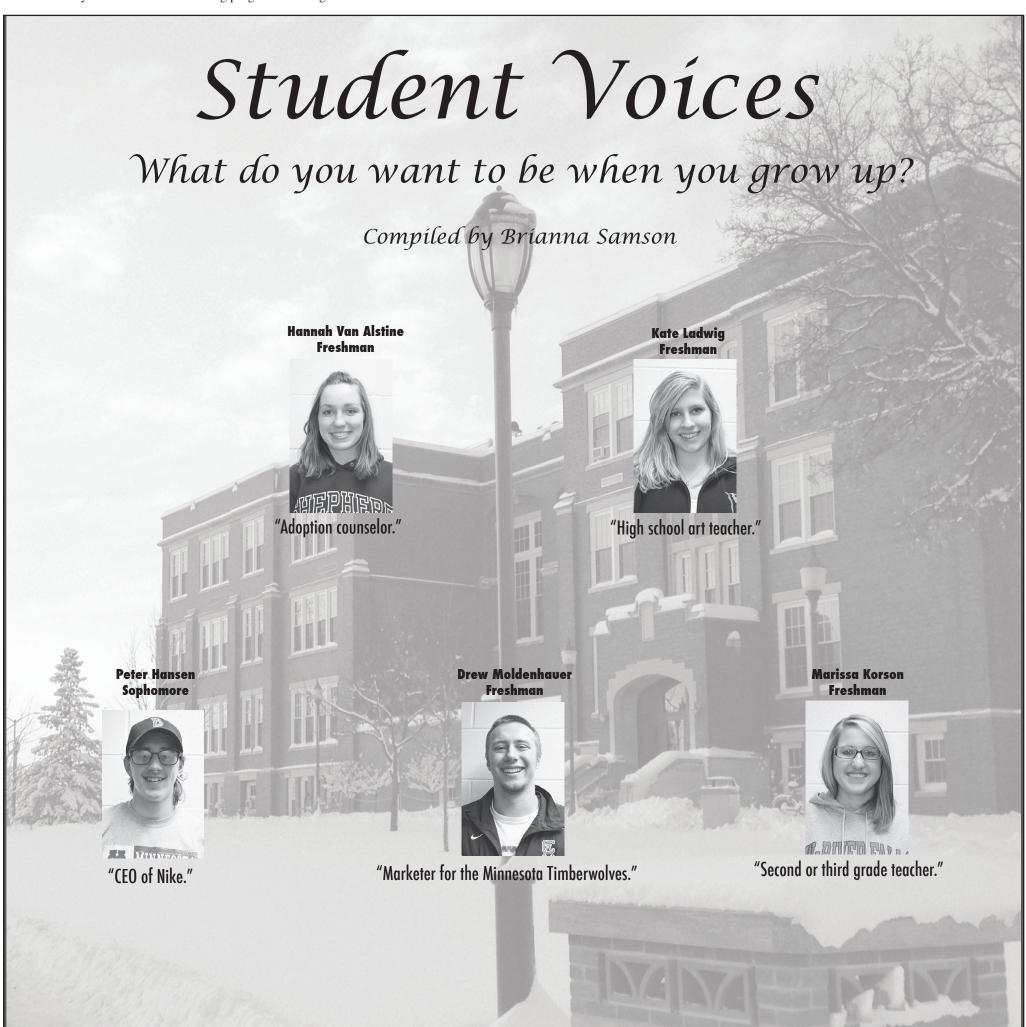
In many departments, there are specific classes that can be substituted for classes that are required for your major. In addition, you can pursue an internship or independent study while you are abroad, and it is possible to receive credit for these experiences that will help you make progress toward graduation. If you meet with your advisor, he or she will be able to tell you more about the options available to you. The faculty on our campus is extremely supportive of students who decide to study abroad, and they will do whatever they can to help you pursue this opportunity.

If you find that you are unable to study abroad for an entire semester, going on a J Term trip, a spring break trip or a summer trip are also wonderful options. There are study abroad experiences offered during these breaks, and these are great ways for students to study abroad if they are unable to devote an entire semester to the experience.

Many students are also wary of studying abroad because they are nervous and do not know what to expect from the experience. However, the faculty members who supervise study abroad programs are experienced and have typically visited these countries before. They know what students find interesting, exciting, and beneficial, and they make sure that they provide students with the opportunities to see and do these things. In addition, if you are concerned about leaving the United States, there are also study away programs that allow you to study in another state as opposed to going overseas to a different country.

College is all about learning and experiencing new things, and studying abroad is an amazing way to do both of these things. I encourage all students to step outside of their comfort zones by considering the study abroad experiences available to them. For many of us, there will not be a better time outside of our college years to go abroad and have these experiences. Consider seizing this opportunity while you have the chance.

Morgan is a junior majoring in political science and minoring in professional writing. When she graduates from UW-River Falls, she wants to become a state prosecutor and specialize in cases of domestic violence



Do you have something to say?

Write a letter to the editor: editor@uwrfvoice.com

Football putting in off-season wor

Rebecca Rudolph rebecca.rudolph@my. uwrf.edu

After graduating from River Falls High School he enrolled at UW-River Falls and made the UWRF football team.

After almost a full year of being on the roster of 101 UWRF football players, freshman quarterback Ryan Kusilek said, "the only thing that connects the two are football and the fact it's in River Falls."

The UWRF football team is currently in their off-season, which means different training than during the season.

During the season, weight room training "basically revolves around keeping our athletes healthy," said Strength and Conditioning Coach Carmen Pata.

Then during the off-season, "it's a lot more intense. You can get a lot more into it because you don't have to worry about practice," Kusilek said.

Pata said during the off-season he pushes all the athletes he works with to get "bigger, stronger, faster" so when their season begins, they are at their best.

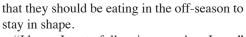
"Off-season training is more of the developmental part where we're looking to make any body composition changes," Pata said. "[This includes] gain size, loss of weight, developing strength and work capacity."

letes are building muscle or body mass, season by putting in off-season workouts. "if they can't move [quickly] then we're not in a good situation to win," he said.

Kusilek said this was something he noticed while he was in high school. When he worked out, he noticed many of his peers doing "nothing to really get better. They just want to get

big and strong."

Here, being fast is just as important as being big and strong, as Pata said. One way he implements this is telling athletes, "you got three reps, get it done as fast as you can."



"I know I try to follow it as much as I can," Kusilek said. "The better you eat the better your lifts are, the more you can get out of it,



Trevor Semann/Student Voice

At the same time, even though the ath-

The fitness the athletes achieve in the weight room is supplemented through healthy eating habits as well.

Kusilek said that Pata "preaches" good eating habits and is always telling them things and it shows. If you spend a weekend trashing your body you can feel it in your body the next couple days."

During the off-season, Kusilek said he noticed he had better eating habits than when he was in season. Pata said this was common among athletes.

Because the athletes are working so hard, "They think they can eat whatever they want and get away with it, which is a poor way of going about it," he said.

The time that athletes spend training out of season is what Kusilek would equate to a part time job.

"It's kind of like balancing school and having a small part-time job, and in season it's like balancing school and pretty much a full-time job," he said.

> "It's kind of like balancing school and having a small part-time job and in season, a full-time job," said Ryan Kusilek

In the off-season he said he normally spends around two to three hours in the weight room on a daily basis, but then he said once you figure in the walk to and from the gym and showering you cannot really plan anything during the afternoon. He added that some of his teammates also do other things to reinforce their skills as well, like throwing.

Once the football season starts again, he said he has to balance the meetings, practices, weight lifting and games among other things in addition to school.

"I wish people would realize how much time we've put in and what it actually takes to be in it," said Kusilek.

Falcon sports at a glance

Buchanan breaks all-time hits record

Hayley Buchanan is a senior second base player for the UW-River Falls softball team. In a game against UW-La Crosse she broke the all-time hit record for the Falcons, passing Mindy Rudiger. Buchanan now has 211 career hits. Rudiger had 208.

In 2010 Buchanan was named best defensive player and was named to the All-WIAC honorable mention teams in 2010 and 2011. In 2012 she was named a first team All-American and was All-WIAC.

Hometown: Eden Prairie, Minn.

Major: Physical Education

Favorite movie: "Pitch Perfect"

Interesting or quirky fact about yourself: I just learned how to juggle four balls and I can jump rope and juggle at same time. I also have to eat a banana before every game.

Most embarrassing moment: In the regional finals game I was asked to sacrifice bunt a girl over to second base. I got the bunt down, threw the bat in between my legs and tried to run, but ended up tripping over the bat and landed on my face. The runner got to second base, but I got out. I stood up and yelled, "did my job" and walked to the bench.

Funniest teammate: Everyone is really funny in their own way, but whenever I am with Abbie Morris I know I'm going to get into a holding a straight face contest until we both end up bursting out laughing until it feels like we did a 30 minute ab workout.

Favorite thing about River Falls: The close relationships I have formed with my teammates and friends have kept me here. They are like a second family to me making them my favorite thing about River Falls.

Least Favorite thing about River Falls: Parking tickets

Favorite Falcon softball memory: Winning the WIAC conference tournament freshman year as underdogs, making school history.



Vote performance, play of the year

Nominations for performance of the year are:

Ben Tykwinski: Breaking the school record in weight toss with 57-11 in track and

Brittany Nordland: Breaking the 800 meter school record in track.

Makayla Newberry and Hannah Klimek: Defeating a previously unbeaten UW-Whitewater team at the WIAC meet in tennis.

Rose Tusa: Breaking single season and career records in wins, strike outs, and innings pitched along with being named WIAC Pitcher-of-the-Year and NFCA second team All-American in softball.

Brittany Gregorich: Recording double-double vs. St. Mary's College (Indiana) with 23 points and 19 rebounds in basketball.

Amanda Ryder: Earning 1st team AHCA All-American honors along with finishing as team's top scoring defensive player with 22 total points in hockey. Alex Adams: Leading UWRF with seven interceptions this season including three in one game against UW-Stevens Point in football.

Nominations for play of the year are:

Becky Ponick: Breaking school record for javelin which earned qualifying mark for the NCAA Div. III Outdoor National Meet.

Mike Sandle: Winning the NCAA Div. III Outdoor Triple Jump Title.

Jake Calleja: Scoring a game winning goal in NCHA quarter-final series mini-game at UW-Stevens Point.

Robbie Flom: Returning a 93 yard kick-off return for a touchdown vs. UW-Stevens

Jamie Klein: Hitting a grand slam in WIAC tournament championship vs. UW-Whitewater.

Arik Smith: Making a last second game winning three-pointer to win the game vs. Pacific Lutheran.

Campus takes part in NCAA Div. III week

This week the NCAA has been celebrating Div. III week. The UW-River Falls Student Athlete Advisory Committee (SAAC) have planned a showing of the movie "Space Jam" on Saturday, April 13, as a way to take part in the week and celebrate all the hard work of the student-athletes on campus. The movie will be shown at 8 p.m. in the Kinnickinnic River Theater of the University Center.

UW-River Falls spring sport teams affected by weather, forcing altered schedules

The softball team played a double header against UW-Platteville on a football field, had their home game vs. Hamline University postponed and are playing their home game vs. UW-Stevens Point at 12 p.m., on Sunday April 14, at UW-Stout all due to weather issues.

The home track meet that was scheduled for Saturday, April 13, has been cancelled due to weather conditions. The men's team will now travel to the University of St. Thomas on Saturday, April 13, for an outdoor meet and the women's team will travel to Winona State University on Saturday, April 13, for an outdoor meet with the start time yet to be set.



Trevor Semann/Student Voice

Brooke Lauritzen, sophomore, practices indoors as the softball team has had to deal with weather problems all season. They have yet to practice outside.



Trevor Semann/Student Voice

Zeth Engel, junior, throws a discus inside the Knowles Center. The men's track and field team will be traveling to the University of St. Thomas on April 13.

Annual bar crawl teaming up with Relay for Life

rachael.hitchcock@my.uwrf.edu

River Falls' fourth annual Bar Crawl will take place April 13, supporting local bars and restaurants and will serve to raise funds for the American Cancer Society.

UW-River Falls alumnus Nick Asper has organized this event for the community and said it is finally big enough to team up with Relay For Life of Pierce County. Proceeds from supporting businesses, and from T-shirt sales, will be donated to further the medical research of cancer.

Relay for Life is volunteer-driven fund-raiser event of par-

ticipants walking and running to raise money for the American Cancer Society. This year's bar crawl is perfect to turn philanthropic because it helps to commemorate the 100th sales, will be donated to further birthday of American Cancer Soci-

Twelve of Main Street's bars are stops of the bar crawl, and four other businesses are also contributing. The list of bars involved starting at the south end are: Junior's Bar and Restaurant, Emma's, Main Streeter Bar choice. Also, please behave in a mature manner both inside and Grill, Bo's & Mine, Lazy River, Ground Zero, Coaches, Mel's, the Corner Saloon, Johnnie's, Boomers and Shooters. Subway, South Fork Café, Bubba's Fried Chicken and Dominos are also part of the participating businesses either from donations or specials.

"Get a group of friends together, go out, have fun, act like responsible adults and give business to the local businesses," said Asper as he described the goal of this year's bar crawl. This year there is expected to be 400-500 attendees. The fourth annual crawl was put together by Asper and friends to gather up everyone and go have fun while helping out the local businesses. The first year had approximately 100 attendees and has continued to grow each year.

"This year's goal is to raise \$500 for Relay for Life," Asper said.

Voices of the community have expressed concerns for the 'drinking event,' but precautions have been taken. River Falls Police is in contact

with Asper to ensure readiness and guidelines. According to the River Falls Bar Crawl Facebook page, "No one is forced to drink at this event. Drinking alcoholic beverages is your

and outside the bars. Be courteous to the cops to ensure we can continue to have this event in future years."

UWRF Police Officer J.R. Trabler said all officers were informed for the upcoming event.

"Our everyday vision is to ensure safety," Trabler said.

He explained that it is a priority to protect the University and community property.

"Put in place proper steps to minimize the possibility to be in contact with law enforcement," and "Plan a safe crawl," Trabler said as words of advice to participants.

Bar owners and members from the city council have met to ensure safety and all bars agreed to have security at the doors. This will help to keep a safe environment and actually meet the goal of supporting the local businesses.

Junior's Bar and Restaurant Manager Jeff Wesley said, "It's a good day for business," and is happy to be a part of the community's event. With hundreds of individuals coming through the doors of all the establishments, it helps to promote River Falls' business, which was, and still is, the original goal of the bar crawl. Additionally, it helps a greater good: Relay for Life and its fund-raising efforts.

Destination connects students

Proceeds from supporting

businesses, and from t-shirt

the medical research of cancer.

Ryan Tibbitts ryan.tibbitts@my.uwrf.edu

Every year a number of UW-River Falls students travel across the country volunteering their time over spring break, and many of them stay in the program year after year.

This is one of the common things about the Destination program that the Elise Koop, Shanna Thomsen and Cailin Turner, the managers of the program, all talked about.

The program gets a high number returning people every year and there is always a mix that varies from students doing the program for the first time and students who have been participating every year they have been in school.

hooked," Turner said.

The Destination Domestic program has been around since 2006 when it sent students to Gulfport, Miss., and has grown in numbers ever since. The domestic program of Destination sends students on trips across the country over spring break. This year 45 students were spread on four trips all concentrating on different themes. Twenty four of those students were returning members.

The different trips were in Cincinnati, where students learned about poverty and homelessness; Apopka, Fla., where students learned about immigration; Maryville, do something productive. Tenn., where students learned about Native American culture; and Moab, Utah, where the bond formed between the students learned about the students. Koop said that stuenvironment, according to the dents meet beforehand to start Destination website.

a student documentary film bond starts when they car pool crew that traveled with the together. group to Maryville, Tenn.

changing perspective to see people. All week relationships growth," Koop said.

All the trips have a different focus that appeals to ev- Coy said. eryone.

McCoy, a three-time particileader to Cincinnati this year. and orchestrate that connec-

"Once you do it, you're **Destination is all about** changing perspertive to participants in the program see growth

> like I am concerned about room between 6 and 9 p.m., myself a majority of the time where a video will be shown. but this trip gives me a break and stories from every trip to help somebody else," Mc- will be shared. Koop, Turner Coy said.

> participant and trip leader aged to come see what Destito Moab, Utah, said he feels nation is all about. like he would just be sitting around at home if he did not to look out for us at involvedo anything for spring break. ment fairs and around campus He sees Destination as an and think about coming next affordable way to go some- year, you won't regret it," said where over spring break and Koop.

Another important aspect of the Destination program is planning the trip and getting This year there was also to know each other. The real

"The road trips are a lot of "Destination is all about fun and you meet a lot of cool are built and it becomes a second family for the week," Mc-

Emahiser said that as a "It is a great time no matter freshman he went to Atlanta where you go," said Michaela and really connected with people and that this year it pant in the program and trip was fun to be the trip leader tion within his group.

> On April 14 all of the will be coming together for a celebration of what the program has done this year. This will take place

"In the school year I feel in the University Center balland Thomsen all said that ev-Tim Emahiser, four time ervone is invited and encour-

"I just encourage students

Pinterest sweeps onto Internet to each other, with communities as new social media sensation



Cristin Dempsey

Columnist

For about a year now, a trend has starting developing on the Internet, especially for high school and college females.

That trend is using the social networking site, Pinter-

It is a website to share hobbies, interests, and other things someone may like with their friends, also known as "followers," the people who can see their posts.

Many users have commented that even though it is a bit counterproductive and takes away focus from getting things done, Pinterest is a fun, relaxing, website that gets its users addicted in only the first few days that they

The development for the social networking website began in December 2009, and finally the website was launched onto the Internet in March 2010. It started out as a website that was invitation only, similar to Google+. The founders tried to convince a New York magazine publishing company to buy Pinterest, but they declined the

Ben Silbermann, one of the website's co-founders, reached out to the website's 5,000 users (at the time), providing his cell phone number to them and even meeting with some of them,

collecting different input on the operations of the website. In less than a year, the website drastically increased to 10,000 users, despite the fact that Silbermann and other founders of Pinterest operated the website in an apartment until 2011.

When 2011 came, Pinterest's popularity exploded. It was a commonly downloaded app on the iPhone starting in early 2011, and in August, the website was mentioned in Times Magazine as one of the "50 Best Websites of 2011." In the same month, the Pinterest app was launched for the new iPad. Pinterest Mobile was released just a month later, making Pinterest available to non-iPhone

By December, according to Hitwise Data, Pinterest was among the top 10 most visited social networking sites, bringing in around 11 million visits per week. It started to attract more users than You-Tube, LinkedIn (a social networking site for companies

and employers) and Google+ (similar to Facebook).

In 2012, Pinterest reached 11.7 million users, most of whom are female. This milestone helped it surpass 10 million users faster than any other website in history.

In the same year, Pinterest updated its settings, including the terms of service and the ability to block or report a person for offensive activity. Experian Hitwise noted that by March 2012, Pinterest became the third largest social networking site, just after Facebook and Twitter. In August, users no longer had to request to join or get invited to join the website. Anyone can now sign up for free.

In the fall, I swore to myself that I would be an excellent student and avoid the Pinterest addiction at all costs. I watched my friends "pin," images that represent different interests, hobbies, quotes, and favorites, and I was baffled at how this could

I did not have this intention for long, I joined Pinterest in December and have been addicted ever since. It seems like a silly concept, and it really is, but it is something to do on a particularly boring

Cristin is an English major and music mino from Eagan, Minn. She enjoys writing, playing the flute and swimming. After college, she would like to pursue a caree as an editor

The Student Voice is hiring for all positions for next semester.

Applications can be picked up at room 304 in North Hall.

Applications for editor and assistant editor due April 16. All other positions April 24.

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'Croods' offers fun for entire family



Ryan Funes Reviewer

Dreamwork's latest feature film takes us back to the stone ages with "The Croods" and gives movie goers one heck of a rocky ride.

The world is a dangerous place that will kill you at any moment: no one knows or lives this better than the Croods, a family of cave people who have lived out most of their days in a cave. Fear of the new and abstract is what drives the family, pushed by the overbearing but caring father Grug (Nicholas Cage), but Eep (Emma Stone), the eldest daughter, wants to go beyond the darkness of the cave and reach for the sun that shines across the sky.

She may get her chance when a cataclysmic event destroys the family cave and leaves them all to fend for themselves against the harsh wilds. But they won't need to go it alone when a survival smart cave boy named Guy (Ryan Reynolds) tags along with the family to take them across the lands and teach

them how to rough it in the jungles and wastes.

However, the lands outside the cave are dangerous and risky, and they will be the proving grounds for the Croods as they must learn to

adjust and adapt to this brave new world if they are to live outside the dark and reach for the sun they all

Though I thought nothing of the first trailer I saw, I slowly grew more and more anticipated for "The Croods," believing that it could really deliver since it was from the same director of "Lilo and Stitch" and "How to Train Your Dragon," two movies I

The hopes and experiences of the family as well are ones that, though placed in a primeval environment, can still be felt by almost everyone: wanting to see tomorrow, not wanting to live in fear, protecting what you love the most, all are experienced by the family and all are easily understood.

The technical side of things fares equally as well as the plot. The prehistoric landscapes the Croods traverse are wonderfully rendered, taking time to let every mountain, jungle or desert strike you with how great they look.

The movie also takes great pleasure in throwing every kind of creative concept they can at us, like man eater

The Croods themselves feel like a well put family; they have their ups, their downs, their flaws and features.

really liked. Thankfully, "The Croods" delivers pretty well with its prehistoric premise and beautiful presentation.

The story is fairly basic with its structure and characters, but what it does right is in how the movie brings it all together. The Croods themselves feel like a well put family; they have their ups, their downs, their flaws and features.

birds, land whales, and killer plants. You can really see how much love was put into every element of the environment and it makes you want to see and explore more of this world.

While I can speak highly of the entertainment value of "The Croods," a few problems do arise. While I did appreciate the humor and jokes of the movie, some jokes can

is: how much

Internet is too

much for us?

feel a bit repetitive and can run stale. The idea of accepting new things into the family can also feel like a heavy handed concept the plot tries to drive home, making you think the theme of the movie is a bit hammered in. And finally, the whole of the plot seems to focus mainly on Eep and Grug, not giving much to the other family members in the ways of character development when shown this new world.

But I think "The Croods" still prevails across these things with its lush design and creative input, well deserving of my respect.

"The Croods" is at its base a story about not living in fear and ignorance and learning to accept new ideas and concepts.

It reinforces the idea that family is what matters in the end, no matter how each member thinks or lives, and that while changing the family dynamic can be tough, it always manages to prevail in the end.

Head out to see "The Croods," see the first family in history, and be enjoyed and entertained along the way.

Ryan is a lover of all things movie, TV, video games, and stories and wants to become a television writer somedau. In his spare time he enjoys hanging with friends, tapping into his imagination and watching cartoons of all kinds





disconnected by being overly connected Students becoming

Mirranda Hammel

Columnist

The Internet these days is like a way of life, it's not just for the smart, tech savvy people anymore. The Internet is used by everyone and everywhere.

The fact that college

students, teachers and millions of other people around the world who use a computer daily and for long periods of time is somewhat scary for me to think about, let alone just realize. We are so comfortable with communicating online via email, instant messenger and even our phones through text message. The days of talking over the phone are almost a past form of communication in meaning we only talk on the phone if it's our parents, grandparents or to schedule an appointment be it for the doctor or a job. If it can be done online, then by golly we will do everything online.

What happened to the personalization or emotional connection you create when talking on the phone with someone or face to face conversation, or the letters? It's almost like we have more of a relationship with our technology than the people around us, and that can sometimes have a negative

effect on our lives. Negative because it could ruin a relationship because all you do is text and message each other online but never talk face to face. Negative because what happens when you get a call from a job offer and have to talk over the phone or meet in person? Will you be able to hold a comfortable connection if you are always on the Internet?

For me, my job on campus is looking at a screen, and inbetween that screen I look at the screen on my iPhone. Then I go home to look at a TV screen or my computer screen to

watch a show to settle down for a while. So my question The Internet has effortlessly created the form of work, and recreation into one. Darn you Facebook, Twitter, Netflix, Pinterest and gaming sites.

> Not only my job on campus, but in being a student and a journalism major, I am always doing my homework on a computer

to research, write and edit everything I do. Much like a lot of other students and faculty members on this campus.

Has the Internet become such an easy "necessity" in our lives that even though we take it for granted, we should be paying more attention to the affects it might have on our health?

Through a little research, and things I've noticed on my

own, like I am sure much of you have as well, the over usage of the Internet on our brains can be both beneficial and nonbeneficial. Beneficial in the way that we are obtaining lots more information which keep us updated on the latest news, understanding more about a subject, or learning something new. The negative affect it has is while looking at a computer screen all day makes us tired, it also prevents us from falling asleep longer if a screen is the last thing we see before we crawl into bed.

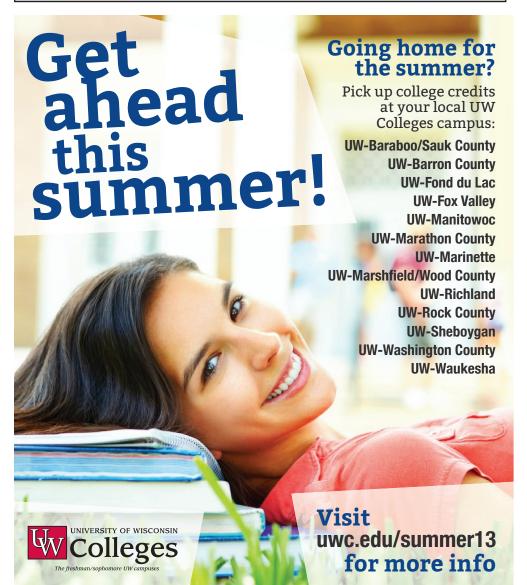
So my question is: how much Internet is too much for us? When should we stop for the day or take breaks in-between to better the health of our minds and body. Maybe we should try and get back into some of the old habits of talking on the phone and mailing in items rather than emailing them. It's more personable and concrete in my humble opinion.

I can honestly say I am glad that I am almost free to look away from the screen because my eyes are already tired after an hour of typing, and I did get more than eight hours of sleep last night, I promise.

music, and being active outdoors. You can find Miranda working in Hagestad Hall for the Division of Technology Services or Knowles Athletic Building as an athletic trainer. On the weekends, Miranda can be found hanging around coffee shops in Hudson, or with her friends in the River Falls area

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International Bazaar brings different cultures to UW-River Falls campus



Hilary Buelow for the Student Voice

Students and professors filled the Falcon's Nest for the 2013 International Bazaar Talent Show. The talent show took place after the International Bazaar dinner.



On April 9, students had an opportunity to travel the globe in one night with food, dance and activities. Students could also watch a number of performances in the Falcon's Nest to close the night. For the second year in a row, the Bazaar sold out, hosting over 600 students and faculty at the event.

Hilary Buelow for the Student Voice **Ruthie Towner wears a traditional dress** from Galicia, Spain, while working at the International Bazaar.