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Three UWRF teachers receive coveted honor

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Columnist calls for criticism to be made public

TATTOOS, PAGE 10

Tattoos showcase student expression



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Johnson Hall royalty candidates, Clayton DeRemer and Tiffany Lay were crowned 2007 king and queen at halftime of the Homecoming football game against UW-Eau Claire.

Homecoming activities are one week wonder

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UW-River Falls' Homecoming kicked off on Oct. 8 with its 2007 theme, "Wonders of the World." The Homecoming Committee, led by Abby Maliszewski, had a variety of events and competitions planned for the week, beginning with the "Homecoming Kickoff."

The "Homecoming Kickoff" was originally intended to take place on the University Center's lawn but was moved to the Falcon's Nest due to poor weather. The kickoff offered different activities for students, such as henna tattoos, an inflatable dartboard and obstacle course, while live music from Jester's Panic and the Blend kept students entertained. Monday was also the designated day when UWRF students could begin to vote online for their favorite royalty couple.

Tuesday hosted a plethora of activities including the "Arid Architecture" and the "Ancient Fashion Show." The "Arid Architecture" competition was held on the University Center lawn and consisted of teams constructing a six-man pyramid. Each team had one minute to stabilize their pyramid, and whichever team remained intact for the longest period of time won the competition. Although the wind refused to hinder and the temperature represented October accurately, 14 groups braved the weather to compete. While teeth chattered, audience supporters chanted to raise the morale of their participating groups. Sororities and fraternities could be heard throughout the entirety of the competition singing songs or chanting their groups' cheers. A particular pyramid participant refused to allow weather or chanting groups to lead him astray from his task at hand. "I will not move. I feel no pain," said Alpha Gamma Rho

(AGR) contender, Eric Voight. Even though many groups lasted longer than expected, it wasn't long before the pyramids fell apart, one by one. However, AGR stayed strong and outlasted their competitors by maintaining their pyramid for 37 minutes.

Proceeding the "Arid Architecture" event was the "Ancient Fashion Show." The runway competition took place in the Falcon's Nest and was hosted by Abby Maliszewski and Mike Pearson. Each organization was to design and model a selected fashion from ancient times. Audience members saw costumes ranging from cavemen to Egyptians. After each candidate showed off their costume and runway talent, they were each asked a question by the hosts and occasionally by the judges. Dance Theater took third place in the competition, while Johnson Hall received second place. Winners of this particular competition were two sororities running together for Homecoming royalty: Alpha Sigma Alpha and Sigma Alpha. "Ancient Fashion Show" model and representative of Sigma Alpha, Brittany Babik was especially happy about the win. "We're excited since two sororities are running together. We're making history by bringing the organizations together," she said.

Wednesday brought the halfway point to the Homecoming week. The UWRF volleyball team took on UW-Stout in the UWRF Karges gym. Taking place before the volleyball game was the "Yell Like Hell" competition. This consisted of different competing organizations devising their own cheers and performing them for the audience that filled the gym. Dance Theater claimed the points for the "Yell Like Hell" competition.

The "Lip Sync" made its comeback on Thursday. The doors to the North Hall auditori-

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Mike Pearson and Jamie DeGoller of local band, Jesters Panic perform at the Homecoming Kickoff in the Falcons Nest.



Erika Pieske, Lyz Jensen and Eric Wood perform Lou Begas 'Mambo Number Five' at the Oct. 12 Lip Sync competition.

UWRF students are overly stressed by school, work

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Jobs, schoolwork and life adjustments keep UW-River Falls students busy—and stressed.

In the 2006 National College Health Assessment (NCHA) survey of UWRF students, 33.5 percent of respondents said that stress had affected their academic performance at some point in the year, a 6.4 percent increase from the 2003 survey.

Anywhere between one third and one half of students who seek counseling at UWRF do so because of stress, Gretchen Link, UWRF's lead personal counselor, said.

"Stress is the primary reason students come in," Link said.

Working to help pay for school is one major source of stress, Link said.

About half of respondents in the 2006 NCHA survey reported working 10 or more hours a week, and close to a quarter worked 20 or more hours weekly.

Judy Wickham, a senior double majoring in art and animal science, currently works eight hours a month for Sara Lee. Wickham worked longer hours in the summer, though. She didn't have enough time to study for a class she was taking, and this made her feel frustrated, Wickham said.

"If you don't work, you don't have money," Wickham said. "If you work, your grades go down."

Freshman Nikkole Riley bal-

ances schoolwork and two jobs. Every week, Riley works between 20 and 30 hours at Shopko and four hours in the Modern Language Lab on campus. There never seems to be enough time to get everything done, Riley said.

"I'm a bit of a workaholic, perfectionist-type..." Riley said.

Whether or not they have jobs, freshmen are especially likely to experience stress, Link said. First year students have to adjust to managing finances, doing chores, and living by themselves, all while trying to get their homework done and pay for school.

"They kind of don't know where to begin," Link said.

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River Falls entrepreneurs continue to brew success

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The sound of progress has been echoing through Rush River Brewing Co., as freshly brewed beer steadily fills bottles on the brewery's new bottling line.

The bottling line itself is not all that large—only about 40 feet long and 15 feet wide—but the output is relatively remarkable. Oct. 10 for instance, just short of 15,000 beers were bottled and packaged for distribution in five hours; that is a total of 604 cases.

Dan Chang and Nick Anderson, brewers and owners of Rush River, have spent years establishing their business and watching it grow. But it was not until this August that the company began bottling their beer.

New beer, rapid progression

The first Rush River brewery started in a pole barn on a farm in Maiden Rock, Wis. Anderson was living in an apartment above "Mud Pie," a vegetarian restaurant in Minneapolis, owned by a man named Robbie Stair. Stair was interested in serving beer at his restaurant, so the men began talking and things quickly progressed from there.

The combination of Chang and Anderson's knowledge with Stair's pole barn gave way to a fully-functioning brewery, and demand from their distributors quickly exceeded their supply capabilities. At this point they were only producing beer in kegs. The men wanted to expand, but they knew the only way to do it was by producing bottles.

Will Hohenstein is a warehouse manager at Hohenstein's, one of Rush River's distributors. He was at the brewery last Thursday to pick up the newest load of beer to deliver to the thirsting masses.

"It's almost unheard of to start [a brewery] with kegs," Hohenstein said. "What these guys

have done is a neat thing."

Go to any liquor store or bar and it will not take long to see that the vast majority of beer being sold is in bottles or cans.

"90 percent of beer in America comes from bottles or cans," according to the Brewers Association Web site.

Stair's pole barn was not suitable for a bottling line, so the search began for a new home for the brewery.

See Rush River, page 3



Kenny Yoo/Student Voice

BubbleJack beer is a Rush River original. Rush River began in Maiden Rock, Wis., but relocated its company to River Falls at Whitetail Ridge Corporate Park last spring.

First Smart Money Week held at UWRF teaches useful skills

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The first annual UW-River Falls Smart Money Week was put on Oct. 15-18 in the University Center (UC). The First-Year Experience office, Residence Life, Career Services, Financial Aid and Accounts Receivable partnered to present the daily sessions.

"The idea for smart money week was actually a statewide initiative called 'Money Smart Wisconsin,'" Sarah Egerstrom, director of the First-Year Experience, said.

Because the "Money Smart

Wisconsin" events occurred last week, UWRF decided to hold its own series of events this week so they would not conflict with the homecoming events last week.

Egerstrom said that she, along with student intern Tiffany Dayton and others, have been working a few hours each week since early September to plan the marketing and promotional materials.

The events began on Monday with the "Ultimate Money Skills: Scholars, Dollars, Budgets & Bills" session at 6:27 p.m. in the UC Ballroom. According to the UWRF Smart Money Week Web site, this

event was designed to help "students recognize that the choices they make about money while in college can have a direct impact on their future financial success and gives them the information they need to make better decisions going forward."

Events continued Tuesday, with the "E-billing," "Money Smarts" and "Credit Smarts" sessions. UWRF sophomore Dana Bauer attended these events and said she found them very helpful and interesting.

"I felt it [the 'Money Smarts' session] helped me learn how

See Smart Money, page 3

VOICE SHORTS

Freeman Drug robbed, suspect escapes

According to the *River Falls Journal*, 8:20 a.m. Oct. 15, Freeman Drug, 104 Main St., had police and firefighters called as a robbery was in progress. The suspect demanded drugs then escaped with an unrevealed amount. From a Mountain Dew bottle the suspect poured gasoline around the inside of the drugstore. Police Chief Roger Leque said that the suspect did not show any other weapons or a firearm. Leque describes the suspect as male, about 5 feet 5 inches tall, unknown race, wearing blue jeans and a dark-blue hooded sweatshirt with a dark-colored backpack.

History Club provides haunted tours

The History Club is putting on the Haunted River Falls Tours at 7 p.m. Oct. 24. Tours run every half an hour, with the last tour starting at 8:30 p.m. They are only charging \$2, but if you bring a canned good it’s only \$1.

Lectures will discuss food related issues

Oct. 21 through Oct. 24, there will be a series of lectures and discussions on food-borne pathogens, toxins, safety, quality and shelf-life. The speakers for the series will be from academia, industry and regulatory agencies. There will also be presentations given by representatives of various companies involved in developing and marketing rapid and automated methods for microbiological analysis of food, water and the environment. For additional information about the series, visit the Food Science Web site at www.uwrf.edu/food-science.

World War II documentary to be discussed

On Oct. 22, there will be a discussion on Ken Burns’ WWII documentary. The format will be a round table discussion. The documentary, which began airing on PBS Sept. 23, will have repeat episodes shown during October. The discussion will include a screening of a 30-minute selection from the series, three 10 minute presentations by history faculty on the United States, European and Asian perspectives on WWII and how they are reflected in the documentary. There will also be a question and answer session involving the audience. Come and contribute to the discussion of this century-shaping event and its reconstitution in historic footage. The free event is from 4 p.m. to 6 p.m. in the Willow Room of the University Center.

Film premiere explores beauty of rivers

“The St. Croix: A Northwoods Journey” will premiere Oct. 23 in the University Center’s Kinnickinnic River Theater. Showings will be at 3 p.m. as well as 7 p.m.

The movie was filmed throughout the season. The 18 minute show merges moving currents, wildlife and history with the voices of those who are inspired by the beauty and solitude of the St. Croix and Namekagon Rivers. After the 3 p.m. showing there will be an interactive discussion led by Biology Professor John Wheeler and student Chelsie Harder. The 7 p.m. showing includes an interactive discussion led by long-time River Falls resident and UWRF alumnus Keith Rodli, a river enthusiast who helped establish the Kinnickinnic River Land Trust.

This free event is sponsored by the St. Croix River Institute and ECO Club. For more information on the event, go to www.uwrf.edu/stcroix.

Event brings rhythm and dance to UWRF

At 8 p.m. Oct. 24., students can experience a journey through rhythm, music and tap dancing. The multi-talented cast of performers creates music with five-gallon paint buckets, metal cans, found objects, tap shoes as well as traditional musical instruments. They are part dance company, part dance and all rhythm. The event is free for all UWRF students, \$3 for children under 18 and \$5 for the general public. The event will be held in the North Hall Auditorium.

Cyber Safety Month begins fourth week

The theme for the fourth week in October is “Copyright Infringement and File Sharing.” FredNet Services and IT Services will be providing information for students and employees on the following topics: consequences and dangers of copyright infringement and file sharing, RIAA and MPAA information, what qualifies as legal downloading and how to safely download media.

Look for information online at www.frednet.uwrf.edu, www.its.uwrf.edu and www.uwrf.edu/desire2learn and on Channel 24. Also look for fliers at FredNet (basement of East Hathorn Hall), IT Services Helpdesk (basement of Chalmer Davee Library) and front desks of residence halls and the University Center.

Coffee with The Times series continues

The next discussion in the Coffee with The Times series is, “We Hear Them Knocking, But They Don’t Come In: Why are Fewer Men Going to College?” The discussion will be facilitated by Alan Tuchtenhagen, associate vice chancellor for enrollment services. For more information on Coffee with The Times, including the articles that will serve as the starting point for the discussion, visit the "activities on campus" section of the American Democracy Project Web site at www.uwrf.edu/adp.

The discussion is free and will take place at 12:30 p.m. in the 1874 Room of the University Center.

Musical depicts small town pleasure palace

The musical is a happy go lucky view of a small town vice and statewide political side stepping that recounts the good times and demise of the Chicken Ranch, known since the 1850s as one of the better pleasure palaces in all of Texas.

The fee for students is \$7 and \$14 for the general public. The musical will be showing in the Davis Theater in Kleinpell Fine Arts.

Briefs compiled by Marta Olson

Check out the *Student Voice* on the Web at www.uwrfvoice.com.

Senate meeting short, informative

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Two lengthy motions up for consideration made for a short Senate meeting Tuesday night.

After expressing interest and being deemed qualified, Tiffany Lay was appointed to West Area representative by a unanimous voice vote.

Other members were appointed to various committees in a lengthy motion moved by Shared Governance Director Cindy Bendix, seconded by Diversity and Women’s Initiatives Director Nikki Shonoiki and passed a unanimous voice vote.

Representative appointments included: Taylor Houska, Kaylyn Hum, Deanna Baisden, Anna Hunter, Christopher Keller, Michael Defenbaugh, Jeff Parker, Kayla Rasmussen, Lindsey Tillman, Kevin Rockwood and Tanya Hartwig to Student Environmental Action Coalition; Sanaa Jaman to Diversity Awareness; Alan Linehan to Recreation; Thomas Lengyel, Melinda Zimmerman, Rodney Hillskotter, Jessica Johnson, Kimberly Schadrie, Joy Bratt, Ashley Styczynski, Andrew Hageman and Kyle Lechleitner to Dining Services; Amber Jones to Textbook Services; and Matthew

Hendrickson, Laurie Cicchese, Adam Sibenaller and Rebecca Witte to Residential Living.

A detailed motion was introduced by President Derek Brandt concerning student segregated fees and the decision-making process that determines how they will be used.

Segregated fees are used to fund everything from campus activities to student trips and intended to “provide students a powerful tool to enhance our educational experience and prepare us to be 21st century leaders for Wisconsin,” according to the written motion.

The motion, if passed, would oppose any new restriction on what segregated fees can be used to fund by supporting the Student Rights Coalition Statement of Principles for Merging UW System Fiscal and Administrative Policy Papers FAP 20 and FAP 37.

By passing a motion to support such a statement, students would help to guarantee that there are no new restrictions imposed upon how segregated fees are spent as well as ensure that student recommendations for spending are only rejected or amended if they are in violation of the law or existing University policy.

Due to a desire for more information, the motion was tabled and will be voted on at next week’s meeting.

Students hold candlelight vigil, discuss rape issues

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Students gathered in the University Center Tuesday for a candlelight vigil in support of the Compassionate Care for Rape Victims bill (AB 377/SB 129).

A large group of students from a variety of backgrounds got together to listen to local sexual assault survivor advocates, health care providers and elected officials speak, read fact sheets, wear stickers and hold candles during a moment of silence.

The point of the evening was to do outreach and education about the Compassionate Care for Rape Victims bill, which would require emergency rooms in Wisconsin to provide rape victims with information about and access to emergency contraception, as only 30 percent do currently.

Reverend Yvonne Wilken, a member of Journey House Campus Ministry, opened the vigil with a universal prayer calling for compassion among all people. She stressed the importance of gathering in support of worthwhile causes while living in a society that often remains indifferent over important issues.

“There’s so much apathy these days,” Wilken said. “It’s nice to see people caring.”

Co-director of the Student Senate Diversity and Women’s Initiatives Committee Amy Bohrer spoke as well, stating she was proud that Student Senate chose to support “such a worthy cause.”

“It gives women freedom and peace of mind,” Bohrer said. “It’s all about giving awareness to victims that do find themselves in that situation.”

Alena Taylor, local Turningpoint volunteer, spoke about the traumatic effects of rape and why immediate and thorough treatment is necessary to the healing process as well as to the effectiveness of emergency contraception, which must be taken within five days after unprotected or unintended intercourse to be most beneficial.

“After an event as traumatic as rape, survivors are often shameful...panicky...some don’t want others to know what happened to them or don’t even

know about emergency contraception at all,” Taylor said. “That’s why we need to provide victims with as many options and as much information as possible.”

Kristi Pavek, a registered nurse for the local Sexual Assault Response Team (SART), reinforced the theme of the night by educating attendees about emergency contraception itself.

The evening was closed by lighting candles and observing a moment of silence. Those in attendance were encouraged to take further action by signing petitions, talking to their friends and contacting representatives, as a vote could be in the very near future.

The bill passed the Senate with wide bipartisan support but then stalled in the Assembly, waiting for a judiciary hearing. Now, it’s just waiting for a floor vote, which could take place as soon as Oct. 23.

Overall, the vigil “came up with a lot of support,” Nikki Shonoiki, director of Diversity and Women’s Initiatives committee, said. This was despite some trepidation upon its introduction to Senate, Shonoiki said.

A call to the State Elections Board as well as speaking with numerous campus officials ended with the vigil being “given an okay,” Shonoiki said. United Council worked with NARAL Pro-Choice Wisconsin to bring the vigil to campus; NARAL being a member of the Compassionate Care for Rape Victims Coalition, which includes such organizations as Planned Parenthood of Wisconsin, Inc., Wisconsin’s Medical Examining Board and the Wisconsin Sheriff’s and Deputy Sheriff’s Association.

NARAL is a strictly nonpartisan group and only wishes to enhance support for the bill, NARAL coordinator Carmen Marg-Patton said.

“We want to do our part to put pressure on representatives to vote in a compassionate way about the Compassionate Care bill,” Marg-Patton said.

More than 25 students showed their support by attending the vigil.

“A lot of people believe this is a really good cause,” Shonoiki said.

Good cause or not, there was



Kenny Yoo/Student Voice

Katie Leisch joined fellow students Wednesday night outside the U.C. in honor of a new bill supporting care for victims of rape.

still concern about how the event could be construed as far as partisan beliefs go.

College Republicans co-chair Nick Carow expressed concern over the event’s political connotations during the very first Senate meeting in which the motion to fund the vigil was introduced. His concern reflected the involvement of NARAL Pro-Choice Wisconsin.

“As a Republican, I find nothing wrong with the bill itself,” Carow said. “But there is concern that NARAL uses these events as a proxy war...to further other goals.”

First Year senator Matthew Northway agreed, explaining that he found nothing wrong with supporting the bill.

“I support the bill...I’ve read it and I agree with it,” Northway said. “But due to my beliefs, I can’t work with NARAL because I don’t agree with it [as an organization].”

Despite these concerns over political affiliations, all were agreed that compassionate care for victims of rape should be a high priority where legislation is involved, especially when it is so vital to the healing process.

“Rape is all about taking control from victims,” Bohrer said. “Emergency contraception is what gives that control back.”

RIVER FALLS POLICE/PUBLIC SAFETY

Editor’s note: Information for this section is taken from River Falls Police and UW-River Falls Public Safety incident reports.

Nick Sortedahl
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- Oct. 10**
- Miles E. Nelson, 20, was fined \$249 for underage consumption in Hathorn Hall.
 - Nicholas J. Brage, 19, was fined \$249 for underage consumption in Hathorn Hall.
 - Ryan T. Brehmer, 19, was fined \$249 for underage consumption in Hathorn Hall.
 - Richard R. DeBauche, 20, was fined \$249 for underage consumption at 620 S. Third St.
 - Michael J. Egan, 19, was fined \$249 for underage consumption at 620 S. Third St.
 - Matthew M. Torkelson, 19, was fined \$249 for underage consumption at 620 S. Third St.
- Oct. 12**
- Frank W. Arnold, 21, was fined \$235 for theft and \$83.80 for possession of an open container at 100 E. Spring St.
 - The incident occurred at 2:05 a.m. when a River Falls Police officer witnessed Arnold carrying an empty half-barrel (keg) in the parking lot behind the Holiday convenience

- store. The officer stopped Arnold and upon investigation discovered the keg had been taken from Emma’s Bar, which led to the charge of theft. The officer also discovered an open bottle of whiskey on Arnold, which resulted in the open container fine. Arnold was subsequently transported to and booked at Pierce County Jail.
- Oct. 13**
- Tara K. Metcalf, 18, was fined \$249 for underage consumption in Parker Hall.
 - Erik J. Gates, 18, was fined \$249 for underage consumption in Parker Hall.
 - Dana J. Book, 18, was fined \$249 for underage consumption in Parker Hall.
 - Peter P. Walbolt, 19, was fined \$249 for underage consumption in Parker Hall.
 - Chase D. Cofell, 20, was fined \$249 for underage consumption in McMillan Hall.
 - Eric M. Gupta, 18, was fined \$249 for underage consumption in McMillan Hall.
 - Taylor E. Johnson, 19, was fined \$249 for underage consumption in Grimm Hall.
- Oct. 14**
- Matthew R. Pollock, 18, was fined \$249

- for underage consumption in Hathorn Hall.
- Vincent S. Wade, 19, was fined \$753 for underage consumption, fifth offense, in Crabtree Hall.
 - Nathan D. Gillett, 18, was fined \$249 for underage consumption in Hathorn Hall.
 - Eric B. Smith, 18, was fined \$249 for underage consumption in Hathorn Hall.
 - Ross E. Wargula, 19, was fined \$249 for underage consumption in Hathorn Hall.
 - Matthew D. Holz, 18, was fined \$249 for underage consumption in Hathorn Hall.
 - Mark L. Leichtfuss, 19, was fined \$249 for underage consumption in Hathorn Hall.
 - Joshua R. Baumhardt, 19, was fined \$249 for underage consumption in Hathorn Hall.
 - Eric J. Schmidt, 18, was fined \$249 for underage consumption in Hathorn Hall.
 - Joseph K. Nourse, 20, was fined \$249 for underage consumption in May Hall.
 - Katelyn M. Taranto, 19, was fined \$249 for underage consumption in May Hall.
 - Taranto was transported to River Falls Area Hospital to be treated for excessive alcohol consumption.

Smart Money: Students learn financial management

from page 1

to distribute my funds more wisely,” she said. “I also thought the credit session was quite helpful because I don’t have a credit card and didn’t know much about credit and interest rates.”

Egerstrom said that she thinks it was important and necessary to hold the Smart Money Week events at UWRF.

“A student’s ability to manage their money and spending habits has an impact on their success as a student,” she said.

Other sessions throughout the week included a Career Fair on Wednesday hosted by Career Services and “Financial Assistance: One-on-One with a Financial Aid Counselor,” an event held in the Falls Room of the UC where students could ask questions regarding financial aid options and paying for col-

lege.

In addition to these events, the film “Maxed Out,” a story about debt in the United States, was shown on the campus movie channel all week.

“These events were really helpful overall,” Bauer, a business administration major, said. “Money management skills will help me when I move out on my own, and when I look for a job in the business field.”

Egerstrom appeared positive about the Smart Money Week events and said she hoped to partner with other organizations again to create events geared towards informing students about important and relevant topics.

“I would like to continue this type of co-curricular programming in the future,” she said, “and identify additional partners across campus so we can provide an even broader array of session topics.”



Kenny Yoo/Student Voice
Guest Speaker Brandon Walker interacts with UWRF student Jared Acker during Smart Money Week.

Stress: UWRF students struggle to find balance

from page 1

Christie Lauer, a freshman journalism major, is looking for a work study job to help pay for college. Lauer spends most of her time now just trying to keep up with all of the reading she has to do for her classes.

This makes her feel “very overwhelmed, worried that I won’t be able to pass the class.”

This overwhelmed feeling can cause insomnia, loss of concentration, withdrawal from friends and a general inability to follow



Gretchen Link

through with anything. Stress also leads students to potentially dangerous behaviors like drinking and overeating, Link said.

J.J. Rivet, a junior who works as a computer technician for FredNet, sometimes eats to cope with stress.

“During the summer, I hardly eat,” Rivet said. “During the school year, I can just put it away.”

Stress can also intensify symptoms of pre-existing mental conditions like anxiety, depression and eating disorders, Link said.

Ruth Wood, a professor in the English department, has had students with stress-related migraines and mood swings.

“I think as we see more and more of that, we’re going to have to find a way to make expectations for ourselves less burdensome,” Wood said.

Sometimes jobs, family expectations and illness keep students busy outside of school and make deadlines unrealistic, Wood said.

Wood also blames cultural factors for the rising level of student stress.

“The whole American system of life expects us to do more,” Wood said. “I feel like us faculty and teaching staff are in the same boat.”

For this reason, Wood allows her students a deadline extension once during the semester-as long as they warn her a few days in advance that their paper will be late.

Students can make some lifestyle changes on their own that will help to reduce stress, Link said.

Students need to learn time management skills so they are able to keep track of everything they need to do and plan when to do things based on due dates and personal priorities, Link said.

Part of time management involves overcoming procrastination. Some students find that they do a better job with schoolwork when they procrastinate, Link said.

“But stresswise, it’s taxing on ones body [to procrastinate],” Link said.

Regular exercise, healthy eating and getting seven to eight hours of sleep each night also help students feel better when they are under a lot of stress. Even a change as small as adding a 15-minute walk to their daily routine can make a difference for students, Link said.

If none of these tips helps a student feel better, he or she may be suffering from a mental health condition. Four counselors on campus help UWRF students with mental health issues talk through their problems and make appropriate changes in their lives, Link said.

Student Health Services offers an online self-assessment for mental health for students who are debating whether or not they should talk to a counselor.

Homecoming: Students able to compete in variety of events

from page 1

um opened at 7:00 p.m., and students crowded in to take part of the “One Hit Wonder” competition. Each organization choreographed a dance to their favorite “one hit wonder” and had three minutes to share their talent with the audience. Sigma Sigma Sigma took third place, while Theta Chi was awarded second place for their efforts. Johnson Hall’s talent led them to first place in the 2007 “L i p S y n c” competition.

The five days of the week were only a slight preview of Homecoming 2007 compared to the weekend’s events. Friday night held the long awaited foam party in Knowles arena. Students spent their Friday night dancing to music in a pit filled with foam up to their waist from a foam machine. Finally, game day arrived on Oct. 13 with the annual parade taking place in downtown River Falls. This was proceeded by a Homecoming BBQ and later, the UWRF football game versus UW-Eau Claire. The UWRF Falcons ended their Homecoming week with a victory over UWEC with the 27-20 score reflecting on the scoreboard. 2007 royalty coronation entertained for halftime when Johnson Hall’s candidate couple, Clayton DeRemer and Tiffany Lay were crowned king and queen. However, the main highlight that caught most people’s attention Saturday afternoon seemed to be a unique

“I think it was a lot better than what people had initially imagined. It was well organized and cleanly run.”

Lenny Polzin,
UWRF sophomore

display of nudity streaking across Ramer Field. During the football game, a Falcon fan decided to become a participant instead of a spectator when he ran across the field naked. The “streaker” made his way down the field and over the fence before heading towards a nearby wooded area. The incident held audience attention before their focus was turned back to the game as the Falcon football team secured a win in the last crucial minutes of the game.

To conclude the homecoming events, the “Big Event” was held outdoors in the Amphitheater. The “Big Event” was organized by UWRF’s Building Tomorrow group to fundraise for Kampala, Uganda. Students gathered to hear a variety of music including Shawn Mullins who took the stage at 8:00 p.m.

With the extensive amount of work that the 2007 Homecoming Committee put into this year’s events, many students enjoyed both participating and watching the activities.

“I think homecoming is really cool because it’s very different from the high school atmosphere and is a great way for organizations to not only meet each other but to find out what each one is about,” UWRF sophomore, Lenny Polzin said. “River Falls is a good size to organize many different events. I think it was a lot better than what people had initially imagined. It was well organized and cleanly run.”

Rush River: Success brings brewery to River Falls

from page 1

Brewery flows into River Falls

Ground was broken for a new Rush River brewery in River Falls at Whitetail Ridge Corporate Park Oct. 2006, after the River Falls Economic Development Committee gave Chang and Anderson an offer they could not turn down.

“This is a deal that we could’ve never afforded on our own,” Chang said. “We got this place, this size, basically custom for the bottling line.”

The facility was paid for and built by the City of River Falls for Chang and Anderson to their specifications—so far they have only had to pay the lease. They have the option to purchase the facility for the original cost of construction in two years, and that is exactly what they intend to do, Chang said.

“It was an amazingly fast process, so we got lucky with this town,” Chang said.

Chang and Anderson own Rush River, while Stair remains the third “silent” partner in the company. Chang and Anderson have only one person working for them full-time—Brewery Representative Scott Kutcher.

Some students from UW-River Falls assist by packaging bottles, but they are not actually employed by the company.

UWRF student Samantha Bruley does not assist in operations at the brewery, but she does assist in creating business for the brewery. “I like the variety and it tastes good,” Bruley said.

Chang and Anderson said they want to maintain direct control of the brewery for at least a year before they decide to take any other help. They might consider offering an internship through the University, Anderson said.

Anderson stressed that the brewing process is technical, and there is not any room for mistakes when it comes to their beer. Chang said they have not had a failed batch of beer yet. “We really love running this place by ourselves,” Chang said. “We’re more than happy to burn the candle at both ends.”

In an article run by the Student Voice last year, River Falls City Administrator Bernie Van Osdale said the brewery was a “good start-up business with a great deal of potential.” A report issued by the Brewers Association in 2006 gives testament to Osdale’s statement. “Growth of the craft beer industry was 12 percent by volume for 2006,” according to the Brewers Association Web site. “Craft beer industry sales have grown 31.5 percent over the last 3 years.”

At this point hops are added, which act as a bittering agent and a preservative, Chang said. After the mixture is boiled, it is spun around in the tank until a large column is formed and all of the “mush” falls to the bottom. The 212 degree liquid is then extracted and run through a heat exchanger, which brings the liquid down to approximately 72-75 degrees so that yeast can be added; yeast is only active at certain temperatures. “There are two major classes of yeast, ale and lager,” according to the Brewers Association Web site. “Ale yeast is a top fermenting yeast...that ferments at warmer temperatures, generally between 55 and 75 degrees.”

Rush River only brews English style ales, so keeping the temperature at the proper level is critical in the process. After taking on oxygen, the yeast then eats the sugar, which creates alcohol and carbon dioxide. Chang or Anderson then monitor the beer by frequently measuring the alcohol content with a hydrometer. When they decide the beer is done fermenting, they then activate “cooling jackets” in the tank, which regulate the temperature of the tank. “That puts all of the yeast to sleep and the yeast drops out to the bottom,” Chang said. The beer is then transferred to one of two tanks—one is used to fill bottles, while the other is used to fill kegs.

Looking to the future

The land that Rush River occupies has the capacity for another building. Chang and Anderson said they hope to one day expand to the point where another building will be necessary. “Pretty much everything we make is sold,” Chang said. “Our output has doubled and cost has gone way down.”

Chang and Anderson said that the community reaction has been positive.

“People in this town have really latched on to what we’re doing,” Anderson said.

Several liquor stores and bars sell Rush River beer in River Falls, including the Mainstreeter Bar and Grill, located at 212 S. Main St. “I think it’s more of a tap beer than a bottled beer,” bartender Tiffany Joy said.

However, the people who drink Rush River do so “religiously,” she said.

On a cloudy afternoon, a man named Sam Salter sat alone at the Mainstreeter, casually sipping on a Summit Extra Pale Ale, a beer brewed in St. Paul. Salter said he considers himself somewhat of a “beer snob,” meaning that he is very particular about the beer he drinks. He said he has heard of the name Rush River somewhere, but he was not sure if he had tasted it before. Joy gave him a free sample of Rush River’s amber ale, The Unforgiven.

“It’s a nice clean taste,” Salter said. “If I see it on tap I’ll check it out because I’m always into supporting local brewers.”

Rush River Brewing Co. has come a long way and the momentum appears to be building, but Chang and Anderson said they have no intention of becoming a national brewery, and they intend to “keep it local.”

“We’re purely focusing on producing good beer,” Anderson said. “We’ll let the product speak for itself.”

Look inside the brewing process

Rush River brews five different beers: Lost Arrow Porter, Unforgiven Amber Ale, BubbleJack India Pale Ale, Small Axe Golden Ale and Winter Warmer. The Small Axe and Winter Warmer are their specialty seasonal brews. Each beer contains mostly barley, while the specialty beers use special grains.

A giant silo outside of the brewery is filled with grain that is pumped into the facility through a long tube. Hot water is then added which “sucks” the sugar out of the grain. The grain remains in the first tank and the sugar water is pumped into a second tank, where it boils for approximately an hour and a half.

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EDITORIAL

Budget leaders resort to threats

The latest issue with the still unresolved Wisconsin state budget not only is threatening our learning institution, it has our own governor acting like a pouting adolescent.

On Oct. 16, after a newly proposed budget received the approval of Gov. Jim Doyle and the Senate, the state assembly shot it down by six votes. With the state closing in on the point of no return to get a budget done, our illustrious Governor decided to pull out one of the oldest and lamest human tactics used when one doesn't get their way—he used a guilt trip. Doyle decided to use the threat of shutting down several state funded programs such as Wisconsin prisons, or even the UW System itself. While some are speculating that this is nothing more than a scare tactic, it does not excuse the fact that it is not the way rational government leaders should act. The citizens of Wisconsin should not have to pay for the ineptitude of our government officials who can't agree because of their political ideologies (Doyle and the majority of Senate are liberal and the Assembly is primarily conservative).

Doyle also made another, slightly more feasible yet just as concerning threat for students when he stated the cost of education for students in the UW System could be increased by \$800 per student in the spring. This would also be detrimental for students, but at least it's a more logical plan as opposed to just shutting down schools for a semester. We have to realize there is going to be some give and take with this messy situation. But one of the problems is, do you really want to saddle UW System schools with another burden? Too much has been invested in the state colleges to add another burden and with the health insurance crisis threatening to push away some of the faculty and staff here at UW-River Falls it seems as though, overall, Wisconsin higher education is regressing.

So the editorial board for the Student Voice would like to make a proposal of their own. We propose that Gov. Doyle and the members of Senate and State Assembly cut their jobs first and foremost, before looking to cut the jobs, or funding for anyone else, or any other program in the state of Wisconsin.

Editorials represent the opinion of the Student Voice Editorial Board and are prepared by the editorial staff.

Have questions about the budget? Visit the Governor's Web site at:

http://www.wisgov.state.wi.us/budget.asp

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The *Student Voice* is a student-written and managed newspaper for UW-River Falls, and is published Thursdays during the regular school year.

All editorial content in the *Student Voice* is determined by the newspaper's Editorial Board. The opinions expressed in editorials and columns do not represent those of the newspaper's advisor, student population, administration, faculty or staff.

Letters to the editor must be 300 words or less, and include a first and last name and phone number. They can be submitted at 304 North Hall or to student.voice@uwrf.edu.

The *Student Voice* reserves the right to edit any material for content, libel or space. It also reserves the right to withhold letters.

All letters, news releases, briefs, display ads and classified ads must also be submitted no later than Wednesday at noon.

Single copies of the *Student Voice* are free. Printing is paid for through student fees.



LETTERS TO THE EDITOR

Manure spreading enforces stereotype

At the 13:02 mark prior to kickoff at Saturday's Homecoming game, a Falcon farm tractor and manure spreader roared from out of the east like Grendel's mother and proceeded to eject its contents in the area immediately adjacent to the stands of the visiting Eau Claire Bugolds' fans and team. Never has the phrase "home field advantage" been made more tangible and in your face. Merriment among even the most jaundiced of the Falcon Nation subsided, however, when a second honey wagon appeared—Grendel himself—and dispatched a fresher and much more noxious cargo into the environs surrounding Ramer Field. Thankfully the atmosphere provided a third oxygen atom, which helped dilute the

sulfur dioxide (or whatever) that threatened to ruin a beautiful day.

The iconoclastic proclivities of the Wisconsin farmer are well-known and often admired, but in this case I believe the decision to lay it on thick was ill-advised. One can only imagine the chagrin of those administrative types who have logged hundreds of hours working to dispel the Moo U stereotype. And let's not forget the horror of the intrepid streaker who raced 65 yards unimpeded through a mesmerized Eau Claire defense, leaped an encircling chain link fence in a single bound and surmounted a taller second barrier with obvious ease—only to find himself literally mired, ankle-deep, in proverbial deep shit, with campus security on his trail like bloodhounds.

Harold Tiffany
River Falls class of '67

Input requested for next year's festivities

I guess this isn't really a "Letter to the Editor," but more of a "thank you." Thank you to all of those who participated in Homecoming 2007—to the teams and organizations that competed in events and the students that showed up to observe.

The Homecoming Committee wanted anyone to participate in Homecoming events, so this year we edited the registration process, allowing any UWRF student to compete.

We recognized the popular events and wanted to continue with them. But the Committee also wanted to try new things like the Fashion Show and Foam Party.

Some things worked; others—well, we need to make adjustments (I promise our future Human Pyramid competitions

will not be based on who can stay in pyramid formation the longest). But hey, I think we did pretty well.

And we want your feedback. What did you like? What didn't you like? What would you like to see next year, or even at Winter Carnival?

Feel free to email your thoughts to the committee at homecoming@uwrf.edu or attend our Homecoming follow-up meeting next week at 7 p.m. Oct. 24 in the St. Croix Room (321) in the University Center. I hope to see you there.

Abby Maliszewski
Homecoming Committee Chair

Let your voice be heard! Leave a letter to the editor at 304 North Hall.

To cheat or not to cheat: it's up to the student

Editor's note: The *Student Voice* will be running a weekly faculty/employee column this semester. This is open to any UW-River Falls staff member who would like their opinion heard on the pages of the *Student Voice*. The columns are opinion pieces between 450 and 600 words and must be submitted to the editor by the Monday prior to that week's issue. Please send any columns or questions regarding them to: editor@uwrfvoice.com. The *Student Voice* also reserves the right not to print a column if it is not suitable.

As Associate Dean in the College of Education and Professional Studies, and also when I'm teaching, I think quite a bit about academic honesty. Some of the research on this topic is pretty discouraging.

Some people cheat when they are afraid of what will happen if they don't. "If I don't pass this test, or get this paper turned in, I will fail the class or get suspended or have to tell my parents what I got." Others cheat because "everyone cheats."

One piece of research on academic honesty found that more business and engineering students than students in other areas cheat. When asked, they said they do

it because cheating is part of life in the business world, so they are getting ready for their future jobs.

As a teacher, I think about how to encourage my students not to cheat. I try to give assignments that connect to their lives and draw on their personal experiences, making pulling something off the internet harder for them—but also helping them to tie their learning to their reality.

This works pretty well for me because I teach education courses, and it's easy to make it clear to students why what they are learning is important to them and to help them see how it connects to their future jobs or current work. I know this is much harder for faculty who teach classes that bring important learning but don't have obvious connections to the "right now" of students' lives.

Most of the time it has to be up to students to choose to be honest. Even if you have a full scholarship that covers every penny you spend to go to River Falls, you are spending something even more pre-



Mary Manke

cious than money. The time you are spending in college can never be replaced. When these four or five years are over, do you want to have real knowledge to show for it? Or is it OK with you to finish college knowing little more than you knew when you left high school?

No one who watches TV news would claim that we live in a world where nobody cheats. Business executives, politicians and even engineers get caught cheating almost every day and they pay the price when they lose their jobs and their reputations.

They, like you, have choices, and they could choose not to cheat and not to have to worry about what is waiting for them around the next corner. I think that people who choose honesty live happier lives.

What's your choice?

Mary Manke is associate dean of the College of Education and Professional Studies and is in her ninth year in that position. She coordinated accreditation for Educator Preparation in 2003 and is now beginning to prepare for the 2010 visit. She teaches in the Shared Inquiry Master's Program.

Public surveillance exposes personal privacy as less than necessary

When you live the hostel life, you sacrifice nearly 95 percent of your privacy to people whom you do not know and probably should not trust. Even sleep is disturbed by the top bunker calling it a late night. The odds of dressing alone in a room fit for ten are slim. The inconveniences and lack of my own room are not as bothersome as some may think. Life on the road (or rail) consists of these surprisingly fun experiences. The idea of privacy begins to take a new shape.

Sitting on a street corner eating fish-and-chips, the only sounds are those of shoes on cobblestone and the whirring of the CCTV (closed circuit television) spinning around to check out your scene. Peek into any shop, restaurant or street side, and bulky cameras have their

eyes on you. I tell those I meet about the copious amounts of government eyes on us in the city. They all swear that the United States has much more—only hidden. How does that make you feel, knowing "Big Brother" is watching?

To me, the cameras are only slightly invasive. There is something thrilling about knowing you are being watched.

What will come of it? The secret police will not jump you for smoking a joint. The cameras don't know what is going on in our heads. As ordinary citizens in this world I believe we have little to fear when it

comes to the zooming lenses. Keep your bombs, drugs and theft under wraps, and you'll have nothing to worry about.

"A man who loses his privacy loses everything," author Milan Kundera said. "On the other hand living in truth means breaking down the barriers between the private and the public; which is the source of all lies."

As people we long for time and space to call our own. Time to gather your self is vital, although as humans, we long for company. Opening up to strangers and feeding information to them may seem exhilarating yet



Teresa Aviles

almost desperate for attention. But I have also met some crazy people that seemed like they had not spoken deeply to a person in some time.

So which is it? Do we lose ourselves when we open up and show ourselves? Or do we lose ourselves in the hidden lies of privacy? Either way, privacy from living quarters to public rights to the individual thoughts is something to be cherished but not always essential. I write this as I am sitting alone in Regent's Park—in public, but pleased with the privacy.

In the end, you're only real if you're true to yourself.

Teresa is a journalism major and a geography minor. She is enrolled in the Semester Abroad: Europe program and is currently doing research on the River Thames in London. Later in the semester she will be independently backpacking across Europe.

Simplicity offers better life

There is something driving me to discuss an issue with you. Before I discuss that issue, I will explain the driving forces within me.

One issue stems from the world’s population growing at an exponential rate. Another is that human beings have reached peak oil, meaning there is a constant downslope of our oil supply from here on out. Another is the warming of our earth’s atmosphere. It is rising in temperature at an unheard-of rate. Ice caps are melting, and shorelines are receding.

Where are the millions of people on the shorelines going to go? They will become mere refugees in other countries (if they haven’t already drowned) while overstepping the country’s carrying capacities and asking for nothing but chaos.

As our oil continues to deplete, how are future generations going to power factories that make all of our goods? How will farmers be able to run their equipment that grows the food that humans take for granted every day of their lives? How will we have electricity to run our second brain “the computer” that we rely so heavily on?



Rose Rongitsch

Without these things, what will humans do?

The issue that I would like to discuss with you is sustainability. It means preserving the earth now, so future generations will have a decent quality of life. Making the choice now to switch to renewable energy will prevent us from sucking the oil dry. It will give future generations the chance to cope with the cards they are dealt.

The food at the grocery store typically comes from thousands of miles away. Think of all the energy it takes just to transport it to your convenient setting. The solution to this is eating local. Buying food from local farmers tends to be healthier and benefits the local economy, and the energy used for transportation is minimal. Americans are five percent of the world’s population, yet we consume 25 percent of its resources. This does not seem right to me. Is it the quality of life society has brainwashed us into thinking we need to have? Do we really need 10 pairs of shoes and every color and style of everything else?

It seems to me that Americans buy and

buy and buy, and can never have enough. What built this sick intrinsic value inside of our brains? My house better be bigger than yours, ‘cause if it’s not, I’m going to buy a bigger one. My Lexus is better than your Toyota.

This is the mentality of so many Americans. Why can’t we all just realize that materialism gets us nowhere? It just digs us deeper into a hole that we may never be able to get out of.

The simpler things in life such as love, friendship and family are the things that actually mean something. When we’re on our deathbed at the end of the road, we are not going to look back and think, “Wow, my life was really fulfilling because I had the nicest house on the block and a car that everyone was jealous of.”

The moral of the story is that materialism means nothing. We can change our ways now to live a more sustainable life and still be happy. We don’t need everything that we’re brainwashed to think we do. If we all work together on this, hopefully future generations will at least have a chance.

Rose is a senior majoring in broadcast journalism and minoring in environmental science. She is the news director for 88.7 FM WRFW and has a weekly public affairs program. Her career goal is to save the world.

Online love a little bit off

Online dating services have a dreadfully creepy reputation, just as this quotation from “The Office” suggests: “Yes. It is true. I, Michael Scott, am signing up with an online dating service. Thousands of people have done it, and I am going to do it. I need a username, and... I have a great one. Little Kid Lover.” That way people will know exactly where my priorities are at.”

In addition to being creepy, most would describe an individual who uses an online dating service to be desperate, pathetic, hopeless and/or foolish. Although these descriptions have been proven accurate for

After typing in “online dating service” into the Google search engine, I was amazed by the amount and variety that is offered.

In addition to traditional dating, services for homosexuals, fitness enthusiasts and Christians are offered. There is even a site exclusively for farmers looking for that special someone. Surely that must be River Falls favorite: www.farmersonly.com.

I opted for a dating site with a sense of humor. From the creators of TheSpark.com and SparkNotes, OkCupid.com offers entertaining dating quizzes, detailed profiles, e-mail and instant messaging without having to pay a cent.

I decided to review another profile before writing my own. Under the “I’m really good at” section, a 27-year-old



Annee Mayer-Chapleau

Some might say no and argue that love requires romance, and meeting on the Internet is not romantic whatsoever. But have these people who argue against the use of online dating services seen commercials for eHarmony.com?

In an adoring embrace, eHarmony couples share their experiences on national television.

“We always say we’re like a walking eHarmony commercial,” one woman says as she gazes tenderly into her husband’s eyes.

Considering how frequently these commercials air, it is likely that the arguers have seen them and are pointing and laughing throughout.

“Twenty years from now, the idea that someone looking for love without looking for it online will be silly,” a Wired magazine from 2002 predicts.

Although they are quite popular today, those who use online dating Web site continue to have a reputation for being desperate—despite how practical it is to find a potential partner.

I decided to do some research.

OkCupid user from Illinois states, “Let’s see here... killing people quietly, killing people not so quietly, badminton, killing people with bladed weapons, killing people with guns, crossword puzzles, killing people with blunt objects, killing people with my bare hands, painting and killing people who beg me not to kill them.”

I wrote something a little more socially acceptable on my profile, added some meticulously posed photographs of myself in order to hide my flaws and to better my chances in finding a more attractive young man, and impatiently waited for a response.

The first email I received was from a twenty-three year old from St. Paul, Minn. The subject was titled “wow,” and it read with poor punctuation, “i’d eat it.”

Thus ended my search for love online.

Annee is a junior studying Creative Writing. She loves astronomy and her main goal in life is to dance like David Byrne from the Talking Heads.

Reactions to columns should be published

Each week five or six individuals go out on a limb before the entire River Falls community. These people spend their time contemplating situations that ask lots of questions and produce few answers. They frame their commentary in phrases that combine fact-based reporting with literary prose. These people are your very own columnists here at the *Student Voice*.

A lot of people criticize the *Voice* for offering so much opinion when the space could be used for hard news. But the fact is that there is no hard news without opinion, whether that opinion comes before or after the fact. And it is this opinion which frames how each news story is received by the public.

It would also seem to an outsider that columnists have it easy. A columnist doesn’t have to go out and research massive amounts of data or conduct interviews when he or she sits down to write a column. Many, however, do gather data to sup-

port their arguments when data is available.

And the same standards apply to opinion pieces as to news stories. Any facts must be checked and confirmed. Quotations must be accurate. The point is not to be rude and write nonsense with the sole purpose being to poke fun at somebody or something. The point is to raise questions which need to be addressed and to inform the readership of conditions in society where there may be some disagreement.

But the hardest part of being an opinion writer for any publication comes from the fact that every time we sit down to write our piece, we submit ourselves to a host of criticism.

Here at the *Student Voice*, each column is published with the full name and a picture of

the person writing. So not only can anyone who reads the paper look us up on the University’s people search or Facebook, but they can also spot us walking to class during the week. There is absolutely no anonymity, and here we are taking a side on issues that may potentially make us instant enemies to any number of people.

This is how it should be.

After all, we did sign up for the job, and we choose the topics we want to write about.

Yet those who choose to reply to these columns are also choosing to voice their opinions, and I do not think it is fair for them to hide behind personal e-mails or other messages directed only to the columnist. After all, the point is to raise concerns and expose conflicting viewpoints.



Katrina Styx

In the last four weeks that I have been composing columns for the *Voice*, I have personally received messages regarding three of my columns. I congratulate those of you who did respond, but honestly, what good do you think it will do? I have already published my opinion, and I wouldn’t be an opinionated person if I wrote about things I could easily change my mind about.

So here’s the point. Please write. Just don’t write to me. If you’re bold enough to tell me what you think of me or my ideas, be bold enough to make it as public as I and my fellow columnists do. Send your complaints to my editor. I guarantee that I will personally get the message as well. Believe it or not, I want the whole world to know exactly what you think of me.

Katrina is a senior majoring in English with a literature emphasis and a minor in print journalism. Her passion is working with words—either writing or reading them. She hopes to someday make a career of editing.

University bar would have been a happier choice for UWRF student majority

Last week, our lovely *Student Voice* published an article about the opening of Roots, the new healthy-choice eating venue in the lower level of the University Center. The article also touched on the subject of a bar being installed in that same location, which is obviously no longer an option.

In fact, the bar was dismissed as perhaps a mere rumor, a whisper of an idea barely able to survive in the face of the worried and super moral administration. Sure, the Student Senate “explored” the idea, but what the hell does that even mean? Did anyone ask the student body?

This issue of Spinach versus Booze evokes the concept of true American democracy. And it’s my belief that the

larger student body would be much happier pounding an ice-cold Leinenkugels instead of choking down some gluten-free, whole grain, free range Salisbury butt-skin stuffed with artichoke mulch.

I mean, sure, that sounds delicious for my spleen and all—but when it comes to consuming cafeteria food, I’d rather have a recognizable and hormone-blasted potato-related dish instead of weird, earthen hearth omega-fatty-acid-dipped beanstalks.

College students are fairly young people. Healthy eating really isn’t too

necessary until you hit your fifties, at least. Am I right?

I can’t help but assume that the decision to open Roots instead of a bar was arrived at imperfectly. Of course I have nothing to back up this opinion with, but meh.

As a couple *Student Voice* columnists convincingly argued last year, the pros of an on-campus bar far outweigh the cons. Instead of saying that Student Senate “explored” the idea, I think it’s necessary for them to fully explain the decision-making process to us.



Joe Hager

What if Roots fails like Zona Mexicana? Will they then give the bar idea any more credibility? I think not. I think the decision was made more out of political fear than solid, logical reasoning. It’s the same with the people trying to ban smoking across campus—what an absurd idea.

A lot of college kids smoke and drink—it’s a fact of life. It’s not really college without a little alcohol, a little tobacco and a little drunken philosophizing. You’re all big enough to walk away from it if you want.

So I’m asking you now: What do you want? Would you rather munch on an organic, soybean, shiitake and avocado surprise or sip responsibly on a chilled and coastered Jack and Coke between classes?

I would love to hear back from the student community on this. I just think that it’s better to address the desires of the majority rather than cater to a small sect of vegan bark-chewers.

Of course it’s too late to do anything important about it, but I think it’s an interesting topic that could use some discussion.

It seems the official discussion about this was made behind our backs, and I wish the process had been made a little more transparent.

So what do you think?

Joe is a Marketing Communications major with a Creative Writing minor. This is his first semester writing for the Student Voice. He is interested in movies, religion, politics, culture and people.



Nicole Tate, freshman

“I think they’d make a lot of money off it. I don’t know if a lot of school studying would get done.”



Heidi Vanderloop, senior

“I have mixed reactions. I think if they made it into a place where local bands could play it could be a good thing, but if it is solely for drinking I don’t think students would go to it especially if it’s in the student center.”



Ben Zimmerman, sophomore

“It would definitely bring in more profit to the campus and maybe give a safer place for students to indulge.”

STUDENT VOICES

Do you think it would be beneficial to have a bar on campus? Why or Why not?

Chelsea Kelly, sophomore



“I do ‘cause then it would save people the trouble of drinking and driving. No— but seriously it’s a nice way for people to socialize and connect after classes.”

Christopher Prementin, freshman



“I’m sure the school would make a good profit and students would appreciate it. I’m not sure if campus would benefit from it.”

Andria Vetsch, sophomore



“Personally I would not benefit from it and if I was of age I probably would not use it. It’s not a good idea cause it’s promoting something that’s not a good life choice.”

UWRF swimming dives into a new season

Ben Brewster
benjamin.brewster@uwrf.edu

Falcon swimming and diving had a new look this year with 16 incoming freshmen joining the team for their first meet at UW-Eau Claire on Oct. 13.

The meet was the co-ed relay, with three schools participating. UW-Eau Claire won the meet with a score of 84, UW-Oshkosh scored 56 and UW-River Falls scored 44.

The UWRF A team had second place finishes in the mixed 100-yard freestyle relay, the mixed 400-yard backstroke relay, the mixed 800-yard freestyle relay and the mixed 200-yard freestyle relay.

According to head coach Bill Henderson the Falcons' strongest events this year are short freestyle on both sides and intermediates.

"[We have] good numbers in backstroke, breaststroke and butterfly," he said.

The men's team has six freshmen coming in: Josh Anderson, Justin Anderson, Sean Breneman, Tom Pierson, Mark Thorsen and Nico Wallat.

The women's team has 10 newcomers, including Colorado State transfer Katie Zappa, freshman long freestyle and breaststroke swimmer Tamra Knight and freshman butterfly swimmer Roxie Pingry.

"[The] freshmen class overall is very strong," Henderson said.

The men also have several strong swimmers returning. Henderson expects junior breaststroke and individual medley swimmer Michael Brudzinski to be a big contributor to the team this year. Last year Brudzinski consistently finished in the top spots for the 100- and 200-yard breaststroke and the 200 and 400-yard individual medleys.

"We are a loaded cannon in respect to anything 200- yards or shorter," Brudzinski said in an e-mail.

Also contributing on the men's side include senior freestyle and butterfly swimmer Tom Fritchen, senior backstroke swimmer Mikhael Keyser and senior freestyle swimmer Jacob Moe.

The women's team looks strong this year even with the loss of two important swimmers. Junior Danielle Mandich, who Henderson said is "always one of the best in the conference," is in Scotland for the semester and junior Sara Cannady quit the team to concentrate on academics and try to graduate in three years.

In their absence, last year's team MVP sophomore sprint freestyle swimmer Jill Lambach will be an important piece of the women's team.

"I'd really like to just be a great team leader and be a good example for the freshmen," Lambach said in an e-mail.

Other returning women include junior freestyle and backstroke swimmer Ashley Swenty, junior freestyle swimmer Rachael Westlund and senior backstroke and freestyle swimmer Tia Felts.

The team is not without problems.

"One of the things that hurts us is no diving," Henderson said.

The Karges pool has no place to practice diving, which discourages potential diving recruits.

The men's breaststroke could also be a weakness for the Falcons.

"The guys team was unfortunate in the incoming freshman, in the



Evans Meredith/Student Voice

Senior Tom Fritchen swims the butterfly in the Falcons' first meet Oct. 13. UWRF took third place with 44 points in the UW-Eau Claire meet. The Blugolds took first with 84 points and UW-Oshkosh took second with 56 points. UWRF team A took second in four events.

fact that we didn't pick up a new breaststroker, and we lost one of our former ones due to student teaching," Brudzinski said.

With the current core of returning players and a strong group of incoming freshmen, Henderson said the goal for this year's team is to move up in the conference.

The team managed to win three meets last year, but the swimmers

expect that to change for this season.

"I think we are going to surprise the conference with the amount of growth we have had since last year," Brudzinski said.

According to Lambach, "the team should definitely hold its own against the rest of the conference."

The Falcons next meet is 1 p.m. Oct. 20 at UW-Oshkosh.

Falcon tennis makes its mark in history

Jim Jensen
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The sport of tennis has made its mark at UW-River Falls over the years. With successful teams donning the school colors in the past, it came as no surprise that this season would be no different.

Under the guidance of head coach Lee Lueck, the 2003 WIAC Coach of the year, who is in his eighth season as head coach, the Falcons tore through early season matches with ease, jumping out to a 5-0 start with wins over St. Norbert, Lawrence, Marian and St. Mary's, as well as a shutout against Ripon.

But just as all good things must come to an end, the same saying goes for streaks, and the early season winning streak the Falcons went on was followed by a three match skid. The Falcons lost to UW-Whitewater and Div. I team UW-Milwaukee. The third loss contributing to the sudden slump was delivered by UW-Stout, as they just edged out the Falcons 5-4.

The Falcons were able to pick up a win in their next match against St. Thomas to end their losing streak for good. UWRF has been nearly unbeatable in every aspect of the game ever sense.

Three well-played matches would follow the St. Thomas win, generating victories over Stevens Point, UW-Oshkosh and Bethel, leaving the Falcon tennis team riding a four-match unbeaten streak into the final two competitions of the regular season.

The Falcons would have their winning streak snapped prematurely for the second time while visiting Eau Claire. With one final match before

the postseason the Falcons encountered yet another chance for history to repeat itself, or was it a chance for them to make history instead?

The match: UWRF versus UW-La Crosse. The first meeting between the two teams took place during the 1979-1980 season during which the teams met twice, and then continued to meet on the court, once a season every season, leading up to this one. The Falcons were going into this match with La Crosse looking at 28 consecutive losses. Never in the history of the two teams has UWRF defeated La Crosse, but this was to be a new day. Not only was this the last match of the regular season, but the Falcons were also going up against a competitor that neither they nor any other Falcon before them ever defeated. This was also the last chance for the athletes that make up the UWRF Falcon tennis team to walk into enemy territory and take down the defending WIAC Champions on their own turf, allowing them to enter this year's championships with all the momentum.

The match was Oct. 9. Wednesday, however, they opened up the record books and made it official. The UWRF tennis team made a mark in history with a victory over the team that has plagued them throughout the program's existence. As well as knocking off the defending champs and bruising their spirits as they head into the postseason on a sour note, the Falcons will no doubt be taking the momentum they gained with the win, along with the support of everyone who bleeds Falcon red and black, as they set out to make some more history and bring back a championship.

Multiple sport intramural athlete becomes recreation staff member

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A flare of horns punctures the drone of voices in the locker-room of the Cincinnati Bengals as Chad Johnson insists reporters call him "Ocho Cinco" - his number, 85. This was Oct. 28, 2006, and the inspiration for one team in the UW-River Falls flag football intramural bracket.

The team Ocho Cinco's record was 6-1 as of Tuesday, with one of their games rained out. Their captain, Ryan Freese, is the third ranked passer in the league, the Special Events Manager on the recreation staff and not studying Health and Human Performance - instead Freese is a Business Administration major.

"I'm just interested in business and [intramurals are] just kind of a side thing," Freese said. "Like high school, I went to school and did sports after school. I'm very athletic and it's just something to do."

Freese has been playing a variety of sports ever since high school, where he played basketball, ran track and cross-country and played baseball for a year. When he came to UWRF, he knew he wanted that to continue.

"I knew I wanted to play sports and I heard of intramurals," Freese said. "So I just got a group of people together. I was always the captain for every sport."

Freese said he likes to keep sports completely extra-curricular, though - to stay in shape and have fun.

"I'm a big fan of sports. I absolutely love sports," Freese said. "I try and stay involved with any sports I can, so I've done like every intramural - any sport you can think of."

This is Freest third year playing intramurals and first year on the recreation staff.

"I applied to be recreation staff, I figured it would be a really good job for me because it has to do with sports and I'm involved in it anyway," Freese said. "I absolutely love the job. It's a lot of fun."

Recreation Leadership Coordinator Kurgan Sagan has lots of faith in not only Freese as an intramurals player - Sagan said he considers' Ocho-Cinco to be "a contender for the title" - but as an employee as well.

"Right before we interviewed him, we noticed (on his resume) that he had played basically every sport that we offer through Intramurals and was usually his team's captain," he said. "We then were very wooed in his interview and considered him our 'diamond in the rough' for a potential recreation staff candidate. As it turned out, he was chosen for a position and has had a great start to the school year."

As part of the recreation staff, Freese wrote an article for the intramural Web site titled "I wanna be MADE: into an Intramural Champion!" in which he gives advice to people wanting to participate in intramurals.

"It takes teamwork, strength, power, and the will to win," Freese wrote. "You have to run a little faster, be a little stronger, jump a little higher, and always stay two steps ahead of everyone else. Keep this in mind and you'll be made into an intramural champion. Wear that championship shirt proudly, and always walk onto the field saying, 'I Live To Play!'"



Ryan Freese

"You have to run a little faster, be a little stronger, jump a little higher, and always stay two steps ahead of everyone else. Keep this in mind and you'll be made into an intramural champion."

Ryan Freese,
Student

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SPORTS WRAP

Ford nets 400th career victory at home

Falcon volleyball Coach Patti Ford earned her 400th career win when the Falcons defeated Macalester, three games to two, Oct. 16, at the Karges Center.

Ford, in her 16th year with the Falcons, has a 400-193 record. She is second among active WIAC coaches in wins and is fifth of all WIAC coaches in career victories. She has led the Falcons to six NCAA Div. III national playoff berths. She has led UWRF to four (1996, 1999, 2002, 2003) WIAC regular season titles and one (1996) tournament playoff championship. The 1999 Falcon team finished the WIAC season with a perfect 8-0 record.

Ford has coached seven AVCA All-Americans, 15 AVCA All-Region players, two WIAC Players of the Year, four WIAC Scholar-Athletes and 23 All-WIAC players. In 2003 Ford led the Falcons to 35 wins and to the NCAA Sweet 16. In 1995 the Falcons set a single-season record for wins with 38. She has been named the WIAC Coach of the Year in 1996, 2000 and 2003.

The Falcons host UW-Oshkosh 7 p.m. Friday and UW-Whitewater noon Saturday at the Karges Center.

Soccer loses overtime match vs. Concordia

The Falcons were defeated 1-0 in overtime against Concordia-Moorhead Sunday afternoon at Ramer Field.

Concordia's Betsy Olesen scored the only goal in the game at the 99th minute. Her shot bounced high over and past Falcon goalie Emily Stieler.

Concordia-Moorhead outshot the Falcons 19-10. They also out-shot the Falcons 5-0 in the overtime period.

Stieler had 11 saves in the game while Concordia-Moorhead goalie Britt Reiersgord came away with four saves.

Jen Terry had three shots in the game with two being on goal. Kelly Piersak also had three shots in the game. Other players to contribute were Tracey Boyle and Jaclyn Rehmke, who each got one shot on goal.

Jordahl takes first in Neubauer Invite

Falcon runner Becca Jordahl set a school record at the Tori Neubauer Invitational at UW-La Crosse. She ran the 6,000 meter course in 21:46, beating the previous record of 21:59 by 0:13 seconds.

The women's team came in 16th out of 27 teams with 445 points while the University of Minnesota-Twin Cities taking first with 120 points. The top runners were Becca Jordahl, setting a school record of 21:46 and taking first, and Maria Michaud coming in 25th with a time of 23:09. The previous holder of the school record was Marlene Yager.

The Falcon men came in 13th out of 25 with 438 points and UW-La Crosse took first with 75 points. The top men runners were Chad Ernst, running the 8,000 meter course with a time of 26:06 and taking 24th, and Jose Rojas coming in 110th with a time of 27:37.

Tennis makes history, defeats LaCrosse

The Falcon tennis team made history on Tuesday when it defeated La Crosse, 5-4, on the Eagles' home court.

The Falcons had never beaten La Crosse in all-time series between the two teams. UWRF records have the two teams playing for the first time in the 1979-80 school year. The teams played twice that year and once every year since then.

The Falcons picked up three points in singles and two in doubles. Kozue Matsumoto had an easy time at No. 1 singles winning 6-0, 6-0. Kathyne Ostrowski picked up a big point at No. 2 with a 6-4, 6-1 win. At No. 5, Katie Anderson came back and won a big match, 6-7, 6-3, 6-3.

"Anderson's match was the last one to finish and that made everything very exciting," Falcon Coach Lee Lueck said. "Her win clinched the match for us." Lueck also mentioned Ostrowski's win at No. 2.

"The La Crosse No. 2 player is very good and Kathyne's win set the stage."

Falcon football ends four game losing skid

UWRF scored 10 points off three first half UW-Eau Claire turnovers as the Falcons ended their four-game losing streak, and five-game losing streak to UW-Eau Claire, by upsetting the No. 16 Blugolds 27-20 Saturday for their first home win of the year.

The Falcons were able to capitalize on a Blugold turnover when senior running back Nathan Anderson gained all 25 yards of the next possession, including an eight-yard scamper for a touchdown that put the Falcons ahead 12-7.

At the half, the Falcons led 14-7 in an evenly matched game. River Falls not only had a slight edge in the score but they out-gained the Blugolds 163 to 131 total yards and had a 1:46 edge in time of possession. The difference was the 11 River Falls points off of the four first half Eau Claire turnovers.

Late in the game after Eau Claire gained possession at its own 23 yard line they were faced with a fourth and seven that they had to convert to keep its hopes alive. But Eau Claire quarterback Mitch Schaeuble overthrew a wide-open Paul Mirr streaking up the middle of the field, turning the ball over to the Falcons and giving the Falcons their first 2007 home victory.

Anderson rushed for 124 yards and one touchdown, for his 19th career 100-yard game. Senior linebacker Bruce Baillargeon led the Falcons with 16 total tackles, and senior defensive end Gregg Neumann added one sack to bring his conference-leading total to 9.5.

Sports Wrap courtesy
of UW-River Falls
Sports Information

STANDINGS

| Football | | | Tennis | | |
|--------------------------|---|---|---------------------------|---|---|
| WIAC Standings | W | L | WIAC Standings | W | L |
| UW-Whitewater (5-1) | 4 | 0 | UW-Whitewater (11-2) | 6 | 0 |
| UW-Stevens Point (6-0) | 3 | 0 | UW-Eau Claire (8-3) | 5 | 1 |
| UW-Eau Claire (5-1) | 2 | 2 | UW-River Falls (10-4) | 3 | 3 |
| UW-Oshkosh (4-2) | 1 | 2 | UW-Stout (8-3) | 3 | 3 |
| UW-Platteville (2-4) | 1 | 2 | UW-Stevens Point (7-5) | 2 | 4 |
| UW-River Falls (2-4) | 1 | 2 | UW-Lacrosse (5-4) | 2 | 4 |
| UW-Stout (2-4) | 1 | 2 | UW-Oshkosh (4-6) | 0 | 6 |
| UW-Lacrosse (2-3) | 0 | 3 | | | |
| Volleyball | | | Soccer | | |
| WIAC Standings | W | L | WIAC Standings | W | L |
| UW-Whitewater (21-4) | 5 | 1 | UW-Stevens Point (11-3-1) | 5 | 1 |
| UW-Oshkosh (25-2) | 4 | 0 | UW-Eau Claire (11-1-2) | 4 | 0 |
| UW-Eau Claire (15-7) | 4 | 2 | UW-Whitewater (9-6-1) | 3 | 2 |
| UW-La Crosse (20-6) | 3 | 2 | UW-Oshkosh (6-7-1) | 3 | 2 |
| UW-Platteville (20-7) | 3 | 3 | UW-La Crosse (8-4-1) | 3 | 3 |
| UW-Stevens Point (16-10) | 3 | 3 | UW-Stout (4-10-0) | 2 | 4 |
| UW-Superior (16-12) | 1 | 5 | UW-River Falls (2-10-3) | 1 | 2 |
| UW-Stout (10-12) | 1 | 5 | UW-Platteville (3-9-4) | 1 | 3 |
| UW-River Falls (5-22) | 1 | 5 | UW-Superior (6-6-1) | 0 | 5 |

Blocked kick key to Homecoming win



Evans Meredith/Student Voice

Senior lineman Nathan Tenut blocks an extra point forcing UW-Eau Claire to attempt an onside kick with just over one minute left in the game. Freshman wide receiver Michael Zweifel recovered the onside kick and returned it 41 yards for a touch-down. The Falcons missed the two-point conversion, but held UWEC on the ensuing posession at their own 23-yard line after a failed fourth down conversion. The fourth down stop sealed the win for UWRF. The final score was 27-20.

Giving up on season inexcusable



Nick
Sortedahl

Four years ago I witnessed a fantasy football miracle. An owner in a dynasty league I am the commissioner of started the season 1-5. He and his team were the butt of jokes amongst the other league members. The owner himself became so demoralized that he changed his team name to reflect his putrid start. Then a miracle happened. He went 9-2 down the stretch and took home the league title.

Last season this same owner saw his team get off to a 10-0 start, only to lose his next four games and come away with nothing more than a crappy draft pick.

The point of this story is pretty apparent, but if you don't get it I'll spell it out for you. The first few weeks of the fantasy football season mean very little. Sure it's nice to get off to a good start, but a good start means nothing if your team falls apart in the final weeks of the season. The lesson to be learned is to never, ever be complacent regardless of your record.

It's easy to sit back if you're 6-0 right now and believe your team is invincible, because if you are undefeated, so far they have been. But there is no such thing as a flawless fantasy football team.

The same is also true in the opposite situation. If you're 0-6 and your team has been riddled with injury and underachieving scum, you should never forget that you could be just one key trade, or waiver wire pick-up away from turning it all around like the owner I mentioned at the start of this piece.

The opposite side of the coin also brings up another issue, which can affect more than just a single owners team and I see it every year. The owners that

get off to bad starts throw in the towel after an 0-6, or 1-5 start. There's nothing worse than checking the box score of a game in which you need someone to lose only to find the team their playing has multiple players in their line-up on bye or injured because they're sitting at home pouting like a three-year-old because their team got off to a bad start. Not only is this team giving up on themselves, they're giving up on everyone else in that league.

I've already experienced this in the 2007 fantasy football season and we're only six weeks into it. That's pretty sad. So to combat this lack of commitment I have proposed a rule in both of the dynasty leagues I'm involved in. Penalizing those who don't put a line-up in by stripping them of draft picks in the next draft. I personally am not the commissioner in any one year leagues, but I have suggested a third strike rule that would kick out any league member who doesn't put in a kosher line-up three times during the course of a season. I initially pushed for banning after one missed week, but was called a Nazi by another league member which made me back off my stance a bit, which I regret a little. I feel that if you don't have the stomach for losing you shouldn't be playing fantasy football, or any competitive game for that matter. I just wonder if these quitters that I have seen over the years just give up when things don't go their way in other aspects of life.

Now that I've finished with my little rant I'll give you a few sell high/buy low trade targets and a few waiver wire possibilities that can help any fantasy team reach the ultimate goal, regardless of their record.

Sell high

QB: Derek Anderson, Cleveland Browns

This is a no brainer. I just can't convince myself to believe that he'll keep up this pace and throw 4,000 yards and

37 touchdowns.

RB: Adrian Peterson, Minnesota Vikings

This is for one-year leagues only. Imagine what you could get for him, especially in the heart of Vikings-land. You can keep him if you expect a back who'll be splitting carries to keep up this pace and rush for nearly 2,000 yards and 13 TD's.

WR: T.J. Houshmandzadeh, Cincinnati Bengals

Sure Housh is good, but there's no way he'll keep up his pace and score 22 touchdowns especially with Ocho-Cinco waiting to unleash a bevy of new TD celebrations.

TE: Antonio Gates, San Diego Chargers

With the addition of Chris Chambers, his yardage numbers will likely drop.

Buy low

QB : Drew Brees, New Orleans

Brees is starting to turn it around and his schedule is pretty easy the rest of the way.

Jay Cutler, Denver Broncos

Cutler will get his favorite target, Wide Receiver Javon Walker, back very soon, which should increase his production .

RB: Rudi Johnson, Cincinnati Bengals

Johnson came back from injury this week only to disappoint his owners once again. You can probably get him for a ham sandwich at this point.

Steven Jackson, St. Louis Rams

Jackson and Johnson are the biggest disappointments of any two players this season, but I believe that they, and their teams, could turn it around in the second half this year. I'll go so far as to say at least one of the two will have a monster second half of the season.

WR: Javon Walker, Denver Broncos

He's finally coming back from injury, and he has a great rapport with Cutler.

TE: Jeremy Shockey, New York Giants

Shockey has mustered only one TD so far this year and with the success of WR Plaxico Burress this season Shockey will start to find more space to operate.

Waiver pickups

QB: Marc Bulger, St. Louis Rams

I'm shocked at how many people dropped him. He's due back this week and plays in one of the weakest divisions in football. If he's available, pick him up now.

Alex Smith, San Francisco 49ers

He's on nobody's radar right now. If you can afford to stash him on your roster it could pay off big when he does come back as the 49ers have a very easy schedule down the rest of the way.

RB: Chris Henry, Tennessee Titans

I'm not the biggest fan of Henry. He's always been more of a workout warrior, rather than a good game-day player, but he'll be activated this week and could be worth a shot, as neither Chris Brown nor LenDale White has impressed enough to take hold of the Titans RB job.

WR: Derek Hagan, Miami Dolphins

Drapping away Chambers means that one of Miami's wide outs will be targeted a whole lot more. Hagan has a lot of talent and is owned in a very small percentage of leagues at this point.

Nick is a 29-year-old senior majoring in journalism and minoring in philosophy. He has been playing fantasy football for 15 years and is currently in seven fantasy football leagues. One of his career goals is to become a writer or editor for a fantasy football publication.

Check out more stories and
photos online at www.uwrf.edu/sports.

Outstanding teachers of the year recognized by CAS

Samantha Wenwoi, Kate Garlock
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UW-River Falls faculty members Brad Caskey, Morgan Clifford and Karen Klyczek have left such a positive impression on their former students that they are being recognized for it by the University.

All three were named the College of Arts and Sciences Outstanding Teachers of the Year for 2007. Each professor represents a division within the College: Professor of Psychology Caskey is the behavioral/social science recipient, Professor of Art Clifford is the humanities and fine arts recipient and Professor of Biology Klyczek is the sciences and mathematics recipient. The award includes a travel stipend of \$250 from the UWRF Foundation and a certificate of appreciation. Ballots were sent to UWRF alumni from the classes of 2003 and 2005.

CAS Dean Terry Brown commended the three honorees.

“The faculty who have been named Outstanding Teachers in the College of Arts and Sciences are inspirations to their students and their colleagues,” she said.

“Each of these teachers has demonstrated through the years that he or she is dedicated to helping students learn.”

For Caskey and Klyczek, that dedication has resulted in repeated recognition. Both are receiving Outstanding Teacher of the Year honors for the second time in their UWRF careers.

Caskey, who received his first award in 1996, said that he was “rather shocked” to hear that he had been acknowledged. Having assumed CAS associate dean duties in 2004, the psychology professor said he felt that his reduced teaching load would affect his odds.

“I just thought that my chances might be dimin-

ished,” he said. “I never thought it would come back a second time.”

Klyczek, who was also honored in 1995, said receiving the award is particularly meaningful to her because former students did the choosing.

“That really makes it special that alumni remember that you had an impact,” the biology department chair said. “It’s hard to tell in

class sometimes if you’re making an impact.”

For first-time recipient Clifford, the surprise was of a different sort.

"I kept telling the dean [of CAS] that I was amazed," Clifford said. "I'm sometimes unpopular because I'm a demanding professor. I do have many students that do beautifully and are wonderful to have in the classroom."

Despite the surprise, Caskey said he feels that his “passion, knowledge and humor” are what make him memorable to students.

“I am excited every day I’m in class,” he said. “I’ve never not looked forward to going to class every day, and I think students know that.”

Klyczek said she feels that her strong interest in the virology and immunology subject matter she teaches is evident to her students.

“I really love the topics that I teach,” she said. “I enjoy what I’m doing.”

Bee Vang, a psychology and international studies senior, has taken classes with Caskey and Klyczek and had words of praise for both teachers.

She said she liked Caskey’s approach in the classroom.

“I’m sure he deserved [the honor],” she said. “He is a good teacher, and he likes to engage his students.”

Vang took Klyczek for her senior science capstone course and said she was impressed by the biology professor’s teaching style.

“I think she’s very organized, and she allows students to pursue their interests,” she said.

For Caskey, receiving Outstanding Teacher of the Year accolades shows him that he’s doing something right in his educational approach.

“I see myself as a pretty good teacher,” Caskey said. “It’s always humbling to be honored for something you love.”



Abby Piette/Student Voice

Professor of Biology Karen Klyczek demonstrates a procedure during one of her classes. Klyczek, along with Professor of Psychology Brad Caskey and Professor of Art Morgan Clifford, was named as a College of Arts and Sciences teacher of the year.

New graduate program to be added next fall

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UW-River Falls will soon be adding a new master’s program to the curriculum.

The program is called Teachers of English Speaking to Other Languages (TESOL). The most distinctive part of the program is that UWRF has made arrangements for TESOL students to study abroad at Pusan and Tamna Universities in South Korea. TESOL graduate students will complete 12 credits in South Korea, then finish in River Falls. UWRF decided to develop this program because of the increasing number of people that have moved into the area that do not speak English as a primary language. The populations of students that are Limited English Proficient (LEP) have grown by more than

132 percent in Wisconsin and 210 percent in Minnesota from 1992-2002, according to the U.S. Department of Education.

“There is a great demand for teaching English as a second language,” Douglas Johnson, the interim associate vice chancellor for academic affairs and director of graduate studies at UWRF, said.

There is already an undergraduate program on campus but the University saw a need for a graduate program.

The graduate program will require 36 credits to be completed. Courses include research, pedagogy and linguistics classes.

The current undergraduate TESOL program is small.

“I like knowing the nitty-gritty details about where and how language originated and how it being changed and used today,” TESOL student Kati Matuseski

said in an e-mail. “For example, breaking words apart into their root meanings, prefixes and suffixes (morphology), knowing the correct grammatic[al] usages for the English language, syntax, word origination, etc.”

TESOL students can work in a variety of careers after graduation.

“Immediately after graduation I plan to join the Language Corps, which is an international foundation that provides ESL/TESOL graduates with the hands on experience that they need right away,” Amanda Leuer said in an e-mail.

“After that who knows? I may end up in Guatemala, or Peru, or Taiwan. That is what I love about this program; it’s extremely open-ended.”

Having the TESOL graduate program will help UWRF reach it’s goal of offering a global perspective on learning which fits

into the Strategic Plan that the university has set in place.

“The [TESOL] program will positively affect the University ... better opportunity for professional growth, it will meet the demand for TESOL and attract international students,” English professor Vladimir Pavlov said.

Pavlov will accompany Johnson to Pusan University in November.

TESOL students will have a new opportunity to study abroad in Korea and the Ukraine this summer.

The courses are currently being approved by the UW-System. The curriculum plan has been sent out to other UW campuses for comment.

UWRF hopes to have the TESOL graduate program approved and ready for enrollment next fall.

Surfing the Web?
Check out the
Student Voice online:
www.uwrfvoice.com

Tune in to WRFW 88.7 FM

Monday: "Act on Ag," with Jodi Kauth (covering current ag news).

Tuesday: "Let's Talk," with Rose Rongitsch (UWRF Marketing Communications Professor Steve Olsen will discuss faculty health insurance issues.)

Wednesday: "Mad Movie Man," with Adam Hakari & Ken Weigend.

Thursday: "Game Break," with Phil Bock.

Friday: "Wisconsin and World Issues," with Ben Plunkett.

ALL NEWS AND INFORMATION BLOCKS: 5-6 p.m.

Changes underway in the CSTA department

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The new academic year at UW-River Falls brought some departmental changes along with it. The former Speech Communications and Theater Arts department (SCTA) is one department which underwent many changes and reorganizations, as it is now referred to as the Communication Studies and Theater Arts (CSTA) department.

“The change was made to more clearly reflect the mission of the department,” Robin Murray, chair of the CSTA department, said. “Communication Studies is a broader term, and while we do teach the Fundamentals of Oral Communication and other general studies courses, our students learn a great deal more than how to write and present a speech.”

Murray said that the change was fronted by faculty and members in the department. Following UWRF regulations, Murray and the department presented the name change to a number of panels and committees during the approvals process before it was actually changed.

In addition to the name change, the department also made some changes in curriculum and reorganization, keeping the focus on the students and working to create programs that serve their needs and prepare them for the future.

“The faculty listened to feedback from students and created new

curriculum plans that will help students track their courses into career paths that are more useful to them than the previous [curriculum],” Murray said.

CSTA professor Jennifer Willis-Rivera enjoys the curriculum changes and notes that it has not really affected much of what she was already doing as a professor.

“I’m really happy about the changes to the department,” she said. “Changing our name helps us to reflect what it is we actually do. Speech communication gave people the sense that most of what we do is public speaking when, in truth, most of what we do is study how communication happens around us and how it shapes our everyday lives.”

Willis-Rivera, who is in her fourth year of teaching at UWRF, said that so far, students taking classes in the department are happy about the changes because the new name makes it easier to explain what exactly it is they’re doing.

Murray agrees and doesn’t foresee any problems that can’t be solved.

“New students will automatically work in this program,” she said. “Continuing students have the choice to continue with their previous degree program or pick up the new one.” According to Murray, there are currently 155 students majoring in CSTA, with 64 minor-ing in it.

Willis-Rivera said she is glad to have been a part of the departmental restructuring. “We have a great department with dedicated and active students and faculty,” she said. “This is a department that is moving forward to reflect the discipline of communication as a whole, and I’m excited to be a part of this change.”

Robin Murray

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Fry brings enthusiasm, experience to new role

Phillip Bock
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Blake Fry has worked for UW-River Falls since 2005 as the Dean of Student Development and Campus Diversity, but after the senior administration reorganization this summer, his title has changed to special assistant to the chancellor. His duties, for the most part, have stayed the same.

“The job has changed very little,” Fry said. “But now the title better reflects what I do.”

A few of his duties, such as issues with student conduct and

his status as supervisor for several student-oriented programs, has shifted to the new Associate Vice Chancellor of Student Affairs Gregg Heinselman, Fry said.

“All the people that were reporting to me are all reporting to other individuals,” he said. “It’s causing some confusion on who to talk to.”

Fry is still the UW-System multicultural disadvantaged coordinator, according to the UWRF Web site. Students remain an

important part of his job.

“Things are so student oriented; no matter which one of the hats I’m wearing, it’s always about the students,” Fry said.

Several student-workers are employed by him as administrative assistants. Nikki Shonoiki, one of his assistants, knew him from when he was part of the campus diversity project.

“He’s cool people,” Shonoiki said.

Aside from student involve-

ment, Fry is also in charge of Civic Engagement, Emergency Preparedness & Crisis Intervention, Project Research, and supporting the Chancellor, according to the UWRF senior leadership organizational chart.

Fry has worked at five different universities throughout the country in the past 13 years, according to his online résumé. He has worked at universities in Kansas, Missouri and Oklahoma. Though moving can be hard on him and

his family, Fry says that it is important for his career.

“Things are so student oriented; no matter which one of the hats I’m wearing it’s always about the students.”

Blake Fry

Fry has lived all over the coun-

try, but calls Kansas City home.

“Most of our relatives live there,” Fry said. “We maybe get to visit twice a year.”

He is currently writing his dissertation on moral development and spends time studying religions. Through his research of theology, Fry found his ideal religion in Buddhism.

“I spent a lot of time learning about the world’s theology and that’s the one that spoke to me,” Fry said.

Fry hopes to someday move back to a metropolitan area and aspires to be the chancellor of his own university.

Controversial band’s latest album fails to live up to hype



Matt Loosbrock

Controversial, as described by the all-knowing Webster’s Dictionary, is defined as “of, subject to, or stirring up debate.” Why does Caesar Pink and the Imperial Orgy describe themselves in the same way? The answer: their music is too boring to attract any attention.

Their publicists are obviously trying to attract music listeners’ ears by mentioning how the band’s new album, *Gospel Hymns For Agnostics and Atheists*, has been banned from college radio stations and radio managers have prohibited their deejays from pronouncing the band’s tag, “the Imperial Orgy” on airwaves. Here’s a better

question: who gives a shit?

The only controversial aspect of their music is how they managed to get a recording studio willing to sign them on, unless of course, controversy consists of mentioning Jesus once or twice, only in reference to a cross. Yeah, I didn’t think so either.

Their music, while not completely terrible, leaves a lot to be desired. Caesar Pink sounds like Morrissey with an awful lisp, while his backing band is a light version of The Red Hot Chili Peppers with female back-up singers who tend to stray out of tune.

The biggest problem with the band is their lack of insight. Music should be a tool an artist uses to convey a message to their listeners that gives new insights and epiphanies. Or at least something that makes your feet tap. Caesar and his orgy provide none of this.

Take their opener, “The Amazing Tenacity of Job and His Brethren,” a song obviously

Letterdoku

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| | G | | | C | I | B | D | |
| G | | | I | F | B | | A | |
| D | I | | | | | E | | F |
| | | C | E | | D | G | | H |

Difficulty: Easy

Rules for Letterdoku: Fill all of the empty squares so that the letters A to I appear once in each row, column and 3 x 3 box.

Solution for Letterdoku appears at www.uwrfvoice.com.

Submitted

Gritty cop drama ‘We Own the Night’ explores family turmoil



A.J. Hakari

The New York we see in movies tends to be one of two places: the quirky wonderland in which Woody Allen characters work out their respective neuroses or the wretched hive of scum and villainy that flicks like “The Brave One” settle down in. “We Own the Night” brings the latter side to the big screen in a tale that resembles a scaled-down version of “The Departed.”

While not a grand crime saga on the level of Martin Scorsese’s masterpiece, this slice of mob life is successful enough on its own terms, bringing a personal edge to the plot that puts it a cut above more derivative crime films.

Bobby Green (Joaquin Phoenix) and Joseph Grusinsky (Mark Wahlberg) are two Brooklyn brothers from two different worlds.

While Joseph followed their father (Robert Duvall) into the police force, Bobby ditched the family moniker, made a name for himself as a hip nightclub owner and now spends his days with his sexy girlfriend Amada (Eva Mendes).

These worlds collide one night when Joseph makes a bust in Bobby’s joint, targeting the gangster nephew of the club’s Russian owner. Bobby wants nothing to do with the dirty dealings taking place in his club, but he’s nevertheless

forced to take action and find a way to protect those he loves after tragedy strikes a little too close to home.

The title “We Own the Night” comes from a slogan that the New York Police Department used to try and combat the city’s growing drug epidemic in the ‘80s. The film’s story reflects this idea, but instead of painting a sweeping “cops and robbers” epic, writer/director James Gray crafts a film more focused on family matters.

There are times when Gray underplays the story to a fault, resulting in some abrupt character revelations and a few thin characterizations.

But this less obvious form of storytelling often works in the



content with hurling go-for-broke theatrics and elaborate action sequences on the screen, “We Own the Night” has its feet planted firmly in the grungy reality, its primary strength lying with the story’s understanding that the good fight is not a battle that can be easily fought.

A.J. is a senior year journalism student. He enjoys all genres, but he digs horror and documentaries the most.

Ratings for movies are based on a scale from one to five. A film that scores five stars is worth seeing at least once. A film that scores one star is horribly acted or directed, with no substance.

family values and togetherness.

It comes as no shocker then, that “We Own the Night,” James Gray’s new period crime piece set in 1988, sets out to deliver that same message of familial integrity. Although “The Brady Bunch” or “The Partridges” this is not, “We Own the Night” does still get across its message of “blood is thicker than water - or powder.”

Bobby Green (Joaquin Phoenix) has the perfect life. He manages the hottest club in New York, has an absolutely gorgeous girlfriend (Eva Mendes) and is on the highest rung of the elite social ladder. All he has to do is turn the other way while the Russian Mob smuggles cocaine through his nightclub.

Diametrically opposed is Bobby’s brother, Joseph Grusinsky (Mark Wahlberg). Joseph is the son of privilege and of favor, having followed the patriarchal footsteps through the police academy and onto the Force.

The chief of police and the brothers’ father, Burt Grusinsky (Robert Duvall) showers praise on Joe but can hardly contain his disgust and disappointment whenever Bobby is around. This schism causes Bobby to estrange himself, drop his surname and find a surrogate dad in the owner of his club, Marat Buzhayev (Moni Moshonov). This dysfunctional family in pieces is forced back together when Marat’s drug peddling nephew, Vadim, attempts to murder Joseph and places a hit on Burt.

Although Bobby lives the life of decadence and sin, his warm and loving side is always apparent. An early scene of lust with his girlfriend proves he is not without feeling. When his brother is shot and

his father threatened, that deep-seeded love within Bobby is ripped to the surface. The movie does not make it clear why he is affected by this so much. By all means, Bobby’s family treats him like the black sheep they wish had never been born.

Why, then, does Bobby turn his passion for life into a passion for revenge when his family is threatened? It is because Gray has painted a portrait of a family torn apart by differences yet held close together by the bond of kinship. By the mob hurting Bobby’s family, they have hurt him. This sense of family loyalties is what carries far an otherwise bland movie. The story is certainly nothing new and the dialogue can be downright bad at times. But it is how Gray deals with that tired subject matter that makes this film so intriguing.

ject matter that makes this film so intriguing. A movie that could hurl countless more relies on the strength of only two, albeit very intense, action scenes.

Beyond that, “We Own the Night is more concerned with the effect on relationships so much strain is having. Bobby must learn how to be a part of a real family again, and Burt is overwhelmed by the realization that both his sons are honorable men. A film that suffers from too much familiarity and a bored script is saved by its director’s need to explore family above all else. “We Own the Night,” in the end, comes out as a Norman Rockwell rendition of a Scorsese original.

Ken is a junior Journalism major with a minor in Film Studies. He is an aspiring film critic and an avid DVD collector.



TATTOOS: CREATIVE FORM OF STUDENT EXPRESSION

Josh Dahlke
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Getting “inked” seems to be more popular today than ever. Just turn on the television and you will see several reality TV programs such as “Miami Ink,” “Inked” and “LA Ink,” all dedicated to the art of tattooing. But you don’t have to watch national television to see that tattoos are commonplace in today’s society; look no further than your own campus and community.

Thirty-six percent of Americans between the ages of 18 and 25 and 40 percent between the ages of 26 and 40 have a tattoo, according to a 2006 survey by the Pew Research Center.

Students share stories behind getting inked

UW-River Falls harbors numerous individuals who contribute to this statistic, and each person has their own reason for getting inked. Some people’s tattoos hold a special meaning, while others simply think they look cool.

Sophomore Amber Starr has a tattoo on her waist that she designed three years ago. It is a swirl that turns into a star. At the end of every point on the star, an arrow points in a different direction.

“I drew it when I was 16 and told everyone I was going to get it tattooed on me, and no one believed me,” Starr said. “I got it as soon as I was 18.”

It represents chaos she said, as she considers herself to be a chaotic person.

Sophomore Collin O’Brien has a tattoo of a treble clef on his leg with the letter “m” worked into it. O’Brien, a music major, said the treble clef represents his love for music, and the “m” is his zodiac sign.

“I wanted to get one because it expresses who I am, and it’s a piece of art I will always have with me,” O’Brien said.

Freshman Meagan Lambrecht has flowers tattooed on her lower back, but she said her tattoo doesn’t have any specific meaning.

“I just liked how it looked,” Lambrecht said.

Venture into the world of tattoos online or walk into a tattoo parlor and you will see that people get just about anything inked on their body. Dragons, skulls, guns, human portraits, tribal designs, flowers, animals, words and phrases - the possibilities are endless.

Sophomore Scott Vadnais has five tattoos, including a zebra head on his left bicep that has an interesting derivation.

“My mom brought back a [zebra] mask from Tanzania,” Vadnais said. “I was just like, ah, that would look sick.”

There are potential negative health effects of getting inked. Blood-borne diseases, skin disorders, skin infections and allergic reactions are all possible outcomes of getting a tattoo, according to the Mayo Clinic Web site, www.mayoclinic.com.

But the tattoo industry is thoroughly monitored for the maintenance of health standards. Everlasting Tattoo Studio in River Falls, currently run by Jayson Graham, is no exception.

“The shop has to be licensed by the state of Wisconsin,” Graham said. “You have to have local business permits, and the health inspectors are pretty rigorous on licenses and the shop.”

He also mentioned some other standards, such as monthly spore testing for autoclave equipment. Needles, razor blades and ink must be discarded after use, and must be opened in front of the client. Beyond the shop license, each individual tattoo artist must be fully licensed by the state of Wisconsin.

“The Food Safety and Recreational Licensing staff are responsible for managing programs that enforce applicable state administrative codes for the inspection and licensure of ... tattoo and body piercing establishments in Wisconsin,” according



Josh Dahlke/Student Voice
River Falls native Laura Richison gets a tattoo done by Jayson Graham of the Everlasting Tattoo Studio, located in downtown River Falls. Richison’s tattoo of the phrase “love, hope” was a gift from her boyfriend in celebration of her 20th birthday Sept. 29.

to the Wisconsin Department of Health and Family Services Web site, <http://dhfs.wisconsin.gov/>.

Finding somewhere to get inked is not a difficult task. There are approximately 20,000 tattoo parlors in the United States, according to www.vanishingtattoo.com.

Tattoo studio holds rich history

If you are from River Falls or attend school at UWRF, there is a local option: Everlasting Tattoo Studio, started by Ritt Graham, 54, was originally opened on Main Street in 1997. Graham was diagnosed with colon cancer and hasn’t been able to do tattoos for about two years, so his son Jayson stepped up to the plate. The studio was forced to relocate as a result of his father’s illness.

“When my dad got sick we couldn’t afford it, and we had to move to a smaller shop,” Graham said.

Everlasting Tattoo Studio now occupies a small space at 110 E. Elm St. The studio is laden with art samples and photo albums of past work, years worth of trophies, plaques and awards from several different competitions, and official shop licenses at the front desk. Graham has an interesting history to offer; he grew up around tattooing.

“My dad started off about 30 some years ago when I was about seven years old,” Graham said. Graham said he had a knack for art when he was young, but never thought he would grow up to be a tattoo artist.

However, at the age of 14 he was getting into trouble, so his mother brought him to his father’s shop with an ultimatum. She told his father that he had to teach Graham something or he was going to be sent to lock-up, so the young man began learning how to tattoo. Graham described his learning experience.

“He was harder on me than anybody else, that’s for sure,” Graham said. “But it paid off.”

By the age of 16 he started professionally tattooing at his father’s shop, South Paul Tattoo Studio, in New York. He remained there until

the age of 19, and then moved to Canada. Graham remained in Canada for about five years, where he opened two studios, East Coast Ink and Tribal Quest. After his northern venture he moved to Minnesota, where he worked at Acme Tattoo Company for about three years. Graham then opened up Everlasting Tattoo Studio in Duluth, Minn., with his father. He owned that studio for nearly 10 years.

“I had a booming shop in Duluth, man,” Graham said. “I had four guys working for me.”

While in Duluth, Graham taught a rap artist named Big Hoss, from a group called the Kottonmouth Kings, how to tattoo. Graham then helped the rapper open a studio in California called Hosstyle Tattoos.

Graham then moved to River Falls where he has been trying to balance his father’s illness and business at Everlasting Tattoo Studio.

“This year we’ve been struggling because my dad has cancer,” Graham said.

“We were closed a lot due to my dad’s health.”

He was the only family member taking care of his father, which occupied much of his time. Graham was disheartened after hearing that people assumed he was often absent from the shop because he was just “messing around.”

“Basically, family comes first, business later, and we’re [Everlasting Tattoo Studio] going to be around for a long time,” Graham said.

A grand reopening is in store for some time in the next few weeks, and there may be some promotions for college students Graham said.

Getting inked: up close and personal

River Falls native Laura Richison visited the studio in celebration of her twentieth birthday Sept.

29. Her boyfriend was getting her a tattoo as a gift.

“I wanted a tattoo for a few months, but I just didn’t have money for it,” Richison said. She was there to get an asymmetrical ambigram on her foot, which is a piece of art that looks like one word, but becomes another word when flipped upside down.

Graham was finishing up the outline drawing of her ambigram on a sheet of paper, which reads “love, hope,” as Richison entered the studio with a conveyed sense of excitement and a hint of nervousness. Drawing the outline of the work to be done on a client is generally the first step in the tattoo process.

Graham showed Richison and her boyfriend the outline drawing to get their approval, which they gave with confidence. Graham prepared his work station and explained some details about the machines he works with.

One machine is designed strictly for outlining the tattoo, while the other is for shading. Graham placed the temporary outline drawing on her foot and then asked for Richison’s final seal of approval before actually applying the ink. Soon the buzzing of the outlining machine filled the air, while the first bits of contact on Richison’s skin drew deep breaths and a painful giggle from the girl.

Within an hour the tattoo was finished, but for health reasons it had to be covered shortly after. “I’m glad it’s done - it hurt,” Richison said. “I think it’s going to be really cool once I can look at it.”

Graham gracefully set his tools down and made sure one last time that Richison was satisfied. He then explained what he likes so much about being a tattoo artist and the permanence attached to getting inked.

“My favorite part is making people happy,” Graham said. “I’ll be with you after your soul leaves your body.”



Josh Dahlke/Student Voice
Graham works on Richison’s tattoo. Graham has been professionally tattooing since age 16 when he started working at his father’s studio, South Paul Tattoo Studio in New York.



Josh Dahlke/Student Voice
A close up of Richison’s tattoo of the phrase “love, hope.” Her tattoo is an asymmetrical ambigram, which appears differently when looked at normally and upside down.