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Hockey coach refuses to hang up skates



# UNIVERSITY OF WISCONSIN STUDENT VOICE RIVER FALLS

December 9, 2005

www.uwrf.edu/student-voice

Volume 92, Issue 11



Neng Yang/Student Voice

## Johnson Hall thefts put students on edge

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November was a problematic month for Johnson Hall residents, with four separate reports of theft and vandalism. The all-male victims had unique stories; some were sleeping in the rooms at the time of theft, some had left doors unlocked, and some reported items of value that were visible but left untouched.

Michael J. Dougherty reported that his cell phone and girlfriend's student ID were stolen from his Johnson Hall room while he slept the morning of Nov. 13. He said his room was unlocked, and the thief did not take a wallet and MP3 player that

were near the stolen items.

"It's creepy to think someone is gutsy enough to bust in on someone in their sleep and rip them off right under their nose," Dougherty said. "Kids should definitely keep their rooms locked at all times."

He said the theft has made him think differently about what residence hall life should be.

"The saying of, 'open doors make friends' doesn't really work out anymore," Dougherty said. "It's more like, 'open doors make thieves happy.'"

Brian P. Bishop reported his cell phone and headphones were stolen overnight Nov. 11 while he slept in his Johnson Hall

room. He said the door was locked before and after the theft, but that a light was on in the morning that had not been on when he went to sleep. His wallet was also left untouched.

Another Johnson Hall resident, Tanner M. Daffinson, reported that someone had vandalized his room Nov. 18. Upon returning to his unlocked room, Daffinson said his bed was turned over, a dresser was moved, food had been thrown on the floor and a window had been opened. He said a note was left on his mirror, reading, "Rules before leaving your dorm room. 1. lock your door 2. lock your door 3. make sure people don't find out your door is unlocked 4. lock your door."

On Dec. 2, a fourth incident arose when Brandon DeMotts reported a missing PlayStation 2 from his Johnson Hall room. He said his door had been left unlocked briefly as his roommate prepared to leave campus for Thanksgiving break Nov. 22. DeMotts noticed the PlayStation 2 was missing when he returned to campus Nov. 27.

"I'll admit that the theft was my fault for not making sure that we lock our doors whenever no one is in the room," he said. "There is nothing that they [Public Safety] can do to stop that sort of thing from happening when a resident leaves

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## Alumnus works to bring aid to quake victims

Distinguished alumnus returns to University to share lessons on life

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Sigurd Hanson, the 2004 UW-River Falls Distinguished Alumnus, returned to campus Wednesday Nov. 30 to share his experience as a humanitarian and human being who suffered from the earthquake in Pakistan this past October. He spoke in classes that day and in an open session in Ag Science that night.

According to his alumni information booklet, Hanson grew up on his family's Paradise Farm, just outside of Onalaska, Wis. Hanson had been visiting the campus since he was a high school student when his brother Eric attended UW-RF. He chose UW-RF because of their agriculture program and its location in relation to his home.

Hanson graduated from UW-RF in 1975, and soon after began his career in international development. He has worked and traveled to Taiwan and spent 18 years in the African countries Uganda, Kenya, Ethiopia-where he met his wife Yemi; they remained in Africa until 1998.

In 1998, Hanson and his wife moved to Pakistan where he became the director of Pakistan branch of World Vision- one of the world's largest international humanitarian organizations. According to his alumni information booklet, Hanson "oversees a \$15 million democracy program funded by the United States Agency for International Development."

"[Hanson's] a powerful testament to the UW-RF education system," Chancellor Don Betz

said. Betz said he is a model for leadership on campus as well as around the world, and with every person he helps a bit of UW-RF has been there to guide him.

Hanson has worked in very tumultuous locations has seen and been through a lot. According to his alumni information booklet while in Kenya in 1998, at the time of the U.S. Embassy bombings in Kenya and Tanzania Hanson had just left the U.S. Embassy in Nairobi, Kenya.

The booklet said, "Doing what came natural. [Hanson] rushed back to the site to join in the rescue effort and assist the injured."

Between the two al Qaeda bombings 300 people were killed and 5,000 were injured.

When Hanson took his position in Pakistan his organization provided assistance to Afghan refugees who fled to Pakistan after the Afghanistan War.

Recently Hanson has been working on providing shelter and essentials to victims of the Pakistan earthquake this past October.

Hanson said it was 8:52 a.m. when he and his wife felt a shudder at their feet in their home just outside of the capital of Islamabad.

"Generally when we feel the rumble it goes away," Hanson said. "This time it didn't go away. It felt like a subway train under our feet getting closer and closer."

By the time the ground stopped shaking, Hanson said an apartment building close to their home had fallen even when their town was about 80 miles from the epicenter of the earthquake in Northern Pakistan.

According to the U.S.

See **Hanson** page 3

## Firing kilns and crafting clay



Jen Dolen /Student Voice

Art professor Randy Johnston (blue shirt on left) builds a mask as a demonstration for the Introduction to Ceramics class. Johnston specializes in free-form ceramics. Above are three pieces Johnston has free-formed.

Art professor shares how pottery became his passion

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Creating an amazing piece of art is like falling in love. An artist will feel an unexplainable connection to a piece they have

made. With all the ceramics pieces a UW-River Falls art professor has created in his 33 years as an artist, the feeling had come more than once.

Johnston's journey as an artist would never have been possible without the defiance of his parents' wish for him to be a doctor, and the guidance of his first

art teacher and one of Japan's living national treasures.

Randy Johnston has exhibited his work at hundreds of shows from Venezuela to Sweden, taught many workshops and been published in various art publications.

See **Johnston** page 3

## Female presence in engineering field lacking

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The amount of women involved in the engineering field has taken a major twist in the last few years. The lack of women in the field has become a nationwide crisis with no complete answer as to why, according to Anthony Varghese, professor of computer science.

"Girls are dropping out of the field left and right," Varghese said.

Varghese started teaching at the University four years ago.

"When I first started working here my classes consisted of equal sexes. Now, I have a total of 70 students in my four classes, and only one of them is female."

Arpankumar Jani, professor of computer science and information systems, said that one reason why

women might not be leaning in the direction of engineering anymore is because socialization and problem solving have a lot to do with the field.

"I believe there is a lot of social expectation. If a girl makes a comment related to problem solving, it might not be at all what a boy is thinking," Jani said. "Girls socialize and solve problems differently than boys do."

Varghese and Jani went to a conference that talked about why women are not leaning in the direction of engineering anymore. Even women who graduate with a technical degree later drop out of the field. The question is why?

Why has there been such a significant dropout rate

within the last few years?

Jani said that everybody learns differently. People come into the field with different backgrounds, learning styles, life experiences and a diverse nature. The question now is how does the department address such an issue?

Jani said the department has discussions that can enrich the teaching in an approachable way.

"We are working on ways to bring different teaching strategies to the classroom," Jani said.

Varghese said he doesn't really know why. He said women seem to be leaning more in the direction of biology. Studies show that

the number of women in biology has been drastically increasing.

"It seems like girls usually lean more toward a career that is more sociable," Grant Squires, pre-engineering major, said.

Varghese also said it could be a matter of sexism. Women could be intimidated to enter a field with male competition.

"I think it's intimidating for women to enter a field that is so male dominant. I think it would also be hard to break into a field with very few strong female role models," sophomore Shelby Rubbelke, English education major said.

Coni Gehler, professor of computer science and information systems, had a technical degree in engineering but later left the field to teach.

"I certainly never got tired of computers, above

See **Engineering** page 3



Arpan Kumar Jani



Anthony Varghese



VOICE SHORTS

LOCAL

New major offered to UW-RF students

UW-River Falls’ students are now able to obtain a Bachelor of Science or Bachelor of Arts degree in international studies. According to the River Falls Journal, the new major is an interdisciplinary program, which incorporates many available resources, such as the study options overseas and existing classes, eliminating extra cost to the University. Chancellor Don Betz said, “This is the beginning of a much broader perspective for the University,” at a November celebration for the new major. The program began as a minor with six students in 1998, and has grown to more than 100 majors. The major has been in development during the terms of three chancellors. In its first semester, the anticipated number of students to enroll as international studies majors almost doubled with 37 enrolling. The first student with a major in international studies will graduate from UW-RF this month. “I think that it’s amazing that we’ve had students planning to be international studies majors for several years,” said program chair Wes Chapin, who has been honored for his enthusiasm in expanding the program.



Falcon Food Store is selling holiday treats

The Falcon Food Store is selling holiday treats in room 149 of the Food Science Addition in the Agriculture Science Building. According to the River Falls Journal, this year’s Falcon Foods Cheese Gift Boxes are available with 16 varieties of cheese along with a stick of Wisconsin’s finest summer sausage. Other options to choose from include meat and ice cream products available in a large variety. Falcon Foods are produced by UW-RF students in the University plant, which has been in operation since 1983. Students work under the direction of a full-time plant manager and produce a variety of products. The Falcon Food Store is open 11 a.m. to 5 p.m. Monday through Friday.

REGIONAL

Lawsuit filed after Bible study incident

The resident assistant in the middle of the controversy over the UW-Eau Claire ban on Bible studies in RA dorm rooms has had a lawsuit filed on his behalf against the university. According to the Hudson Star Observer, attorneys for the Alliance Defense Fund, a religious freedom advocacy group based in Arizona, filed the suit on behalf of the RA Lance Steiger in U.S. District Court on Thursday. Also named in the suit are the UW Board of Regents, UW-Eau Claire Interim Chancellor and both the director and assistant director of housing at the university. In the, suit ADF says that several of Steiger’s rights were violated including his freedom of speech, right to due process, right to equal protection, freedom of association and his freedom to exercise his religion. The suit was filed the day after the university suspended all restrictions on RAs holding Bible studies in their rooms. In a memo to the media Mike Rindo, UW-Eau Claire spokesman, said that the university had not received any notification of lawsuit before the decision to suspend the restrictions was made. Late Friday Gregg Scott, a spokesman for ADF, said the group plans to continue with the lawsuit because the policy has only been suspended and not removed.



NATIONAL

Behavioral programs may better grades

NEW YORK — School-based programs that target students’ emotional, social and decision-making skills are likely to boost their academic achievement, a team of Washington researchers reports according to CNN. Their findings suggest that more broadly focused interventions can have a wider-ranging effect than those that specifically target academic achievement. Charles B. Fleming, a research analyst at the University of Washington School of Social Work, and his colleagues analyzed data collected from 576 students in 10 schools in the Pacific Northwest, who were participating in the long-term Raising Healthy Children project. They looked at the children’s social and behavioral skills in seventh grade, as indicated by survey responses from the students, their parents and teachers, and the student’s academic achievement in 10th grade. The students’ social, emotional, and decision-making skills predicted their test scores and grades in 10th grade, the researchers report in the Journal of School Health. For example, students with better social, emotional, and decision-making skills tended to receive higher test scores and earn higher grades than their peers. In contrast, those with attention problems, those whose friends exhibited negative behaviors, like alcohol drinking and fighting, and those with disruptive and aggressive behavior tended to get lower test scores and lower grades.

Briefs compiled by  
Amber Jurek,  
Assistant News Editor

SENATE

Chancellor speaks to Senate

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The Dec. 6 Student Senate meeting was a menagerie of events with senators hearing several guest speakers, concerns from the campus and passing a slew of motions in a two and a half hour episode. Chancellor Don Betz presented a brief summary of the results from the Vision and Values Survey. “The Vision and Values Survey was a success,” Betz said, giving primary credit to UW-River Falls students who participated in the survey. Betz said the results will help give the University a direction for the next step as an institution. He went on to say there will be a draft version of new mission statement and vision statement with approximate core values. However, Betz stressed that these will not be the final statements for the University and will be amendable. Of the nearly 10,000 comments provided in the surveys, Betz said the vast majority were positive.

“But there is work to do here,” he said. Of the concerns provided in the survey results, parking issues and faculty salary topped the list, he said. Betz continued saying that UW-RF has a very strong relationship between faculty and students. This was also a common theme amongst graduates of every generation, from the ‘30s through the ‘90s. “They absolutely love this place,” Betz said. After Betz’s presentation, senators focused on a proposal to support the addition of a multicultural and diversity resource center in the new Student Union. While the proposal only aimed to support the addition of a resource center, senators became bogged down in discussion over logistical aspects. Some senators wanted to know how much space would be required for the resource center, while students in the audience voiced their concerns for adding specific staff to the motion. Senator Joe Eggers interjected saying that the motion was not asking for a definition and only asks for support of the idea. Senate

Vice President Liz de la Torre agreed with Eggers. “We are looking to stand behind a multi-cultural resource center,” she said. The resource center would be a focal point for resources and attracting students of color as well as disabled students and LGBTQ students.

Other Senate news

- The Student Senate passed several other motions throughout the meeting including motions supporting UW employees rights to engage in collective bargaining, an increase in the WHEG grant, adding students to the state committee to deal with official rules for resident assistants as well as working with a group on campus to lower campus utility costs.
  - Representatives from United Council made a presentation regarding universal design in new buildings for the UW-System
- Student Senate meets every Tuesday at 7 p.m. in the Student Center’s Regents Room.**

First-year teachers get support

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Upon entering the teaching field, UW-River Falls education majors need not worry about feeling overwhelmed and alone in their new career. The College of Education and Professional Studies (COEPS) has developed a system of support seminars for new teachers in the area to come together and share their experiences and frustrations. “Being a first-year teacher, there are so many times you feel overwhelmed with trying to balance everything,” first-year teacher Joe Behnke said. “This support seminar meets once a month and gives first year teachers the opportunity to talk to one another and let each other know we are going through the same type of things. It really helps to be able to vent to other teachers who can understand what you are talking about.” These support seminars, held in the Regional Development Institute (RDI) building, are offered on the first Wednesday of every month throughout the school year for graduates of the UW-RF education program and other first year teachers in the area. Associate Dean of COEPS Mary Manke and Matthew Friedl, a Wisconsin National Board Certified Teacher in the Hudson School District, orga-

nize the seminars. “They really appreciate getting information and sharing concerns with one another,” Manke said of those who attend the seminars. Local graduates who are currently teachers at five local districts, River Falls, Prescott, Ellsworth, St. Croix Falls and Hudson, are invited to attend the monthly seminars not only for their own benefit but for the college’s benefit as well. The teachers share ideas and receive relevant feedback from others who are in the same position and experiencing the same things in the classroom. “This seminar gives me the chance to bounce important questions and new ideas off of teachers all in a similar situation as I am,” Kari Halstead, an English as a second language teacher in the Hudson School District, said. “I feel that I always come away with good advice, whether it’s brand new information or something to reinforce what I’ve already learned.” Behnke, who teaches second grade at Willow River Elementary School in Hudson, said the seminars have been helpful due to the competence of instructors. “Dr. Manke and Mr. Friedl will offer their words of wisdom and facilitate a discussion on some topic very relevant to what we

will face or be facing in the near future as first year teachers,” Behnke said. “I would say almost everyone leaves the night feeling a little bit more comfortable as a first year teacher whether it be because they took away something valuable or simply got some words of encouragement that they were not alone.” COEPS uses these seminars to gain feedback from recent graduates that will be helpful in developing curriculum. The Department of Public Instruction (DPI) has certain standards that new teachers must adhere to while in their first years of teaching. Through the Wisconsin New Teacher Project (WNTP), some state-level funding is provided to encourage districts or groups of districts to develop support programs such as mentoring. The project is funded through the University of California-Santa Cruz, grants from the Wisconsin DPI and the school districts with which they work. “DPI rules for teacher certification require all new teachers have a mentor and participate in support seminars,” Manke said. “Mentors are invited to five of the sessions.” UW-RF has a mentor training program and those mentors usually stay in the area and advise graduates of the education program.

“Through a grant we have through the UW System, we have trained over 100 mentors,” Manke said. New teachers may find these mentors very beneficial during their first year of teaching. “The mentors really work with new teachers with their teaching techniques and analyzing of students’ work,” Manke said. “They help new teachers to ensure that students are learning.” COEPS also supports its graduates through professional development programs. Teachers can use these programs to further develop their educational knowledge and skills. Although some education students may want to begin earning their master’s degrees upon graduation, Manke said that it is not recommended they start so soon. “They may want to wait until after their first year so that they will have gained some experience,” Manke said. According to the WNTP pamphlet, statistics show that approximately one-third of beginning teachers across the nation leave the profession within the first three years because they feel overwhelmed and unprepared. The WNTP was created to ease this problem by working with schools to build mentoring programs and bring in experienced teachers.

RIVER FALLS POLICE/PUBLIC SAFETY

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**Nov. 21**  
Levi P. Kent, 20, was fined \$310.50 by Public Safety for tampering with fire safety equipment in Johnson Hall around 11:30 p.m. Public Safety received a call from a Johnson Hall resident assistant around 11:20 stating that someone had pulled the fire hose from the wall, broke the glass of the case, damaged three smoke detectors and pulled a strobe away from an alarm horn on the wall. A witness to the vandalism told officers he saw a man trying to replace the hose by pushing it back into the case. According to the report, the witness later found out it was Kent who allegedly caused the damage. Public Safety then issued the citation to Kent. Estimated costs for the damage were around \$180.

**Nov. 27**  
Around 11:30 p.m. Brandon M. DeMotts reported the theft of items from his room, 242 Johnson Hall, to Public Safety. DeMotts told officers he had left his room for Thanksgiving break around 4:30 on Nov. 22 and after returning on Nov. 27 found his Playstation 2 missing. Two games were stolen along with the console as well as two controllers and two memory cards. DeMotts later reported that his cell phone had also been stolen. DeMotts’ roommate stated the room may have been unlocked for five to 10 minutes while he got his car. His roommate told officers he did not see the console when he left for break. The total loss is estimated around \$530.

**Dec. 2**  
Zebulun K. Hanson, 18, was fined \$248 for underage consumption in Prucha Hall. According to Public Safety reports, Hanson was later transported to the emergency room at River Falls Area Hospital.

**Dec. 3**  
Darren A. Danke, 22, was fined \$166 for disorderly conduct outside of the Library

Bar around 1:45 a.m. According to River Falls Police witness reports, Danke was escorted out of the bar after allegedly harassing a female customer and trying to start a fight with her boyfriend. After bouncers escorted Danke out of the bar he allegedly tried to get back in. When bouncers tried to remove him for the second time he allegedly punched and kicked one of them. According to the report, bouncers were able to restrain Danke until police arrived. Danke told police he had been kicked out of the bar for no reason and that his digital camera had been broken in the scuffle. Danke was arrested for disorderly conduct and later issued a fine.

- Christopher L. Cannon, 20, was fined \$373 for a second offense underage consumption in Parker Hall.
- Cassie J. Beck, 19, was fined \$248 for underage consumption in Crabtree Hall.

Pierce County Court

**Katie L. Anderson**, 19, pleaded no contest to underage consumption on Oct. 9.  
**Leah E. Brinkman**, 19, pleaded no contest to underage consumption on Oct. 20.  
**Christopher L. Cannon**, 20, pleaded no contest to second offense underage consumption on Oct. 14.  
**Jamie M. Diederich**, 19, pleaded no contest to underage consumption on Oct. 8.  
**Adam G. Griesbach**, 19, pleaded guilty to underage consumption on Oct. 7.  
**Amy L. Hasbargen**, 18, pleaded not guilty to underage consumption on Oct. 23.  
**Amy E. Hassler**, 19, pleaded no contest to underage consumption on Oct. 7.  
**Cole R. Hernke**, 19, pleaded no contest to underage consumption on Oct. 7.  
**Emily A. Johnson**, 18, pleaded guilty to underage consumption on Oct. 14.  
**Alan J. Knaeble**, 18, pleaded no contest to underage consumption on Oct. 9.  
**Alyce M. Knoop**, 18, pleaded not guilty to underage consumption on Oct. 9.  
**Beth L. Kodesh**, 18, pleaded no contest to underage consumption on Oct. 8.

**Kevin A. Kubiak**, 18, pleaded no contest to underage consumption on Oct. 7.  
**Gwendolyn R. Laski**, 19, pleaded no contest to underage consumption on Oct. 8.  
**Jordan P. Lile**, 18, pleaded no contest to underage consumption on Oct. 7.  
**Adam J. Mattson**, 20, pleaded no contest to underage consumption on Oct. 18.  
**Joseph H. Moeller**, 18, pleaded no contest to underage consumption on Oct. 7.  
**Heather J. Pearson**, 19, pleaded no contest to underage consumption on Oct. 7.  
**Matthew E. Raymond**, 18, pleaded no contest to underage consumption on Oct. 7.  
**John M. Reagan**, 18, pleaded no contest to underage consumption on Oct. 7.  
**Jesse E. Rise**, 19, pleaded no contest to underage consumption on Oct. 14.  
**Kevin G. Rockwood**, 18, pleaded no contest to underage consumption on Oct. 23.  
**Alexander M. Rud**, 19, pleaded not guilty to remaining in a building during a fire alarm on Oct. 7.  
**Alexander M. Rud**, 19, pleaded not guilty to underage consumption on Oct. 7.  
**Forest J. Sage**, 19, pleaded no contest to underage consumption on Oct. 7.  
**Joseph D. Schumacher**, 18, pleaded no contest to underage consumption on Nov. 4.  
**James C. Scott**, 18, pleaded no contest to underage consumption on Oct. 30.  
**Lucas A. Skidmore**, 18, pleaded no contest to underage consumption on Oct. 13.  
**Scott T. St. Claire**, 18, pleaded no contest to underage consumption on Oct. 7.  
**Whitney L. Thompson**, 19, pleaded no contest to underage consumption on Oct. 7.  
**Mandy J. Vandenhoy**, 19, pleaded no contest to underage consumption on Oct. 8.  
**Thomas J. Wegner**, 19, pleaded no contest to underage consumption on Nov. 5.  
**Ryan C. Wodill**, 18, pleaded no contest to underage consumption on Oct. 7.  
**Carl H. Zeman**, 19, pleaded no contest to underage consumption on Oct. 9.

**The Pierce County Court information is from a monthly court date for all fines issued by Public Safety**



Hanson: Asks students, faculty for prompt aid for Pakistan’s earthquake victims

from page 1

Geological Survey, the October 8 quake had a magnitude of 7.6 on the Richter scale, the hardest hit area being Kashmir where entire villages were destroyed. After the quake struck, Hanson boarded a helicopter immediately and flew out to Kashmir and began to evaluate the situation and determine first steps World Vision would make.

“The first thing I noticed upon getting out of the helicopter was the smell of death,” Hanson said. “The immediate need was to bury the dead and the trauma that goes with people who lost everyone in their families.”

Hanson said World Vision is in “the business of children”; they provide shelter not only for affected citizens but also for children and set up what Hanson called

“Children in Crises Programs”. The programs will protect runaway children and children who have lost their families from such atrocities as human trafficking.

According to Hanson the affected population is between 3.5 and 4 million, “roughly the size of Wisconsin.” Of those affected Hanson said about 70 percent lost everything they had.

At the open session on Nov. 30, Hanson impressed on his audience the magnitude of the earthquake and that the disaster is not over. Facing a hard winter in Pakistan, Hanson explained what could happen if aid does not come before the winter season.

“People aren’t warm, especially the children” Hanson said. “The first cold-related deaths have been reported, two children dead of pneumonia.”

Hanson explained that winter in Pakistan is much like a Wisconsin winter, but in a far more difficult terrain.

“This area had 25 feet of snow last year,” Hanson said. He predicts that with the temperatures dropping, the estimated immediate death toll of a quarter million could double throughout the winter if they cannot keep people warm and fed.

“I am hoping that the UW-River Falls Community will continue to respond generously,” Steve Ridley, dean of the College of Agriculture, Food, and Environmental Science (CAFES) said. A fund has been set up for earthquake victims in the dean’s office in CAFES; their goal is \$10,000.

Stop by the dean’s office in Ag Science to donate.



Jen Dolen/Student Voice  
**Art student Lenny Shier (middle) helps professor Randy Johnston (left) build a mask.**

Johnston: Gains respect from students

from page 1

Although Johnston is skilled in and teaches the art of throwing pottery on a wheel, he specializes in free-form pottery which he sculpts by hand with out the use of the pottery wheel. Unique to him as an artist is the practice of creating clay pieces from drawings. This is achieved by sketching out each piece of an object on paper and then transferring it onto the flat clay. The piece starts out as one-dimensional on the paper, but needs to be drawn so that it will create a three dimensional figure when cut out of clay and formed. The majority of Johnston’s pieces to be functional.

According to his original plan, Johnston never intended to be an artist. While attending the University of Minnesota, Minneapolis as a pre-med student he was required to take an art class. Finding out photography was full, Johnston reluctantly signed up for a ceramics class. Even though Johnston said this was his first art experience, he was hooked. His future would consist of working on clay instead of the human body.

For Johnston, art provided “a different way to look at life-and I never looked back,” he said.

Graduating with a Bachelor of Fine Arts/Studio arts in 1972, Johnston bought land outside of River Falls, almost 20 years before he would begin his teaching career there. He taught at the Rochester Art Center, in Rochester, Minn.,until 1975, when he was offered a rare and amazing opportunity. Shimaoka

Tatsuzo, a Japanese artist who was awarded the title of National Living Treasure, was invited to a dinner Johnston friend, Taeko Tonaka was hosting and he was attending. Only 25 people are given the honor of National Living Treasure which provides the artist with grants to continue their craft. Based on Shimaoka’s friendship with Taeko, Shimaoka granted a rare favor to Taeko by allowing Johnston to study with him in Japan.

“He accepted me because of his friendship with Taeko,” Johnston said. “In Japan, old friends don’t say no to each other.”

For the next six months, Johnston studied the art of building wood burning kilns, which is an art no longer practiced. A kiln is an oven that dries pottery.

Johnston said he didn’t just learn how to build kilns while in Japan. He learned about art’s role in the community and how a group works to achieve an end.

For 25 art students in 2003, Johnston was able to provide a taste of his kiln building experience in Japan, by building with them a 23- foot- long Anagama kiln at Johnston’s home. According to the Web site two participating students created about the project, the Anagama kiln originated in the 12th century and contains a single, tube-style chamber.

Johnston said that an important part of gaining respect from students is to stay active in ones field. He continues to lecture on his craft to other universities and participate in exhibitions In the future he said he hopes to find “real time in the studio.”

Engineering: Women gravitate towards social careers

from page 1

all. I don’t view this [teaching] as a career change, but more as doing something different with the topics that I love for this phase of my life,” Gehler said.

Gehler also said that as a software developer, she had a lot more contact with peers and colleagues than she does at UW-RF.

“People tend to think of software engineers as working alone almost all the time; this is just not true,” Gehler said. “Working as a software engineer gave me a

much more social environment.”

According to the Anita Borg Institute for Women and Technology and the Institute for Women and Technology, “Women represent half the U.S. labor force and more then half of all undergraduates, yet just 18 percent of scientists and engineers employed in the industry today are women.”

That statistic isn’t likely to change soon given that women still represent a mere 20 percent or less of graduates with majors in engineering, physics, comput-

er science and similar fields, according to the National Science Foundation.

Rubbelke said she was never interested in the engineering field because she was never real-ly introduced to it in high school.

Barbara Nemecek, dean of the College of Business and Economics, said girls in K-12 are not being encouraged to participate in mathematical and scientific fields.

“I would like to understand this situation and contribute to a solution,” Varghese said.

Thefts: Cellular phones become new target for thieves

from page 1

the door unlocked.”

DeMotts said the hardest thing for him to understand is why this would happen in the residence halls in the first place.

“I want to be able to trust everyone that I live in this community with, and when this sort of thing happens as much as it has in our hall, I lose that trust in people,” he said. “A PlayStation 2 doesn’t exactly mean life or death to me; I just wish that this person would have some self dignity instead of stealing what doesn’t belong to them.”

DeMotts isn’t the only person who believes trust plays a role in campus crimes.

“We ask students to be aware of where they leave their things and take responsibility for their actions,” said Mark Kimball, director of UW-River Falls’ Public Safety, Parking,

Environmental Health and Safety department. “People like to trust each other, but it isn’t always that way.”

There are no suspects or motives for the incidents, Kimball said, and both Public Safety and the River Falls Police Department hope someone will come forward with information.

Kimball said there have been no trends in the University’s history of Johnson Hall break-ins and that the recent thefts have prompted the police department to take notice. Johnson has the same security and a layout similar to the other halls, he said, all of which are accessible by ID card only.

“The halls are only as secure as residents make them,” Kimball said. “Students need to be responsible. Keep the door locked.”

It is extremely important, he said, that both men and women also keep their doors locked

while sleeping.

It is not known at this time if the burglar(s) lives in the hall or has found a way to access the building from the outside.

Aside from warnings and reminders, Kimball said there isn’t much else Public Safety or the police department can do. The victims have acknowledged that the lack of leads and information on the crimes removes the issue from the hands of campus and city officials.

“We’re lucky to be in a community where we can trust our law enforcement,” Dougherty said. “Wish I could say the same for the people I live and go to class with.”

Kimball said he has no reason to believe that recent vehicle break-ins at the Ramer Field parking lot are correlated to the Johnson Hall thefts in any way.

Reported stolen in November:	
•Cell phone	•PlayStation 2
•Student ID	

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EDITORIAL

# Graduation walk comes premature

At an institution with solid fundamentals based in the agricultural community, it seems only fitting the *Student Voice* should offer some grandmotherly advice by saying, “don’t count your chickens before they hatch.”

But this is exactly what is happening at UW-River Falls this semester.

Because of the way our semesters have been laid out, graduating seniors this fall have their commencement the Saturday before finals week, Dec. 17.

After closer examination, it is easy to see why commencement can’t be pushed back a week until after finals. That would conflict directly with Christmas and it’s highly doubtful any graduates would want to spend their Christmas Eve sitting through commencement.

While it is too late to resolve the issue this fall, why wasn’t this issue thought out more before the academic calendar was made?

Simply starting school a week earlier would have let commencement fall on the same day, only after finals week. It would have also allowed for some leeway before Christmas Eve so students and faculty would actually have time to travel before the holiday season.

As the schedule dictates now, students that have finals

**This year’s fall commencement seems poorly conceived, and this should be a continued concern for future academic calendars.**

through Friday, Dec. 23 will have to rush home to be with their families on Christmas Eve. Not to mention the fact that our fall graduates will have already walked before they even know if they have a chance at passing their finals.

For some students finals week is a make-or-break situation for their grades. And graduating seniors in this position this semester will just end up walking, while their academic futures remain in limbo. Some may end up walking again this spring because they slept through a final or just simply failed a class.

Although these scenarios may only apply to a few students, those are the students we need to look out for. It is not fair to let someone go through commencement and conceptually graduate, only when they will find out later that they failed one class and have to return.

This year’s fall commencement seems poorly conceived, and this should be a continued concern for future academic calendars.

After all, with all the chickens graduating from UW-RF every year, we don’t want to have them all counted before they hatch completely. It will ultimately end in disappointment for the student who doesn’t make it and the institution for imbedding a false hope.

Editorials represent the opinion of the Student Voice Editorial Board and are prepared by the Editorial staff.

UNIVERSITY OF WISCONSIN RIVER FALLS

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The opinions expressed in editorials and columns do not represent those of the newspaper's advisor, student population, administration, faculty or staff.

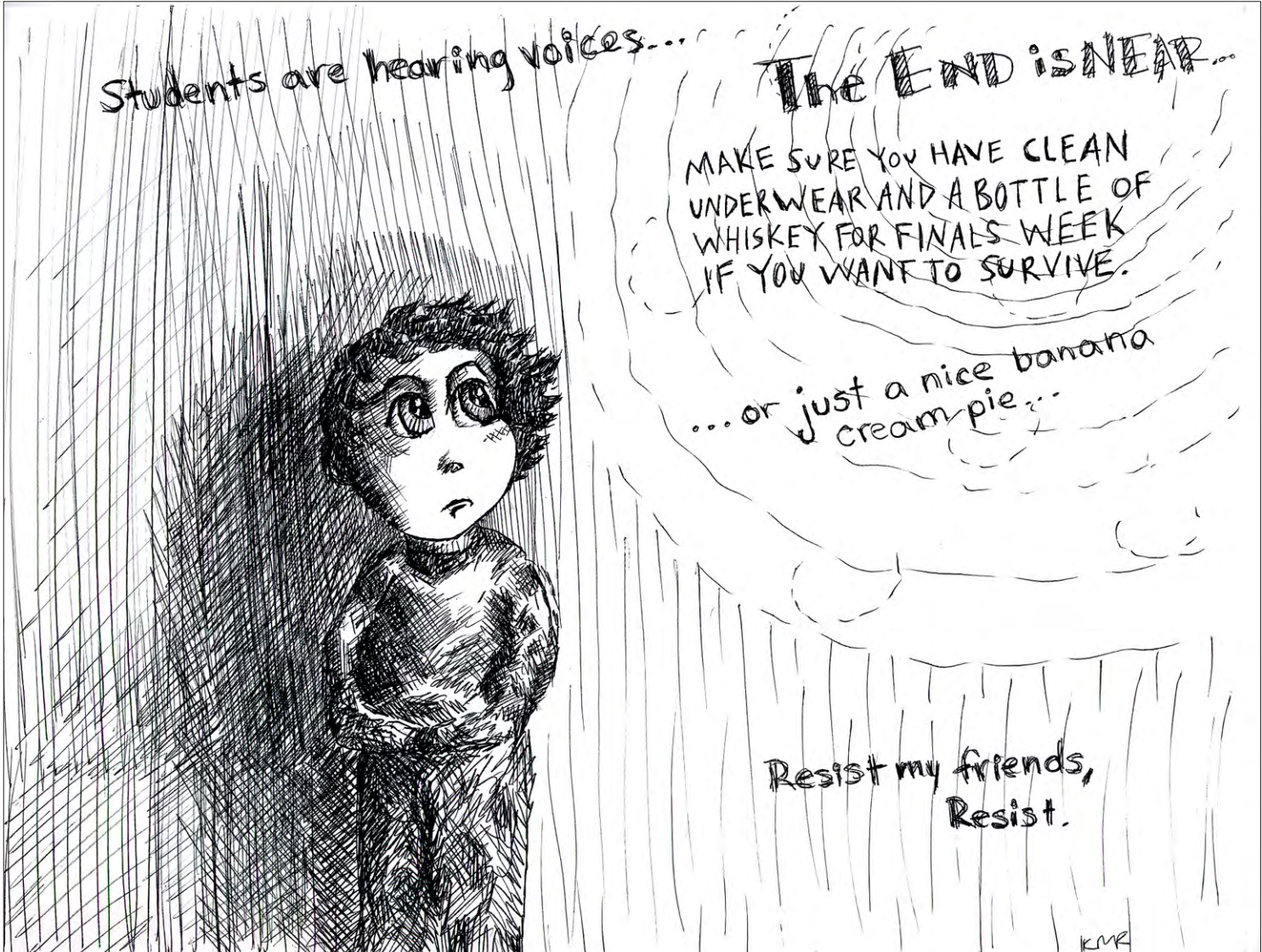
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All letters, news releases, briefs, display ads, and classified ads must also be submitted no later than Tuesday at 11:59 p.m.

Single copies of the *Student Voice* are free. Printing costs are paid for through student fees.



## LETTERS TO THE EDITOR

### Parking patrolled during finals week

Parking lots will be patrolled during finals week. Please remember that staff members pay for the privilege to park in the parking lot that they are assigned. When lots are used for the convenience of book returns and other tasks that need to be done at the end of the semester, it displaces the permit holders of that lot.

Our office would like to ask that you plan your activities during finals week, so as not to displace the current permit holders. Your cooperation is appreciated.

**Mark Kimball,  
Public Safety Director**

### Hats off to the UW-River Falls Jazz Ensemble

It was my great pleasure to attend the Minnesota Orchestra Young Person’s Concert on Friday, Dec. 2. Entitled “The Swinging Nutcracker,” the concert program included excerpts of Tchaikovsky’s “Nutcracker Suite,” alongside the Ellington/Strayhorn adaptation of the work for jazz band.

Additionally, the Minnesota Dance Theatre filled the audience’s eyes with the beauty of classical ballet and a variety of jazz dance styles. Members of the UW-RF Jazz Ensemble took their places next to members of the Minnesota Orchestra and performed wonderfully. What a great opportunity this was to spread the word about our rich learning experiences at UW-RF.

The “Swinging Nutcracker” will have final performances on

Sunday, Dec. 4 as part of the Minnesota Orchestra’s Family Concert series.

I extend a heartfelt thanks to David Milne, director of Jazz Ensembles, and to each member of the band for their dedication and artistry.

**Hilree Hamilton,  
Assistant Professor of Music Education**

### Front-page story brings unnecessary humiliation

In response to the front-page story regarding a professor shoplifting, I think it is offensive and in poor judgment of a paper to write about a matter so personal and humiliating.

We have all make mistakes and the incident was already reported in the city newspaper. What was to be gained by this man’s demise being plastered on the front page of the *Student Voice*?

Not one of us should be pointing fingers or heaping humiliation on top of humiliation. How many of us could stand up under the glare of public scrutiny?

**Maggie Staiger  
student**

### University needs ethanol plant

UW-River Falls is a great school and there many things to get excited about and support. It is truly amazing that an agricultural college so close to such a large urban center as the Twin Cities has test farms, a campus dairy and the horse barn, among other things.

What I have a hard time believing is there is no campus ethanol or bio-diesel plant. In the newspapers, there were two editorials that caught my attention.

In the *Pioneer Press*, Amy Klobuchar, who is a candidate for U.S. Senate in 2006, suggests that we are spending \$200,000 a minute to import oil into this country. Think for a minute who is receiving that money: the Wahabi in Saudi Arabia, the mullahs in Iran, other potentates in the Middle East and even Hugo Chavez. Are these the people we want to enrich with so much? Domestically, the Big Oil companies enjoyed a \$33 billion third quarter. Not bad work, if you can get it.

The other article of interest was from the *New York Times*. Bob Herbert wrote about President Bush’s speech at the Naval Academy and pointed out that we are spending \$6 billion per month to prosecute the war to bring democracy to Iraq. If democracy in Iraq means freedoms similar to those we enjoy in our country, there will be a direct clash between Iraq and their oil revenue enriched neighbors to the East and South.

This brings me back to ethanol and bio-diesel. UW-RF has majors that involve the production, processing and sale of corn and soybeans. There are graduates of this institution who produce, process or sell corn and soybeans. But how many will be in the great alternative energy industry that needs to grow up in the fields and universities of this country to reclaim some of that money we so willingly hand over at the pump when we fuel our cars and trucks?

I am only passing through. In six months, I’ll graduate. This institution will remain; it’s been here for a long time. The University will continue to pre-

pare people to meet their futures. Will it see its way into the bio-fuels future?

**Phil McConville,  
student**

### Diversity deserves more attention

As you may know, the new student union is currently under construction. The facility is going to house all sorts of different complexes and an impressive food court. It will become the heart and soul of not only our campus, but the surrounding community.

By placing a Multicultural and Diversity center inside the new college union, the University is showing that diversity is a priority. Now more than ever there is a greater need for understanding between cultures.

Just look at how the world has shrunk in our lifetime. Every time you shop at Shop-ko, you are probably purchasing a product from another country and are supporting international trade.

You may even notice more foreign students staying on campus. America has always been a “melting pot” of different cultural backgrounds. Diversity is our strength, not our weakness.

Having the multiculturalism center in the basement of the library is like stuffing it into some obscure janitor’s closet in the deepest corner of Rodli.

I ask the student body to stand up and fight for the Multiculturalism and Diversity center be placed in the new student union as a testament for our commitment for a diverse and culturally understanding campus.

**Francis Allen Freeman  
student**

# Channel selection disappoints

As I was channel surfing the other night in my pad in the South Fork Suites, I realized every channel either made me less educated or at least left me no better off for watching it.

In short, our campus cable plan is pitiful.

In coming to an institute of higher education, I’d expect at least two cable news channels, preferably three, especially when you have a total of 34 channels. I don’t think it’s too much to ask for CNN, Fox News, and MSNBC, which would comprise less than 10 percent of the total channels.

And no, I’m not talking about the 30-minute cycle of regurgitated news that we have right now, also known as CNN Headlines.

I’m talking about news channels with actual dialogue; news channels that actually accomplish the primary purposes of informing me, making me think and challenging me. UW-River Falls has nothing that even resembles this at the moment.

Instead, we have five channels devoted solely to sports and six music entertainment channels.

Now, I love ESPN. Occasionally I watch a



**Joey White**

game on ESPN2 or FSN. Even ESPN News and ESPN Classics come on now and then. But honestly, do we really need all five of these — especially when the only news channel we get is basically crackerjack box news?

Then, of course, there are the music entertainment channels.

I suppose MTV is a given, considering that way too many people our age actually watch it. VH1 and CMT are fairly popular as well. But BET? MTV2? And worst of all, we’re slated to get MTVU soon on channel 13.

The entertainment doesn’t stop with six music channels either.

USA, TNT, and the Campus Movie Channel all typically have non-stop movies or TV shows. Again, it’s not that I don’t watch these, but I can’t help but have trouble understanding how we get this kind of an onslaught of entertainment and so little education.

I suppose a few of you are already arguing the fact that we have channels like TLC, Discovery, Animal Planet and the History Channel to educate us, and to a certain extent you’re right. But none of those channels keeps me up on current events. I still can’t watch Larry King’s intriguing interviews, Hannity and Colmes going at it, or

Countdown with Keith Olbermann.

Even our local channels are somewhat disappointing.

Being that we’re in the Twin Cities media market with a lot of students from the area, it makes sense that most local channels are from the Twin Cities.

But for a school that’s in the state of Wisconsin and in the UW System to not have any source of news from its own state is ridiculous. We had an Eau Claire station that came in fuzzy at best, but that’s gone.

I’m sure someone is already beginning a letter to the editor telling me that if it means so much, I should join some tucked away committee that decides what channels we get. And they’re probably right.

I guess between my four jobs, full time class load and two organizations in which I have a leadership role, it becomes pretty difficult to find time for one more weekly or bi-weekly meeting to decide what I watch when I get the occasional chance to actually sit down in front of the TV.

If you’re fed up with channel surfing your way to nothing worth watching, speak up! Until then, continue reading newspapers and find a good online news source, because the junk diet from CNN Headlines is pitiful.



# America fails terrorism 101

If the federal government were a student in college, they would have received an F in Homeland Security 101; according to the 9/11 Commission's report released this past Monday.

The members of the former 9/11 Commission released a document entitled, "Final Report on 9/11 Commission Recommendations," in which the commission issued grades from A to F on various measures taken by the federal government since 9/11.

Sept. 11 served as a wake-up call to Americans and the message was loud and clear — we are not invincible.

In the uncertainty that followed that day one thing was certain, the federal government needed to do something to better protect it's citizens and insure national security.

The Bush administration points to the formation of the Department of Homeland Security as evidence of increased national security. However, the Department of Homeland Security seems to be more intent on changing the color of the terror level everyday rather than actually increasing homeland security.

The federal government received an F from the 9/11 Commission for homeland security spending. The federal government has failed to prioritize cities to better fund

the cities most at risk, (New York, Washington D.C., L.A.) and therefore the federal government has been unable to insure that the funding has been effective.

Hurricane Katrina provided an example of the further inability of the national government to effectively react to national disasters. The 9/11 Commission recommended in July 2004 that improved communications

among emergency responders could help response time to terrorist attacks, or in the case of Katrina, natural disasters.

More than a year after the 9/11 Commission's recommendation, the federal government had failed to act and the citizens of the Gulf Coast paid dearly due to the poor response time and disorganization.

Could we imagine for a moment, what if there had been a terrorist attack in the place of Hurricane Katrina. Would the federal government have been able to respond appropriately, or would the citizens of the Gulf Coast be left to deal with the aftermath for themselves, as with post-Katrina.

Perhaps an even more disturbing grade posted by the 9/11 Commission is the F given to the federal government for failing to improve airline passenger pre-screening.

The 9/11 Commission charges that "few improvements have been made to the existing passenger screening system since right

after 9/11 ... a new system, utilizing all names on the consolidated terrorist watch list, is therefore not yet in operation."

The implications of this grade are quite frightening.

We have not substantially improved our airline safety since the changes were made immediately after 9/11. This is leaving the American public once again at a tremendous risk.

The federal government was able to receive only one A grade for their ability to create a Director of National Intelligence (John Negroponte) as the 9/11 commission recommended in July 2004.

However, Negroponte has turned a blind eye to the shortcomings of homeland security and claims that. "... America is safer (now) than it was at 9/11."

Hard claims to make when there is evidence to the contrary and according to The Polling Report, 75 percent of Americans feel that the United States is not adequately prepared for a nuclear, biological, chemical or other terrorist attack.

While the Bush administration continues to "promote democracy" in a country, which never attacked the United States — Iraq — the citizens of the United States have little choice but to sit by and wait for the next big terrorist attack.

While the U.S. Congress has allocated \$204.6 billion for in the Bush administration's War in Iraq, we are waiting and wondering; how bad will the next attack be?

# Students hold the power to change policy

To the delight of many last week my name appeared in the Public Safety/Police report for having skateboarded in North Hall.

While many people have cracked smiles at me while explaining how dumb the fine was, I have to agree.

I was dumb for skateboarding in North Hall - no matter how bad I had to get to that bathroom. And believe me, the nearly \$200 fine from my friends at Public Safety won't let me forget that anytime soon.

However, my debacle with campus enforcement made me question the reason campus and system policies deal with skateboards, bikes, in-line skates and scooters.

Under the current UW System policies it is illegal to, "skateboard, roller skate, or use roller blades or any other similar

wheeled device in or on university ... sidewalks, roadways or parking areas on university lands."

While the term "similar wheeled device" is vague at best, the only UW System policy dealing with bikes only regulates where they are allowed to be stored and parked.

This begs the question, where do scooters fit into this mess?

Judging by the legislation available one would most likely



In other words, campus laws are system laws. The only way a system law can be altered or nullified is if an administrative policy is implemented at the university.

So while many people would like to point the finger at Public Safety for making up bogus laws, the real finger should be pointed at administration and more importantly ourselves.

I am a firm believer that skateboards and in-line skates have just as much right to be on University sidewalks as do bikes. But until we as students make a stand, this rule will not change.

Earlier in the year Student Senate took a stab at getting the

campus policy to possibly allow for skateboards and in-line skates.

However, their efforts fell short.

I've sat back and watched this year as Senate has begged for student concerns so they

could help make changes on this campus. This is an issue that affects many and is of legitimate concern for fairness and public safety.

I would much rather be hit by someone on a skateboard than someone cruising at 20 mph on a bike.

Since this is the last issue of the Student Voice for the fall semester, it is our tradition to give a staff wish list.

I'm not sure if this is a valid wish, but I wish that next semester the Student Senate would reexamine the power they have to make changes on this campus. I also wish that UW-RF students would voice their concerns to the Senate, administration, newspaper or anyone else who can make a difference.

I know the equity of skateboards and bicycles may not be at the top of everyone's concerns, but at least it's a start.

Maybe if we can tackle this little piece of campus policy we can work on larger things like tuition or a multicultural resource center.

However, until the students at UW-RF pull their heads out of the sand and start speaking up about their concerns, nothing will change and Student Senate will continue to focus more on state issues than those right here in River Falls.

## THE CONWAY EXPERIENCE

# Troops must stay to succeed

This week I saw a lot of news about the war in Iraq and most of the news really disturbed me.

I believe in a lot of things and the most important thing I believe in is the safety of our troops. I would also love to see them come home so they are not in harm's way.

But right now we do not have that option; they have a job to do first.

Being a Marine for four years of my life I understand the hardships and the overall pain in the ass being overseas can be. I spent a couple holidays and birthdays sitting in a foxhole in the deserts of Kuwait. It was not the best time of my life but I made it through it.

Unfortunately I did not serve in any war but I was in a lot of things that the military likes to call "operations," so I know the hard times that the soldiers are going through over in Iraq and across the world.

But since our fearless leader President George Bush decided we are going to war with Iraq and make them free, the soldiers have a job to do.

The news reports on all the stations I watch are all talking

about how we have to get our boys out of there before too many of them die. While I do agree they should come home that is not the issue.

The issue is we have gotten into something that is going to take some time to finish.

Some want to blame everything on the president, but all in all he did have good intentions going into the war. He did not have any

idea how long it was going to take to rebuild their government and start some sort of economy over there.

A lot of the newscasters and people that I talk to on the street say we are in Iraq because of the oil.

Well I have only one thing to say to that - you bet your ass we are.

If you do not bring up the war in Iraq and ask anyone how he or she likes to pay \$2.50 for a gallon of gas, I bet they would say they don't like it. But when it comes to discussing the war, they will say that it is not right

for us to go to war over oil.

If we didn't go in and take care of the situation then I would just love to hear some hippy, liberal dude complain about paying \$5-\$10 for a gallon of gas. That would make my day and I would let him have it.

Iraq and the surrounding region have about 80 percent of the remaining oil on earth and if that region is always in turmoil we would not have as much access to the oil. That would cause major problems not just in our economy, but also in most countries.

Shipping, travel, prices of other products due to inflation all would be greatly affected.

So lets keep the troops there for a while so things do not get out of control.

All these men and women that are serving in Iraq signed up on their own freewill and they are volunteers.

There is no draft in place and I am sure these men and women always thought that nothing like



Jason Conway

## THINK YOU CAN WRITE BETTER THAN THIS?

Stop complaining and apply to be a columnist.  
North Hall 304



Megan Sodren, freshman

"I have been making flash cards and reading over my chapters I need to study for. I'm trying to look ahead so I'll be ready for next week. I put signs up around my room so me and my roommate can study for psychology."

# STUDENT VOICES

## How have you been preparing for finals?



Jordan Thompson, sophomore

"I just wrote down what the dates are. I haven't looked at any of the material."



Jessica Bavier, junior

"Just trying to get all of my work done. I haven't really been thinking about finals right now, just finishing tests and homework now."

Kevin Baldwin, sophomore

"Just resting up and going over the material a little each night. But it hasn't been going good so far."



Mike Meissner, sophomore

"I'm planning on studying a lot. But if that fails, I hope I am a good guesser."



Nicola Lencz, freshman

"I study with my homies every Thursday, Friday and Saturday at the Rug."







The women's hockey team works on a drill at practice on Wednesday. The team is preparing for their weekend trip to take on Finlandia University in Hancock, Mich.

Jen Dolen/Student Voice

# Coach tells icy history

## Game becomes career

Sarah Packingham  
sarah.packingham@uwrf.edu

UW-River Falls head hockey coach Steve Freeman has grown up around the game of hockey.

He started playing hockey when he was a boy and played all the way through the college level where he played for UW-Stevens Point.

Stevens Point, Wisc. is also where Freeman started his coaching career.

"Then I moved to Fond du Lac and coached St. Mary's Springs, where the team won a state championship," Freeman said.

After that Freeman moved on to coaching in USHL for a couple years before starting here at River Falls as an assistant coach. And then he became head hockey coach.

"I'm now in my tenth year here," Freeman said.

Freeman is very modest when describing himself, but picked a few words to talk about his personality.

"I'm honest, hard working, dedicated, devoted and trustworthy," Freeman said.

Freeman's peers also think very highly of him.

"He's a great coach and a great equalizer," assistant coach Bob Ritzer said. "He's very well respected. Everyone knows Steve."

He hopes that being the head hockey coach doesn't make him an intimidating person to some, and he hasn't seen that as a problem yet.

"I enjoy being involved with the student body," Freeman said.

Freeman teaches physical education labs here at the University which allows him to meet many students and inform them about games in hopes to draw fan support.

As the program has grown so has the fan support Freeman said. Falcon hockey has always had a following, but it has grown substantially in the past three or four years.

All throughout his career as head coach, he's had assistant Bob Ritzer by his side. Freeman and Ritzer have been friends for close to 20 years.

"He's extremely personable," Freeman said. "I knew he was outgoing and he'd do great at recruiting, and he's done a tremendous job. He's the outgoing one and I'm kind of the introvert."

The two really seem to compliment each other well, and really are helping make River Falls a big hockey name.

"He's a great guy to work with," Ritzer said. "He's a tireless hockey guy. He's a blood and guts guy."

At the moment Freeman's life is pretty booked with hockey, but he does have other interests besides the game of hockey.

"I'm pretty consumed with hockey, but I also like fishing and hunting. I don't have time for such things during the sea-

## "He's very well respected. Everyone knows Steve."

Bob Ritzer,  
assistant hockey coach

son," Freeman said.

He also has some motorcycles he likes to ride during the proper seasons.

Throughout his coaching career Freeman has been able to form ties with the players, which he describes as one of his favorite things about coaching.

"I enjoy building relationships with the players, and all the new challenges," Freeman said.

Since Freeman started in hockey years ago, the game has changed quite a bit.

"The players are a little more skilled then they used to be," Freeman said. "It used to be a lot rougher, now it's a faster and more puck movement game. It changes your coaching technique."

Freeman is not sure how all the new rules that the NHL are enforcing are going to affect his program at River Falls. He is unaware if the new rules will ever even affect his players.

Freeman has worked with many great hockey players during his career. He's coached All-Americans and even a goaltender who went to training camp with the New York Rangers and stopped break-aways from Wayne Gretzky.

"There have been oodles and oodles of good players who have gone through this program," Freeman said.

River Falls has certainly made a name for itself in college hockey with the help of Freeman, but he knows it's going to be getting tougher and tougher as the years go on. It's going to be difficult with the private schools gaining more access to international players.

Freeman thoroughly enjoys his position here at River Falls and has had other opportunities to be an assistant at Div. I schools, but has chosen to stay here.

"It's a good place, a good university, an easy sell for recruiting, and we're always competitive and in the hunt," Freeman said.

Ritzer believes the Falcon program to have a very long legacy.

"We didn't invent this program," Ritzer said. "There has always been a rich tradition of winning and there always has been. It's a big responsibility for us to maintain that. Steve is very respected for that. Everyone knows him and he maintains the tradition."

Almost at the holiday break, Freeman seems pleased with where his team is at. The season thus far is kind of like a roller coaster. He hopes to see his team mature as the season goes on. He considers his team a very young team with loves of talent and opportunity.

"I feel very lucky to have been involved and contribute to this program," Freeman said. "It's an honor to be part of this rich tradition of success. Every year is a new challenge."

Freeman's team will be in action this weekend at Hunt Arena. These are games that shouldn't be missed.

# Women prepare for Finlandia

Matt Zinter  
matthew.zinter@uwrf.edu

The UW-River Falls Women's Hockey team is living large, by having a solid record of six wins, two losses, and one tie.

"We give 100 percent in every practice," sophomore Jenna Scanlon said. "And practice pays off for sure."

Freshman Leigh Landgraf also believes the reason they are doing so well is because the team is starting to "mesh well."

The Falcons played two games against conference foe UW-Stevens Point two weeks ago, winning one and losing one. Leading the way in those games were junior Jenny Wallace, making a goal, junior Kelly

## "Those two games against Stevens Point were the best games ..."

Lou Paulson,  
senior hockey player

Hurley making a goal, and freshmen Kelli Dahle making a goal as well. The star of the games was freshmen Sara Halseth, who didn't make a goal, but assisted on all three of them.

"Those two games against Stevens Point were the best games we have played all year," senior Lou Paulson said. "We outplayed and out shot them,

but unfortunately the first game didn't go in our favor."

Amber Lindner leads the conference in saves per game with 26.1. She is a real leader out there on the ice.

"Amber works extremely hard in practice everyday," Scanlon said. "She has a great attitude and is a great goalie."

Landgraf agrees.

"Amber works really hard in practices and games," said Landgraf. "She focuses a lot before games which really helps her do well."

The Falcons next two games are against the Finlandia Lions, who are last place in the conference, having a record of 0-4

See Women's hockey page 7



Jen Dolen/Student Voice

The men's hockey team practices on Tuesday afternoon at Hunt Arena. The Falcons take on conference foe UW-Superior on Friday night and a greatly improved St. Scholastica on Saturday night. Both games begin at 7:05 p.m.

# Slick home series for Falcons

## Falcons prepare to take on conference foe UW-Superior on Friday

Sarah Packingham  
sarah.packingham@uwrf.edu

The UW-River Falls men's hockey team is fresh off a rough weekend on the road.

The Falcons traveled to Chicago for a game against Lake Forest last Friday, and had somewhat of a difficult time. They traveled to Green Bay the next day for St. Norbert, one of the nations top teams.

"It was probably the roughest weekend of the season," head coach Steve Freeman said. "There was a lot of bus time and travel, and problems with inconsistencies."

On Friday night, against Lake Forest, the Falcons came out and

got ahead early but were unable to keep control of the game.

The Falcons only led 1-0 after the first period, despite dominating in shots 18-9.

"We jumped ahead and then they scored a couple of fluke goals," senior Mike Salmela said.

River Falls was unable to capitalize on their chances.

"Friday night started out fast, we should have blown the game open," Freeman said. "We gave up some easy goals."

In the second period Lake Forest got the tying goal and the go ahead goal, and the Falcons fought back to tie before the period ended.

Early in the period, Lake Forest tied the go ahead goal once again, and the Falcons were never able to catch up, despite pulling goaltender AJ Buccchino with 40 seconds left in the game. Derek Hansberry and Patrick

Borgestad scored for the Falcons. This loss was the first the Falcons suffered in conference play this season.

On the following night, the River Falls traveled to take on St. Norbert.

"It's like the loss carried over to Saturday night," Salmela said. "Norbert was a very strong team that was really mad and fired up from a previous game."

Even though St. Norbert is a top ranked team, the Falcons tried their best to skate with them all night.

The game belonged to anybody after the first two periods.

"It was a 3-2 game in the third," Freeman said. "Then we took a couple of penalties and they scored and it was 4-2."

St. Norbert eventually scored again and the Falcons lost a tough game 5-2. Hansberry scored his second goal in as many nights and Aaron Venasky

also scored. Goaltender Andy Scanlon also made 31 saves in net.

"The weekend was disappointing. We didn't play to our potential," Freeman said. "But we don't have any time to worry about it, we have to work on our inconsistencies."

Freeman is right, the Falcons have a tough weekend coming up Dec. 9 and 10. The Falcons take on conference foe UW-Superior on Friday and St. Scholastica on Saturday night.

"I think we're going to be mad and fired up this weekend," Salmela said.

Falcon fans are in for a treat with these two teams coming in to town.

The Superior Yellowjackets are rough and physical according to Freeman.

"They're one of our chief rival-

See Men's hockey page 7

# College, pro sports get exciting



Sarah Packingham

With the semester's last issue of the Student Voice upon us, there are a few things I have to say before we get all wrapped up in the holiday season.

It's already been quite an eventful season for many of our UW-River Falls athletics. And in this next week there are going to be some action packed

games. After Dec. 17, which is the Saturday before finals week, there are no games until after the holidays.

The men's basketball team has already been to Hawaii and back this season. They also defeated conference foe UW-Superior at home and play host to UW-Platteville this weekend.

The women's basketball team has traveled around a lot and that won't change this weekend when they travel to UW-Platteville and Winona State.

The women's hockey team started off fast, and has continued to play consistently up until now. And this weekend they travel to take on Finlandia University.

But now, this weekend is the

one I have been waiting for. Since I'm a Duluth native seeing UW-Superior and St. Scholastica come to town is one of my favorite hockey weekends of the season. This weekend I would like to see nothing more than to watch my hometown teams get roughed up a little bit.

Superior is always a top team in the Div. III hockey world and the Falcons will have to be on the top of their game come Friday night.

While St. Scholastica on the other hand is turning heads this season. I know when I went home for Thanksgiving seeing their scores in the newspaper came as quite a shock. So Saturday night should be quite a game as well.

I think the Falcons will be quite hungry after such a rough weekend against Lake Forest and St. Norbert.

After this weekend I'll probably have no voice left for the hockey game against Hamline University on Wednesday.

The state of Wisconsin has something to be proud of this holiday season in the athletic world, even if its not the Green Bay Packers football team. The University of Wisconsin Badgers men's hockey team is on a 14-game unbeaten streak, including a weekend sweep against the Minnesota Golden Gophers on the road. The Badgers are currently ranked

See Packingham page 7



SPORTS WRAP

Both swim teams take sixth in Appleton

The UW-River Falls women’s and men’s swimming and diving teams traveled to Appleton, Wisconsin over the weekend for the Lawrence Invitational. Both teams took sixth place in the two-day event, with the women accumulating 291 points and the men scoring 254 points.

Freshman Danielle Mandich placed third in the 100 yard freestyle race, clocking in at 55.39, and placed second in the 50 yard freestyle in 25.16. Freshman Sara Cannady also performed well for the Falcons, placing fourth in the 200 yard breaststroke with a time of 2:34.34.

For the men’s team, Senior Ryan Smaagard finished fourth in the 50 yard freestyle with a time of 22.44. Freshman Matt Banz placed eight in the 100 yard butterfly in 56.78.

Although neither team placed well, it was a great meet for individuals.

“We went in and we weren’t thinking in terms of team place.” coach Bill Henderson said.

The Falcons showed a great deal of improvement, with 90 percent clocking in season bests and a quarter of the swimmers getting their lifetime best times.

“I’m really, really pleased with the effort.” coach Henderson said.

Up next for the Falcon swim teams, UW-RF will host Hamline on December 16 at 6 p.m.

<b>Women</b> <b>December 2 &amp; 3 results</b> <b>Lawrence Invitational</b> <b>UW-Green Bay 1,113; UW-Eau Claire 678; UW-Whitewater 580; UW-Oshkosh 513; Lawrence 335; UW-River Falls 291; Ripon 138; Beloit 78; UW-Stevens Point 72.</b>	Cannady, 100 yd breaststroke - 1:10.93.
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<b>UW-RF top finishers (event/time/score)</b> 3. Mandich, 100 yd freestyle - 55.39; 4. Cannady, 200 yd breaststroke - 2:34.34; 2.Mandich, 50 yd freestyle - 2:46.91; 3.	<b>Men</b> <b>December 2 &amp; 3 results</b> <b>UW-Green Bay 1,113; UW-Whitewater 664, UW-Eau Claire; Lawrence 461; UW-Oshkosh 316; UW-River Falls 354; Ripon 194; Beloit 82; UW-Stevens Point 48</b>  <b>UW-RF top finishers (event/time/score)</b> 4. Smaagard, 50 yd freestyle - 22.44; 8. Banz, 100 yd butterfly - 56.78; 11. Brudzinski, 200 yd breaststroke - 2:34.43.
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Men’s basketball defeats UW-Superior

The UW-River Falls men’s basketball team started out conference play with a 61-55 win last week on Wednesday against UW-Superior in River Falls.

It was a slow start for the Falcons, not scoring until just over four minutes into the first half, when Ryan Zylstra sank a free throw. Seven minutes later, the Falcons were leading 19-18, thanks in part to two threes from Alex Maas. The first half ended with a Falcon 28-24 lead.

The second half started out similar to the first, with the Yellowjackets going on an 11-2 run. The Falcons answered with a run of their own. The game was close, until Hoeg scored six consecutive points to pull away.

Eric Kossoris had 20 points on 7-14 shooting from the field and led all Falcons with six rebounds. Hoeg had 18 points, shooting 6-16 from the field. He also contributed four rebounds, three assists and a game high four steals.

The Falcons looked to continue their undefeated WIAC record against UW-Stevens Point last Saturday, but came up short in a 74-53 loss.

Leading the Falcons was Hoeg with 14 points and eight rebounds. Mark James scored nine points, and Scott Kelly and Kossoris each had eight.

The Falcons will host Platteville on Dec. 10, with tip off set for 7 p.m.

<b>December 3 results</b> <b>UW-River Falls 20 33 - 53</b> <b>UW-Stevens Point 34 40 - 74</b>	Beamish 24-5-2-2; Bouche 0-0-0-0; Wotachek 0-1-0-0; Awe 2-1-1-0.
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<b>Visitor (pts-rebs-assist-steals)</b> Hoeg 14-8-1-0; Kelly 10-1-1-0; Zylstra 2-0-1-0; Thompson 7-3-5-0; James 9-4-0-2; Olson 0-0-0-0; Kossoris 12-3-1-0; Cowley 0-0-0-0; Glaeser 2-0-0-0; Hall 0-0-0-0; Elling 0-1-0-0; Pearson 3-0-1-1; Rondeau 2-0-0-0.	<b>December 7 results</b> <b>UW-River Falls 38 18 - 56</b> <b>UW-Eau Claire 24 33 - 57</b>
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<b>Home (pts-rebs-assist-steals)</b> Kull 24-8-4-1; Bauer 14-3-2-1; Gruszcynski 4-1-1-0; Hicklin 4-1-6-0; Rortvedt 4-3-0-0; El-Amin 9-1-1-3; Kuchta 0-0-0-0; Hirsch 0-0-0-0; Doyle 0-0-0-0; Jackson 3-0-0-0; Krautkramer 0-1-0-1;	<b>Visitor (pts-rebs-assist-steals)</b> Thompson 5-0-8-2; James 0-7-2-0; Hoeg 27-6-2-1; Kelly 5-2-4-0; Rondeau 10-7-0-0; Kossoris 15-1-0-1; Hall 0-2-0-0; Pearson0-1-1-1; Maas 12-1-0-1; Zylstra 0-0-0-0.
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Women’s basketball take first WIAC loss

UW-River Falls women’s basketball team won their WIAC opener last Wednesday 70-53 at Superior.During the first half, the Falcons shot 40.7 percent from the field, making 11 of 27 shots, including five three-pointers. The Yellowjackets shot 44 percent on 11 of 25 shooting from the field. The score was 29-28 at the half.

The Falcon shooting saw some improvement in the second half, making 10 out of 22 shots for 45.5 percent. Their free throw shooting was impressive, sinking 17-20 free throws in clutch situations. The Falcons outscored Superior 41-25 in the second half.

Junior Melanie Preiner had a team high 20 points, four steals and three assists. Senior Miranda Biteler had 13 points and three assists.

The Falcons lost their first WIAC game against a tough UW-Stevens Point team, with a score of 71-60 Saturday afternoon in Stevens Point.

The first half was competitive, with the Falcons getting to within two with six minutes left. But the Pointers ended the half on an eight to four run, making the score 32-26 at the half.

The Pointers came out strong after halftime, nailing a three on their first possession to turn a six point lead into a nine point lead. The Falcons never got closer than eight points and ended up losing by 11.

Preiner led the Falcons with 15 points, five assists and five rebounds. Juniors Krista Cordes and Traci Reimann had 13 points.

The Falcons will next travel to Platteville. Tipoff is set for 7 p.m. on Saturday.

<b>December 7 results</b> <b>UW-Eau Claire 28 33 - 61</b> <b>UW-River Falls 31 41 - 72</b>	<b>December 3 results</b> <b>UW-River Falls 26 34 - 60</b> <b>UW-Stevens Point 32 39 - 71</b>
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<b>UW-Eau Claire (pts-rebs-assist-steals)</b> Mueggenborg 12-2-3-2; Hakanson 6-3-0-0; Van Drasek 4-3-0-2; Burns 17-7-0-0; Becker 2-7-6-1; Foschi 0-1-3-1; Emerson 10-1-2-0; Zenner 0-0-1-0; Arciszewski 0-0-0-0; Hakanson 15-3-0-0; Charboneau 0-0-0-0; Anderson 9-2-0-2.	<b>UW-River Falls (pts-rebs-assist-steals)</b> Cordes 15-5-0-1; Lindman 0-5-0-0; Reimann 13-6-2-3; Biteler 15-3-3-2; Preiner 17-5-5-3; Nakaike 0-0-0-0; Sorenson 1-2-1-1; Benitz 5-2-0-1; Speckel 0-0-0-0; C. Hunstock 2-2-0-0; Kauth 2-0-0-0; M. Hunstock 0-3-1-0.
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<b>UW-River Falls (pts-rebs-assist-steals)</b> Biteler 15-4-6-0; Preiner 26-2-4-3; Reimann 8-9-4-3; Cordes 10-7-2-0; Lindman 13-5-1-1; Nakaike 0-0-1-0; Sorenson 2-1-0-0; Benitz 11-6-2-1; C. Hunstock 5-0-0-0.	<b>UW-Stevens Point (pts-rebs-assist-steals)</b> Baker 7-6-1-1; Lechault 9-5-0-1; Schultz 17-6-9-3; Houghton 18-10-2-0; Neuenfeldt 12-0-2-2; Windt 1-1-1-1; Hagen 0-0-0-0; Pepper 6-2-0-0; Nelson 0-0-0-0; Berry 0-0-1-0; Pehler 0-0-0-0; Kranz 3-1-0-1; Heuer 8-2-1-0.
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Sports Wrap  
compiled by Cassie  
Rodgers

A stride ahead of the rest



Kirsten Farrar/Student Voice

Marlene Yaeger shows off some of her awards from her cross country career at River Falls.

Marlene Yaeger runs in Nationals for Falcons

Andrew Sinykin  
andrew.m.sinykin@uwrf.edu

In one weekend in 2002 Marlene Yaeger won two games behind the net for the UW-River Falls women’s hockey team, including a shutout of Gustavus Adolphus. She was awarded the player of the week award for the hockey team.

This accomplishment would satisfy most athletes, but Yaeger was able to accomplish even more.

After playing in goal on a Friday, Yaeger made about a five-hour drive to Platteville, Wis. She arrived at about 3 a.m. and slept for about five hours.

She woke up and ran in a cross-country event, placing 11th out of more than 90 competitors. After the race she jumped in her car and drove back to River Falls to shutout Gustavus.

Yaeger’s successful weekend three years ago can be attributed to her competitive attitude.

“She’s hardcore about everything,” three-year hockey teammate Leah Baron said. “There are only a handful of people that could pull that (the weekend in 2002) off,”

Yaeger didn’t have many situations like this when she participated in hockey and cross-country, but competing in two sports simultaneously did take a toll on her.

“It was really difficult,” Yaeger said.

She would go to cross-country

“I think she’s made a good decision, she’s a very talented athlete.”

Don Glover,  
cross country coach

practice from 3:30 to 4:50 p.m. in the afternoon and then quickly get to hockey practice from 5 to 7 p.m. in the evening.

Despite the difficult schedule that Yaeger had to keep up, she was successful in both sports.

“You could never tell that she was playing both sports.” Baron said.

In 2004 Yaeger decided that she was going to focus solely on hockey for a year and than solely on cross-country in 2005.

Men’s hockey: Try to climb back into conference competition in weekend games

from page 6

ries, these are huge points this weekend,” Freeman said. “And Scholastica is a much improved team; they got a lot of international students and turned their program around.”

The team is hoping to come out strong in both games this weekend and not let up at all.

“I think we’ll bounce back,” Freeman said. “Young teams have to learn how to overcome obstacles.”

This team is very young, and has only four seniors. They will lose two goaltenders and two

players who play up front. This year’s seniors are goaltenders Andy Scanlon and Dan Meneghin, defensemen Mike Salmela and Nate Hansen who plays both defense and forward for the Falcons.

Unfortunately for the Falcons, they will have to play without captain Jared Sailer, who injured his knee in last Saturday’s game against St. Norbert. He is expected to be out until the first of the year.

Both games this weekend take place at Hunt Arena this weekend, and begin at 7:05. The Falcons expect a good crowd.

<b>December 3 results</b> <b>UW-River Falls 0 1 1 - 2</b> <b>St. Norbert 2 1 2 - 5</b>	
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<b>First period</b> 01:11 StN - Hughes (Forrester, Carbery) 08:58 StN - Carbery (Peterson, Sleep) <b>Second period</b> 04:06 StN - Forrester (Carbery, Derton) 14:55 RF - Venasky (Tiberio, N. Hansen) <b>Third period</b> 01:25 RF - Hansberry (Dahl, Salmela) 04:01 StN - Wing (Toneys, Cote) 14:07 StN - Derton (Gow, Mitchell)	
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<b>Goalkeeping (min-shots-saves)</b> RF - Scanlon 60:00-36-31. StN - Jones 60:00-18-16.	
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<b>December 2 results</b> <b>UW-River Falls 1 1 0 - 2</b> <b>Lake Forest 0 2 1 - 3</b>	
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<b>First period</b> 09:55 RF - Hansberry (Norman, Borgestad) <b>Second period</b> 00:54 LF - Forsyth (Lafavor) 02:58 LF - Wilson (unassisted) 06:20 RF - Borgestad (Norman, Salmela) <b>Third period</b> 03:03 LF - Melbourne (Tobias)	
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<b>Goalkeeping (min-shots-saves)</b> RF - Bucchino 59:20-25-22. LF - Campbell 60:00-38-36.	
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Women’s hockey: Eying victories

from page 6

“We are ready for Finlandia,” Paulson said. “I believe we can beat them both times if we work hard and outplay them.”

The Falcons play at Finlandia on Dec. 10, and Dec. 11.

<b>December 3 results</b> <b>UW-Stevens Point 1 0 0 - 1</b> <b>UW-River Falls 1 1 0 - 2</b>	
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<b>First period</b> 15:06 RF - Wallace (Halseth) 17:34 SP - Daggit (Truckey) <b>Second period</b> 11:03 RF - Dahle (Halseth) <b>Third period</b> No scoring	
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<b>Goalkeeping (min-shots-saves)</b> SP - Statz 58:26-28-26.. RF - Lindner 60:00-17-16.	
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<b>December 2 results</b> <b>UW-Stevens Point 1 1 1 - 3</b>	
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Packingham: Wraps up for holidays

from page 6

first in the nation in Div. I.

But there is a lot is a lot going on in the sporting world besides the Falcons and the Badgers. There is a lot happening professionally too.

So even though the Packers have been having a tough season for all you Wisconsinites, the Vikings started off slow, but have turned it around.

The Minnesota Vikings are starting to gain my support once again. I’m not going to lie, but I did lose my faith for awhile. I’m sorry it took the loss of Daunte Culpepper to turn this team around, but I’m happy this turnaround happened. Brad Johnson has been playing extremely well for the Vikings as of late.

I believe the team is 5-0 with

“I knew I was going to be here for five years, I chose hockey because I knew I could take a break from running and it wouldn’t hurt.” Yaeger said.

The decision worked out very well for Yaeger. In her senior season of hockey in 2004-05 she earned All-NCHA for the fourth consecutive season.

This year Yaeger focused on cross-country and became the first UW-RF cross country runner to make it to nationals since 1981.

Reaching nationals was not a walk in the park for Yaeger.

At the beginning of the season she “got hit by a kid on a bike” and later rolled her ankle at the alumni meet. Yaeger thought that these misfortunes would be a set back, but said “it really wasn’t.”

When Yaeger competed in the regions she knew that she was on the bubble, but was unsure if she had made it to nationals. She had to wait for 20 minutes until she found out that she had made it. In the regions Yaeger ran her best six-kilometer race of her career and broke her own school record, finishing in 21:59, breaking her previous record by 26 seconds.

Yaeger’s success can be attributed to her competitiveness as well as her decision to focus on one sport at a time.

“By focusing on one thing, she was a better hockey player and cross country runner.” Cross Country coach Don Glover said. “I think she made a good decision, she’s a very talented athlete in both sports.”

Yaeger’s competitive nature was another driving force in her success this year.

“I really learned to give it my all this year.” Yaeger said. “If you want to be a good cross country runner it’s going to hurt when you run a race.”

At nationals Yaeger finished 63rd out of more than 250 competitors, she ran the race in 23:30.

In the end Yaeger made it to nationals in two sports, something that Baron considers, “pretty amazing.”

STANDINGS

<b>Men’s Basketball</b> <b>WIAC Standings</b> UW-Stout(6-1) 2 0 UW-Whitewater(4-2) 2 0 UW-Lacrosse(7-1) 2 1 UW-Stevens Point(4-2) 2 1 UW-Oshkosh(3-2) 1 1 UW-Eau Claire(4-3) 1 2 UW-River Falls(1-6) 1 1 UW-Platteville(4-4) 0 1 UW-Superior(3-3) 0 3	<b>W</b> <b>L</b>	UW-Superior(1-4) 0 3	<b>Men’s Hockey</b> <b>NCHA Standings</b> St. Norbert (9-2-2) 3 1 2 UW-Stout (7-5-0) 3 1 0 UW-Stevens Point (6-5-0) 3 3 0 Lake Forest (6-7-0) 3 3 0 UW-Superior (7-3-1) 2 1 1 St. Scholastica (6-4-0) 2 2 0 UW-River Falls (5-3-2) 2 2 0 UW-Eau Claire (0-9-3) 0 5 1	<b>W</b> <b>L</b> <b>T</b>
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<b>Women’s Basketball</b> <b>WIAC Standings</b> UW-Lacrosse(8-0) 3 0 UW-Oshkosh(6-1) 2 0 UW-Stout(5-2) 2 1 UW-Stevens Point(6-3) 2 1 UW-River Falls(4-4) 2 1 UW-Platteville(4-4) 1 1 UW-Whitewater(3-3) 0 2 UW-Eau Claire(3-5) 0 3	<b>W</b> <b>L</b>	<b>Women’s Hockey</b> <b>NCHA Standings</b> Lake Forest(8-1-0) 2 0 0 UW-River Falls(5-1-1) 2 0 0 UW-Superior(4-1-1) 0 1 1 UW-Stevens Point(4-1-1) 1 0 1 UW-Eau Claire(2-5-0) 0 2 0 Finlandia(6-3-1) 0 2 0	<b>W</b> <b>L</b> <b>T</b>
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For complete stats check out UW-RF Sports Information Web site at [www.uwrf.edu/sports](http://www.uwrf.edu/sports)

Don’t forget to turn in your applications to work for the Student Voice! Pick up one outside of room 304 North Hall or get one off the Internet. Applications are due Dec. 13 at 5 p.m.



# Sleep deprivation problem for students, faculty

Nicholas Welsh  
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Sleep deprivation has become a part of college life at UW-River Falls. At times it may seem like there is never enough time in the day to accomplish everything, no matter how well a person is able to juggle school and work while trying to have a social life.

Director of Student Health Services Alice Reilly-Myklebust said it affects everyone, both students and faculty members.

“It’s a societal problem,” Reilly-Myklebust said. She pointed out that it has become all too common in America.

Reilly-Myklebust said people who only have five to six hours of sleep are often viewed as efficient and often praised, whereas someone who sleeps 10 or 11 hours is seen as lazy. Oftentimes people will even skip well-earned vacation time just to catch up at the office, exchanging the vacation for a bonus in their next paycheck.

Health Education Coordinator Keven Syverson said different people have different sleep requirements. Some people need an average of nine hours, while some are good with only seven. He suggested to write down how many days per week you feel rested, including the amount of sleep achieved.

The American College Health Association, who conducted the National College Health Assessment, found only 44 percent of UW-RF students said they had enough sleep and felt rested in the past week compared to the national average at 50.9 percent.

Syverson said this isn’t healthy. “It’s like nutrition,” Syverson said. “Sure, you won’t eat everything in one day, but over time you should eat the right foods.”

Student Health Nurse Lori Otto said depriving the human body of sleep lowers the immune system as well as productivity.

“You need a balance for fun and relaxation,” Reilly-Myklebust said. As for sleep disorders like narcolepsy, Reilly-Myklebust said they are rare.

Last April, the River Falls Area Hospital opened its new Sleep Center, a place where people suffering from sleeping disorders are monitored under continuous observation. Common patients include those who suffer from obstructive sleep apnea, a condition where a person stops breathing while sleeping.

Michelle Lipps, a sleep technician at the Sleep Center said it is not a place for students to crash for a few hours. The center conducts studies concerning why people are sleep-deprived and as Lipps said, are “not going into that deep sleep cycle.”

Dan Zimmerman, a physician who has worked at the River Falls Medical Clinic for the past 10 years, has had experience with both children and adults who have experienced sleep deprivation. He said he has an average of three to four patients a month who suffer from sleep deprivation.

Zimmerman said a main reason why people are sleep deprived is because people often lead busy lives.

“Well, sleep is a health issue and it will only get worse if you don’t pay attention to your sleep,” Zimmerman said. “People can cut a little here and there, but over time it can be damaging. [People] may not even realize it.”

As for why this has become so common, Zimmerman answered, “It’s easier to cut sleep than a job or school or friends.”

“It’s probably more common with high school because the way it’s structured,” Zimmerman said. “College students have more freedom and flexibility when it comes to their classes.”

Zimmerman explained that the average number of hours of sleep a person should have each night is somewhere between seven to nine hours. It’s rare

for a person to have less than six and be fully rested.

“A chronic issue for college students and people is they don’t always come in,” continued Zimmerman. He said people can suffer from “increased headaches, affected mood ... feel depressed or angry.”

He suggested having a normal sleep schedule. It’s also helpful to keep the bedroom dark and quiet.

Three weeks ago, Student Health Services posted a notice pertaining to sleep deprivation. Titled ‘Burning the Midnight Oil?’ the flyer said, “Americans may get two and a half to three hours less sleep per day than our bodies were designed to have.”

Tips are also given so readers can feel more rested during the day. For example, afternoon naps should only last up to 30 minutes. Less will make a person feel refreshed, but more can make a person feel drowsy.

It also says to allow plenty of bright sunlight exposure first thing in the morning. If you are unable to fall asleep, do something interesting or productive until you feel sleepy. Regular exercise helps and avoid drinking caffeine late in the afternoon or evening.

Many people may not know this but sleep deprivation can also pose a risk to other people, especially when it involves driving.

Otto said a coworker was killed while on a date because her date fell asleep at the wheel.

The vehicle crashed into a tree, a few houses away from her home.


### Some sleepworthy tips

- Regular daily arousal times
- Steady amount of exercise
- Don’t drink caffeine at night
- Eat a light bedtime snack
- Avoid loud environments



Neng Yang/Student Voice Graphic

Late-night cram sessions and numerous end-of-semester projects can keep many students from getting the right amount of sleep. Doctors suggest a regular sleep schedule between seven and nine hours a night.





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# CLASSIFIEDS





Members of the dance theatre work out dance moves together with partners in preparation for their annual concert in the spring. Over J-Term, members of dance theatre will travel to Hawaii to gain cultural knowledge for their Hawaiian dances.

Kirsten Farrar/Student Voice

# RF dancers warm up winter

Shalena Brandt  
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The UW-River Falls Dance Theatre is participating in a Hawaiian immersion program at the Hula ‘O Napunahaleonapu, a school on the island of Oahu, Jan. 11-15.

“Dance is the best way to learn about these cultures,” said Karla Zhe, director of the UW-RF Dance Theatre. “In every culture, there has been dance since the beginning of time that tells their story.”

The purpose of this cultural immersion experience is to have the students gain the knowledge of the traditional Hawaiian values and cultural practices, Zhe said.

Zhe was offered the opportunity

in October from Rich Pedrina, who is a teacher at the school.

A former member of the dance theatre had the connection through Pedrina from Todd Bierbrauer, who is an instructor and owner of the Hula School of the North Star in Minneapolis, Minn., Zhe said. Bierbrauer is a student of Pedrina, as well.

The students practice every Tuesday night with Bierbrauer. “The students were so overwhelmed by Rich’s expertise,” Zhe said.

The idea of having him teach the students in Hawaii was the whole point to show them culturally the true techniques of the Hula dance.

The cost for each student is \$1,040. For the price of the trip, students receive lodging at the

school, travel with a rental van and a car Pedrina is offering. Students will have to bring along extra money for souvenirs and food.

“This trip is unique because we’re not going to Hawaii to sit on the beach,” said Kurt Blomberg, a 20-year-old junior with a health and human performance major and a dance education minor. “We’re going there to learn about the Hawaiian culture and see things I would never get to see if I went with my family or friends.”

At first, Zhe said the program was going to be over spring break, but it was just a week before the concert where the students will perform their Hula performance. With cooperation from Pedrina, the trip falls over

the winter break, as the same time as his break at the school in Hawaii.

The dance theatre has nine students attending the program, Zhe said. Many of the students are members of the dance theatre and some are even dance education minors with various different majors.

“Dance theatre has become my passion,” said Brooke Gusa, an 18-year-old freshman with an undecided major. “It’s going to be an experience we’ll never forget.”

While in Hawaii the students will encounter some of the most sacred aspects of the culture, Zhe said. On the second day, they

will go to the Blow Hole and their dance will be blessed by the elders. It is something that has been done for centuries, she said.

“Blow Hole is a key area because the students will chant over the ocean waves, and, by doing this, it will strengthen the voice but also receiving the spiritual surroundings of what the chants are being taught for,” Bierbrauer said. “The Blow Hole is found on the ocean shore, and it’s made up of volcanic rock. When the waves hit it, it is blown upward.”

The elders, who are respected and highly looked upon in the culture, will give the students an overview of the Hawaiian language, Zhe said.

“The elders play an important role in Hawaiian society,” Bierbrauer said. “They are the keepers and the teachers of the past. They hand down each of the culture, chants and the ancient style of the Hulas.”

On the third day, the students will go into the mountains and pick Laua’e, different kinds of Hawaiian flowers, for making their leis.

“This is a wonderful opportunity for us to learn authentic Hawaiian dances,” Blomberg said. “This is a great chance for us to bring the culture to people who have never been to Hawaii or don’t know a lot about the culture for our spring concert.”

The fourth day will comprise the history lesson of the genealogy of the Ali’i, the royal family of Hawaii. Then, they will visit the royal palace.

Each day they will practice their Hula dance. On the final day, a pa’ina, a celebration, of

their last day on the island will be performed at the blow hole, and followed by a ho’ike, a blessing, from Pedrina to approve of their performance.

“During our time in Hawaii, we’ll be taking classes and showing what we’ve learned through our dance,” Gusa said. “It’ll be really fun to present our dance in the spring here in River Falls.”

On Dec. 6 and 13 from 7:30 to 10 p.m., the dance theatre is sponsoring an open Hawaiian Hula Night, Zhe said. Everyone is invited to watch the rehearsal, ask questions and even participate in learning basic hula.

The fundraiser event is to help raise money for the immersion program.

The dance theatre’s Hula piece has been accepted by the University of Iowa’s American College Dance Festival, Zhe said.

“We have the opportunity to represent UW-River Falls with our performance,” Zhe said.

The timing could not have been more perfect for the dance theatre, Zhe said. The festival is in March and it is right after the students have perfected their Hula dance by the blessing of Pedrina.

The members of the dance theatre are emerging themselves,” Zhe said. “They really are artists learning from this culture.”

Zhe asked a very interesting question as to why the Dance Theatre is learning the performance of Hula, “How often do you see Hula dances in the Midwest?”

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YAY —OR— NAY

To the last issue of the Voice for the semester!



To finals after graduation.

Falcon Favorites



**Patty Ford**  
Assistant Athletic Director,  
Head Volleyball Coach

Ford has been working at UW-River Falls for the past 14 years. The past five years she has added more to her plate by becoming the assistant athletic director.

She also teaches some of the health and human performance (HHP) classes. Ford has experience as a teacher because she previously taught physical education at a high school in Fargo, N.D., before coming to UW-RF. In her high school years, she never actually played organized volleyball, but instead stuck to basketball.

"You don't have to be a player to be a good coach," said Ford.

Ford said that she enjoys the interaction with students whether it is spent teaching, coaching or administrating. But doing all these things doesn't allow for much else.

Spending time with family and traveling are some things that she enjoys doing in her free time.

Campus Calendar

Friday, December 9

3:30 p.m. - Senior Reading

The Student Reading Series is proud to present a Senior Reading. Seniors graduating in December will read their creative efforts.

Fee: Free

Location: The Library Breezeway

6-9 p.m. - Something to Do!

The Speech Department is sponsoring Something to Do, featuring free food, free pop, LIVE MUSIC and more! Two local bands, Silly Little Nothings and Hello Benjamin will be playing. Hope to see you there!

Fee: FREE!

Location: Brandy's

7 p.m. - African Night

This year the African American Alliance will be putting together UW-RF's first-ever African Night. This program is our chance to educate the River Falls community as well as ourselves on the richness, beauties, misconceptions as well as hardships of Africa. Our show will feature dances, fashion shows, poetry, acting as well as music.

Fee: Free

Location: Rodli- River Room

Saturday, December 10

9 a.m. - Poker Tournament

Dealers needed. Contact Dean Culpepper

Fee: \$10.00

Location: To be announced

Tuesday, December 13

8 p.m. A Holiday Brass Concert, under the direction of Rick Gaynor, will be performed.

Location: Abbott Concert Hall, KFA

Fee: Free

Wednesday, December 14

8 p.m. The UWRF Guitar Ensembles and Woodwind Ensembles Concert, directed by Joseph Hagedorn and David Milne, will be performed.

Location: Abbott Concert Hall

Fee: Free

Thursday, December 15

3 p.m. A Convocation Student Recital will be presented by UWRF music students.

Location: Abbott Concert Hall

Fee: Free

8 p.m. A UWRF Symphonic Wind Band Concert conducted by Craig Hara

Location: Abbott Concert Hall

Fee: Tickets available at the door; Adults \$5, Seniors \$3, all students \$2, 5 and under free.

Friday, December 16

7 p.m. The Final Exam Jam featuring the UW-River Falls Jazz Ensembles I & II, directed by David Milne.

Location: Brandy's at the Student Center. Fee:

Free

Saturday, December 17

2 p.m.- Commencement Ceremony

Location: Knowles

Ongoing Events:

December 2-14

Monday-Friday 9-5, 7-9, Sunday 2-4 Annual Scholarship Sale

The Art Department presents the Annual Scholarship Sale in Gallery 101, Kleinpell Fine Arts.

December 8-10, 15-17

7:30 p.m. - Seascape

Seascape uses the idea of Evolution (in this case the surprising appearance of a couple of very advanced lizards) to examine the "small e" evolution that all of us are facing.

Fee: Adults \$7, students/seniors \$4.

Location: Blanche Davis Theatre, KFA

BIRD DROPPINGS

UW-RF to change curriculum

The item that follows is meant to be a parody and not to be taken seriously.

AJ Oscarson  
alex.j.oscarson@uwrf.edu

In an effort to increase attendance, UW-River Falls has instituted an MTV curriculum, according to University officials. The classes will be in place for the up-coming Spring semester.

Carson Daly has been hired as the new Chancellor as part of the change.

"All the classes will be related back to MTV," Daly said. "Hopefully, it wont suck as bad as that crappy show I have on NBC."

Daly is said to have classes like Laguna Beach 101, How to Get a Date on 'Next,' and The Intricacies of TRL.

"All these changes surprise me considering the immense tool that he is," said Chair of the I Care Too Much About Academics Club, Brainy McJackass. "I intend on fighting this the whole way."

And she will, too, said a student that sits next to her class. "She never shuts up," the student said.

Still, Daly argues this is a good plan.

New majors will be put in a place that focuses around MTV and the crap they affiliate themselves with.

Students can now major in the movies that suck. Currently the choices are 'Napolean Dynamite,' 'Perfect Score,' and 'Summer Catch.'

As part of the new set of majors, the entire theart department has been replaced with MTV movie stars and tweeny favorites.

Real World All Stars will be teaching classes about safe sex, alcohol control and living with your dorm roommates.

Hillary Duff and Freddie Prinz Jr. will be co-teaching a class on good acting in a B-rate movie.

Agriculture students are said to be taking the biggest hit during the change. The Ag department is now headed up by Kristen from Laguna Beach.

"With MTV being from New York and on the west coast, we don't really understand the purpose



Jen Dolen/Student Voice

New chancelor avoids photograph in lieu of a bad hair day without a stylist to fix his hair.

of agriculture. We should all be vegans anyway," Kristen from Laguna said. "Cows are just gross and icky anyway."

She said the department will change from icky cows to how to accessorize the BMW your daddy bought you. She said the course load is "really difficult. Like, there might totally be homework and stuff."

Gideon Yago from MTV News will be taking over the journalism department.

"Your news has to be sexier and less about the actual content," Yago said. "Your paper would get more readers if there was just a huge picture of Brad Pitt and Angelina Jolie on the front page.

Don't put any of those non-photogenic sick kids they adopt anywhere near the paper."

Of all the changes that are taking place the alumni are not pleased for fears of the campus turning into one big reality show.

"I am with that McJackass kid who never shuts up, I just don't think Carson can pull it off," said one alumnus.

Daly responded quickly on his NBC show, but no one was watching so he released a statement that read, "True, I may not be able to run a campus, but do any of the other Chancellors have hair like this? Alright then, shut up."

Graduation goodbyes?



Jon  
Majak

When you're in college and about to graduate, your life can be consumed with announcements and it all can be taxing unless you have somebody who lives for it and I do - my mother.

"I want to make it clear about the ground rules for this," I told her over brunch. "No speeches, no programs, no brouhaha over this."

"Of course not," she said, averting her eyes from me.

"I'm serious," I said. "You put together a Power Point presentation for my high school graduation. My life flashing before my eyes by way of Microsoft technology."

"Okay no presentations," she said. "Just some bonding with family." "Then there better be booze at this," I suggested. "I bond better with a buzz."

And from one announcement to another, my friend Owen called to tell me all about his potential haircut that, to him, was the biggest news ever.

"It's going to be like Jake Gyllenhaal's," he said.

"Bubble Boy", 'Jarhead', or 'Brokeback Mountain' Gyllenhaal?" I asked.

"Brokeback Mountain'," he scoffed.

"What's with the sudden hair change?" I questioned. "You've always loved your hair. It's your trademark like Elton John's sunglass-es or Paris Hilton's vagina."

"I wish you'd come to the MOA with me," Owen said. "There are more gays in The Buckle than an audience at 'Rent.'"

"Well be wary of any spontaneous dance numbers," I advised. "Unless it's from 'Newsies', then I give you my blessing."

"Since you're going back to La Crosse are you going back to The Russian?" Owen asked me, out of nowhere. "You two keep colliding together like it's fate."

"It's not fate just the gravitational pull of his sadism and my masochism," I replied.

"Well nothing like a little S&M to spice up a relationship," Owen laughed.

The status of my relationship with The Russian wasn't the only thing in flux.

"I'm scared the Cowboy and I are going to break up over break," he told me. "I'm working all these hours and won't get to visit him."

"Are you scared that you'll break up or are you scared of a future of actual happiness?" I replied.

"I am a bad person," he sighed.

"You're not a bad person," I said.

"You do realize that I'm going to write about this."

"Of course," he smirked. "That's what I'm here for."

"You're here because you're my main gay and don't you forget it," I replied.

Later that evening, I stopped fighting fate and talked to The Russian.

"You know I graduate soon," I told him.

"Well prepare for hell then," he replied. "I'm a realist, not an optimist. That's my downfall."

"Just that?" I playfully retorted.

"I'm sending you a song," he quickly snapped.

"He sent me Macy Gray's I 'Try', " I bemoaned a few minutes later. "And it could mean something or it could mean nothing."

"Probably nothing," Gavin assured me.

Saturday night, I went out with some friends and ended up getting more drunk than one of President Bush's twin daughters. After getting home, I decided to send out some instant messages under the influence of one too many UV Lemonades and then promptly passed out.

The next morning I awoke, the smell of bar all around me, and saw my computer was still on. I closed all of the instant message windows still opened, most just filled with drunken announcements of how wicked awesome I am.

And then I stumbled on one last instant message window box, which took me a second to figure out what I had written. But when I did, I let out a shriek of horror.

"I love you Nikolai."

I had drunkenly announced my love for The Russian.

Du jour

Polar Bear

**Ingredients:**  
3 oz Vodka  
1/2 - 1 oz Blue Curacao  
7-Up or Sprite  
**Mixing instructions:**  
Just blend with ice in a high-ball glass.

Rudolph the Red Nose Reindeer

**Ingredients:**  
1 1/4 oz Light rum  
1 1/2 oz Lemon juice  
1/2 oz Grenadine  
Ice cubes  
Cranberry Juice  
1 wedge Lemon  
**Mixing instructions:**  
Mix the light rum, lemon juice, and grenadine. Add the cranberry juice to taste.

Holiday Cheer

**Ingredients:**  
1 bottle Champagne  
1 can frozen Cranberry juice  
1 Lime  
**Mixing instructions:**  
Mix champagne and frozen cranberry juice (undeluted). You may use non-alcoholic champagne. Mix right before serving to retain the bubbles.

The Student Voice does not condone underage drinking. If you are of age and choose to drink, please do so responsibly.

MITCH

By: Neng Yang





# Holiday wishes



AJ Oscarson, Assistant Editor  
“I wish to get my mind out of the trash!”



Neng Yang, Graphic Artist  
“I wish my real job will pay as much as the Student Voice does.”



Brian Hogensen, Proofreader  
“I wish for legal public urination.”



Katie Bild, General Manager  
“I wish Ron Jeremy would just come find me already!”



Rachel Gaynor, Offbeat Editor  
“I wish for someone to kiss for real; not Eric...”

Eric Ebert, Editor  
“I wish girls didn’t pay to kiss me.”

Anne Cloeter, Viewpoints Editor  
“I wish for a piece of mistletoe, and Christmas socks.”



Jen Dolen, Photo Editor  
“I wish I were drinking something stronger than water!”



Cassie Rodgers, Assistant Sports Editor  
“I wish for Frizz-ease.”

Hans Hage, Columnist  
“I wish for ketchup.”



Chris Rogers, Cartoonist  
“I wish for no more hat hair.”

## Chancellor's Midnight Breakfast

Tuesday, December 20  
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Admission to the Chancellor's Midnight Breakfast is FREE to all currently enrolled students! All you have to do is bring your University ID Card and enjoy breakfast!

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## Attention UW-RF Seniors!

Check your university e-mail account for a special invitation to participate in the College Student Survey. The College Student Survey, administered out of UCLA, is your opportunity to tell the administration and all of higher education about your experiences as a UW-RF student.

The information you provide will be used to improve the educational living, vocational and social environments for future classes of UW-RF students and college students throughout the country. The deadline to complete the College Student Survey is the end of the fall semester.

**Don't miss this golden opportunity to tell the world about your experience as a college student.**



# Hip-hop jumps into RF music scene

Keighla Schmidt  
keighla.schmidt@uwrf.edu

UW-River Falls is sometimes called “Moo-U” because people think UW-RF is all about agriculture.

They’ve been misled. Not only is the hip-hop scene growing with concerts and local groups, but a record label has been established in River Falls by UW-RF students.

Mekha El-Shadi Jones came to UW-RF last January; he quickly realized there was “not really a big hip-hop scene in River Falls.” Growing up near Detroit, Mich. it was a big change for him.

El-Shadi had to travel to a Minneapolis restaurant to find a hip-hop outlet at its weekly open mike hip-hop sessions.

It wasn’t until, through his bathroom wall, he heard someone else blaring hip-hop music that El-Shadi knew anyone even listened to hip-hop on campus. Once he realized that, he knew he had something to work with to get other people involved.

El-Shadi taught pre-college students how to break dance over the summer. When classes resumed in the fall, he wanted to keep the hip-hop atmosphere on campus, so he started a break dancing club. People were initially reluctant to join, but the group now has about eight members, he said.

Some of the members got to showcase their acquired skills in Brandy’s at the River Falls Underground hip-hop night on Nov.15.

Hip-hop has four main elements: “Djaying, emceeing, graffiti, and break dancing,” break dancer El-Shadi said.

Entertainment committee member Mike Pearson worked to organize the hip-hop night, after a strong turn out for a hip-hop band, Scratch Track, earlier this semester. He said the Underground night was designed to attract more people to campus activities.

Student Chris Butts, known as “The Legacy,” worked with Pearson to put the show on. The two collaborated to ensure as many aspects of hip-hop were integrated into the night’s events as possible.

That night there was an open-mic session to allow people to express themselves; a battle, where two people go head to head trying to lyrically win over the audience; beat boxing and people break dancing throughout the night while others were competing in a graffiti competition.

“Doing the hip-hop night was awesome,” Pearson said. “Everything I wanted to get across, did.”

More people came; they seemed to be having fun and the feedback was great, he said.

Butts freestyled for a portion of the night, and then participated in the battle, as did El-Shadi, who also did some spoken word where he read poetry.

Butts said he was “glad people came out and showed love, it was awesome.”

Multi-cultural adviser Tyra Nelson said the Underground hip-hop night was a great way to encourage diversity and expression.

She said hip-hop is more than music; it’s a whole culture.

“Hip-hop has all elements of a culture within it,” Nelson said, “including language, music, spoken word and fashion.”

She said anything that would encourage people to express themselves is positive.

“It encourages people to understand who they are from a context of their own expression,” Nelson said.

She said hip-hop elements can be applied to different areas of life; being able to freestyle makes a person think quickly on their toes and react.



“You use what’s around you to inspire you, to create, to do something original,” Nelson said.

Creating is what some UW-RF students have done. UW-RF student Eric Johnston, along with Butts and El-Shadi, have established the record label, Soul Records.

The three plan to “bring a sense of diversity to the underground as well as the commercial scene,” according to Soul’s mission statement. They said they plan to sign on local artists and to bring sounds of hip-hop, R&B, alternative rock, acoustic and SoCal rock to new levels.”

Prevalence of hip-hop culture in River Falls doesn’t compare to big cities, but the influence is getting stronger. What’s known as “overground” or mainstream music is being blasted from local radio stations, and Soul Records said they hope to bring more attention to the “underground” music.

They’ll do whatever it takes to get the word out.

“I love playing free shows,” Butts said. “It’s about the emotion and feelings I get by seeing people react to what I’m doing and saying.” Pearson saw that element of hip-hop at the Underground.

He said, “they’re doing it ‘cause they love it, not for the money.”

★ ★ ★

## IT'S YOUR LAST CHANCE ...

★

Applications to work at the Student Voice are due no later than 5 p.m. on Tuesday, Dec. 13. Please drop them off at 304 North Hall!

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★ ★

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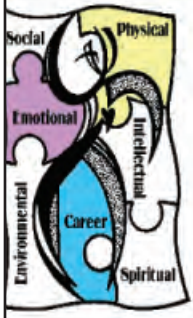
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*48% of you have said that drinking by other students interrupts your studying.*

*66% of the student body has never missed a class due to drinking.*

*83% of you said that you have never performed poorly on a test or important project due to drinking.*

Data from UW-RF Alcohol and Other Drug Use Survey, Spring 2005



## 68% of the student body drinks zero to five days per month.

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